

1 **Investigation on the consumption of synthetic cannabinoids among**
2 **teenagers by the analysis of herbal blends and urine samples**

3 David Fabregat-Safont¹, María Ibáñez^{1*}, Abel Baquero², Juan Vicente Sancho¹, Félix
4 Hernández¹, Gonzalo Haro^{2,3*}

5 ¹ Environmental and Public Health Analytical Chemistry, Research Institute for Pesticides
6 and Water, University Jaume I, Castelló, Spain

7 ² Department of Medicine, University Cardenal Herrera-CEU, CEU Universities.
8 Castelló, Spain.

9 ³ Department of Psychiatry. Consorcio Hospitalario Provincial de Castelló, Spain.

10

11

12 **Co-corresponding authors:**

13 Dr. Gonzalo Haro.

14 Research group TXP. Medicine Department. Universidad Cardenal Herrera CEU. Calle
15 Grecia, 31, 12006, Castellón, Spain.

16 Phone: (+34) 964372403.

17 E-mail: gonzalo.haro@uchceu.es

18

19 Dr. María Ibáñez.

20 Research Institute for Pesticides and Water, University Jaume I, Avda. Sos Baynat s/n,
21 12071, Castellón, Spain.

22 Phone: (+34) 964387339.

23 E-mail: ibanezm@uji.es

24

25 **Abstract**

26 The use of synthetic cannabinoids (SCs), which escape conventional detection systems, may
27 be a good alternative to elude routine drug analysis for cannabis. The detection of these drugs
28 in urine is unusual due to their complete and fast metabolism, therefore requiring alternative
29 strategies. In this work, an investigation has been made on SCs consumption by minors (less
30 than 18 years old) in juvenile offenders' centres. 667 urine samples (from 127 minors) were
31 collected after their permits with stay at home. We also studied the SCs from 7 herbal blends
32 available at the smartshop frequented by the minors. Both, urine and herbal blends, were
33 analysed by liquid chromatography coupled to high resolution mass spectrometry. The
34 analysis of urine confirmed the absence of more than 200 SCs investigated. Thus, the focus
35 was made on metabolites reported for those SCs identified in the herbal blends collected from
36 the smart-shop. The major metabolites of XLR-11 and UR-144 (N-pentanoic acid and N-(5-
37 hydroxypentyl)) were found in several urine samples. Apart from the main metabolites
38 included in the initial searching, a thorough investigation of more metabolites for these SCs
39 was additionally performed, including MS/MS experiments for the tentative identification of
40 compounds detected in the urine samples. The 16 samples positive to the XLR-11 metabolites
41 were assigned to 6 minors, only 2 of which had recognized consumption. On the basis of the
42 results obtained, preventive and therapeutic interventions must be implemented to reduce the
43 consumption of psychoactive substances and to improve the risk-perception of these
44 substances by minors.

45 **Keywords:** juvenile offenders' centres, synthetic cannabinoids, drug analysis, XLR-11,
46 UR-144.

47

48 **Highlights**

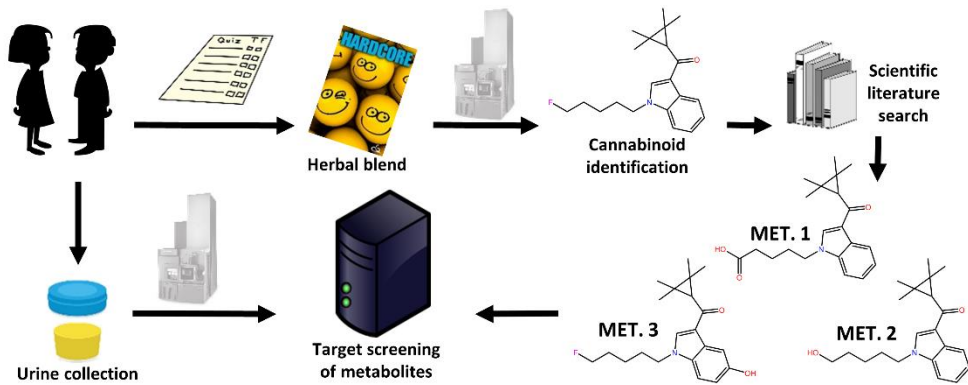
- 49
- The consumption of synthetic cannabinoids among teenagers was studied.
- 50
- 667 urine samples from 127 teenagers from 5 juvenile offender centres were
- 51
- collected.
- 52
- Different herbal blends potentially consumed by teenagers were analysed.
- 53
- The main metabolites of the detected cannabinoids in herbs were searched.
- 54
- 6 teenagers had consumed the cannabinoids XLR-11, found in one herb sample.

55

56 **Graphical Abstract**

57

58



59 **1. Introduction**

60 The consumption of cannabis has gradually increased in Spain, as in most other
61 countries, over the last decade. In Europe, cannabis is consumed by up to 30.4% of the
62 population in Spain and accounts for 29.9% of related admissions for treatment [1]. The legal
63 consequences of consumption vary depending on the judicial system: cannabis use is
64 legalised in some areas with no repercussions while, in others, its use can have civil or even
65 criminal repercussions. At this point, synthetic cannabinoids (SCs) can be used as a
66 replacement of cannabis. In addition to the low perception of risk [2–4] and high availability
67 and low cost of these substances, the detection of SCs and their metabolites in humans is
68 difficult, due to the high number of existing compounds and the variability in their chemical
69 structures. All these aspects surely contribute to the increased use of SCs.

70 According to the European Monitoring Centre for Drugs and Drug Addiction
71 (EMCDDA), more than 160 SCs have been identified in herbal blends or spices since 2008.
72 These herb mixtures, sold as ‘legal’ cannabis substitutes, are readily available in smartshops
73 and via the internet. As stated by this organism, 80,000 products containing new psychoactive
74 substances (NPS) were seized in Europe in 2015 and SCs accounted for 29% of these.
75 Moreover, many novel SCs are identified in herbal mixtures every year, illustrating the
76 ongoing appearance of new substances [5–7]. High-resolution mass spectrometry (HRMS)
77 is much useful for identifying SCs in herbal blends [8,9] but standardized analytical strategies
78 are required for identification of SCs in forensic samples, especially in urine, to advance in
79 the knowledge of this topic. This would first require metabolism studies to establish
80 appropriate urinary consumption-markers for SCs. Several studies have shown that it is near
81 impossible to detect unaltered SCs in urine samples [10–13]. Thus, urine analysis of potential

82 SC consumers should focus on the major metabolites [14], using powerful techniques, such
83 as ultra-high performance liquid chromatography (UHPLC) coupled to HRMS [12,15,16] or
84 tandem mass spectrometry (MS/MS) [17–19].

85 The prevalence of SC use in juvenile detention centres is commonly unknown, and
86 data about its consumption is obtained only via self-reports [20], a standard procedure in the
87 early stages of substance-use detection [21]. Given the suspect use of SCs in juvenile
88 detention centres and the difficulties associated to their detection, we present a
89 comprehensive strategy to reveal the consumption of SC by minors through the analysis of
90 herbal blends presumably consumed. In parallel, a searching of the main metabolites of the
91 SCs identified was performed in urine samples. Considering the high number of compounds
92 investigated, HRMS with hybrid quadrupole-time of flight (QTOF) mass analyser was
93 applied for analysis given the useful information (accurate-mass full-spectrum data) provided
94 by this technique.

95 **2. Materials and methods**

96 **2.1. Reagents and chemicals**

97 HPLC-grade water was obtained by purifying demineralised water using a Milli-Q
98 system from Millipore (Bedford, MA, USA). LC-MS grade methanol, acetone, and
99 hydrochloric acid (HCl 37%) were purchased from Scharlau (Scharlab, Barcelona, Spain).
100 Diammonium hydrogen phosphate ((NH₄)₂HPO₄) was purchased from Merck (Darmstadt,
101 Germany). β -glucuronidase from *E. Coli K12* (80 U/mL at 25 °C) was purchased from Roche
102 (Indianapolis, IN, USA).

103 1 M H₂PO₄⁻/HPO₄⁻² buffer was prepared by dissolving the corresponding amount of
104 (NH₄)₂HPO₄ in HPLC-grade water and adjusting the pH to 7 with HCl.

105 **2.2. Study design, herbal blends purchase and urine samples collection**

106 127 teenagers, aged less than 18 years and linked to one of the five participant juvenile
107 offenders' centres in the Valencian region (Spain) were included in this study. The inclusion
108 criterion was to have therapeutic permits with stay at home, which entailed providing a urine
109 sample for toxicological evaluation upon their return to the centre. The subjects participated
110 in a group interview, where they were asked about their use of NPS; if they mentioned their
111 own consumption, we asked them about the commercial name of the NPS and how they
112 acquired it.

113 Up to seven herbal blends suspicious to contain synthetic cannabinoids were acquired
114 in a smartshop located near the juvenile offenders' centres participating in this study: *Oro*
115 *Fantastico*, *Mazazo*, *Sonrisa Absoluta*, *Placaje*, *Sonrisa*, *Hardcore*, and *Tio Tieso* (**Figure 1**
116 shows the packaging of these products). These herbal blends were purchased by the time of
117 collecting urine samples from the teenagers (this is, in 2016).

118 A total of 667 urine samples were collected between May and October 2016 from all
119 the participants in the study. Individual urine samples were kept at -23 °C after collection.

120 **2.3. Sample treatment**

121 Synthetic cannabinoids in the herbal blends were identified by HRMS, as described
122 in literature [9]. Briefly, 0.1 g of herbal blend was extracted with 2 mL of acetone in a 2 mL
123 propylene tube and introduced in an ultrasonic bath for 15 min. After centrifugation at 12000
124 rpm for 10 min, the supernatant was 1000-fold diluted with ultrapure water. Finally, the
125 extract was transferred to a glass vial and 20 µL were injected into the UHPLC-HRMS
126 system.

127 Urine samples were processed using an enzymatic hydrolysis procedure adapted from
128 the literature [22,23], thus releasing the unconjugated compound. This process has been

129 shown to be effective for cleaving NPS-derived glucuronides found in mice urine samples
130 [24]. Briefly, 1 mL of urine was buffered with 0.4 mL of phosphate buffer; 16 μ L of β -
131 glucuronidase from *E. coli* strain K12 was added and the sample was incubated for 1 hour at
132 55 ± 2 °C. Samples were then frozen at -18 °C for at least 3 hours, thawed, and centrifuged at
133 12000 rpm for 15 min to remove any lipids and proteins. Finally, 20 μ L were injected into
134 the UHPLC-HRMS system.

135 **2.4. Instrumentation**

136 The herbal blends and urine samples were analysed using an ACQUITY UPLC ultra-
137 high performance liquid chromatography (UHPLC) system (Waters Corp, Mildford, MA,
138 USA) coupled to a XEVO G2 QTOF hybrid quadrupole time-of-flight (QTOF) mass
139 spectrometer (Waters Corp, Manchester, UK) with an orthogonal Z-spray electrospray
140 ionization (ESI) interface operating in positive ionization mode.

141 Chromatographic separation was performed using a Cortecs C18 100 x 2.1 mm 2.7
142 μ m particle size analytical column (Waters Corp, Wexford, Ireland) at a flow rate of 0.3
143 mL/min. Mobile phases were H₂O (A) and methanol (B), both with 0.01% formic acid. The
144 mobile phase gradient was performed as follows: 10% of B at 0 min, 90% of B at 14 min
145 linearly increased, 90% of B at 16 min, and finally 10% B at 18 min in order to return to
146 initial conditions. The injection volume was 20 μ L. The column temperature was set to 40°C.
147 The TOF resolution was ~ 20000 at FWHM at m/z 556 in positive ionisation mode. The range
148 acquired by the MS system was from m/z 50 to 1000. A capillary voltage of 0.7 kV and a
149 cone voltage of 20 V were used during all the chromatographic run. Nitrogen (Praxair,
150 Valencia, Spain) was used as desolvation and nebulizing gas. The desolvation gas flow was
151 set at 1000 L/h, while cone gas was set to 80 L/h. Argon 99.995% (Praxair) was used as a
152 collision gas. The interface temperature was set to 600°C and the source temperature to

153 120°C. For MS^E experiments, two acquisition functions with different collision energies were
154 created. Further details about the instrumental conditions can be found in literature [24], as
155 well as the selection of the UHPLC-HRMS parameters for detecting NPS metabolites in urine
156 samples from NPS consumers [25].

157 MS data were acquired in continuum mode using MassLynx software version 4.1
158 (Waters Corp, Manchester, UK), and processed with UNIFI scientific information system
159 version 1.8 (Waters Corp, Manchester, UK).

160 **2.5. Ethical consideration**

161 This study was approved by the Research and Ethics Committee at the Consorcio
162 Hospitalario Provincial (Castellon) on 26 September, 2014 (ref. 20141113), by the
163 Conselleria de Benestar Social at the Generalitat Valenciana on 1 June, 2015 (registration 3
164 June, 2015, ref. 32833), and the Office of the Children's Justice Prosecutor, following the
165 principles and requirements established in the Declaration of Helsinki and the European
166 Council Convention for research on humans. The confidentiality of the participants and their
167 data was guaranteed according to Organic Law 15/1999 on the Protection of Personal Data,
168 and the subjects and their legal guardians signed their informed consent to their participation
169 in the study.

170 **3. Results**

171 Given the extensive and fast metabolism of SCs in humans, a realistic approach to reveal the
172 consumption of SCs is to monitor their major metabolites in urine [14]. In the present work,
173 we included more than 200 SCs in our database, but we did not consider all their metabolic
174 pathways due to the lack of information in some cases, particularly for the newest SCs.
175 Therefore, we devised an alternative strategy of searching parent SCs in the herbal blends

176 referred to by the minors participating in this study. After identifying the SCs present in those
177 herbal blends, we investigated their main reported metabolites in urine samples.

178 **3.1. UHPLC-HRMS screening strategy and herbal blends analysis**

179 During the group interviews, 59 participants recognised to have ever consumed a SC
180 marketed as *Hardcore* during therapy periods to avoid being caught by conventional urine
181 analyses. They described acquiring this product in a smartshop close to the centres involved.
182 On this way, we purchased all seven herbal blends available in the smartshop via its webpage
183 (**Figure 1**).

184 Of the seven herbal blends acquired for this study, we had already analysed *Oro*
185 *fantastico*, *Mazazo*, *Placaje*, and *Sonrisa absoluta* (**Figure 1A**), and had identified four SCs
186 in them: JWH-081, JWH-250, JWH-203, and JWH-019 [8]; our repeated analysis in this
187 study found no differences in their composition. We also analysed the new herbal products,
188 *Hardcore*, *Sonrisa*, and *Tio tieso* (**Figure 1B**) by UHPLC-HRMS and cross-referenced the
189 suspect peaks against our SC database [9]. Based on the observed accurate-mass data on
190 fragmentation and information in the literature, we tentatively identified four additional SCs:
191 XLR-11, UR-144, an UR-144 *N*-(5-chloropentyl) analogue, and 5F-AKB48 (5F-
192 APINACA), as shown in **Table 1**. The identity of the SCs could not be unequivocally
193 confirmed by comparison with the analytical reference standards as they were not available
194 in our laboratory. Nevertheless, the fragmentation observed, its compatibility with the
195 chemical structures of the NPS, and the agreement with HRMS data reported in literature,
196 provided a high degree of reliability in the tentative identification of the synthetic
197 cannabinoids found in herbal blends.

198 As an illustrative example, the analysis of the herb mixture *Hardcore* was as follows:
199 three chromatographic peaks were observed in the base peak intensity chromatogram (BPI)

200 of the low-energy function (**Figure 2B**), at 13.40 min ($[M+H]^+$ m/z 330.2222), 13.99 min
201 ($[M+H]^+$ m/z 346.1931), and 14.54 min ($[M+H]^+$ m/z 312.2327). These were tentatively
202 identified as XLR-11, an UR-144 *N*-(5-chloropentyl) analogue, and UR-144, based on the
203 accurate-mass collision-induced dissociation (CID) fragments observed in the high-energy
204 function (**Figure 2A**). The fragments observed for XLR-11 and UR-144 also coincided with
205 fragmentation profiles reported in the literature [26,27], while fragmentation of the UR-144
206 *N*-(5-chloropentyl) analogue was justified based on the XLR-11 and UR-144 fragments.
207 After CID ion evaluation, a plausible fragmentation pathway was proposed for the three SCs
208 found in the *Hardcore* herbal blend (**Figure S1 in Supplementary material**). At the time of
209 performing this study and collecting herbal blend samples from the smartshops (i.e. in 2016),
210 there was a notable spread of XLR-11 and UR-144 in Spain.

211

212 **3.2. Detection of SC metabolites in urine samples**

213 Once identified several SCs in the herbal blends, a suspect list containing the major
214 metabolites (from two to four) for each compound was built [12,18]. No metabolites were
215 found for the UR-144 *N*-(5-chloropentyl) analogue, a fact that was considered not much
216 relevant because this substance was only found in *Hardcore* at very low abundance in
217 comparison to the other two SCs (XLR-11 and UR-144) present in this product. **Table 2**
218 shows the 19 metabolites to be investigated in urine samples based on the literature search.
219 It can be seen that UR-144 and XLR-11, the two main components of *Hardcore*, share two
220 metabolites, and only XLR-11 presented an additional specific one.

221 Two SC metabolites were found in 16 urine samples: *N*-pentanoic acid and *N*-(5-
222 hydroxypentyl). **Figure 3** shows the tentative identification of both metabolites (**A**, *N*-
223 pentanoic acid; **B**, *N*-(5-hydroxypentyl)) based on the accurate-mass fragmentation observed.

224 The presence of these metabolites suggested the consumption of XLR-11 and/or UR-144,
225 being not possible to establish which of these was consumed as both share the same
226 metabolites. The extracted-ion chromatogram at the exact mass of N-(6-hydroxyindole),
227 another metabolite of XLR-11, showed a chromatographic peak, but the fragmentation
228 pattern did not fit with that reported in previous works, with the hydroxylation point
229 appearing to be on the tetramethylcyclopropane ring (**Figure S2**). However, the potential
230 consumption of this substance was supported by the tentative identification of the remaining
231 two metabolites. This is in agreement with previous findings, where the main metabolites
232 reported in urine samples from XLR-11 consumers were N-pentanoic acid and N-(5-
233 hydroxypentyl) [28].

234 **3.3. Confirmation of the consumption of XLR-11 or UR-144**

235 The 16 urine samples positive to the major metabolites of XLR-11/UR-144 were re-
236 processed, searching for additional minor metabolites described in urine from XLR-11
237 consumers [28]. This step was performed in order to confirm whether the cannabinoid
238 consumed was XLR-11 or UR-144. In total, 12 phase-I metabolites were searched in positive
239 urine samples. In some cases, the same biotransformations occurred on different moieties of
240 the molecule, and therefore two (or more) metabolites had the same elemental composition.
241 For example, four metabolites corresponded to hydroxylations on different carbon atoms of
242 the tetramethylcyclopropane ring. **Table 3** shows the XLR-11 metabolites selected for the
243 screening of individual urine samples.

244 Up to six XLR-11 metabolites were found in the 16 urine samples (**Table 3**). To
245 obtain cleaner spectra and enhance reliability in the metabolites tentative identification,
246 additional MS/MS experiments were performed to obtain the accurate-mass product ion
247 spectra, comparing the fragmentation observed with that described in the literature [28]. In

248 the particular case of M5, two chromatographic peaks were observed corresponding to two
249 hydroxylation metabolites. According to literature [28], the structures of these metabolites
250 would correspond to hydroxylation in different points of the degraded
251 tetramethylcyclopropane ring. However, with only the HRMS data available, it is not
252 possible to determine either the exact position of the hydroxyl group, or if the hydroxylation
253 occurred in the degraded tetramethyl cyclopropane ring or in the intact ring. To obtain such
254 information, both compounds should be synthesized and analysed by UHPLC-HRMS in
255 order to unequivocally identify the exact structure of the metabolite. The MS/MS spectra of
256 the detected metabolites at 10, 20, 30, and 40 eV collision energies, and the fragment-
257 structure justifications are detailed in the **Supplementary material (Figure S3-S8)**. For
258 fragment structure justification, the biotransformation is placed in the structure to facilitate
259 the fragmentation interpretation.

260 With all information obtained after a comprehensive analysis by HRMS, the 16 urine
261 samples positives to XLR-11 metabolites could be assigned to 6 minors based on the
262 anonymous urine sample codification. Only two adolescents had recognized consumption in
263 the administered questionnaires, while the remaining 4 did not recognize any SCs
264 consumption.

265 **4. Discussion**

266 The consumption of SCs seems not very common in the juvenile offenders' centres
267 from the Valencian region, but a few cases have been found in this work. In the present study,
268 29 out of 127 participants admitted having ever used SCs, although our survey did not record
269 when the consumption had occurred. Therefore, indication of SC consumption did not
270 necessarily imply that the urine sample collected would produce a positive result, or maybe

271 the opposite case: some consumers did not recognise consumption in the survey, thus should
272 be cross-referenced with toxicological analysis. Analysis of the herbal blends reported to
273 have been consumed by the participants allowed the detection of several SCs. Subsequent
274 urine analysis demonstrated the presence of major metabolites of XLR-11 and UR-144,
275 supporting the consumption of the suspect products by some participants. In our study, SC
276 consumption was only detected in 6 of the 29 self-referred cases. Considering the high
277 number of SCs reported until now and the much higher number of potential metabolites,
278 some of them being still unknown, it seems wise to focus the investigation on major
279 metabolites of the active compounds identified in the products (e.g. herbal blends) within the
280 “distribution area” of the minors. To increase the detection rate, the analysis could be focused
281 on the appropriate target compounds. Both, toxicological and consumption information, can
282 then be obtained from users in a synchronised way [29]. The application of advanced
283 analytical techniques, such as UHPLC-HRMS, allows performing wide-scope screening of
284 large number of suspect compounds, without the need of reference standards available. The
285 use of appropriate databases containing as many metabolites reported as possible is a good
286 strategy to increase the number of compounds under investigation. This makes feasible to
287 detect more SC consumers via their urines analysis from among those who do not recognise
288 their consumption via surveys or interviews. In our study, we detected 4 cases of minors who,
289 in the group interviews and questionnaires, denied the use of synthetic cannabinoids. The
290 final, unequivocal identification of the detected metabolites in urine would have required the
291 acquisition of the corresponding analytical reference standards. The main limitation when
292 investigating NPS metabolites is the non-commercial availability for many of them.
293 However, in the present work the careful interpretation of mass spectra, their compatibility

294 with the chemical structure, and the agreement with previous data reported gave a high degree
295 of confidence to their identification.

296 **5. Conclusions**

297 In this work, SC consumption among teenagers confined in juvenile offenders'
298 centres has been investigated through the analysis of 667 urine samples collected from 127
299 participants, and the analysis of the herbal blends potentially consumed by the minors. Based
300 on the metabolic behaviour of SC, the screening strategy applied by UHPLC-HRMS to urine
301 samples was focused on the major metabolites reported for the SC that were identified in the
302 herbal blends potentially consumed by the teenagers. In this way, the main metabolites of
303 XLR-11 and UR-14 were identified in 16 urines, corresponding to 6 teenagers.

304 These two substances, XLR-11 and UR-144, were banned in Europe a few years ago
305 (e.g. in Germany the maximum spread was reached between 2012 and 2015), and other
306 synthetic cannabinoids, such as 5F-ADB, AB-FUBINACA and MDMB-CHMICA, replaced
307 them. However, at the time of performing this work, both compounds were still in use in
308 Spain, and in fact they were identified in the herbal blends sold in the local smartshop nearby
309 the juvenile offenders centre. In September 2018, the herbal blends containing these two SCs
310 were removed from the market, being replaced by a new one containing 5F-ADB (see [30]).

311 The results from our study demonstrate that SCs are occasionally consumed in
312 juvenile offenders' centres in the Valencian region. The different approaches to reveal SCs
313 consumption must be efficiently synchronised, so that information obtained from interviews
314 and questionnaires must be matched to the composition of the products from the smartshops
315 where the consumers acquire these substances, as well as to the urine analysis results within
316 few hours of their last consumption.

317

318

319 **Funding**

320 D. Fabregat-Safont, J.V. Sancho, F. Hernández and M. Ibáñez acknowledge financial support
321 from Generalitat Valenciana [PROMETEO/2019/040], Ministerio de Economía y
322 Competitividad in Spain [Project: CTQ2015-65603-P] and University Jaume I [UJI-B2018-
323 19]. D. Fabregat-Safont, F. Hernández and M. Ibáñez also acknowledge NPS-Euronet
324 [HOME/2014/JDRUG/AG/DRUG/7086], co-funded by the European Commission. This
325 publication reflects the views only of the authors, and the European Commission cannot be
326 held responsible for any use which may be made of the information contained therein. D.
327 Fabregat-Safont acknowledges Ministerio de Educación, Cultura y Deporte in Spain for his
328 predoctoral grant [Grant FPU15/02033]. G. Haro acknowledges financial support from
329 Fundación C.V. de investigación del Hospital Provincial de Castellón (CAF 17-071).

330 **Acknowledgements**

331 All authors acknowledge institutional and legal support and authorizations from Conselleria
332 de Benestar Social, Generalitat Valenciana and altruistic collaboration of directors and staff
333 of the juvenile offenders' centres.

334 **Declaration of interest**

335 No potential conflict of interest was reported by the authors.

336

337

338 **References**

- 339 [1] European Monitoring Centre for Drugs and Drug Addiction, European Drug Report
340 2017, EMCDDA–Europol Jt. Publ. (2017) 88. doi:10.2810/610791.
- 341 [2] H.B. Clayton, R. Lowry, C. Ashley, A. Wolkin, A.M. Grant, Health Risk Behaviors
342 With Synthetic Cannabinoids Versus Marijuana, *Pediatrics*. 139 (2017) e20162675.
343 doi:10.1542/peds.2016-2675.
- 344 [3] G. Haro, C. Ripoll, M. Ibáñez, T. Orengo, V.M. Liaño, E. Meneu, F. Hernández, F.
345 Traver, Could Spice Drugs Induce Psychosis With Abnormal Movements Similar to
346 Catatonia?, *Psychiatry Interpers. Biol. Process*. 77 (2014) 206–208.
347 doi:10.1521/psyc.2014.77.2.206.
- 348 [4] K.G. Shanks, D. Winston, J. Heidingsfelder, G. Behonick, Case reports of synthetic
349 cannabinoid XLR-11 associated fatalities, *Forensic Sci. Int*. 252 (2015) e6–e9.
350 doi:10.1016/j.forsciint.2015.04.021.
- 351 [5] W. Jia, X. Meng, Z. Qian, Z. Hua, T. Li, C. Liu, Identification of three
352 cannabimimetic indazole and pyrazole derivatives, APINACA 2 H -indazole
353 analogue, AMPPPCA, and 5F-AMPPPCA, *Drug Test. Anal*. 9 (2017) 248–255.
354 doi:10.1002/dta.1967.
- 355 [6] C. Liu, W. Jia, Z. Hua, Z. Qian, Identification and analytical characterization of six
356 synthetic cannabinoids NNL-3, 5F-NPB-22-7 N , 5F-AKB-48-7 N , 5F-EDMB-
357 PINACA, EMB-FUBINACA, and EG-018, *Drug Test. Anal*. (2017).
358 doi:10.1002/dta.2160.
- 359 [7] K.N. Moore, D. Garvin, B.F. Thomas, M. Grabenauer, Identification of Eight
360 Synthetic Cannabinoids, Including 5F-AKB48 in Seized Herbal Products Using
361 DART-TOF-MS and LC-QTOF-MS as Nontargeted Screening Methods, *J. Forensic*
362 *Sci.* (2017) 1–8. doi:10.1111/1556-4029.13367.
- 363 [8] M. Ibáñez, L. Bijlsma, A.L.N. van Nuijs, J. V. Sancho, G. Haro, A. Covaci, F.
364 Hernández, Quadrupole-time-of-flight mass spectrometry screening for synthetic
365 cannabinoids in herbal blends, *J. Mass Spectrom*. 48 (2013) 685–694.

- 366 doi:10.1002/jms.3217.
- 367 [9] M. Ibañez, J. V. Sancho, L. Bijlsma, A.L.N. Van Nuijs, A. Covaci, F. Hernandez,
368 Comprehensive analytical strategies based on high-resolution time-of-flight mass
369 spectrometry to identify new psychoactive substances, *TrAC - Trends Anal. Chem.*
370 *57* (2014) 107–117. doi:10.1016/j.trac.2014.02.009.
- 371 [10] X. Diao, J. Carlier, M. Zhu, S. Pang, R. Kronstrand, K.B. Scheidweiler, M.A.
372 Huestis, In vitro and in vivo human metabolism of a new synthetic cannabinoid NM-
373 2201 (CBL-2201), *Forensic Toxicol.* *35* (2017) 20–32. doi:10.1007/s11419-016-
374 0326-9.
- 375 [11] N.B. Holm, A.J. Pedersen, P.W. Dalsgaard, K. Linnet, Metabolites of 5F-AKB-48, a
376 synthetic cannabinoid receptor agonist, identified in human urine and liver
377 microsomal preparations using liquid chromatography high-resolution mass
378 spectrometry, *Drug Test. Anal.* *7* (2015) 199–206. doi:10.1002/dta.1663.
- 379 [12] K.B. Scheidweiler, M.J.Y. Jarvis, M.A. Huestis, Nontargeted SWATH acquisition
380 for identifying 47 synthetic cannabinoid metabolites in human urine by liquid
381 chromatography-high-resolution tandem mass spectrometry, *Anal. Bioanal. Chem.*
382 *407* (2015) 883–897. doi:10.1007/s00216-014-8118-8.
- 383 [13] A. Wohlfarth, M.S. Castaneto, M. Zhu, S. Pang, K.B. Scheidweiler, R. Kronstrand,
384 M.A. Huestis, Pentylindole/Pentylindazole Synthetic Cannabinoids and Their 5-
385 Fluoro Analogs Produce Different Primary Metabolites: Metabolite Profiling for
386 AB-PINACA and 5F-AB-PINACA, *AAPS J.* *17* (2015) 660–677.
387 doi:10.1208/s12248-015-9721-0.
- 388 [14] X. Diao, M. Huestis, Approaches, Challenges, and Advances in Metabolism of New
389 Synthetic Cannabinoids and Identification of Optimal Urinary Marker Metabolites,
390 *Clin. Pharmacol. Ther.* *101* (2017) 239–253. doi:10.1002/cpt.534.
- 391 [15] A. V. Labutin, A.Z. Temerdashev, Nontarget screening of the markers of synthetic
392 cannabinoids in urine using HPLC–MS/MS, *J. Anal. Chem.* *70* (2015) 1620–1628.
393 doi:10.1134/S1061934815140087.

- 394 [16] K. Zaitzu, H. Nakayama, M. Yamanaka, K. Hisatsune, K. Taki, T. Asano, T.
395 Kamata, M. Katagai, Y. Hayashi, M. Kusano, H. Tsuchihashi, A. Ishii, High-
396 resolution mass spectrometric determination of the synthetic cannabinoids MAM-
397 2201, AM-2201, AM-2232, and their metabolites in postmortem plasma and urine
398 by LC/Q-TOFMS, *Int. J. Legal Med.* 129 (2015) 1233–1245. doi:10.1007/s00414-
399 015-1257-4.
- 400 [17] T. Berg, L. Kaur, A. Risnes, S.M. Havig, R. Karinen, Determination of a selection of
401 synthetic cannabinoids and metabolites in urine by UHPSFC-MS/MS and by
402 UHPLC-MS/MS, *Drug Test. Anal.* 8 (2016) 708–722. doi:10.1002/dta.1844.
- 403 [18] M. Jang, I. Shin, J. Kim, W. Yang, Simultaneous quantification of 37 synthetic
404 cannabinoid metabolites in human urine by liquid chromatography-tandem mass
405 spectrometry, *Forensic Toxicol.* 33 (2015) 221–234. doi:10.1007/s11419-015-0265-
406 x.
- 407 [19] K. Minakata, I. Yamagishi, H. Nozawa, K. Hasegawa, M. Suzuki, K. Gonmori, O.
408 Suzuki, K. Watanabe, Sensitive identification and quantitation of parent forms of six
409 synthetic cannabinoids in urine samples of human cadavers by liquid
410 chromatography–tandem mass spectrometry, *Forensic Toxicol.* 35 (2017) 275–283.
411 doi:10.1007/s11419-017-0354-0.
- 412 [20] D.W. Young, R. Dembo, C.E. Henderson, A national survey of substance abuse
413 treatment for juvenile offenders, *J. Subst. Abuse Treat.* 32 (2007) 255–266.
414 doi:10.1016/j.jsat.2006.12.018.
- 415 [21] A. Baquero Escribano, M.T. Beltrán Negre, G. Calvo Orenge, S. Carratalá Monfort,
416 F. Arnau Peiró, S. Meca Zapatero, G. Haro Cortés, Consumo de krokodil por vía oral
417 en España: a propósito de un caso, *Adicciones.* 28 (2016) 242.
418 doi:10.20882/adicciones.828.
- 419 [22] X. Matabosch, O.J. Pozo, N. Monfort, C. Pérez-Mañá, M. Farré, J. Segura, R.
420 Ventura, Detection and characterization of betamethasone metabolites in human
421 urine by LC-MS/MS, *Drug Test. Anal.* 7 (2015) 663–672. doi:10.1002/dta.1770.

- 422 [23] X. Matabosch, O.J. Pozo, C. Pérez-Mañá, E. Papaseit, J. Segura, R. Ventura,
423 Detection and characterization of prednisolone metabolites in human urine by LC-
424 MS/MS, *J. Mass Spectrom.* 50 (2015) 633–642. doi:10.1002/jms.3571.
- 425 [24] D. Fabregat-Safont, M. Barneo-Muñoz, F. Martínez-García, J.V. Sancho, F.
426 Hernández, M. Ibáñez, Proposal of 5-methoxy- N -methyl- N -isopropyltryptamine
427 consumption biomarkers through identification of in vivo metabolites from mice, *J.*
428 *Chromatogr. A.* 1508 (2017) 95–105. doi:10.1016/j.chroma.2017.06.010.
- 429 [25] M. Ibáñez, Ó.J. Pozo, J. V. Sancho, T. Orengo, G. Haro, F. Hernández, Analytical
430 strategy to investigate 3,4-methylenedioxypropylvalerone (MDPV) metabolites in
431 consumers' urine by high-resolution mass spectrometry, *Anal. Bioanal. Chem.* 408
432 (2016) 151–164. doi:10.1007/s00216-015-9088-1.
- 433 [26] T. Sobolevsky, I. Prasolov, G. Rodchenkov, Detection of urinary metabolites of AM-
434 2201 and UR-144, two novel synthetic cannabinoids, *Drug Test. Anal.* 4 (2012)
435 745–753. doi:10.1002/dta.1418.
- 436 [27] A. Wohlfarth, S. Pang, M. Zhu, A.S. Gandhi, K.B. Scheidweiler, H.F. Liu, M.A.
437 Huestis, First metabolic profile of XLR-11, a novel synthetic cannabinoid, obtained
438 by using human hepatocytes and high-resolution mass spectrometry, *Clin. Chem.* 59
439 (2013) 1638–1648. doi:10.1373/clinchem.2013.209965.
- 440 [28] M. Jang, I.S. Kim, Y.N. Park, J. Kim, I. Han, S. Baek, W. Yang, H.H. Yoo,
441 Determination of urinary metabolites of XLR-11 by liquid chromatography–
442 quadrupole time-of-flight mass spectrometry, *Anal. Bioanal. Chem.* 408 (2016) 503–
443 516. doi:10.1007/s00216-015-9116-1.
- 444 [29] N.P. Lemos, Driving Under the Influence of Synthetic Cannabinoid Receptor
445 Agonist XLR-11, *J. Forensic Sci.* 59 (2014) 1679–1683. doi:10.1111/1556-
446 4029.12550.
- 447 [30] D. Fabregat-Safont, C. Ripoll, T. Orengo, J.V. Sancho, F. Hernández, M. Ibáñez,
448 Variación en el patrón de consumo de cannabinoides sintéticos de una paciente a lo
449 largo de 2018, *Adicciones.* (2020). doi:10.20882/adicciones.1379.

450

451

452 **Tables**453 **Table 1** SCs identified in the herbal blend samples analysed in this work.

Herbal blend sample	Synthetic cannabinoids found
Oro Fantastico	JWH-081 ^a
Sonrisa Absoluta	JWH-081 ^a JWH-250 ^a
Placaje	JWH-081 ^a JWH-250 ^a JWH-019 ^a JWH-203 ^a
Mazazo	JWH-081 ^a JWH-250 ^a JWH-019 ^a JWH-203 ^a
Hardcore	XLR-11 ^b UR-144 ^b UR-144 <i>N</i> -(5-chloropentyl) analog ^b
Sonrisa	5F-AKB48 ^b XLR-11 ^b UR-144 ^b
Tio Tieso	5F-AKB48 ^b XLR-11 ^b UR-144 ^b

454 ^a Compound identified with reference standard.455 ^b Compound tentatively identified based on the accurate-mass fragmentation observed and information
456 available on literature.

457

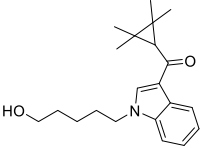
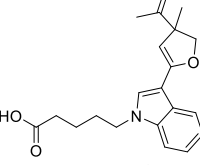
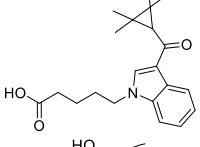
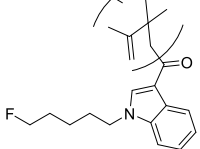
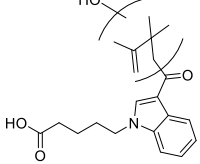
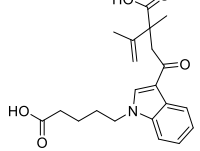
458

459 **Table 2** Synthetic cannabinoid metabolites selected for the suspect screening of urine
 460 samples.

Synthetic cannabinoid	Target metabolites
JWH-081	JWH-081 <i>N</i> -(5-hydroxypentyl) metabolite JWH-081 <i>N</i> -pentanoic acid metabolite JWH-081 5-hydroxyindole metabolite JWH-081 4-hydroxynaphthyl metabolite
JWH-250	JWH-250 <i>N</i> -(5-hydroxypentyl) metabolite JWH-250 <i>N</i> -pentanoic acid metabolite JWH-250 5-hydroxyindole metabolite
JWH-203	JWH-203 <i>N</i> -(5-hydroxypentyl) metabolite JWH-203 <i>N</i> -pentanoic acid metabolite JWH-203 5-hydroxyindole metabolite
JWH-019	JWH-019 <i>N</i> -(6-hydroxyhexyl) metabolite JWH-019 <i>N</i> -pentanoic acid metabolite JWH-019 5-hydroxyindole metabolite
XLR-11	XLR-11/UR-144 <i>N</i> -(5-hydroxypentyl) metabolite* XLR-11 6-hydroxyindole metabolite XLR-11/UR-144 <i>N</i> -pentanoic acid metabolite*
UR-144	XLR-11/UR-144 <i>N</i> -(5-hydroxypentyl) metabolite* XLR-11/UR-144 <i>N</i> -pentanoic acid metabolite*
5F-AKB48	AKB48 <i>N</i> -(5-hydroxypentyl) metabolite AKB48 <i>N</i> -pentanoic acid metabolite 5F-AKB48 <i>N</i> -(4-hydroxypentyl) metabolite

461 *Common metabolites for XLR-11 and UR-144
 462

463 **Table 3** XLR-11 Phase I metabolites selected for the suspect screening of individual urine samples (based on [28])

Metabolite	Biotransformation	Elemental composition	Proposed Structure
M1 ¹	Defluorination to hydroxylation	C ₂₁ H ₂₉ NO ₂	
M2	Defluorination to carboxylic acid + hydroxylation + dehydration (2 metabolites described: M2-1, M2-2)	C ₂₁ H ₂₅ NO ₃	
M3 ²	Defluorination to carboxylic acid (2 metabolites described: M3-1, M3-2)	C ₂₁ H ₂₇ NO ₃	
M4 ³	Hydroxylation	C ₂₁ H ₂₈ FNO ₂	
M5	Defluorination to carboxylic acid + hydroxylation (4 metabolites described: M5-1, M5-2, M5-3, M5-4)	C ₂₁ H ₂₇ NO ₄	
M6	Defluorination to carboxylic acid + carboxylation (2 metabolites described: M6-1, M6-2)	C ₂₁ H ₂₅ NO ₅	

¹ XLR-11/UR-144 N-(5-hydroxypentyl) metabolite

² XLR-11/UR-144 N-pentanoic acid metabolite

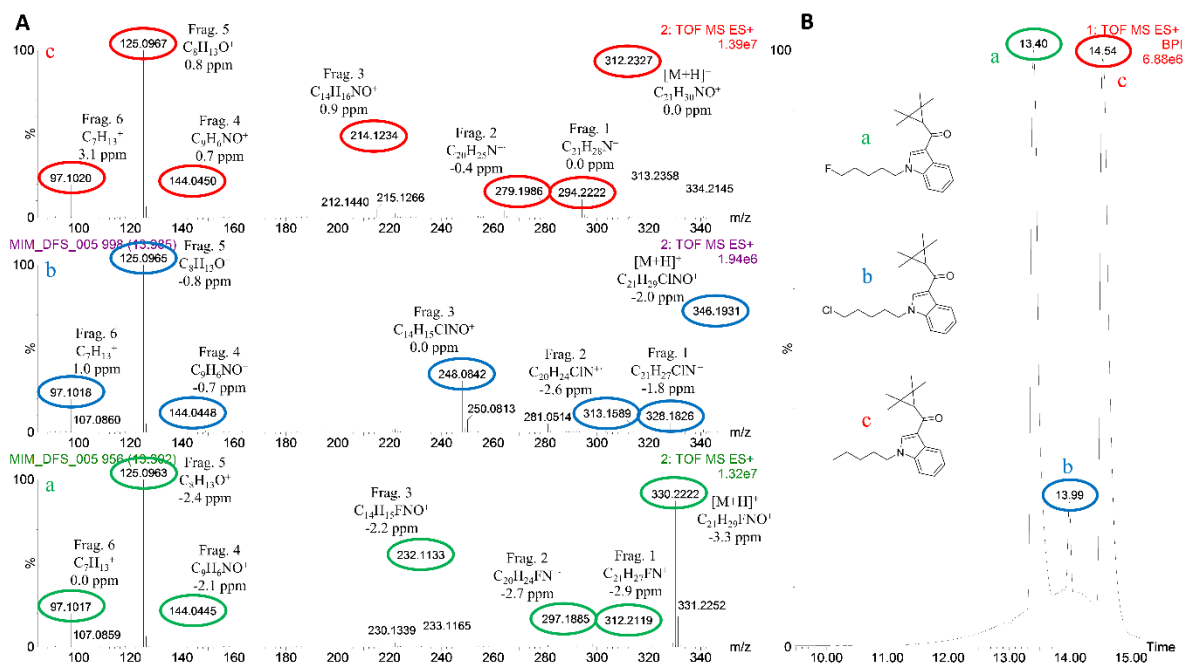
464 ³XLR-11 degradant hydroxylated metabolite



466

467 **Fig. 1** Front of the different herbal blends products purchased on the smartshop. **A** Products
468 previously analysed and reported in literature. **B** Products recently analysed.

469



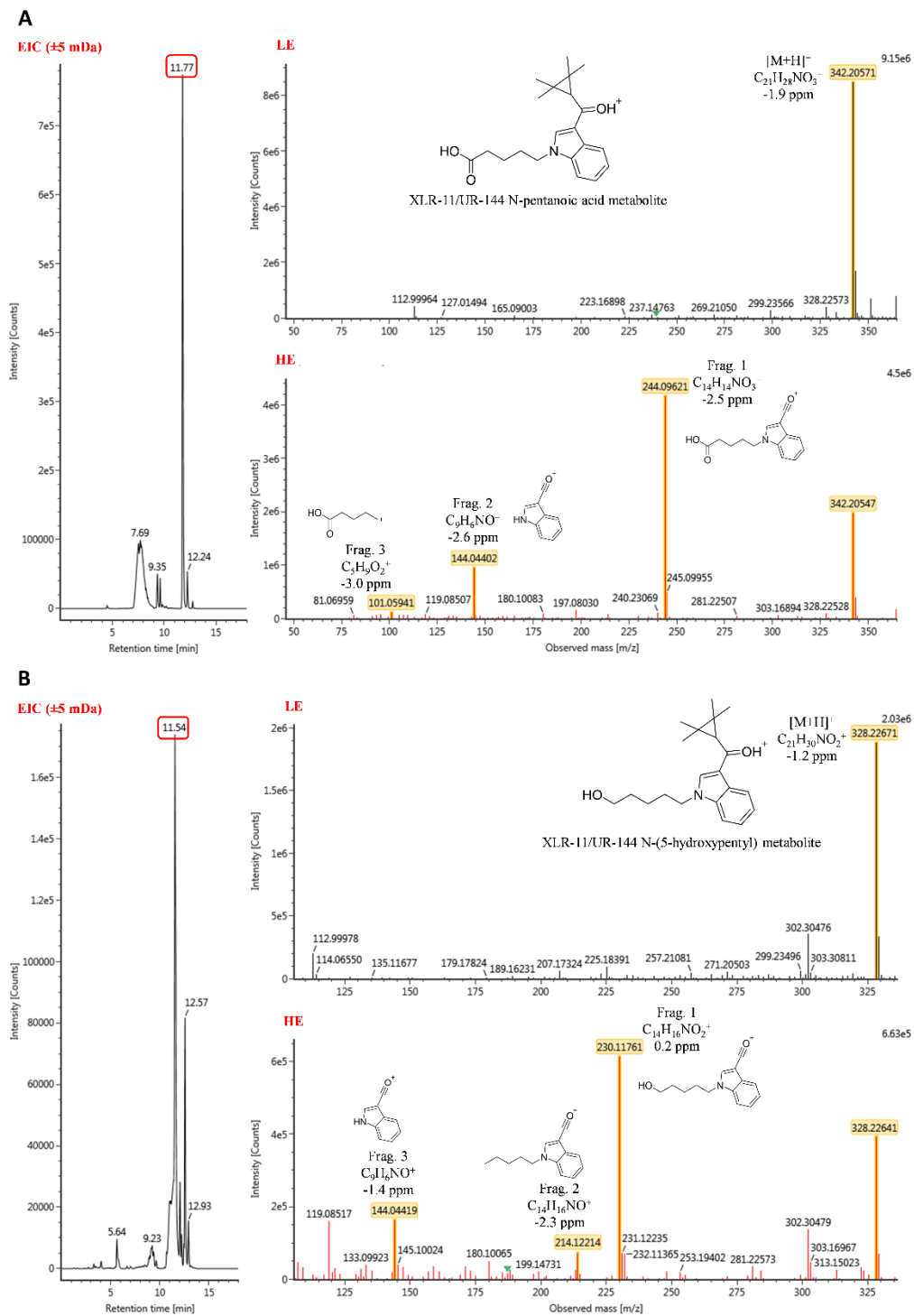
470

471 **Fig. 2** Tentative identification of three SCs (a: XLR-11, b: UR-144 *N*-(5-chloropentyl)

472 analog, c: UR-144) in *Hardcore* herbal blend by UHPLC-HRMS. **A** Accurate-mass

473 fragmentation observed for the three SCs. **B** BPI chromatogram of the herbal blend extract.

474



475

476 **Fig. 3** Tentative identification of the two major XLR-11 human metabolites in a urine sample.

477 EIC (left) and accurate-mass fragmentation (right). **A** N-pentanoic acid metabolite. **B** N-(5-

478 hydroxypentyl) metabolite.

Supplementary information

Investigation on the consumption of synthetic cannabinoids among teenagers by the analysis of herbal blends and urine samples

David Fabregat-Safont¹, María Ibáñez^{1*}, Abel Baquero², Juan Vicente Sancho¹, Félix Hernández¹, Gonzalo Haro^{2,3*}

¹ Environmental and Public Health Analytical Chemistry, Research Institute for Pesticides and Water, University Jaume I, Castelló, Spain

² Department of Medicine, University Cardenal Herrera-CEU, CEU Universities. Castelló, Spain.

³ Department of Psychiatry. Consorcio Hospitalario Provincial de Castelló, Spain.

Co-corresponding authors:

Dr. Gonzalo Haro.

Research group TXP. Medicine Department. Universidad Cardenal Herrera CEU. Calle Grecia, 31, 12006, Castellón, Spain.

Phone: (+34) 964372403.

E-mail: gonzalo.haro@uchceu.es

Dr. María Ibáñez.

Research Institute for Pesticides and Water, University Jaume I, Avda. Sos Baynat s/n, 12071, Castellón, Spain.

Phone: (+34) 964387339.

E-mail: ibanezm@uji.es

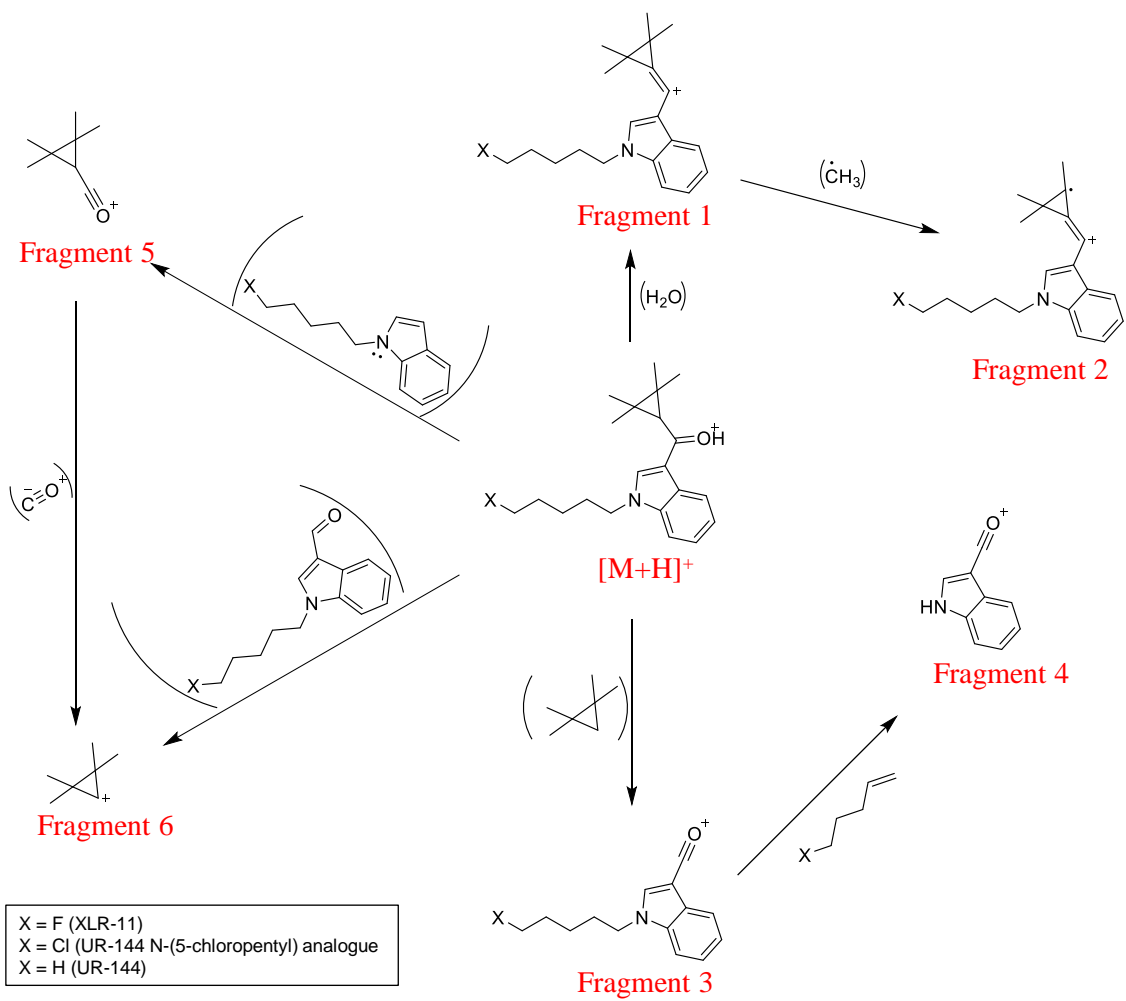


Fig.S1 Proposed fragmentation pathway for the three SCs found in *Hardcore* herbal blend.

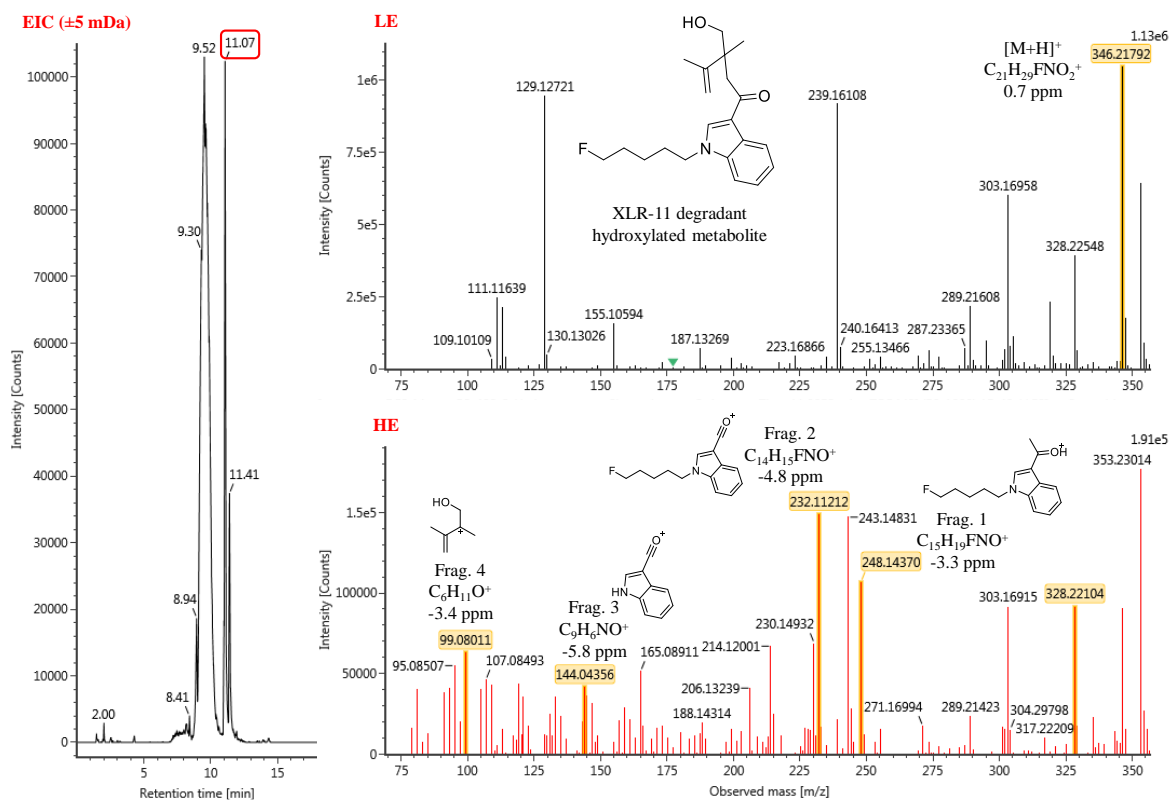


Fig.S2 Tentative identification of the third XLR-11 found in a pooled urine sample. EIC (left) and accurate-mass fragmentation (right).

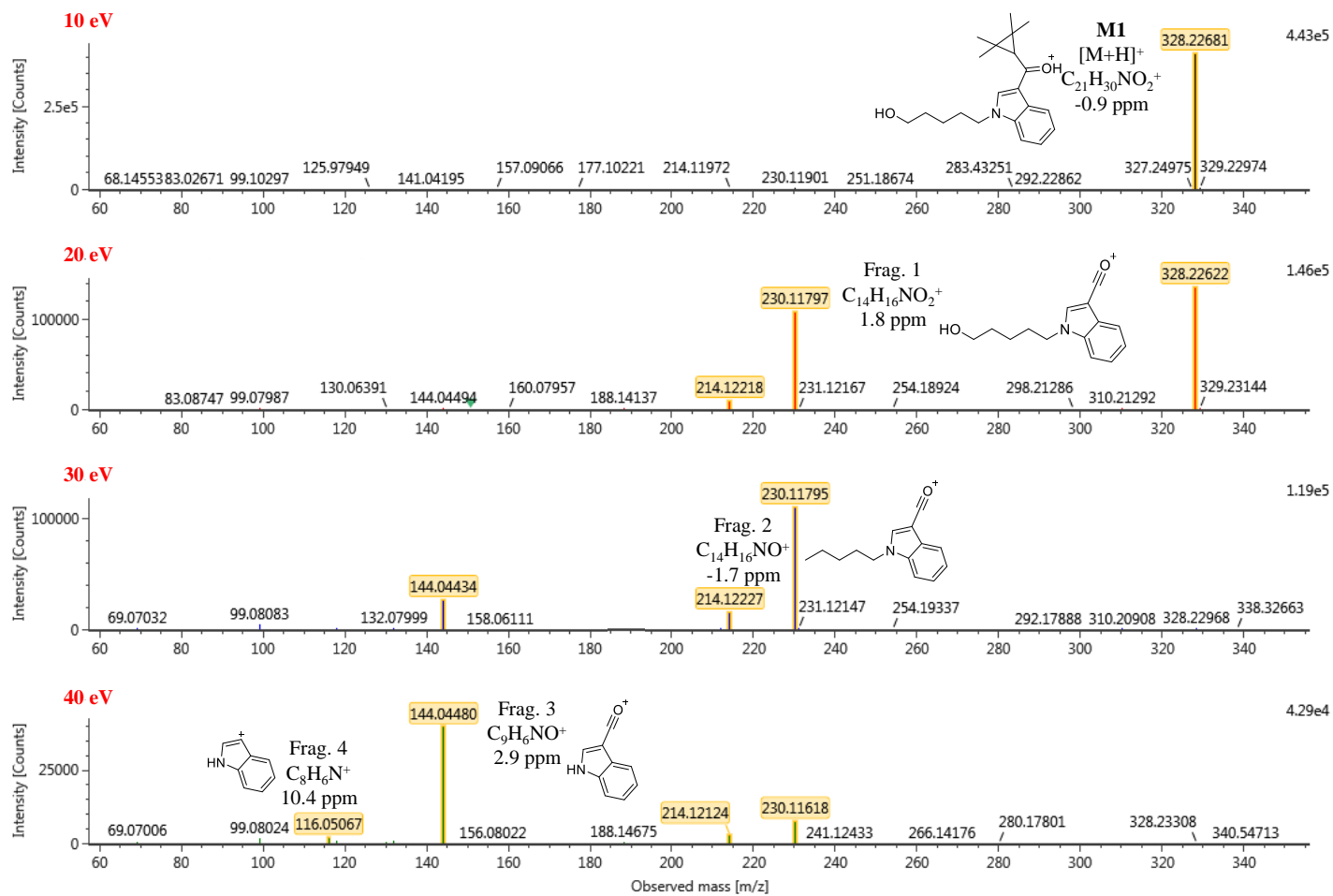


Fig. S3 MS/MS spectra at different collision energies for the metabolite M1 of the XLR-11.

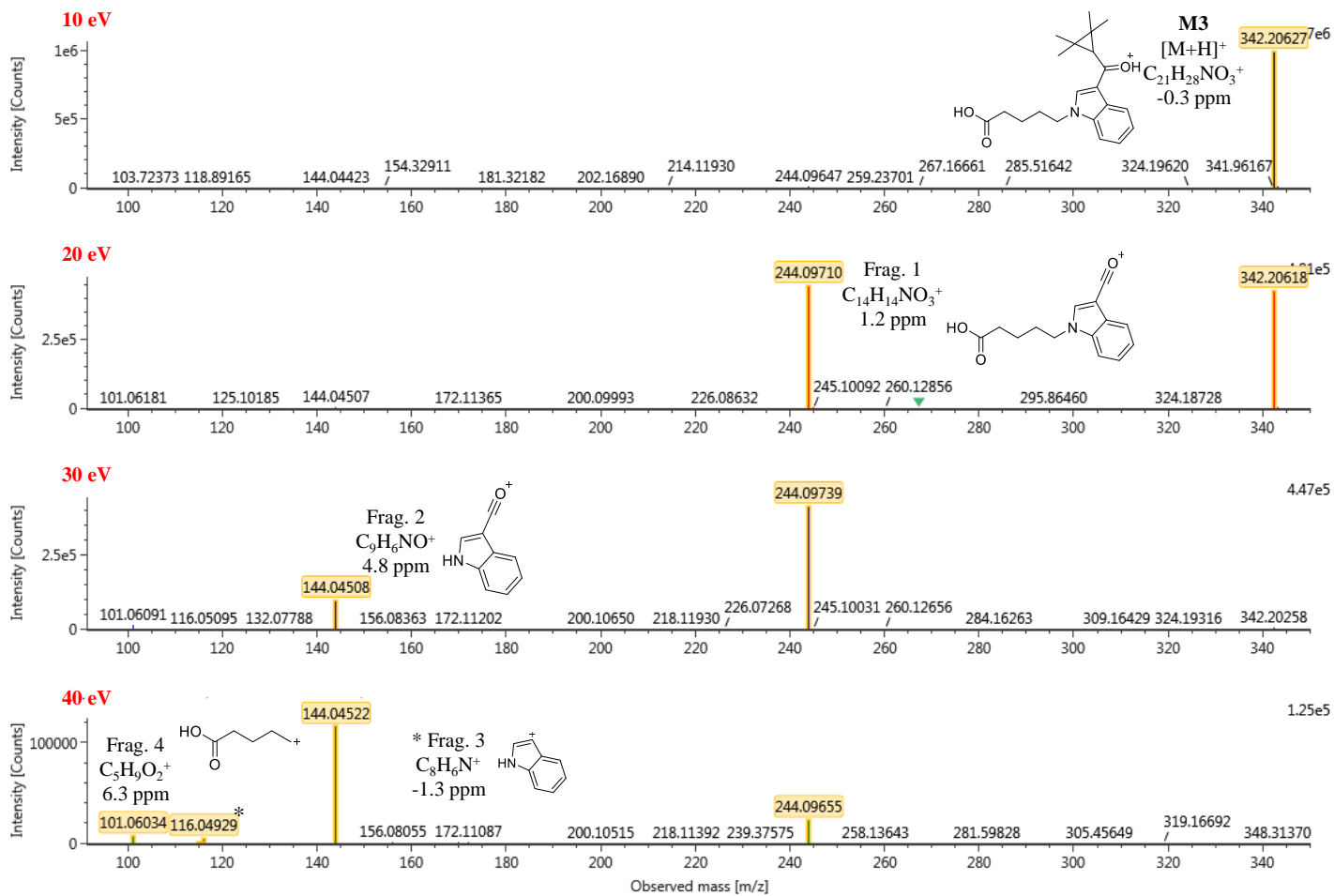


Fig. S4 MS/MS spectra at different collision energies for the metabolite M3 of the XLR-11.

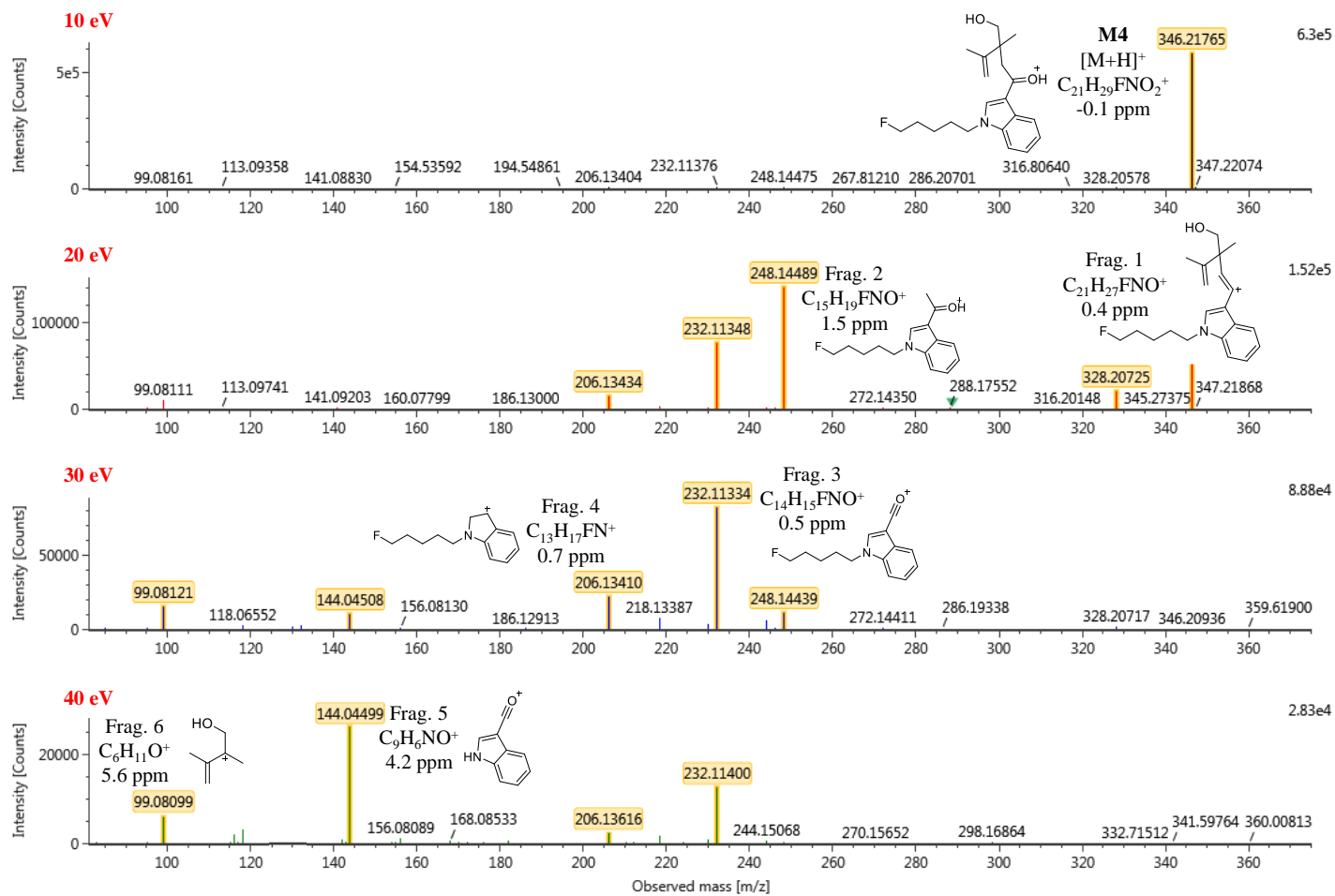


Fig. S5 MS/MS spectra at different collision energies for the metabolite M4 of the XLR-11.

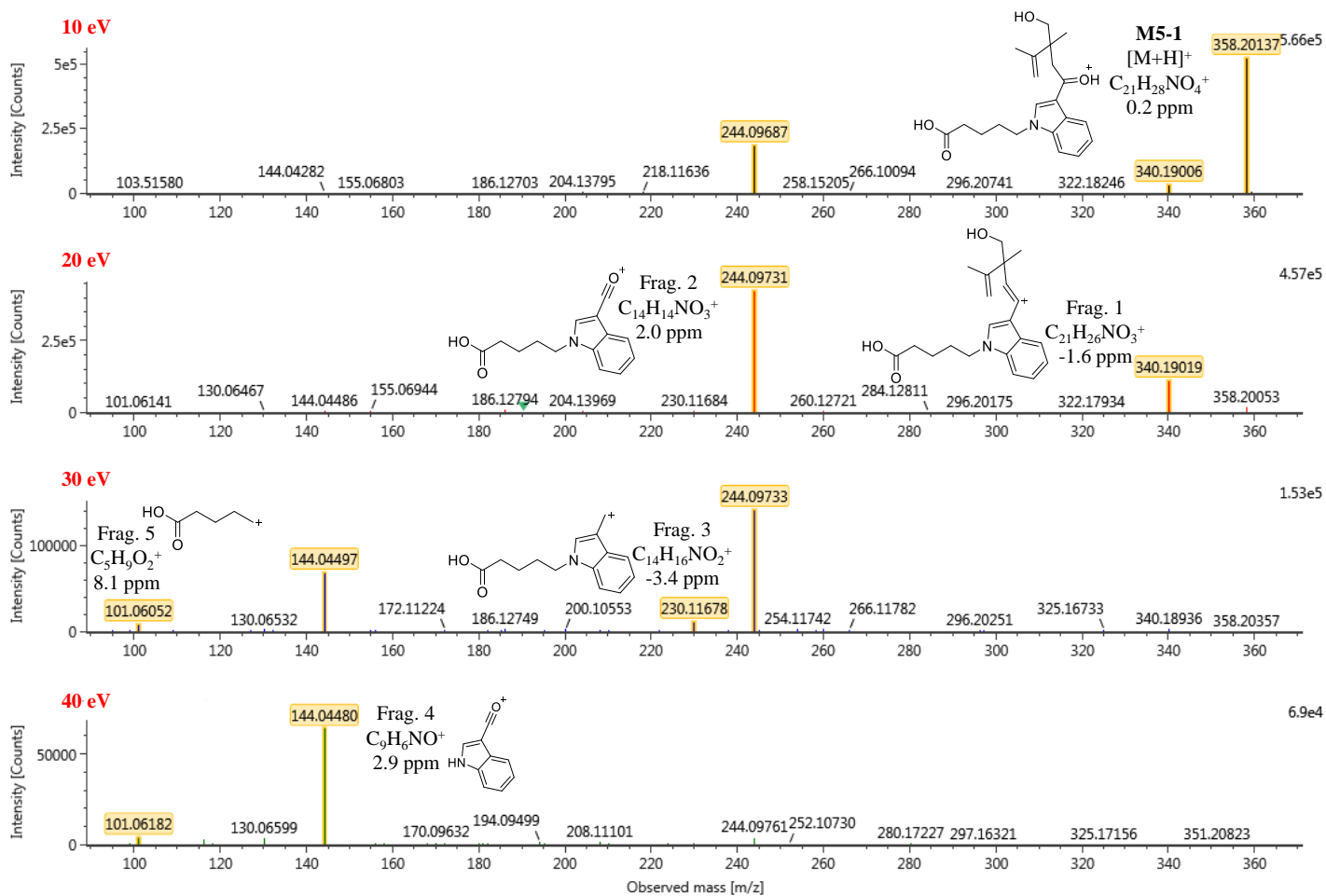


Fig. S6 MS/MS spectra at different collision energies for the metabolite M5-1 of the XLR-11.

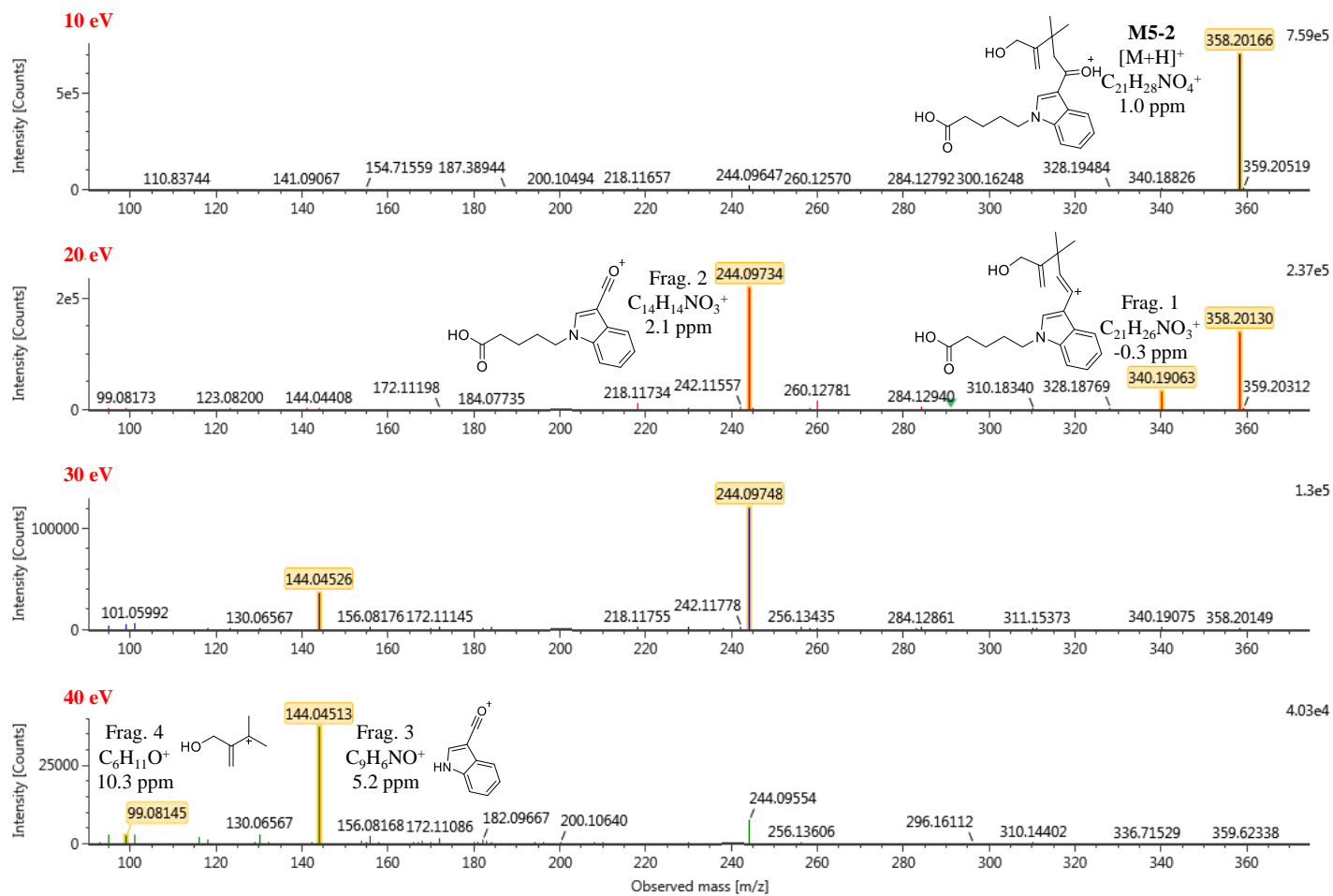


Fig. S7 MS/MS spectra at different collision energies for the metabolite M5-2 of the XLR-11.

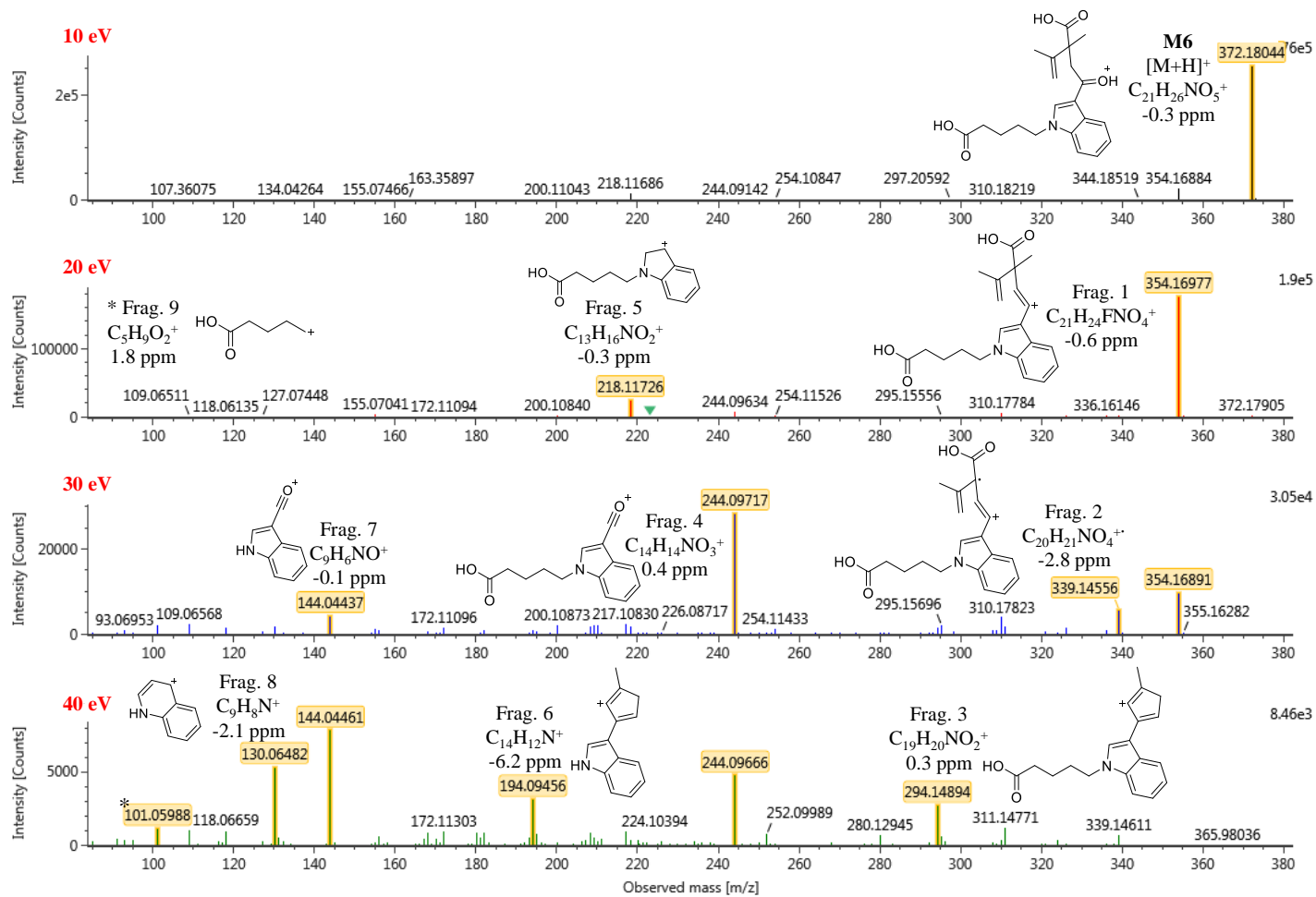


Fig S8 MS/MS spectra at different collision energies for the metabolite M6 of the XLR-11.