

1 *Distance Disintegration Delineates the Brain Connectivity Failure of Alzheimer's*  
2 *Disease*

3 Victor Costumero<sup>a,b,c</sup>, Federico d'Oleire Uquillas<sup>d</sup>, Ibai Diez<sup>a,e</sup>, Magi Andorrà<sup>a,f</sup>, Silvia  
4 Basaia<sup>a,g</sup>, Elisenda Bueichekú<sup>a,c</sup>, Laura Ortiz-Terán<sup>a,h</sup>, Vicente Belloch<sup>i</sup>, Joaquin  
5 Escudero<sup>j</sup>, César Ávila<sup>c#</sup>, Jorge Sepulcre<sup>a,k##</sup>

6  
7 <sup>a</sup>Gordon Center for Medical Imaging, Department of Radiology, Massachusetts General  
8 Hospital and Harvard Medical School, Boston, MA, USA; <sup>b</sup>Center for Brain and  
9 Cognition, University Pompeu Fabra, Barcelona, Spain; <sup>c</sup>Neuropsychology and  
10 Functional Neuroimaging Group, University Jaume I, Castellón, Spain; <sup>d</sup>Department of  
11 Neurology, Massachusetts General Hospital, Harvard Medical School, Boston,  
12 Massachusetts, USA; <sup>e</sup>Neurotechnology Laboratory, Tecnalia Health Department,  
13 Tecnalia, Derio, Basque Country, Spain; <sup>f</sup>Center of Neuroimmunology, Department of  
14 Neurology, Hospital Clinic of Barcelona, Institut d'Investigacions Biomèdiques August  
15 Pi Sunyer (IDIBAPS), University of Barcelona, Barcelona, Spain; <sup>g</sup>Neuroimaging  
16 Research Unit Institute of Experimental Neurology, Division of Neuroscience, San  
17 Raffaele Scientific Institute, Vita-Salute San Raffaele University, Milan, Italy;  
18 <sup>h</sup>Department of Radiology, Brigham and Women's Hospital and Harvard Medical  
19 School, Boston, MA, USA; <sup>i</sup>ERESA Medical Group, Valencia, Spain; <sup>j</sup>Department of  
20 Neurology, General Hospital of Valencia, Valencia, Spain; <sup>k</sup>Athinoula A. Martinos  
21 Center for Biomedical Imaging, Department of Radiology, Massachusetts General  
22 Hospital and Harvard Medical School, Charlestown, MA, USA.

23  
24 #Shared last author contribution.

25 \*Corresponding author: Jorge Sepulcre. 149 13<sup>th</sup> St, Suite 5.209, Gordon Center for  
26 Medical Imaging, Department of Radiology, Massachusetts General Hospital,  
27 Charlestown, MA 02129. sepulcre@nmr.mgh.harvard.edu

28 **Running Title:** Connectivity disintegration in Alzheimer's disease.

29  
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31 Graph-Theory, Stepwise Connectivity, Optimal Distance.

1 **Abstract**

2 Alzheimer disease (AD) is associated with brain network dysfunction. Network-  
3 based investigations of brain connectivity have mainly focused on alterations in the  
4 strength of connectivity, however, the network breakdown in AD spectrum is a complex  
5 scenario in which multiple pathways of connectivity are affected. In order to integrate  
6 connectivity changes that occur under AD-related conditions, here we developed a  
7 novel metric that computes the connectivity distance between cortical regions at the  
8 voxel-level (or nodes). We studied 114 individuals with mild cognitive impairment, 24  
9 with AD and 27 healthy controls. Results showed that areas of the default mode  
10 network, salience network, and fronto-parietal network, display a remarkable network  
11 separation, or greater connectivity distances, from the rest of the brain. Furthermore,  
12 this greater connectivity distance was associated with lower global cognition. Overall,  
13 the investigation of AD-related changes in paths and distances of connectivity provides  
14 a novel framework for characterizing subjects with cognitive impairment; a framework  
15 that integrates the overall network topology changes of the brain and avoids biases  
16 toward unreferenced connectivity effects.

## 1 **Introduction**

2 Alzheimer's disease (AD) is the most prevalent form of dementia with an  
3 estimated 46.8-million people affected worldwide (Prince et al., 2015). Despite the  
4 global impact of AD on society, its etiology remains poorly understood. AD is  
5 characterized by a progressive loss of cognitive function that frequently affects elderly  
6 individuals, also known as late-onset AD. This sets an unpropitious stage for growing  
7 difficulties in everyday activities. Accumulating evidence from experimental and  
8 neuroimaging studies support that AD symptomatology and clinical course may be  
9 explained by large-scale brain system dysfunction more so than by focal disruptions  
10 among unrelated brain areas (Dai and He, 2014; Delbeuck et al., 2003; He et al., 2009;  
11 Palop et al., 2007; Brier et al., 2014a; Badhwar et al., 2017). For instance, accumulation  
12 of neuropathological markers of AD, namely extracellular amyloid plaques and  
13 intracellular neurofibrillary tangles, is related to extensive neuronal loss along large-  
14 scale brain systems of the association cortex (Buckner et al., 2005, 2009; Myers et al.,  
15 2014; Schöll et al., 2016; Sepulcre et al., 2016, 2017a; Hall et al., 2017; Palmqvist et al.,  
16 2018). Within these affected neural networks, the so called default mode network  
17 (DMN), which mainly includes precuneus, medial prefrontal cortex (PFC) and inferior  
18 parietal cortex (Raichle et al., 2001), has been extensively associated with AD. For  
19 instance, DMN regions are affected by atrophy in AD (Chapleau et al., 2016; Schroeter  
20 et al., 2009; Wang et al., 2015; Yang et al., 2012). Also, fMRI studies show that AD  
21 patients present alterations in the activity of DMN areas during memory tasks (Li et al.,  
22 2015; Schwindt and Black, 2009). Moreover, hypometabolism of precuneus, lateral  
23 temporal-parietal and posterior cingulate measured with fluorodeoxyglucose uptake on  
24 positron emission tomography is considered as a biomarker of AD in preclinical stages  
25 (Jagust et al., 2007; Sperling et al., 2011). Given the suggested involvement of brain  
26 networks in the pathophysiology of AD many studies have been focused on  
27 investigating network features of the human brain using resting-state functional  
28 magnetic resonance imaging (rs-fMRI). Thus, it have been shown alterations of  
29 connectivity in areas of the DMN, in individuals with AD, and also along early stages of  
30 the disease such as in individuals with mild cognitive impairment (MCI) (Allen et al.,  
31 2007; Brier et al., 2012; Damoiseaux et al., 2012; Greicius et al., 2004; Li et al., 2002;  
32 Sorg et al., 2007). Crucially, neuroimaging evidence also suggests that the  
33 pathophysiologic process leading up to AD begins years or decades before any clinical

1 symptoms occur (Jack et al., 2010, 2013; Hampel et al., 2011). In this regard, rs-fMRI  
2 studies have shown connectivity changes in heteromodal and limbic cortical networks  
3 among cognitively normal elderly persons with and without elevated brain amyloid  
4 and/or tau (Drzezga et al., 2011; Hedden et al., 2009; Yvette I. Sheline et al., 2010) as  
5 well as in those with a genetic risk for AD (Machulda et al., 2011; Yvette I Sheline et  
6 al., 2010). Such rich neuroimaging evidence positions functional connectivity measures  
7 as potentially significant markers of *in vivo* network dysfunction of brain systems along  
8 the AD continuum (Dennis and Thompson, 2014; Dickerson and Sperling, 2009;  
9 Sheline and Raichle, 2013).

10 Proper detection of connectivity changes across the AD spectrum requires  
11 methods that comprehensively assess the complexity of whole-brain systems. In the last  
12 decade, graph theory, a branch of mathematics concerned with the formal analysis of  
13 graphs composed of nodes (vertices) connected by links (edges), has been regularly  
14 used (see Tijms et al., 2013 for review). When applied to rs-fMRI data, graph theory  
15 reveals brain networks composed of regions/voxels (as nodes) with links between them  
16 (*e.g.*, the correlation of fMRI signal between two regions) (Rubinov and Sporns, 2010).  
17 Using graph theory-based methods, previous rs-fMRI studies have shown AD-related  
18 alterations in measures of network segregation (Supekar et al., 2008; Xiang et al., 2013;  
19 Brier et al., 2014b; Sun et al., 2014; Toussaint et al., 2014; Kim et al., 2015; Deng et al.,  
20 2016), integration (Deng et al., 2016; Kim et al., 2015; Minati et al., 2014; Sanz-Arigit  
21 et al., 2010; Wang et al., 2013; Xiang et al., 2013), modularity (Brier et al., 2014b; Sun  
22 et al., 2014) and centrality (Dai et al., 2015; Kim et al., 2015; McCarthy et al., 2014;  
23 Toussaint et al., 2014). Furthermore, graph theory metrics have been demonstrated as  
24 strong classifier variables for distinguishing individuals across the AD spectrum such as  
25 distinguishing MCI individuals who progress to AD (Hojjati et al., 2017; Hu et al.,  
26 2016; Khazaei et al., 2015). However, most graph theory metrics investigating how  
27 brain communication is broken down in AD are often based on the direct strengths or  
28 the shortest paths connecting nodes, overlooking the many indirect routes by which  
29 information flow is spread in the brain. AD alters connectivity in the human brain at  
30 multiple locations and with multiple levels of intensity, in which distributed changes in  
31 large-scale systems, such as the default mode or cortico-limbic networks, can be under-  
32 detected if variations in the indirect connectivity between cerebral areas are not taken  
33 into account in neuroimaging network analysis. Thus, an investigation of network

1 organization able to reveal the connectivity strength of a node within a network,  
2 considering direct and indirect connectivity routes, is needed.

3         To advance the current understanding of AD-related alterations in connectivity  
4 in a more comprehensive framework, here we use a graph theory metric based on  
5 stepwise functional connectivity (SFC) analysis (Sepulcre et al., 2012). SFC is a method  
6 to estimate the number of paths between two nodes of a network at a given step  
7 distance. The method proposed here calculates the relative network distance of every  
8 voxel in the brain and quantifies the precise or optimal location of that voxel with  
9 reference to all other voxels (Gao et al., 2018; Qian et al., 2018). In other words, the  
10 optimal connectivity distance metric captures the distance at which two nodes reach  
11 their maximal degree of connectivity. Thus, while SFC allows us to compare the  
12 number of paths between two nodes within a specific distance, optimal connectivity  
13 distance allows us to determine the step at which two nodes show the maximum rate of  
14 paths. In this framework, functionally connected nodes (either through direct or indirect  
15 connections) reach their maximal rate of connectivity at a lower distance than sparsely  
16 connected nodes. In this study, we investigate this optimal distance property in the  
17 functional connectivity networks of healthy controls, MCI and AD individuals.  
18 Furthermore, a subsample of MCI was followed up for a period of two years to track  
19 clinical status. We hypothesized that progression to AD would be related to greater  
20 disintegration in connectivity distance. In particular, we hypothesized that the AD group  
21 would display larger connectivity distances between nodes than the MCI group, and that  
22 MCI group would display larger connectivity distances between nodes than the control  
23 group. In base to the revised literature, we hypothesize that these differences would be  
24 especially relevant in heteromodal networks such as DMN. Overall, here we provide a  
25 comprehensive framework to investigate brain network changes across the AD  
26 spectrum.

## 1 **Methods**

### 2 *Participants*

3 We recruited 165 participants, comprising of 24 patients with AD, 114 patients  
4 with MCI, and 27 healthy control subjects from dementia units of the Valencian  
5 community healthcare system in Spain (**Table 1**). Control participants were recruited  
6 from patient's relatives and/or friends. AD and MCI diagnosis were made by  
7 experienced neurologists and based on clinical and neuropsychological evidence. The  
8 AD group was composed of patients that met revised criteria for probable AD  
9 (McKhann, 2011) and showed a Clinical Dementia Rating (CDR) score of 1 (mild AD).  
10 For the MCI group, inclusion criteria included (1) memory complaints (self-report, or  
11 confirmed by an informant); (2) objective memory impairment assessed with the logical  
12 memory subtest II from the Wechsler memory scale-III (WMS-III; Wechsler, 1997a);  
13 (3) essentially intact activities of daily living; (4) no evidence of dementia; and (5) a  
14 CDR score of 0.5. Cognitively normal individuals were included in the control group if  
15 they had no memory complaints, normal performance on the neuropsychological  
16 assessment (see below), and a CDR score of 0. None of the participants in the study had  
17 any of the following clinical characteristics: (1) other nervous system diseases such as a  
18 brain tumor, cerebrovascular disease, encephalitis, epilepsy, or met criteria for other  
19 dementias different from AD; (2) Geriatric Depression Scale (Martínez et al., 2002;  
20 Yesavage et al., 1982) score  $\geq 6$ ; (3) visible brain abnormalities reported by an  
21 experienced radiologist in magnetic resonance images, such as leukoaraiosis and  
22 infarction; (4) current psychiatric disorder or use of psychoactive medication.

23 All participants underwent a structured clinical interview and a  
24 neuropsychological assessment (**Table 1**) that included the Mini-Mental State  
25 Examination (MMSE; Folstein et al., 1975), Functional Activities Questionnaire (FAQ;  
26 Pfeffer et al., 1982), a short form of Boston naming test (Serrano et al., 2001), Verbal  
27 fluency test (semantic and phonetic), logical memory subtests (I and II) and Digit  
28 subtest (forward and backward) from the WMS-III (Wechsler, 1997a), and similarities  
29 subtests from Wechsler adult intelligence scale-III (WAIS-III; Wechsler, 1997b). A  
30 subsample of MCI patients was followed up clinically with periodic neuropsychological  
31 assessment and clinical interviews (every 6 months) for a period of 2 years. These  
32 patients were classified into two groups depending on progression to AD (**Table 1**). The

1 MCI progressor group (MCIp; N=17) was comprised of MCI patients who received an  
2 AD diagnosis (based on the criteria explained previously) between the 1-year and 2-year  
3 imaging and clinical visit. The MCI non-progressor group (MCInp; N=35) was  
4 comprised of individuals that showed no clinical change within two years from the  
5 baseline session. All MCI participants that did not complete follow up clinical visits  
6 were excluded. Thus, MCIp and MCInp were subsamples of the baseline MCI  
7 population of 114 individuals.

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9 Place Table 1 about here  
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11 Participants were informed of the nature of the research and provided written  
12 informed consent prior to their participation in the study. The Institutional Review  
13 Board of the Universitat Jaume I of Castellón approved this research study. All study  
14 procedures conformed to the Code of Ethics of the World Medical Association.

15 *Image acquisition*

16 Imaging sessions consisted of a resting state scan in which participants were  
17 instructed to rest with their eyes closed and not sleep or think about anything in  
18 particular. Images were acquired on a 3T scanner (Siemens Trio). Participants were  
19 placed in a supine position in the MRI scanner, and their heads were immobilized with  
20 cushions to reduce motion artifacts. For the rs-fMRI, a total of 270 volumes were  
21 recorded over 9 min using a gradient-echo T2\*-weighted echo-planar imaging sequence  
22 (TR, 2000 ms; TE, 30 ms; matrix, 64 x 64; voxel size, 3.8 x 3.8 mm; flip angle, 90°;  
23 slice thickness, 3.5 mm; slice gap, 0.5 mm). We acquired 33 interleaved axial slices  
24 covering the entire brain, parallel to the anterior–posterior commissure plane.

25 *Image preprocessing*

26 rs-fMRI data processing was performed with the Data Processing Assistant for  
27 Resting-State toolbox (DPARSFA, <http://rfmri.org/DPARSAF>; Chao-Gan and Yu-Feng,  
28 2010), based on Statistical Parametric Mapping (SPM12,  
29 <http://www.fil.ion.ucl.ac.uk/spm>), and the Resting-State fMRI Data Analysis Toolkit  
30 (<http://www.restfmri.net>; Song et al., 2011). Preprocessing included the following: 1)

1 removal of first five volumes of each raw rs-fMRI dataset to allow for T1 equilibration;  
2 2) slice timing correction for interleaved acquisitions (the middle slice was used as the  
3 reference point); 3) head motion correction using a six-parameter (rigid body) linear  
4 transformation with a two-pass procedure (registered to the first image and then  
5 registered to the mean of the images after the first realignment); 4) spatial normalization  
6 to the Montreal Neurological Institute (MNI) atlas template. Voxel size was set at  $5 \times 5$   
7  $\times 5 \text{ mm}^3$  for computational efficiency; 5) removal of spurious variance through linear  
8 regression: including 24 parameters from the head motion correction step [6 head  
9 motion parameters, 6 head motion parameters one time point before, and the 12  
10 corresponding squared items; (Friston et al., 1996)], scrubbing with regression [signal  
11 spike regression as well as 1 back and 2 forward neighbors; (Chao-Gan et al., 2013)] at  
12 time points with a frame-wise displacement (FD) $>0.5\text{mm}$  (Jenkinson et al., 2002), linear  
13 and quadratic trends, global signal, white matter signal, and the cerebrospinal fluid  
14 signal; 6) Spatial smoothing with a 4 mm FWHM Gaussian Kernel; and 7) band-pass  
15 temporal filtering (0.01-0.08 Hz) to reduce the effect of low frequency drift and high  
16 frequency noise (Biswal et al., 1995; Lowe et al., 1998). No participant had more than 2  
17 mm/degree of movement in any of the six directions, and no more than 90 volumes  
18 removed during scrubbing (1/3 of the total volumes), ensuring at least 5 minutes and 30  
19 seconds of functional data per individual.

## 20 *Network construction*

21 Association matrices for each participant were computed by calculating the  
22 Pearson correlation between each voxel time course and every other voxel time course  
23 within a mask of 10471 voxels covering cortical and subcortical gray matter. To  
24 perform this analysis, the preprocessed resting state images of each participant were  
25 previously converted to an N-by-M matrix, where N was the image voxels in MNI  
26 space, and M was the 265 acquisition time points. From this step, a 10471x10471  
27 matrix of Pearson correlation coefficients was obtained for each individual. Fisher z  
28 transformation was applied to normalize the variance in r-values. Then, in order to  
29 remove spurious associations all negative correlations and positive correlations that did  
30 not reach an FDR correction (Benjamini and Hochberg, 1995) threshold of  $p < 0.05$  were  
31 excluded from further analyses. Therefore, the final association matrix included only  
32 significant positive associations, as positive connectivity has been proved to drive  
33 functional connectivity network topology in the human brain (Qian et al., 2018). Given



1 that threshold selection can change how sparsely connected graph lattices become, we  
 2 replicated our analyses using association matrices that include only positive correlations  
 3 (that is, without applying any threshold) as well as association matrices with a fixed  
 4 edge density (that is, taking all possible connections, as well as 30% to 5% of the  
 5 strongest positive correlations; **Supplementary Figure 1**).

### 6 *Optimal Connectivity Distance Analysis*

7 The Optimal connectivity distance metric is derived from SFC analysis (Gao et  
 8 al., 2018; Qian et al., 2018; Sepulcre et al., 2012) (**Figure 1**). SFC matrices are first  
 9 calculated to compute the optimal (or representative) distance between node pairs per  
 10 subject. In SFC analysis, the degree of stepwise connectivity ( $D_{ji}^l$ ) of a voxel  $j$  for a  
 11 given step distance  $l$  and a voxel  $i$  is computed from the count of all paths that (1)  
 12 connect voxel  $j$  and voxel  $i$ , and (2) have an exact length of  $l$ . This count can be easily  
 13 estimated by the power of adjacency matrices, where the exponent of the power  
 14 represents  $l$  and  $x_{ij}$  the number of paths connecting  $i$  and  $j$ . In this sense, a larger SFC  
 15 degree under the step distance  $l$  indicates stronger paths connecting two voxels via link  
 16  $l$ , while a smaller degree indicates weaker connectivity paths. SFC was calculated for up  
 17 to seven-step distances, following the established methodology of our previous study  
 18 showing that SFC patterns reach maximal stability for link-step distances above seven  
 19 (Sepulcre et al., 2012). Each SFC matrix  $A_l$  of size  $m$ -by- $m$  can be recursively  
 20 represented as follows:

21 *Equation 1:*

$$22 \quad A_l(i, j) = \begin{cases} A(i, j) & [i \neq j, l = 1] \\ \sum_{k=1}^m \frac{A_{l-1}(i, k) - \min(A_{l-1})}{\max(A_{l-1}) - \min(A_{l-1})} \frac{A(k, j) - \min(A)}{\max(A) - \min(A)} & [i \neq j, l \geq 2] \end{cases}$$

23 Here,  $A_l$  is the functional connectivity matrix with a step distance of  $l$ , and  $A$  is  
 24 the correlation matrix after Fisher transformation. We calculated SFC from step  
 25 distances 1 to 7. Matrices were then normalized between 0 and 1, keeping the final  
 26 distribution of values intact while making them comparable across step distances.

27 After SFC estimation, optimal connectivity distance was calculated. Optimal  
 28 connectivity distance ( $OD_{ji}$ ) for each pair of voxels was computed as the distance  $l$   
 29 (across the seven-step distances) at which the relative degree of stepwise connectivity is

1 maximized. Thus, we obtained an optimal connectivity distance matrix for each subject  
2 where values ranged from 1 to 7 [based on the diameter of functional connectivity  
3 graphs (Diez and Sepulcre, 2018; Sepulcre et al., 2012)]. This range allowed a full  
4 exploration of different network distances. Then, we element-wise compared all  
5 normalized SFC matrices, and found the maximum corresponding SFC degree value.  
6 Then, we assigned that corresponding distance step matrix that belongs to as the optimal  
7 distance ( $OD$  in *Equation 2*) value (from 1 to 7).

8 *Equation 2:*

$$9 \quad OD(i, j) = \operatorname{argmax}_l \left( \frac{A_l(i, j) - \min(A_l)}{\max(A_l) - \min(A_l)} \right)$$

10 Finally, we calculated the average optimal connectivity distance for each voxel  
11 to obtain a single metric per voxel. This single-voxel metric represents how close a  
12 voxel is in average from any other voxel of the brain, with *distance* as the number of  
13 link-steps required for a pair of voxels to reach maximum degree of connectivity. This  
14 metric is based on the hypothesis that the brain is hierarchically organized, from  
15 unimodal regions (i.e., brain regions processing information from a single sensory  
16 modality) to multimodal or heteromodal regions (i.e., brain regions integrating  
17 information from diverse sensory modalities) where information flow presumably  
18 converges (Mesulam, 1998; Sepulcre et al., 2012). Within this framework we can expect  
19 that, on average, voxels in multimodal brain areas are characterized by lower *distance*  
20 than voxels from unimodal brain areas. For example, a voxel in a unimodal region is  
21 expected to be highly connected with other voxels within its own module, requiring a  
22 low *distance* to reach its relative maximal degree of connectivity. On the other hand,  
23 that voxel would require a larger *distance* before reaching its optimal degree of  
24 connectivity with voxels in intermodal and multimodal regions, and even a much larger  
25 *distance* before reaching its optimal degree of connectivity with voxels in other  
26 modules. In this way, on average, such a voxel would be expected to show a moderate  
27 to large *distance* metric. By contrast, a voxel belonging to a multimodal region that  
28 integrates converging information flow, would be expected that show small *distance*  
29 with other nodes part of its main network, and intermediate *distance* with voxels in  
30 unimodal regions. Thus, on average, such a voxel would be expected to show a  
31 small/moderate *distance* metric. In summary, average optimal connectivity distance

1 shows how close a voxel is from any other voxel of the brain. We assessed the  
2 reliability of the procedure to obtain optimal connectivity distance by computing the  
3 Intraclass Correlation Coefficient (ICC) using an independent cohort of 25 young  
4 normal individuals (10 males; mean age=22.68, SD age=1.3) who performed two rs-  
5 fMRI scans one week apart. ICC was estimated separately for each voxel using the  
6 matlab IPN toolbox for Test–Retest Reliability Analysis  
7 ([http://www.mathworks.com/matlabcentral/fileexchange/22122-ipn-tools-for-test-retest-](http://www.mathworks.com/matlabcentral/fileexchange/22122-ipn-tools-for-test-retest-reliability-analysis)  
8 [reliability-analysis](http://www.mathworks.com/matlabcentral/fileexchange/22122-ipn-tools-for-test-retest-reliability-analysis)). The image preprocessing and network construction were exactly  
9 the same as those reported above. We used FDR-derived matrices for ICC estimation  
10 and no covariates were included. After these analyses, we obtained a mean ICC across  
11 voxels of 0.41 with a standard deviation of 0.25 (Supplementary Figure 2 shows the  
12 mean optimal connectivity distance values from test and retest scans). Thus, our  
13 procedure showed on average a moderate level of reliability (Xing and Zuo, 2018). In  
14 this regard, some caution should be exercised when interpreting the results of this study.  
15 Reliability interacts with statistical power and effect size. Thus, those specific voxels  
16 with lower levels of reliability may be underpowered as compared with voxels with  
17 higher levels of reliability, biasing the finding of differences toward regions with high  
18 reliability (Zuo et al., 2019). Finally, it should be noted that the reliability of optimal  
19 connectivity distance procedure presented here is determined by the reliability of rs-  
20 fMRI and the procedures followed in matrix construction. Optimal connectivity  
21 distance, as a function, will always produce the same results for the same association  
22 matrices. Thus, the reliability of optimal connectivity distance depends on how the  
23 association matrices were estimated. In this regard, a continuous work in validating  
24 techniques of matrix construction and improvements in rs-fMRI acquisition and  
25 preprocessing techniques are necessary to improve the reliability in resting state graph  
26 theory studies. In order to shed light on this issue we estimated the ICC for matrices  
27 including all positive values and for matrices with a fixed edge density of 30%, 15%,  
28 10% and 5% (see supplementary table 1). The results showed that matrices with an edge  
29 density of 30% showed the higher ICC nearly followed by FDR-derived matrices. Also,  
30 ICC decreases as the edge density decreases.

31 At this point, it is important to note that optimal connectivity distance can be  
32 related at the theoretical level with other graph theory metrics based on *distance*, such  
33 as shortest path length [particularly closeness centrality (Rubinov and Sporns, 2010)].

1 The shortest path length metric is based in the geodesic distance between two voxels.  
2 However, shortest paths between nodes that rely on direct, but weak connections, can be  
3 frequently found. This prevents the identification of other routes of connectivity that  
4 may characterize the relationship between two nodes. For instance, if we have a pair of  
5 nodes with a direct pathway of moderate connectivity and two indirect pathways of high  
6 connectivity, any shortest path algorithm would mark the direct connectivity path as the  
7 shortest path (**Figure 1** for details). However, that would overlook the predominant  
8 pattern of connectivity between the pair of nodes, which is maximized over two steps of  
9 connectivity (region A to region B, then to region C). Overall, our measure of optimal  
10 connectivity distance captures the point for which two nodes reach their maximal  
11 connectivity, considering both direct and indirect paths of connectivity. As additional  
12 analyses we estimated closeness centrality in our data in order to compare this metric  
13 with optimal connectivity distance. The shortest possible path connecting every pair of  
14 nodes was estimated for each association matrix using the Brain Connectivity Toolbox  
15 (<https://sites.google.com/site/bctnet/Home>). This toolbox, implemented by Dr. Olaf  
16 Sporns, calculates the closeness centrality of a weighted matrix as:

$$17 \quad (L_{ij}^w)^{-1} = \frac{n - 1}{\sum_{j \in N, j \neq i} d_{ij}^w}$$

18 Where  $d_{ij}^w$  is the shortest weighted path between  $i$  and  $j$ .

$$19 \quad d_{ij}^w = \sum_{a_{uv} \in g_{i \leftrightarrow j}^w} f(w_{uv})$$

20 Where  $f$  is a map from weight to length and  $g_{i \leftrightarrow j}^w$  is the shortest weighted path between  $i$   
21 and  $j$  (see Rubinov and Sporns, 2010).

22 As complementary analyses, we also compared optimal connectivity distance with  
23 degree centrality. We include this analysis because degree centrality is probably the  
24 most generalized and straightforward graph theory metric. Degree centrality was  
25 estimated as the weighted count of connections for each node:

$$26 \quad k_i^w = \sum_{j \in N} w_{ij}$$

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*Statistical analyses*

Voxel-wise analyses were performed using general linear models as implemented in SPM12. Whole-brain two-sample t-test models comparing each group were estimated, including age, gender and the individual mean frame-wise displacement (FD) as covariates of no interest. These analyses aimed to identify specific regions showing between-group differences in optimal distance. In secondary analyses, we investigated how our optimal connectivity distance metric related to global cognitive decline. To this end, we estimated voxel-wise linear regression models between optimal distance and MMSE scores. Age, gender and the individual mean FD were included as covariates. This analysis was performed taking into account all patients (MCI and AD), as well as separate groups. MMSE is a screening test not designed to evaluate cognitive functioning in cognitively normal individuals. Accordingly, most participants of the control group obtained the maximum score. Given this ceiling effect, the control group was not included in correlation analyses. Statistical inference for all analyses was performed using the threshold-free cluster enhancement method (Smith and Nichols, 2009). Given that our procedure could lead to non-normal distributions, nonparametric permutation testing (5000 permutations) as implemented in the Computational Anatomy Toolbox 12 (CAT12, <http://www.neuro.uni-jena.de/cat/>) was used to detect statistically significant differences at  $p < 0.05$ , family-wise error (FWE) corrected. Statistical maps were visualized with BrainNet Viewer (<http://www.nitrc.org/projects/bnv/>; Xia et al., 2013).

1 **Results**

2 *Group differences in Optimal Connectivity Distance*

3 We found a significant difference in optimal connectivity distance between study  
4 groups (**Figure 2** and **Supplementary Table 2** and **3**; please see also **Supplementary**  
5 **Figure 1** for a comparison with the closeness centrality and degree centrality metrics).  
6 In general, AD participants showed higher distances than cognitively normal controls  
7 and MCI individuals. In particular, our results indicated that the regions with most  
8 distance increase were the so called cortical hubs, including the dorsolateral PFC, dorsal  
9 anterior cingulate, precuneus and inferior parietal lobe. Furthermore, increases in  
10 distance in other regions relevant in AD such as fusiform gyrus, parahippocampal gyrus,  
11 hippocampus and amygdala were also shown. A similar spatial pattern of differences,  
12 although to a lesser extent, was obtained when comparing MCI with cognitively normal  
13 controls. Reciprocal contrasts (controls>AD, controls>MCI, and MCI>AD) did not  
14 show significant results.

15 When MCI subgroups were compared with AD and cognitively normal control  
16 groups, we found a consistent cross-sectional pattern in which optimal connectivity  
17 distances increased in all mild cognitively impaired groups, including the MCI group  
18 not yet progressed to AD (Figure 2 and Supplementary Table 2). More specifically,  
19 MCInp group compared to controls showed strong increase in optimal connectivity  
20 distances in cortical hubs and areas related with AD, including dorsolateral PFC, dorsal  
21 anterior cingulate, precuneus, inferior parietal lobe, temporal cortex, fusiform gyrus,  
22 parahippocampal gyrus, hippocampus and amygdala. MCIp group showed significant  
23 changes in network distances in similar regions as MCInp but in lesser extend, although  
24 it is important to note that this analysis was constrained to 17 MCI progressors. In  
25 addition, we did not find significant differences between MCInp and MCIp groups.  
26 When compared to the AD group, MCInp displayed lower optimal connectivity  
27 distances than AD mainly in dorsolateral PFC, dorsal anterior cingulate and inferior  
28 parietal lobe, while MCIp only showed lower distances than AD in the cerebellum and  
29 subcortical regions (thalamus, putamen and midbrain). Reciprocal contrasts  
30 (controls>MCInp, controls>MCIp, MCInp>AD and MCIp>AD) did not show any  
31 significant results.

1 Place Figure 2 about here

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4 Finally, in order to test the stability of our results, we applied different statistical  
5 thresholds to the association matrices to compute the graph theory metric  
6 (**Supplementary Figure 1**). These analyses showed that the results were stable up to  
7 15% density, with a loss of almost all the observed differences at 5% density. This  
8 pattern is consistent with the idea that at lower densities most of the indirect routes are  
9 not considered for the analysis, and therefore affecting optimal connectivity distance.  
10 Furthermore, we estimated closeness centrality and degree centrality measures in order  
11 to compare these metrics with optimal connectivity distance. As shown in  
12 **Supplementary Figure 1**, closeness centrality was able to detect significant differences  
13 between AD and controls in precuneus, dorsolateral PFC, inferior parietal lobe, medial  
14 PFC and inferior temporal gyrus. Furthermore, degree centrality was able to detect  
15 significant differences between AD and controls in precuneus, middle temporal gyrus,  
16 postcentral gyrus, precentral gyrus and middle occipital gyrus. However, optimal  
17 distance was sensitive enough to detect higher magnitude differences in these regions as  
18 well as in regions not detected with these metrics.

#### 19 *Association between Optimal Connectivity Distance and Cognitive Decline*

20 When MMSE scores were used to investigate the association between optimal  
21 connectivity distance of the cerebral network and global cognitive decline, we found a  
22 negative association between optimal distance and MMSE in bilateral dorsolateral PFC,  
23 medial PFC, anterior cingulate, precuneus, inferior parietal lobe, insula, thalamus,  
24 putamen, midbrain and cerebellum (**Figure 3** and **Supplementary Table 4**). These  
25 results indicated that higher MMSE scores were associated with lower the distances in  
26 these regions. Complementary analyses showed that these results were driven by a  
27 relationship between MMSE and optimal connectivity distance in MCI group, and  
28 especially in the MCI<sub>np</sub> group (**Supplementary Figure 2**). Specific analysis using the  
29 17 MCI<sub>p</sub> participants did not show significant results. We did not find any brain regions  
30 showing positive associations between optimal distance estimates and MMSE scores. In  
31 order to specifically study if optimal distance improves the explaining differences in

1 MMSE scores over degree centrality, we performed a regression model for each voxel  
2 including MMSE as dependent variable and optimal distance, degree centrality, age,  
3 gender and mean FD as independent variables. Then we calculated the relative decrease  
4 in the variance of residuals of this model and the model excluding optimal connectivity  
5 distance. Results of this analysis suggested a better goodness of fit in the model which  
6 included optimal connectivity distance in almost all voxels (see **Supplementary Figure**  
7 **2**).

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Place Figure 3 about here

10

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## 1 Discussion

2 The human brain is a dynamic network of connectivity susceptible to damage  
3 from neurodegenerative disorders, such as AD. However, the brain exhibits a  
4 remarkable ability to adapt to diverse types of lesions, particularly if they take place  
5 over longer periods of time. It has thus been frequently postulated that  
6 neurodegenerative processes can lead not only to decreased but also to increased  
7 connectivity changes across specific brain networks (Schultz et al., 2017; Sepulcre et  
8 al., 2017b). This scenario increases the complexity required to understand brain network  
9 changes related to the AD pathophysiologic process. Unpredicted readjustments in  
10 segregation and integration of connectivity can take place and coexist in several  
11 networks, along with the more direct effects associated with neurodegenerative damage  
12 (Dennis and Thompson, 2014; Dickerson and Sperling, 2009; Sepulcre et al., 2017b;  
13 Sheline and Raichle, 2013). In other words, changes in distinct networks may cascade  
14 multiform changes to other networks in the human brain. Therefore, we believe it is  
15 imperative to develop network metrics that account for the overall performance of the  
16 brain connectivity by describing nodal properties of distance and position of voxels with  
17 respect to the rest of the voxels in the entire network (and not just their strength or  
18 number of direct connections). In this study, we employed such a metric (Gao et al.,  
19 2018; Qian et al., 2018), and found that brain functional connectivity changes across the  
20 AD spectrum are related to increased network connectivity distance within distinct  
21 heteromodal and limbic cortical areas, including the DMN. AD individuals showed  
22 larger connectivity distances than MCI individuals, and MCI individuals displayed  
23 larger connectivity distances than cognitively normal controls, suggesting in a cross-  
24 sectional manner a pattern of continued distance disintegration with increased AD  
25 symptom severity. Furthermore, greater connectivity distance was associated with  
26 greater global cognitive decline, in line with the hypothesis that AD symptomatology is  
27 related to a dysfunction in large-scale brain networks. More importantly, our findings  
28 suggest that specific systems preferentially disintegrate from the rest of the human brain  
29 across disease progression and cognitive impairment.

30 We found that across different comparisons (AD>MCI, AD>controls and  
31 MCI>controls), differences in optimal connectivity distance were specific to intrinsic  
32 functional networks encompassing multimodal and associative regions. These included  
33 differences in ventromedial PFC, precuneus/posterior cingulate, the angular gyrus

1 which integrates the DMN (Raichle et al., 2001), in the bilateral anterior insula and  
2 dorsal anterior cingulate cortex which forms the salience network (Seeley et al., 2007),  
3 as well as in bilateral dorsolateral PFC and inferior parietal cortex which involves the  
4 fronto-parietal control network (Vincent et al., 2008). Interestingly, our results show  
5 that the most affected regions were those previously characterized as cortical hubs (i.e.,  
6 dorsolateral PFC, dorsal anterior cingulate, precuneus and inferior parietal lobe),  
7 characterized by disproportionately greater connectivity to the rest of the brain than  
8 other non-hub regions (Achard, 2006; Buckner et al., 2009; Sepulcre et al., 2010).  
9 Optimal connectivity distance analysis quantifies the optimal routes of connectivity  
10 between every pair of voxels in the brain. The disruption of a link between two nodes  
11 would affect all routes of connectivity that includes that link. In this way, alterations in  
12 the optimal connectivity distance of multiple brain regions are consistent with  
13 disruption of one or several hubs, given that these regions integrate many connectivity  
14 pathways. In support of this hypothesis, our results also show high optimal connectivity  
15 distance differences in subcortical regions (i.e., thalamus, caudate, putamen and  
16 midbrain) and cerebellum. These regions form topographically organized systems with  
17 cortical areas via complex cortico-subcortical reciprocal connections (Alexander et al.,  
18 1986; Haber, 2003; Ramnani, 2006). Furthermore, our results also show, but to a lesser  
19 extent, between-group differences in many other brain regions, including medial  
20 temporal structures largely associated with gray matter atrophy in AD, such as the  
21 hippocampus, parahippocampus and amygdala (Schroeter et al., 2009; Wang et al.,  
22 2015; Yang et al., 2012). Together, these results indicate that AD is associated with  
23 disruption of the optimal routes of connectivity, characterized by longer or, in other  
24 words, less efficient paths.

25 In agreement with our results, studies in AD patients investigating differences in  
26 degree centrality show a reduction in both intra-module and inter-module connectivity  
27 strength of cortical hubs that integrate the DMN, salience and frontoparietal control  
28 networks (Dai et al., 2015). Furthermore, previous studies have shown a positive  
29 relationship between regional degree of connectivity and amyloid-beta deposition in the  
30 brain (Buckner et al., 2009). In addition, cortical hubs have been implicated in pathways  
31 believed to propagate amyloid-beta pathology in AD patients (Sepulcre et al., 2013). In  
32 the present study we did not include amyloid-beta or tau measures, however we  
33 speculate that our results might be related with the abnormal accumulation of these

1 proteins. The spatial patterns of amyloid-beta deposition overlaps with cortical hubs  
2 such as precuneus, inferior parietal, medial frontal cortex, or dorsolateral frontal cortex  
3 (Buckner et al., 2005; Myers et al., 2014; Palmqvist et al., 2017), which were the areas  
4 showing higher magnitude differences in our study. Furthermore, vivo patterns of tau  
5 distribution suggest that tau pathology is extended within the areas of DMN in advanced  
6 AD (Hall et al., 2017; Schöll et al., 2016). In this regard it is suggested that the  
7 accumulation of abnormal proteins eventually produce failure in neuronal connectivity  
8 (Palop et al., 2007). Thus, our results may reflect the consequences of this loss in  
9 connectivity within the brain hubs abnormally accumulating these proteins. This  
10 phenomenon would affect all the connectivity routes of the regions affected, increasing  
11 optimal distance not only in these regions but also in those regions more directly  
12 connected with them, which in the case of brain hubs are usually other cortical hubs  
13 (van den Heuvel and Sporns, 2011). At this point it is important to highlight that our  
14 distance metric was based on functional connectivity and not on direct anatomical  
15 connections. While functional connectivity is thought to arise from structural  
16 connectivity, studies investigating the relationship between these two metrics suggest  
17 that they do not necessarily covary, as functional connectivity may be driven not only  
18 by direct connections but also by connections via a third region without a direct  
19 structural connection (Sun et al., 2014). In fact, a recent study showed increased  
20 coupling between functional and structural networks of AD participants when analyzing  
21 DMN intra-module connectivity and the rich club structure (Dai et al., 2018). These  
22 results suggested a strengthened relationship between functional connectivity and the  
23 underlying anatomical connectivity in AD, which may imply more stringent and less-  
24 dynamic brain function. Given this, further studies investigating functional and  
25 structural relationships may benefit from the use of the optimal connectivity distance  
26 metric presented here given that it accounts for direct and indirect connections.

27         In conclusion, our results suggest that greater connectivity distance in a large set  
28 of cortical and subcortical regions is associated with greater AD symptom severity.  
29 Furthermore, greater optimal connectivity distance was related with worse global  
30 cognition. Together, these results support the network model of AD pathophysiology.

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7

1 **Table 1.** Demographic data of study participants.

	Controls	MCI	AD		MCI <sub>np</sub>	MCI <sub>p</sub>	
N	27	114	24	differences <sup>a</sup>	35	17	differences <sup>b</sup>
Age (y)	71.7 (5.4)	73.2 (5.6)	75.1 (3.5)	F=3.9; <i>p</i> =0.025	73.1 (5.6)	75.3 (5.9)	F=2.5; <i>p</i> =0.06
Gender (M:F)	13:14	52:62	8:16	$\chi^2=1.4$ ; <i>p</i> >0.1	18:17	6:11	$\chi^2=2.6$ ; <i>p</i> >0.1
MMSE	29.6 (0.8)	27.3 (2.2)	21.8 (3.2)	F=91.1; <i>p</i> <0.001	28.4 (1.8)	26.8 (2.5)	F=48.9; <i>p</i> <0.001
FAQ	0.7 (0.8)	3.4 (3.3)	14 (7.9)	F=61.4; <i>p</i> <0.001	3.3 (3.1)	4.2 (3.1)	F=34.8; <i>p</i> <0.001
FDS	7.2 (0.7)	5.7 (1.2)	4.7 (1.6)	F=49.9; <i>p</i> <0.001	5.2 (0.6)	5.2 (1.2)	F=49.6; <i>p</i> <0.001
BDS	6.4 (1)	3.7 (1.1)	2.7 (1.3)	F=77.8; <i>p</i> <0.001	3.7 (0.6)	3.8 (1.4)	F=56.4; <i>p</i> <0.001
Boston	11.9 (0.2)	9.5 (1.9)	7.6 (3)	F=107.6; <i>p</i> <0.001	9.7 (1)	8.7 (1.6)	F=88.2; <i>p</i> <0.001
Phon. Flu.	13.4 (1.9)	8.22 (2.8)	5 (2.8)	F=67.7; <i>p</i> <0.001	11.2 (1.9)	8.3 (2.4)	F=59.2; <i>p</i> <0.001
Sem. Flu.	17.6 (3.2)	11 (3.4)	8 (3.1)	F=60; <i>p</i> <0.001	10.7 (1.8)	10.2 (3.7)	F=51.1; <i>p</i> <0.001
Imm. Recall	13.6 (2.1)	8.9 (3.7)	3.4 (2.9)	F=108.5; <i>p</i> <0.001	8.5 (1.8)	10.1 (3)	F=83.4; <i>p</i> <0.001
Del. Recall	11.7 (2.3)	6.4 (3.4)	1.8 (2.4)	F=111.78; <i>p</i> <0.001	8.5 (1.8)	7.9 (2.6)	F=87; <i>p</i> <0.001
Similarities	18.2 (2.1)	11.2 (4.4)	5.9 (4.2)	F=121.1.3; <i>p</i> <0.001	12.2 (2.6)	11.2 (4.1)	F=71.9; <i>p</i> <0.001

2 <sup>a</sup> Statistical differences between control, MCI and AD groups

3 <sup>b</sup> Statistical differences between control, MCI<sub>np</sub>, MCI<sub>p</sub> and AD groups

4 Age and neuropsychological tests are presented as mean (SD). For ANOVA comparisons,  
5 Welch statistic was applied when the homoscedasticity assumption was not satisfied due to a  
6 rejection of the null hypothesis of equal variances using the Levene test (*p*<0.05). MCI=mild  
7 cognitive impairment; AD=Alzheimer disease; MCI<sub>np</sub>=mild cognitive impairment non-  
8 progressor; MCI<sub>p</sub>=mild cognitive impairment progressor; MMSE=mini-mental state  
9 examination; FAQ=functional activities questionnaire; FDS=forward digit subtest WMS-III;  
10 BDS=backward digit subtest WMS-III; Boston=Boston naming test; Phon. Flu.=phonetic verbal  
11 fluency test; Sem. Flu.=semantic verbal fluency test; Imm. Recall=memory immediate recall; Del.  
12 Recall=delayed memory recall; Similarities=similarities subtests from Wechsler adult intelligence  
13 scale-III.

## 1 **Figure Legends**

2 **Figure 1.** Diagram of the functional connectivity approach used in the study (**I**). A  
3 voxel-level brain graph was obtained using a functional connectivity approach for each  
4 individual. Network distance examples in graphs with linear and equidistant topologies  
5 and paths (**II**). Comparison between two distance-related algorithms (gray area, **III**)  
6 applied on a pair of network nodes (B and D, red color) in a graph target example:  
7 shortest path solution (**III-top**), and optimal distance solution (**III-bottom**). Changes in  
8 optimal distance in a modular network, from a reference (**IV-A**) to a modified network  
9 state (**IV-B**). Application of optimal distance analysis on whole brain and complex  
10 graphs (**V**).

11 **Figure 2.** Voxel-wise comparisons on optimal connectivity distance among Alzheimer's  
12 disease, mild cognitive impairment (converters and non-converters), and control groups  
13 (**I** and **II**). Statistical analysis was adjusted for age, sex and mean framewise  
14 displacement. Results were corrected for multiple comparisons using threshold-free  
15 cluster enhancement (tfce) method combined with nonparametric permutation test at  
16  $p < 0.05$  FWE corrected. The color bars show the log-scale p-value applicable to the  
17 image. MCI=mild cognitive impairment; MCIp=mild cognitive impairment progressors;  
18 MCI<sub>np</sub>=mild cognitive impairment non-progressors.

19 **Figure 3.** Voxel-wise association between optimal connectivity distance and Mini-  
20 Mental State Examination (MMSE) scores in impaired participants (Alzheimer's  
21 disease + mild cognitive impairment groups; **I**). Statistical analysis was adjusted for age,  
22 sex and mean framewise displacement. Results were corrected for multiple comparisons  
23 using threshold-free cluster enhancement (tfce) method combined with nonparametric  
24 permutation test at  $p < 0.05$ , FWE-corrected. The color bars show the log-scale p-  
25 value applicable to the image. Statistically significant relationships between MMSE  
26 and optimal connectivity distance scores of representative areas in **I** are displayed in **II**  
27 (adjusted for age, sex and mean framewise displacement). Optimal connectivity distance  
28 scores were obtained using a 4 millimeter sphere centered on the coordinate at the top of  
29 each graph.

## 1 **Supplementary Figure Legends**

2 **Supplementary Figure 1.** Voxel-wise comparisons of optimal connectivity distance,  
3 closeness centrality and degree centrality between Alzheimer's disease and control  
4 groups **(I)**. Voxel-wise comparisons of optimal connectivity distance between  
5 Alzheimer's disease and control groups using different thresholds in the association  
6 matrix for each individual **(II)**. All=a threshold condition including all positive  
7 connections of association matrices; 30% to 5%= threshold conditions including 30% to  
8 5% connectivity density of association matrices. Statistical analysis was adjusted for  
9 age, sex and mean framewise displacement. Results were corrected for multiple  
10 comparisons using threshold-free cluster enhancement (tfce) method combined with  
11 nonparametric permutation test at  $p < 0.05$  few-corrected. The color bars show the log-  
12 scale p-value applicable to the image.

13 **Supplementary Figure 2.** Brain areas showing negative association between optimal  
14 connectivity distance and Mini-Mental State Examination (MMSE) scores in MCI  
15 participants and MCI<sub>np</sub> participants. Statistical analysis was adjusted for age, sex and  
16 mean framewise displacement. Results were corrected for multiple comparisons using  
17 threshold-free cluster enhancement (tfce) method combined with nonparametric  
18 permutation test at  $p < 0.05$ , FWE-corrected. The color bars show the log-scale p-value  
19 applicable to the image **(I)**. Relative decrease in the variance of residuals after including  
20 optimal connectivity distance in a regression model predicting MMSE values from  
21 degree centrality, age, gender and mean framewise displacement. The color bars show  
22 increases (warm colors) and decreases (cool colors) in the goodness of fit after  
23 including optimal connectivity distance in the model **(II)**. Brain areas showing average  
24 optimal connectivity distance in an independent sample of 25 young individuals with  
25 two different rs-MRI scans within a week interval **(III)**.

1 **Supplementary Tables**

2 **Supplementary Table 1.** ICC estimations for the different matrix construction  
3 procedures.

Matrix construction procedure*	Mean ICC	Standard deviation ICC
edges with $p < 0.05$ FDR corrected	0.41	0.25
All edges	0.35	0.24
Fixed edge density of 30%	0.45	0.24
Fixed edge density of 15%	0.31	0.21
Fixed edge density of 10%	0.28	0.2
Fixed edge density of 5%	0.27	0.2

4 \*For all the procedures negative connections were excluded. ICC=Intraclass Correlation  
5 Coefficient

6

- 1 **Supplementary Table 2.** Differences in optimal connectivity distance between AD,
- 2 MCI and control groups.

	<u>AD&gt;control</u>	<u>AD&gt;MCI</u>	<u>MCI&gt;control</u>
Peak MNI coordinates	[25, 14, 3]	[30, -1, 3]	[15, -26, -7]
Peak TFCE value	2465.7	1903.6	630
Peak region	Right putamen	Right putamen	Midbrain
Clusters breakdown	N° voxels	N° voxels	N° voxels
Superior Frontal Gyrus	614	601	487
Middle Frontal Gyrus	673	660	544
Inferior Frontal Gyrus	469	467	305
Medial Frontal Gyrus	392	376	295
Rectal Gyrus	49	44	42
Superior Temporal Gyrus	567	535	399
Middle Temporal Gyrus	483	428	288
Inferior Temporal Gyrus	134	129	89
Precentral Gyrus	362	269	188
Postcentral Gyrus	261	135	95
Paracentral Lobule	83	36	58
Insula	209	206	123
Middle Cingulate Gyrus	242	241	160
Anterior Cingulate	119	119	96
Posterior Cingulate	92	54	63
Precuneus	363	255	266
Superior Parietal Lobule	102	68	56
Inferior Parietal Lobule	345	323	158
Supramarginal Gyrus	93	93	34
Angular Gyrus	22	22	19
Parahippocampa Gyrus	233	199	212
Fusiform Gyrus	237	180	129
Lingual Gyrus	150	48	52
Cuneus	141	39	47
Middle Occipital Gyrus	85	19	35
Inferior Occipital Gyrus	55	17	38
Thalamus	109	108	105
Putamen	82	82	70
Caudate	44	44	44
Midbrain	118	118	112
Amygdala	20	19	18
Hippocampus	19	18	19
Cerebellum Posterior Lobe	597	591	404
Cerebellum Anterior Lobe	393	367	331

- 3 AD=Alzheimer disease; MCI=Mild cognitive impairment; MNI= Montreal Neurological
- 4 Institute; TFCE= Threshold-free cluster enhancement.

1 **Supplementary Table 3.** Differences in optimal connectivity distance between MCI  
2 subgroups.

Contrast	<u>MCInp&gt;control</u>	<u>MCIp&gt;control</u>	<u>AD&gt;MCInp</u>	<u>AD&gt;MCIp</u>
Peak MNI coordinates	[15, -26, -7]	[-25, 24, 3]	[35, -1, 3]	[25, 4, -2]
Peak TFCE value	800.9	468.1	510.2	373.5
Peak region	Midbrain	Left insula	Right putamen	Right putamen
Clusters breakdown	N° voxels	N° voxels	N° voxels	N° voxels
Superior Frontal Gyrus	543	405	332	-
Middle Frontal Gyrus	608	461	366	-
Inferior Frontal Gyrus	410	291	238	-
Medial Frontal Gyrus	323	203	155	-
Rectal Gyrus	45	-	17	-
Superior Temporal Gyrus	475	265	153	-
Middle Temporal Gyrus	365	114	134	-
Inferior Temporal Gyrus	105	42	71	-
Precentral Gyrus	189	107	111	-
Postcentral Gyrus	112	29	29	-
Paracentral Lobule	53	11	-	-
Insula	136	107	131	-
Middle Cingulate Gyrus	225	122	88	-
Anterior Cingulate	118	82	53	-
Posterior Cingulate	91	-	25	-
Precuneus	321	77	52	-
Superior Parietal Lobule	79	22	10	-
Inferior Parietal Lobule	232	170	217	-
Supramarginal Gyrus	65	46	62	-
Angular Gyrus	22	8	10	-
Parahippocampa Gyrus	221	72	28	-
Fusiform Gyrus	170	40	77	-
Lingual Gyrus	81	-	15	-
Cuneus	101	-	-	-
Middle Occipital Gyrus	71	-	9	-
Inferior Occipital Gyrus	43	8	-	-
Thalamus	108	52	47	7
Putamen	78	70	77	39
Caudate	44	34	10	-
Midbrain	114	80	80	18
Amygdala	20	8	3	-
Hippocampus	19	7	2	-
Cerebellum Posterior Lobe	525	196	453	9
Cerebellum Anterior Lobe	372	98	249	9

3 AD=Alzheimer disease; MCInp=Mild cognitive impairment non-progressor; MCIp=Mild  
4 cognitive impairment progressor; MNI= Montreal Neurological Institute; TFCE= Threshold-  
5 free cluster enhancement.



- 1 **Supplementary Table 4.** Brain regions showing an association between optimal
- 2 connectivity distance and global cognitive decline.

Contrast	MMSE negative association
Peak MNI coordinates	[-40, -66, -27]
Peak TFCE value	452.9
Peak region	Cerebellum
Clusters breakdown	N° voxels
Superior Frontal Gyrus	318
Middle Frontal Gyrus	405
Inferior Frontal Gyrus	257
Medial Frontal Gyrus	199
Rectal Gyrus	27
Superior Temporal Gyrus	282
Middle Temporal Gyrus	266
Inferior Temporal Gyrus	93
Precentral Gyrus	60
Postcentral Gyrus	21
Insula	139
Middle Cingulate Gyrus	131
Anterior Cingulate	92
Posterior Cingulate	54
Precuneus	139
Superior Parietal Lobule	20
Inferior Parietal Lobule	228
Supramarginal Gyrus	66
Angular Gyrus	16
Parahippocampa Gyrus	93
Fusiform Gyrus	107
Lingual Gyrus	7
Middle Occipital Gyrus	8
Thalamus	76
Putamen	70
Caudate	23
Midbrain	96
Amygdala	5
Hippocampus	8
Cerebellum Posterior Lobe	414
Cerebellum Anterior Lobe	267

- 3 MMSE= Mini-Mental State Examination; MNI= Montreal Neurological Institute; TFCE=
- 4 Threshold-free cluster enhancement.