Occurrence and ecological risks of pharmaceuticals in a Mediterranean river in Eastern

2 Spain

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26 ABSTRACT

27 Pharmaceuticals are biologically active molecules that may exert toxic effects to a wide range of aquatic organisms. They are considered contaminants of emerging concern due 28 to their common presence in wastewaters and in the receiving surface waters, and the 29 30 lack of specific regulations to monitor their environmental occurrence and risks. In this work, the environmental exposure and risks of pharmaceuticals have been studied in the 31 Mijares River, Eastern Mediterranean coast (Spain). A total of 57 surface water samples 32 from 19 sampling points were collected in three monitoring campaigns between June 33 2018 and February 2019. A list of 40 compounds was investigated using a quantitative 34 target UHPLC-MS/MS method. In order to complement the data obtained, a wide-scope 35 screening of pharmaceuticals and metabolites was also performed by UHPLC-HRMS. The 36 37 ecological risks posed by the pharmaceutical mixtures were evaluated using species 38 sensitivity distributions built with chronic toxicity data for aquatic organisms. In this study, up to 69 pharmaceuticals and 9 metabolites were identified, out of which 35 39 compounds were assessed using the quantitative method. The highest concentrations in 40 water corresponded to acetaminophen, gabapentin, venlafaxine, valsartan, ciprofloxacin 41 and diclofenac. The compounds that were found to exert the highest toxic pressure on 42 the aquatic ecosystems were principally analgesic/anti-inflammatory drugs and 43 44 antibiotics. These were: phenazone > azithromycin > diclofenac, and to a lower extent 45 norfloxacin > ciprofloxacin > clarithromycin. The monitored pharmaceutical mixtures are expected to exert severe ecological risks in areas downstream of WWTP discharges, with 46 the percentage of aquatic species affected ranging between 65% and 82% in 3 out of the 47 19 evaluated sites. In addition, five antibiotics were found to exceed antibiotic resistance 48 thresholds, thus potentially contributing to resistance gene enrichment in environmental 49 bacteria. This work illustrates the wide use and impact of pharmaceuticals in the area 50 under study, and the vulnerability of surface waters if only conventional wastewater 51 treatments are applied. Several compounds included in this study should be incorporated 52 53 in future water monitoring programs to help in the development of future regulations, due to their potential risk to the aquatic environment. 54

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56 Keywords

- 57 Pharmaceuticals and metabolites
- 58 Surface water
- 59 Screening
- 60 Liquid chromatography mass spectrometry
- 61 Environmental impact
- 62 Ecological risk assessment

63 **1. INTRODUCTION**

The prevention of water bodies deterioration is an urgent issue nowadays. Among other 64 matters, it is necessary to accurately monitor the presence of a wide variety of organic 65 contaminants in order to preserve the ecological status of aquatic ecosystems. In this 66 67 context, pharmaceuticals are of current concern due to their widespread use and frequent detection in the water cycle. Pharmaceuticals can reach water bodies from 68 different sources, such as a human consumption (Botero-Coy et al., 2018; García-Galán 69 et al., 2016), landfill leachates (Lu et al., 2016; Masoner et al., 2014), use of wastewater 70 treatment plants (WWTPs) sludge as fertilizers (Behera et al., 2011), effluents from 71 hospitals (Della-Flora et al., 2019; Verlicchi et al., 2012) or improper disposal of unused 72 or expired medicines (Bashaar et al., 2017; Tong et al., 2011). Due to the poor removal 73 74 efficiency of most conventional WWTPs (Al-Odaini et al., 2010; Behera et al., 2011), it is 75 not surprising that pharmaceuticals are found in treated effluents and reach receiving surface waters (Botero-Coy et al., 2018; Collado et al., 2014; Gao et al., 2012; Gracia-Lor 76 et al., 2012; Hernández et al., 2019a; Ibáñez et al., 2017; Paíga et al., 2017; Picó et al., 77 2020; Rico et al. 2016) and even drinking water sources (Boleda et al., 2014; Bruce et al., 78 79 2010; Praveena et al., 2019).

80 Pharmaceuticals are biologically active molecules designed to target a varied range of human receptors and that display different toxicological modes of action, depending on 81 the biological endpoint that is evaluated. A recent review on the environmental exposure 82 and toxicity data for 22 pharmaceuticals shows that hormones, antiepileptics, anti-83 inflammatories and antibiotics are generally the TCs posing the highest ecotoxicological 84 85 risks (Pereira et al., 2020). However, consumption patterns and removal efficiencies vary 86 across different river basins, which result in diverse complex mixtures, that need to be evaluated case-by-case (Altenburger et al., 2015). 87

A significant amount of research has been carried out on the occurrence of pharmaceuticals in surface waters, but only data from parent compounds are normally reported (Boix et al., 2015; Ferrer et al., 2010; Grabic et al., 2012; Gracia-Lor et al., 2011; Huntscha et al., 2012; Ibáñez et al., 2009). However, there are more and more data available evidencing that the unaltered compounds are just the "top of the iceberg", because they usually represent a small part of the total amount of the compounds

excreted in urine (Hernández et al., 2019a). In the last few years, several papers have 94 reported the occurrence of many metabolites in surface and wastewaters (Boix et al., 95 2016; Della-Flora et al., 2019; Gracia-Lor et al., 2014; Ibáñez et al., 2017; Langford and 96 Thomas, 2011; Rúa-Gómez and Püttmann, 2012). Apart from analytical drawbacks, such 97 as the lack of reference standards and the absence of priority compounds lists, the 98 99 evaluation of the toxicity of metabolites and transformation products (TPs) involves considerable effort (Lindholm-Lehto et al., 2016). However, it is of importance as they 100 can be as persistent and/or toxic as the parent compound and can have negative effects 101 102 on different aquatic organisms (Rivera-Jaimes et al., 2018). For this reason, they should 103 be gradually included in analytical methods and in aquatic risk assessments (Hernández et al., 2019a; Santana-Viera et al., 2016). 104

105 Until recently, environmental regulations barely included maximum allowable 106 concentration levels for pharmaceuticals in surface waters. The European Commission (European Commission, 2018) establishes a Watch List of substances that must be 107 followed up as part of public policies. The objective of that list is to collect data from the 108 109 Member States about the concentration levels of the included pharmaceuticals in the 110 water bodies and to decide, in a later stage, whether they can be considered as priority substances in the regular monitoring of water quality. Five antibiotics (i.e. the 111 112 fluoroquinolone ciprofloxacin, the penicillin amoxicillin and the macrolides azithromycin, 113 clarithromycin, erythromycin) have already been included in the current Watch List. Recent studies indicate that the aquatic risk of pharmaceuticals, such as carbamazepine 114 and ciprofloxacin, has increased from 10 to 20 times in the last 20 years due to the 115 demographic concentration in urban areas and the low dilution capacity of surface waters 116 in (semi-)arid areas (Oldenkamp et al., 2019). The presence of antibiotics in the 117 environment is of special concern, as it can lead to the development of bacterial 118 resistance genes, a fact that has already been observed even in pristine areas such as the 119 120 Antarctic (Hernández et al., 2019b) and which may represent a serious problem in fighting some diseases (Mokh et al., 2017). Recent investigations show that urban WWTPs 121 constitute hotspots for antibiotic emissions, contributing to the enrichment of resistance 122 genes in surface water ecosystems (Buelow et al., 2020). In this regard, threshold 123 124 concentrations for antibiotic resistance have been proposed for a wide range of antibiotics to aid the assessment of their respective resistance development risks
 (Bengtsson-Palme and Larsson, 2016; Rico et al., 2017), and to prioritize compounds and
 management practices that should be implemented at a watershed scale.

128 One of the main reasons for the increase of data on the presence of pharmaceuticals in 129 water is the relevant role of modern environmental analytical chemistry (Hernández et al., 2019a). Most data reported nowadays are based on target quantitative methods 130 131 commonly using ultra high-performance liquid chromatography coupled to tandem mass spectrometry (UHPLC-MS/MS), which offers excellent sensitivity, selectivity and 132 robustness (Beccaria and Cabooter, 2020; Campos-Mañas et al., 2017; García-Galán et 133 al., 2016; van Nuijs et al., 2010). However, the application of target methodologies may 134 provide incomplete results as other compounds present in the sample could remain 135 136 ignored in the analysis. Then, a screening based on high resolution MS (HRMS) becomes 137 necessary in order to identify as many contaminants as possible, even when reference standards are not available at the laboratory (Aceña et al., 2015; Boix et al., 2016; 138 Hernández et al., 2015a, 2015b). 139

140 The aim of this study was to assess the occurrence and ecological risks of a wide variety 141 of pharmaceuticals and metabolites in the Mijares River, located in Eastern Mediterranean Spain. A total of 57 surface water samples were collected in three 142 different campaigns over one year. Samples were quantitatively analyzed by UHPLC-143 144 MS/MS for the determination of 40 target pharmaceuticals. Additionally, a screening by UHPLC-HRMS was performed in order to complement the quantitative results obtained. 145 The results of the quantitative analysis were used to perform a probabilistic risk 146 147 assessment for aquatic organisms, which helped to highlight individual compounds and 148 pharmaceutical mixtures that are posing an ecotoxicological risk. Moreover, the monitored antibiotics were evaluated in regards to their resistance development risks. 149 150 Overall, this study contributes to the identification of pharmaceutical compounds that need to be further monitored and that are candidates to be included in future updates of 151 the Water Framework Directive and regional monitoring plans. 152

153 **2. EXPERIMENTAL**

154 **2.1 Chemicals and materials**

155 See Supplementary Material (S.M.)

156 **2.2 Description of the sampling sites and sample collection**

The Mijares River originates in Aragón (at 1.600 m in Sierra de Gúdar, in the municipality El Castellar, province of Teruel) and ends in the Mediterranean Sea, Castellón, Eastern Spain (see **Figure 1**). It is 156 km long with a 5.466 km² wide basin, which represents 13% of the total demarcation of the Jucar Hydrographic Confederation. The river is an important source of irrigation water in the lower basin, which is an important agricultural area with predominance of citrus crops (Garófano-Gómez et al., 2013).

Water samples were taken at 19 different points (see Figure 1), covering almost all the 163 Mijares River, from its source until its estuary: points 1-6 are sited in the upper section of 164 the river, 7-14 in the middle section, 15-18 in the lower section, and point 19 in the river 165 mouth. All sampling sites were selected based on different characteristics and/or 166 167 accessibility (Table S1). In the municipality of Sarrión (Teruel), three sampling points were 168 considered due to their proximity to a fertilizer factory (point 2) or to a fish farm (points 3 and 4). The potential contribution of small towns in terms of emerging contaminants 169 might be attributed to four WWTPs discharging their effluents into the river. For this 170 171 reason, several sampling sites were selected downstream of the WWTPs: points 9 and 10, near Montanejos (WWTP flow 627 m³/day; population served 1.513 p.e); 11 near Toga 172 (WWTP flow 21 m³/day; population served 66 p.e); 17 near Vila-real (WWTP flow 3.666 173 174 m³/day; population served 16.449 p.e); and 18 near Almassora (WWTP flow 7.386 175 m³/day; population served 34.337 p.e) (**Table S2**) (EPSAR, 2020). Also, two sampling sites (13 and 14), located downstream of a solid waste treatment plant (SWTP) near Onda 176 (Castellón), were included in this study. Waters from three reservoirs located in the 177 Mijares River were also sampled: 5 (Toranes reservoir, Teruel), 7 and 8 (Arenós reservoir, 178 Castellón) and 12 (Sitjar reservoir, Castellón). 179

Three sampling campaigns were conducted in order to monitor pharmaceuticals concentrations along different periods: June 2018 (1st campaign, summer), September 2018 (2nd campaign, autumn) and February 2019 (3rd campaign, winter). In every campaign, 19 surface water samples, one from each sampling point, were collected in
 polyethylene bottles, transported to the laboratory on the same day (within max. 6h) in
 refrigerated isothermal containers, and stored at -20 °C until analysis.

186 **2.3 Sample treatment**

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2.3.1. Quantitative analysis

The procedure applied for quantitative UHPLC-MS/MS analysis was based on methodology previously developed by our research group (Boix et al., 2015; Botero-Coy et al., 2018) using direct injection of the sample, without any pre-concentration. Briefly, 2 mL of water was centrifuged at 12.000 rpm for 10 min. Subsequently, 50 μ L of isotopically labelled internal standard (ILIS) mix solution of 1 μ g/L was added to 950 μ L of the centrifuged water sample (final ILIS concentration in the sample injected, 50 ng/L). Finally, 50 μ L was injected into the UHPLC-MS/MS system.

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2.3.2. Screening analysis

The UHPLC-HRMS screening required a previous generic sample extraction and preconcentration. This was performed by solid-phase extraction (SPE), following the procedure described by Pitarch et al. (2016). **Figure S1** shows a flowchart of the extraction procedure. Briefly, 100 mL of water was passed through an Oasis[®] HLB (150 mg) cartridge. After elution, the extract was reconstituted with 100 μ L of methanol:water (10:90, v/v) and 20 μ L were injected into the UHPLC-QTOF MS.

202 **2.4 Instrumentation**

Quantitative analyses was performed using a Waters ACQUITY UPLC[®] (Waters Corp.) equipped with a binary pump system was interfaced to a Xevo TQ-STM triple quadrupole (QqQ) mass spectrometer (Waters Corp.). For qualitative screening a Waters ACQUITY UPLC[®] (Waters Corp.) interfaced to a hybrid quadrupole-orthogonal acceleration-TOF mass spectrometer (XEVO G2 QTOF, Waters) was used. For more details related to the instrumentation used see **S.M**.

209 **2.5 Quantitative LC-MS/MS analysis and quality assurance**

In total, 40 pharmaceuticals (Table 1) from different therapeutical classes were selected
 for target quantitative analysis by LC-MS/MS (QqQ). The experimental conditions are

shown in Table S3. At least, seven-point calibration curves (0.005-20 μg/L) were injected 212 213 at the beginning and the end of each sequence. As the samples were analysed by direct 214 injection, without any pre-concentration step, the lowest calibration level (LCL) was taken as the limit of quantification in samples (Table S3). A compound was considered as 215 "detected" when its concentration was below LCL and at least one q/Q ratio was 216 217 accomplished allowing in this way its reliable identification. For the constructions of 218 graphs, risk assessment evaluation, and for discussion of results obtained, the cut-off 219 value used for detected positives was half of their LCL.

Quality control (QC) samples, consisting on three surface waters each fortified at three concentration levels (0.01, 0.1 and 1 μ g/L), were analysed together with the samples (see **Table S4**). QCs recoveries between 60 and 140% were considered satisfactory (SANTE, 2019). For many compounds, the corresponding ILIS was used for matrix effects correction, ensuring an accurate quantification (**Table S3**). The ratio between the qualitative and quantitative transitions (q/Q ratio) as well retention time deviation (± 0.1 min) were used for the reliable identification of positive findings (SANTE, 2019).

227 2.6. UHPLC-HRMS screening

228 A great number of organic micro-pollutants were investigated by screening based on UHPLC-QTOF MS. Accurate-mass data generated at low and high collision energy were 229 processed by ChromaLynxTM Application Manager (within MassLynx) in combination with 230 a home-made database, containing a large number of pharmaceuticals and their main 231 metabolites. In total, the presence of more than 900 compounds was investigated (see 232 Table S5 in S.M.). This software applies a "post-target" processing method by monitoring 233 exact masses of the suspect analytes and obtains the corresponding narrow-window 234 235 Extracted Ion Chromatogram (nw-EICs).

The database included, at least, the name and elemental composition of the parent compounds (occasionally adducts). Information on retention time (Rt), main fragment ions and adducts was also added when reference standards were available, which greatly helped to facilitate and support the identification process.

240 When a chromatographic peak was observed at the corresponding exact mass but the 241 reference standard was not available, the characteristic isotope pattern (if chlorine or bromine atoms were present) as well as fragment ions were evaluated and their compatibility with the chemical structure of the suspect compound was assessed. Tentative identification was reinforced by agreement with MS/MS product ions reported in literature or available databases (preferably in exact mass). For more information see (Hernández et al., 2015a, 2015b).

247 **2.7. Ecological risk assessment**

The probability that exposure concentrations result in unacceptable effects for aquatic 248 249 organisms was calculated based on the Species Sensitivity Distributions (SSD) approach (Posthuma et al. 2002). The Potentially Affected Fraction (PAF) was calculated for 250 251 individual compounds, and the multi-substance Potentially Affection Fraction (msPAF), for contaminant mixtures, following the methods described by de Zwart and Posthuma 252 253 (2005). Risks were calculated using the SSDs provided by Posthuma et al. (2019) for 254 chronic exposure. In their study, the SSD parameters μ (median of the log-transformed 255 toxicity values) and σ (standard deviation of log-transformed toxicity values or slope) 256 were calculated using a log-normal distribution on the basis of chronic toxicity data 257 (primarily No Observed Effect Concentrations, NOECs) for bacteria, algae, invertebrates 258 and fish. Since for some compounds chronic toxicity data is very limited, acute-to-chronic 259 extrapolation techniques and read-across (i.e., Quantitative-Structure Activity Relationships, QSARs) was often applied for their derivation. The robustness of the SSD 260 261 parameters was evaluated on the basis of the methods described by Posthuma et al. (2019), which consider four quality aspects: (1) the availability of a sufficient number of 262 data to calculate the SSD μ and σ , (2) the biodiversity coverage, (3) the origin of the 263 264 toxicity data (i.e., experimental, extrapolated or read-across), and (4) the type of 265 extrapolation (in case the data was extrapolated). The SSD parameters of the compounds that were detected at least once in this study are provided in Table S6 together with their 266 267 quality scores, while a detailed description of the quality scores is provided in Table S7. When there was no chronic toxicity data for a specific compound, the μ was derived by 268 subtracting 1 to the µ of the SSD built with acute toxicity data (i.e., assuming an acute-to-269 chronic extrapolation factor of 10 for the species assemblage), and using a σ of 0.7. A σ 270 of 0.7 was also applied to the chronic SSDs that had a σ that was considered too large or 271

too low according to the criteria established by Posthuma et al. (2019). The σ value of 0.7
is the average SSD slope for the 12386 chemicals evaluated by Posthuma et al. (2019).

274 The monitored pharmaceuticals were classified into eleven Therapeutic Classes (TCs). 275 Then, the toxic pressure of the compounds within each of the TCs and their mixtures was 276 calculated for each sample. First, the Hazard Unit (HU) was calculated for each compound in each sampling site by dividing the logarithm of the measured concentration by the SSD 277 μ . These HUs are used to adjust for differences in the potency of the evaluated 278 compounds. Next, the concentration addition model was used to calculate the msPAF 279 corresponding to each TC (msPAF_{TC}) in each sample using the Microsoft Excel \bigcirc function 280 281 (Eq. 1).

282 msPAF_{TC} = NORM.DIST (
$$HU_{TC}$$
, 0, σ_{TC} , 1) Eq. 1

283 Where HU_{TC} is the sum of the HUs for each compound in the TC, and σ_{TC} is the average σ 284 for all compounds in the TC.

After obtaining the msPAF_{TC} for each TC, the total toxicity of the sample (msPAF_{Total}) was calculated using the response addition model (Eq. 2).

287 msPAF_{Total} =
$$1 - \prod_{i=1}^{n} (1 - msPAF_{TC,i})$$
 Eq. 2

Finally, the msPAF_{Total} for each sample was represented with the relative contribution of each TC to the total toxic pressure. In our study, the PAF and the msPAF_{Total} represent the fraction of species of the aquatic ecosystem that will be affected (i.e., the NOEC is exceeded) by the chronic exposure to an individual compound or the pharmaceutical mixture, respectively. In this study, PAF and msPAF_{Total} values between 5% and 25% were considered to result in moderate ecological risks, while values above 25% were considered to induce severe risks (see section 3.4 for rationale).

295 **2.8 Antibiotic resistance risks**

The risks of promoting antibiotic resistance in environmental bacteria were calculated using the resistance Predicted No Effect Concentrations (PNECs) proposed by Bengtsson-Palme and Larsson (2016) for all the evaluated antibiotics except furaltadone, oxolinic acid and sulfadiazine, for which resistance PNECs are not available. Risk Quotients (RQs) were calculated by diving the measured antibiotic concentrations by the resistance 301 PNECs, so that a RQ quotient larger than one indicates a potential risk of antibiotic
 302 resistance development.

303 3. RESULTS AND DISCUSSION

304 **3.1 Quantitative analysis by UHPLC-MS/MS (QqQ)**

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3.1.1 Quality control samples

306 Especial emphasis was made on QCs evaluation in order to support the reliability of 307 quantitative data reported. Table S4 shows the average results obtained for 9 QCs 308 analysed (one QC per spiking level and per sampling campaign, this is, 3 replicates per each spiking level). It should be noted that QCs at lowest fortification level were only 309 310 performed in the first campaign (n=3). Recoveries were generally between 60 and 140% (SANTE, 2019), and mostly in the 80-120% range. The use of analyte-ILIS and the absence 311 of complex sample treatment process surely facilitated obtaining satisfactory quality 312 controls, with a few exceptions. The most relevant were for the antibiotics ciprofloxacin 313 and norfloxacin, whose recovery values were slightly above 200% and poorly 314 reproducible. The lack of sensitivity of our instrumentation in negative mode prevented 315 the determination of the drugs measured under this mode (bezafibrate, gemfibrozil, 316 ketoprofen and naproxen) at the low fortification levels tested and only QC recoveries at 317 1 μg/L could be calculated for these compounds. The antibiotics clarithromycin and 318 319 roxithromycin showed unsatisfactory recoveries in some cases, especially at the highest level of fortification, probably because their analyte-ILIS was not available and therefore 320 321 matrix effects could not be corrected. Regarding data reported in this paper for water samples, the unsatisfactory QCs recoveries only affected to ciprofloxacin and norfloxacin, 322 323 and therefore those values must be taken as semi-quantitative. The reason might be the low ILIS concentration used (50 ng/L). In fact, in subsequent works performed in our 324 group we increased the amount of ILIS added to the samples obtaining a significant 325 improvement in the results. 326

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3.1.2. Analysis of surface water samples

A total of 57 river water samples (19 per campaign) were analysed by LC-MS/MS (QqQ) for 40 target pharmaceuticals. The compounds were selected based on their frequent occurrence in effluent wastewater and surface water samples analysed in previous studies (Botero-Coy et al., 2018; Hernández et al., 2015a, 2015b). The concentrations
found in the samples analysed are included in Tables S8, S9 and S10, corresponding to
the first (June 2018, summer), second (September 2018, autumn) and third (February
2019, winter) campaigns. Table 1 shows the frequency of detection (% positive samples)
of the pharmaceuticals investigated. As indicated in section 2.5, the cut-off value used for
the compounds detected was half of their LCL.

337 Thirty-five out of the 40 compounds evaluated in this study were measured at least once in the samples. The analgesic acetaminophen was the most frequently detected (65% of 338 samples above the cut-off value 2. 5 ng/L). The antiepileptic gabapentin (42% above 2.5 339 ng/L), the antidepressant venlafaxine (40% above 2.5 ng/L), the antihypertensive 340 valsartan (39% above 2.5 ng/L), the antibiotic ciprofloxacin (33% above 25 ng/L) and the 341 342 anti-inflammatory drug diclofenac (33% above 2.5 ng/L) were also frequently found. A 343 notable amount of pharmaceuticals (66% of the compounds detected) exceeded, in at 344 least one of the samples, the concentration level of 0.1 μ g/L (value set by European Union countries). The compounds with the highest percentage of exceedances were primidone, 345 gabapentin, valsartan and diclofenac. Seven drugs (tramadol, azithromycin, ciprofloxacin, 346 gabapentin, irbesartan, valsartan and phenazone) slightly surpassed 1 μ g/L, particularly 347 in the sites 17 and 18, but never exceeded 2 µg/L. Some of the pharmaceuticals detected 348 in the Mijares River are currently included in the Watch List of substances for European-349 350 wide monitoring in the field of water policy (European Commission, 2018), such as the antibiotics ciprofloxacin, clarithromycin, erythromycin and azithromycin. As an example, 351 Figure S2 shows the positive findings of losartan (antihypertensive), diclofenac (NSAID) 352 and erythromycin (antibiotic) in three surface water samples investigated. 353

The spatial distribution along the Mijares River, expressed as the sum of the average concentration of the 3 campaigns of each individual pharmaceutical, is shown in **Figure 2**. As expected, the upper section was the less contaminated (< 100 ng/L for total pharmaceuticals), even in the points near the fertilizer factory (site 2) and the fish farm (sites 3 and 4), which presented a similar pattern to the rest of upper sites demonstrating no relevant contribution of pharmaceutical residues into the Mijares River.

As regards to the middle section, most of the sampling points showed mean concentrations of pharmaceuticals lower than 100 ng/L (7: upstream Arenoso reservoir; 362 11: Toga; 12: Sitjar reservoir; 12-13: Onda SWTP). It is worth noticing the sample collected downstream Montanejos WWTP (point 10), with a total concentration of 363 pharmaceuticals above 5000 ng/L and high number of positives (up to 27 pharmaceuticals 364 in the 1st campaign). On the contrary, the sampling site 11 (downstream WWTP Toga) did 365 not appear to be very contaminated, which may be explained by the small size of this 366 367 village with only 100 inhabitants. Moreover, in the sample collected downstream of the SWTP located in Onda (points 13 and 14) very few pharmaceuticals were found (< 100 368 ng/L), indicating that no relevant pollution in terms of pharmaceuticals comes from this 369 plant. This is in agreement with data reported on groundwater from that area, where 370 371 pesticides were found as the most relevant contaminants due to the intensive agriculture in the surrounding area, focused on citrus crops (Pitarch et al., 2016). 372

373 As expected, the lower section of the river was the most contaminated, especially in the 374 area nearest to the estuary. The most polluted sites (total concentration >5000 ng/L) were located downstream of the two WWTPs, near Vila-real (point 17) and Almassora 375 (point 18). Surface water collected in these two sampling sites presented the highest 376 number of positives (between 20 and 30, depending on the campaign). The last sampling 377 378 site, near the river mouth into the Mediterranean Sea (19, Gola Almassora), also 379 presented a notable pharmaceuticals pollution, but with mean total concentrations 380 below 5000 ng/L.

381 **3.2. Seasonal variation**

The total concentration for the different pharmaceutical families in each sampling campaign is shown in **Figure 3**. Antihypertensive, anti-inflammatory agents and antibiotics presented the highest concentrations. No clear trends were observed as a function of the sampling season, although a slight increase in concentrations of antihypertensives, antidepressants, antibiotics and analgesics seemed to occur in winter (3rd sampling). This fact is not surprising in the case of antibiotics due to the increase of their consumption to treat respiratory infections in colder periods (Letsinger et al. 2019).

Due to the higher pollution observed in sampling sites 10, 17 and 18, specific data from these samples were evaluated to highlight possible seasonal trends. The antibiotics azithromycin, clarithromycin and trimethoprim were present at higher concentrations in winter at the three sampling sites. Other compounds were also found at higher

393 concentrations in winter, at least in 2 out of the 3 sampling sites: the antibiotics clindamycin, erythromycin, sulfamethoxazole and metronidazole; the antihypertensives 394 395 irbesartan, losartan and valsartan; the benzodiazepine alprazolam; the antiepileptic primidone; and the analgesic tramadol. The fact that pharmaceuticals presented higher 396 concentrations in winter is in agreement with other river monitoring campaigns (Conley 397 398 et al., 2008; Daneshvar et al., 2010; Lindholm-Lehto et al., 2016). Moreover, during cold periods, there is less degradation of the compounds in the WWTPs due to the low 399 temperatures and irradiation, which result in higher analyte concentration levels in the 400 effluent wastewater and, therefore, in the receiving surface water (Azzouz and 401 402 Ballesteros, 2013; Golovko et al., 2014; Lindholm-Lehto et al., 2016).

403 **3.3 Screening of pharmaceuticals and metabolites**

A qualitative screening using UHPLC-QTOF MS was applied to samples collected in the second campaign to complement quantitative data and obtain information about other compounds that could be present in the samples. **Table S11** shows the detection frequency of pharmaceuticals. In total, 41 pharmaceuticals were detected, and up to 35 were confirmed with reference standards. Six more compounds were tentatively identified on the basis of the interpretation of accurate-mass data acquired, but could not be confirmed because the reference standard was not available at our laboratory.

Compounds with the highest detection frequency were acetaminophen and venlafaxine, 411 identified in 4 out of the 19 samples. Six pharmaceuticals (azithromycin, carbamazepine, 412 diclofenac, irbesartan, lidocaine and sulfamethoxazole) were found in 3 samples (16%). 413 414 As expected, the upper section (points 1-6) presented the lowest number of findings, illustrating the little anthropogenic influence on this area. Regarding sites located 415 downstream of the SWTP in Onda (13 and 14), no analytes were found indicating that no 416 417 relevant pharmaceutical pollution comes from this plant, which is in agreement with quantitative results obtained in the three campaigns. As expected, the highest number of 418 findings corresponded to water samples collected WWTP downstream, especially near 419 Vila-real (point 17) and Almassora (point 18). 420

Figure 4 shows a summary of the results obtained in the screening, grouped by pharmaceutical families. Antihypertensives and non-steroidal anti-inflammatory drugs (NSAIDs) were most frequently detected, each representing 20% of the findings, followed by antibiotics (12%). The remaining families were below 10%. Other compounds, mainly identified in points 17 and 18, were amisulpride (antipsychotic), cetirizine (antihistamine), dimetridazole (antiparasitic), iopromide (X-ray contrast agent), rimantadine (antiviral agent), each one with 2.2%, and lidocaine (anesthetic, 4.4%). Most of the compounds identified by HRMS screening have been often reported in surface water by the scientific literature (Gómez et al., 2010; Hernández et al., 2015b; Ibáñez et al., 2009; López et al., 2014; Masiá et al., 2013).

From the 41 pharmaceuticals identified in the screening, 16 were already included in the 431 target quantitative method applied in this work (marked with \vee in **Table 1**). It must be 432 taken into account that the quantitative UHPLC-MS/MS method offer much better 433 sensitivity than the screening methodology, as it was optimized for a limited number of 434 435 compounds and the TQS instrument has higher sensitivity than our QTOF instrument. It 436 is therefore noteworthy that the detection frequency depends, not only on the concentration of the compound, but on the sensitivity of the method towards that 437 particular compound. Hence, a lower detection frequency should not necessarily be 438 associated to lower presence. The results from this screening will be useful to update the 439 440 analytical methodology, by adding the compounds identified in the screening to the list of target analytes for quantitative UHPLC-MS/MS analysis. 441

The excellent potential of UHPLC-HRMS also allowed to investigate pharmaceutical metabolites with the aim to generate useful data for future monitoring, including relevant metabolites detected in surface water. The screening of metabolites was focused on the most contaminated samples (i.e. those collected in sampling sites 10, 17, 18 and 19) to facilitate their detection and identification. **Table 2** shows the nine metabolites (tentatively) identified in surface water. 6 out of 9 metabolites could be confirmed with reference standards.

449 4-acetylaminoantipyrine (4-AAA) and 4-formylaminoantipyrine (4-FAA), metabolites of
450 the antipyretic drug dipyrone (metamizole), were identified in the 4 samples analysed.
451 Furthermore, 4-OH omeprazole sulphide, carbamazepine-10,11-epoxide and clopidogrel
452 carboxylic acid were also found in 2 out of the 4 samples, while 4-aminoantipyrine (4-AA)
453 (another metabolite of dipyrone) was only identified in 1 of the surface water samples.

These metabolites have also been found in surface water in previous studies performed
by our group (Boix et al., 2016, 2014; Gracia-Lor et al., 2014).

Three metabolites could only be tentatively identified as the reference standards were not available at our laboratory. The potential of QTOF MS for investigation of metabolites is illustrated in **Figure S3**, which shows the tentative identification of nordiazepam (Ndesmethyldiazepam) in a sample that also contained the parent compound diazepam (for more details, see **S.M.**)

461 **3.4. Ecological risk assessment**

462 The results of the ecological risk assessment performed with SSDs built with chronic NOECs show that the majority of the sampling sites are exposed to a low mixture toxic 463 pressure (msPAF_{Total} below 5%; Figure 5). However the site 19 was considered to be 464 moderately impacted, with msPAFs ranging between 5% and 25%; and sites 10, 17 and 465 18 were severely impacted, with calculated msPAF_{Total} above 25%. Particularly, in sites 17 466 467 and 18 (in all sampling campaigns), and in 10 (in summer), the percentage of affected aquatic species ranged between 65% and 82%, indicating a very high ecotoxicological risk 468 (Figure 5). In all cases, toxicity was dominated by the analgesic/anti-inflammatory TC 469 (msPAF_{TC} 15-81%). Within this TC, toxicity was clearly dominated by phenazone, although 470 diclofenac also had an important contribution (Tables S12-14). The second TC with the 471 highest calculated toxicity were the bactericides (antibiotics), with a msPAF_{TC} ranging 472 between 5% and 12% in sampling sites 10 (all sampling campaigns), 17 (summer and 473 474 winter) and 18 (autumn and winter). Within this TC, toxicity was dominated by 475 azithromycin in autumn and winter (in sites 10, 17 and 18). In summer, the toxicity of this TC was dominated by norfloxacin, although other antibiotics such as ciprofloxacin and 476 clarithromycin also contributed to the toxicity of the mixture. Regarding each of the 477 478 monitored compounds in isolation, the highest ecological risks were established for 479 phenazone > azithromycin > diclofenac, with individual PAFs above 10% in at least one 480 sampling site; and to a lower extent norfloxacin, ciprofloxacin and clarithromycin, with individual PAFs above 1% in at least one sampling site (Tables S12-S14). 481

The method based on SSDs, and the calculated msPAFs, is a more ecological relevant approach when compared to other methods (e.g. Toxic Unit) to assess the risk of chemical mixtures to aquatic ecosystems. This is basically because it integrates toxicity data for as

485 many taxa as possible and accounts for their sensitivity differences on the basis of a statistical distribution. The capacity of the SSD approach to represent ecosystem effects 486 has been evaluated on the basis of field monitoring studies and micro- and mesocosm 487 experiments performed mainly with pesticides (e.g. Schäfer et al. 2013; Rico et al. 2018). 488 Due to the absence of validation studies performed with pharmaceuticals, it is somewhat 489 490 difficult to characterize the level of impact caused by each of the established risk categories. We expect that in the sites classified with severe risks (PAF or msPAF_{Total} above 491 25%), the NOEC exceedances contributes to a loss of species that results in significant 492 indirect ecological effects and in effects on important ecological functions. However, 493 494 further investigations should be performed to quantify these effects and to validate the SSD method with pharmaceutical compounds. 495

496 One of the major drawbacks of the SSD approach for its implementation in pharmaceutical risk assessment is the limited amount of experimental chronic toxicity 497 data available. In this way, chronic SSDs often need to be based on extrapolated or read-498 across toxicity data. For example, the μ of the chronic SSD for phenazone were based on 499 the extrapolation of the μ for the acute one (2.5 μ g/L), which was in turn constructed 500 501 with a limited number of QSAR-based toxicity data (Posthuma et al. 2019; Table S7). Toxicity studies performed with other non-steroidal anti-inflammatory drugs, such as 502 503 diclofenac, have shown cellular toxicity, genotoxicity, immunodepression, growth inhibition and estrogenic effects on fish at environmentally relevant concentrations 504 (Hoeger et al., 2005; Hong et al., 2007; Xu et al., 2019). Therefore, experiments aimed at 505 assessing the chronic toxicity of phenazone on fish are highly recommended. Regarding 506 507 the other high priority compounds, the SSDs for azithromycin, ciprofloxacin and clarithromycin were based on a relatively large number of toxicity data, but relied on 508 509 acute-to-chronic toxicity data extrapolations, while the SSD for norfloxacin was based on available chronic toxicity data (Table S7). Previous studies show that these compounds 510 511 are highly toxic to aquatic microorganisms, including cyanobacteria and some diatoms 512 (Guo et al., 2015). Therefore, their ecotoxicological risks may be associated to the 513 alteration of the structure of microbial communities and primary producers, most likely those associated to hard substrates, downstream of areas with significant WWTP 514 515 influence (i.e., Montanejos, site 10, and in the mouth of the river, sites 17 and 18).

516 Furthermore, several studies show that ecosystem functions mediated by these 517 microorganisms (e.g. nitrification, denitrification, anaerobic ammonium oxidation) can be 518 affected by prolonged exposure to concentrations similar to those that have been found 519 in this study (Roose-Amsaleg and Laverman, 2016).

Although a large number of pharmaceuticals have been monitored in this study, the 520 521 results of the aquatic risk assessment show that only a very limited number of compounds has a potential contribution to the total toxicity of the sample. This is in line with other 522 studies evaluating the potential ecotoxicological of pharmaceutical mixtures, which 523 demonstrate that usually a reduced number of compounds (\leq 5) significantly contribute 524 to the total toxicity of the sample (Schäfer et al. 2013; Arenas-Sánchez et al., 2019). In 525 our study, two TCs were the main responsible for the toxicity observed in the most 526 polluted sites (i.e., analgesic/anti-inflammatory drugs and antibiotics). In principle, 527 effects other than additive or antagonistic between these pharmaceutical groups are not 528 expected on the impacted ecosystem, as they affect species in well separated trophic 529 levels (i.e., cyanobacteria and fish). In addition, toxicity studies assessing the effects of 530 531 non-steroidal anti-inflammatory drug mixtures on fish and other aquatic organisms (Cleuvers, 2004; Sehonova et al., 2017), or antibiotic mixtures on algae (González-Pleiter 532 533 et al., 2013) generally demonstrate additivity, confirming that the concentration addition model used in this study for chemicals within the same TC is not expected to 534 535 underestimate, neither overestimate, the calculated risks.

536 **3.5 Antibiotic resistance risks**

RQs exceeding the value of 1 were calculated in 3 out of the 19 evaluated sampling sites 537 538 of the Mijares River (sites 10, 17 and 18). Resistance PNECs were exceeded by five 539 antibiotics (see Figure 6), being ciprofloxacin the compound with the highest RQ (17.3), followed by azithromycin (6.5), norfloxacin (1.9), trimethoprim (1.5) and clarithromycin 540 541 (1.3). In some samples, exceedance of resistance thresholds occurred for more than one antibiotic (e.g. ciprofloxacin and norfloxacin; azithromycin and clarithromycin). Overall 542 the antibiotics with the highest resistance development risk belong to the 543 fluoroquinolone and the macrolide classes, which are classified as antibiotics of critical 544 545 importance for human health (WHO, 2019). This study shows that WWTPs discharges into 546 the Mijares River are contributing to environmental concentrations that may contribute 547 to the enrichment of resistance genes in aquatic bacterial communities. However, the link between these indicators and the risks to the human population are not that 548 straightforward. The assessment of the human transmission risks depends on the 549 exposure levels (via bathing, irrigation, drinking), and require a complementary in-situ 550 evaluation of fecal contamination, resistant bacteria, genes and mobile genetic elements 551 552 (Huijbers et al., 2019), which is out of the scope of this study. At this stage, however, this study evidences that antibiotics in the EU Watch List (and others co-occurring with them) 553 should be evaluated, not only regarding their potential ecotoxicological side-effects, but 554 555 also regarding their contribution to antibiotic resistance development in the environment. 556

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559 **4. CONCLUSIONS**

A comprehensive investigation has been made on the occurrence and risks of 560 pharmaceuticals in the Mijares River (Eastern Spain). Up to 35 pharmaceuticals were 561 quantified in the water samples analyzed. The impact of wastewater effluents was 562 evidenced by a notable increase of pharmaceutical concentrations as well as in the 563 564 number of compounds detected in the samples collected downstream of WWTP discharges. The effect of the WWTP was observed even for small populations located 565 along the river. The compounds most frequently found were acetaminophen, 566 gabapentin, venlafaxine, valsartan, ciprofloxacin and diclofenac. 567

The complementary use of target quantitative methodology and qualitative wide-scope 568 569 screening, allowed to have a more complete overview on the pharmaceuticals present in 570 water. Accurate-mass data acquired by UHPLC-HRMS also allowed to investigate the presence of metabolites, leading to the identification of nine compounds, of which 4-571 acetylaminoantipyrine (4-AAA), 4-formylaminoantipyrine (4-FAA), 4-OH omeprazole 572 sulphide, carbamazepine-10,11-epoxide and clopidogrel carboxylic acid were the most 573 detected. Further studies on the occurrence and risks of these metabolites are 574 575 recommended.

576 A probabilistic risk assessment for aquatic organisms has been performed, indicating moderate-to-severe ecological risks in four sampling points downstream of WWTP 577 discharges. The toxicity of the pharmaceutical mixture was dominated by analgesic/anti-578 579 inflammatory drugs and antibiotics, and the compounds with the highest contribution to the toxicity were phenazone > azithromycin > diclofenac > norfloxacin, ciprofloxacin > 580 581 clarithromycin. Out of these six compounds, only three are currently included in the EU Watch List. Out of the 13 antibiotic compounds evaluated in this study, 5 were found to 582 exceed threshold concentrations for antibiotic resistance, particularly in the sampling 583 sites downstream of WWTP discharges. Therefore, this study supports the advancement 584 585 of water sanitation methods to minimize ecological and antibiotic resistance risks in the Mijares River. 586

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925 026	Table 1 . Target pharmaceuticals and results obtained by UHPLC-MS/MS (QqQ) quantitative analysis of water

samples collected in the three campaigns. Percentages were calculated from a total number of 57 samples. Lowest calibration level (LCL), used as limit of quantification. The value of LCL/2 was taken as the cut-off reference for detection frequency.

Family	Compound	Positive samples (%)	Positive samples > 0.1 μg/L (%)	Maximum level found (µg/L)	LCL (ng/L)
Analgesics	Acetaminophen $$	65	2	0.20	5
	Tramadol $$	17	14	1.9	5
Anthelmintic agents	Levamisol	16	2	0.11	5
Antibiotics	Clindamycin	16	4	0.13	5
	Sulfadiazine	5	0	0.020	5
_	Sulfamethoxazole $$	19	9	0.20	5

	Tetracycline	9	0	0.011	5
	Trimetroprim	12	7	0.72	5
	Azithromycin* $$	16	10	1.6	50
	Ciprofloxacin*a	33	5	1.1	50
	Clarithromycin* $$	14	12	0.33	5
	Erythromycin*	17	2	0.12	5
	Furaltadone	0	0	-	5
	Lincomycin	9	0	0.011	5
	Metronidazole	10	2	0.11	5
	Nalidixic acid	2	2	d	5
	Norfloxacin ^a	25	5	0.94	50
	Oxolinic acid	19	0	d	5
	Roxithromycin	0	0	-	5
Antidepressants	Venlafaxine $$	40	14	0.80	5
Antiepileptics	Gabapentin $$	42	16	1.9	5
	Carbamazepine $$	19	0	0.026	5
	Primidone	26	17	1.0	5
Antihipertensives	Enalapril	0	0	-	5
	Irbesartan $$	23	12	1.7	5
	Losartan $$	19	12	0.68	5
	Valsartan $$	39	16	1.6	5
Antiulcer drugs	Omeprazole sulfide-4-	1.0	_		5
	hydroxy √	19	7	0.15	5
Dour o di ar oniu og	Pantoprazole	14	0	0.013	5
Benzoalazepines	Alprazolam	19	0	0.020	5
Deta bla den as ente	Lorazepam √	16	0	0.094	10
Beta-blocker agents	Metoprolol	14	0	0.057	5
	Salbutamol	17	0	0.023	5
Hypolipidemic agents	Atorvastatin	12	2	0.21	5
	Bezafibrate ^b	9	0	d	1000
	Gemfibrozil ^b	0	0	_	1000
Nonsteroidal anti-	Diclofenac $$	33	16	0.94	5
inflammatory	Ketoprofen ^b $$	0	0	-	1000
	Naproxen ^b $$	14	0	d	1000
	Phenazone	21	14	2.0	10

929 *Compounds included in the Watch List of the Commission Decision 2018/840

930 $\sqrt{\text{Compounds}}$ also detected in the UHPLC-QTOF MS screening^a Results in positive samples should be taken as guidance

931 values since accurate quantification could not be made

932 $\,^{b}$ Compounds with LCL higher than 0.1 $\mu g/L$, so positive samples > 0.1 $\mu g/L$ is not applicable

933 d, detected: concentration below LCL and at least one q/Q ratio was accomplished

Table 2. Metabolites and/or transformation products of pharmaceuticals identified in surface water samples
 by UHPLC-QTOF MS.

Commonmedia	Samples				
	10b	17b	18b	19b	
4-AA (4-Aminoantipyrine)	\checkmark	_	_	-	
4-AAA (4-Acetylaminoantipyrine)	\checkmark	\checkmark	\checkmark	\checkmark	

⁹³⁴

4-FAA (4-Formylaminoantipyrine)	\checkmark	\checkmark	\checkmark	\checkmark
Carbamazepine-10,11-epoxide	-	\checkmark	\checkmark	-
Clopidogrel carboxylic acid	-	\checkmark	\checkmark	-
O-Desmethyl venlafaxine	-	t	t	-
4-OH Omeprazole sulphide	-	\checkmark	\checkmark	-
Losartan carboxylic acid	-	t	t	-
Nordiazepam (N-desmethyldiazepam)	-	t	t	-

√: confirmed with reference standard, ((de)protonated molecule and at least one fragment ion were

- 938 939 940 observed at the expected retention time). t: tentative identification ((de)protonated molecule was observed and at least one ion fragment was justified).



Figure 1. Location of the sampling sites and WWTPs along the Mijares River

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Figure 2. Spatial distribution as total average concentration of pharmaceuticals in Mijares River. In the left
 side, the number of pharmaceuticals found in each sampling site per campaign is shown (1st: June 2018;

958 2nd: September 2018; 3rd: February 2019)



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960 **Figure 3**. Total pharmaceutical concentrations (µg/L) (grouped by families) in the Mijares River in every

961 sampling campaign (1st campaign: June 2018; 2nd campaign: September 2018; 3rd campaign: February

962 2019). NSAIDs: Nonsteroidal anti-inflammatory drugs

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965 **Figure 4.** Percentages of the different families of pharmaceuticals identified

966 in the Mijares River by UHPLC-QTOF MS screening. NSAIDs: Nonsteroidal

- 967 anti-inflammatory drugs. The "Others" category includes the following
- 968 types of pharmaceuticals: anesthetics, antihistamines, antiparasitics,
- 969 antipsychotics, antiviral and X-ray contrast agents
- 970





974 **Figure 5.** Calculated total chronic toxicity (msPAFTotal) for each sample and relative

975 contribution of each specific therapeutic class to the total toxic pressure. The orange line

976 indicates an msPAFTotal of 5%, and the red line an msPAFTotal of 25%. a, b, c refer to the

977 samples taken in the first, second and third sampling campaigns, respectively (1st campaign:

June 2018; 2nd campaign: September 2018; 3rd campaign: February 2019)





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981 **Figure 6.** Calculated RQs for the antibiotics that are expected to result in antibiotic

982 resistance risks (RQ>1) in at least one of the samples. Only the sites with RQs higher than

- one are represented. a, b, c refer to the samples taken in the first, second and third sampling campaigns, respectively (1st campaign: June 2018; 2nd campaign: September 2018; 3rd campaign: February 2019