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An introductory study of common grasps used by adults during performance of activities of daily living

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TITLE:

Most commonly used grasps in activities of daily living: results of a field study

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1 ABSTRACT

2 This paper presents the results of a descriptive survey on human grasps. Sixty-four videos
3 were selected to represent tasks performed in activities of daily living (ADL) main areas
4 (personal care, meal preparation, eating, housekeeping, etc.). Elementary grasps were
5 identified for each hand, and the grasp type (from a 9-type classification), the hands involved,
6 and the duration were registered for each case. The results show that most commonly used
7 grasps are: pinch, non-prehensile, cylindrical, lateral pinch and lumbrical. The presence of
8 these grasps in the ADL areas is, however, very different (e.g. pinch is widely used in food
9 preparation and very little in driving). Some grasps were used more frequently with one hand
10 or when both hands were used simultaneously (e.g. special pinch was hardly used by the left
11 hand). Knowing the grasp types most frequently used in ADL is essential to assess grasp
12 rehabilitation processes or hand prostheses development.

13 KEY TERMS

14 Grasp taxonomy, frequency of grasps, daily life activities, right and left hand, simultaneous
15 use of hands

16 ABBREVIATIONS:

17 ADL: activities of daily living

18 ATUS American Time Use Survey

19 EGA: elementary grasp action

20 **1. INTRODUCTION**

21 The study of the performance of the human hand has been traditionally focused on areas such
22 as biomechanics, hand surgery, and rehabilitation¹⁻⁵. Different types of grasp are often used

23 for simulation in biomechanical research to perform studies conducted for very different
24 purposes ⁶⁻¹¹: to understand the role of the different anatomical elements, to deepen the
25 knowledge about the effects of pathologies and the surgical procedures used to treat them,
26 and to help in the design of prostheses and biomedical implants. However, the importance of
27 the different types of grasp with respect to the ability to perform activities of daily living
28 (ADL) should be considered in order to obtain useful conclusions from all these simulations.
29 In particular, it would be very interesting to know the frequency and duration of use of the
30 different types of grasps for performing everyday activities in different areas (feeding,
31 personal care, etc.). These data can also be useful to help in the objective assessment of the
32 functional recovery of the hand during rehabilitation after injury or disease. This process is
33 nowadays performed using different functional assessment tests ¹²⁻¹⁶ that consist mainly of
34 subjective questions together with the qualitative evaluation of the patients' performance
35 when trying to perform specific movements or actions required by the therapist. Furthermore,
36 the frequency of use of the different types of grasps for everyday activities is a critical input
37 to guide the development and control of artificial manipulators intended to replace human
38 hands. Their design is usually oriented towards and optimized for some particular previously
39 selected grasp ¹⁷.

40 The use of time by the population in the USA has been investigated in a continuous way
41 through the American Time Use Survey (ATUS) since ¹⁸. The objective of the survey is to
42 measure the average amount of time per day that individuals spend working, doing household
43 activities, and engaging in leisure and sports activities. However, neither the use of the hands
44 nor the type of grasp used is specified in these reports. There are few recent studies that
45 address the analysis of the frequency of use of the different types of grasps in daily living ¹⁹⁻
46 ²¹. Moreover, these studies are biased: Kilbreath and Heard were limited to older adults and
47 only distinguished two grasps (digital and whole-hand grasps), while Zheng et al. registered

48 the use of the hands in two professional jobs for one person in each (a professional
49 housemaid and a machinist) with a wider classification of grasps (31 types of grasps).
50 Sollerman and Ejeskär ¹⁹ reported the percentage of use of the eight most common hand-grips
51 in ADL from other previous studies. However no information about the areas of the activities,
52 total time of use and details of the study are provided.

53 In this work we present the results of a field study aimed at investigating the frequency and
54 duration of use of the different types of human grasps in ADL, excluding professional tasks.
55 This was accomplished by recording and analysing real tasks performed in real environments.

56 **2. MATERIAL AND METHODS**

57 The field study consisted in recording and selecting videos showing different areas of ADL.
58 The chosen videos were analysed in detail to identify the different types of grasps used and to
59 obtain data related to frequency and time of use of each of the grasps. Each step is described
60 in detail afterwards.

61 The study was approved by the Ethical Committee of the University and all participants
62 provided informed consent prior to their participation.

63 **2.1 SELECTION OF VIDEOS**

64 About 180 videos of daily tasks were filmed. The recordings were made in real environments,
65 with subjects performing real, not simulated, tasks during their normal lives. Eight different
66 areas of ADL were considered (Table 1). Tasks related to work, study, sport and hobbies
67 were not taken into account and should be addressed separately because of their specificity.
68 The areas considered represent a total of 8.42 hours on average per day, according to the data
69 reported by ATUS. From the 180 videos a total of 64 videos were chosen to be analyzed in
70 depth. The videos were selected in such a way as to ensure, as far as possible, that they were

71 representative of all the tasks and areas of ADL, and more recordings were used in those
72 areas where tasks were more varied (Table 1). The recordings discarded for the in-depth
73 analysis were revised to check that the way other subjects performed the same activities were
74 similar to those selected. A total of 24 right-handed subjects (11 men and 13 women, mean
75 age 31 years, range 19 to 53 years) participated in the selected videos.

76 Insert Table 1 here

77 2.2 ANALYSIS OF THE VIDEOS SELECTED

78 The first step consisted in dividing the task up into consecutive elementary grasp actions
79 (EGA) for each hand. An EGA was considered to be any complete action in which the hand
80 performed a particular action using a fairly constant hand posture configuration. Once the
81 task had been divided into EGAs, each grasp action was analyzed to identify the hand (right
82 or left), the type of grasp used (see the taxonomy used in the next subsection), the total time
83 spent on the EGA and the simultaneity (whether at any time during the performance of the
84 EGA the other hand is used simultaneously or not). More than 1500 EGAs were analyzed.

85 2.3 GRASP TAXONOMY

86 In the literature there are different grasp taxonomies that have been developed for different
87 purposes. A widely used classification in robotics is Cutkosky's taxonomy²². This is a very
88 extensive grasp classification that was developed for the mathematical modeling of the hand,
89 which required a high level of detail. This taxonomy includes details such as the orientation
90 of the hand relative to the object, or the number of fingers involved, which makes it
91 impossible to use for the characterization of human grasps while performing real tasks in a
92 real environment²³. Some grasp taxonomies^{22, 23} exclude functional actions of the hand that
93 are not proper grasps (e.g. wiping down a window pane without holding the cloth, just
94 pressing on it, which would be a non-prehensile grasp in Cutkosky's taxonomy). In other

95 areas, such as rehabilitation ^{21,24}, the taxonomies are usually quite poor: digital/whole hand or
96 lateral/cylindrical. Edwards et al. ²⁵ presented a very complete functional grasp classification
97 that takes into account 24 different types of grasp.

98 Therefore, we used a specific grasp taxonomy for this study that is based on, but not as
99 detailed as, the classification of Edwards et al. The taxonomy consists of 9 grasps, which are
100 described in Table 2. Figure 1 shows an example of each type of grasp considered. Grasps
101 have been grouped according to the type of interaction of the hand with the object, without
102 taking into account the number of fingers involved or the shape of the object being grasped.

103 Insert Table 2 here

104 Insert Figure 1 here

105 2.4 ANALYSIS OF DATA

106 The time analysed for each area of ADL was not proportional to the time that people spent on
107 average in each area in real life (more time was recorded in those areas where tasks are more
108 varied). Therefore, in order to get results that are representative of the activities of one day,
109 the data were weighted so that the results presented do correspond to time in a day. The
110 weighting coefficients were estimated as the ratio of: the daily time that hands are used in
111 each area and the time analysed in each area in the study. Data on daily time spent in the
112 different areas of ADL are reported in statistical reports like ATUS ¹⁸, although these data
113 lack the time that hands are used (although we may spend much more time watching
114 television than driving, the percentage of time of use of the hands when watching TV would
115 be less than when driving). Therefore, the first term of the ratio for estimating the weighting
116 coefficients (daily time that hands are used in each area of ADL) was estimated by
117 multiplying two factors: the daily time spent in each area (from the ATUS report for the year
118 2010) and the percentage of time of hand use in the area (from our own videos that were
119 especially recorded for this purpose). The data from ATUS were selected and adapted to

120 match exactly the areas of ADL considered in our study, since the areas of ATUS were
121 slightly different. Long periods of time performing real tasks in all the areas considered were
122 recorded and then used to estimate the percentage of time of hand use in each area.

123 For each type of grasp, daily frequency (measured as the number of EGAs performed in a
124 day) and daily total time are presented. As different results were obtained for both ways of
125 measuring the use of the grasps (frequency or time), mean durations of each type of grasp
126 were calculated. An ANOVA was performed to check whether the differences observed in
127 mean duration were statistically significant or not (dependent variable: duration of the grasps;
128 independent variable: type of grasps). Note that this analysis was performed with the
129 unweighted data, i.e. with the real time spent on each grasp analyzed, not the weighted time.
130 Tukey post-hoc test with $p = 0.05$ was used to detect individual differences between
131 grasps.

132 Time and frequency of the different grasps are also presented, with a distinction drawn
133 between the areas of ADL.

134 Time and frequency of the different grasps, and mean duration of grasps are also presented
135 with a distinction drawn between the hand involved (left/right or alone/simultaneously with
136 the other hand). An ANOVA was performed to check whether mean duration of the grasps
137 was statistically different depending on the hand used (right/left) and on simultaneity (one
138 factor with four levels: right hand alone or simultaneously, and left hand alone or
139 simultaneously). Tukey post-hoc test with $p = 0.05$ was used to detect individual
140 differences between the levels of the factor.

141 Time in which both hands are used simultaneously and each hand is used alone with a
142 distinction drawn between areas of daily activities is also presented.

143 All the analyses were performed with IBM SPSS Statistics 19.

144 3. RESULTS

145 Table 3 shows the estimated mean hours that hands are used per day in each area of the study
146 (from ATUS data and video recordings) used to weight the results. Notice that an estimation
147 of more than 5 hours a day is obtained for the use of hands while performing the activities
148 considered in the study, which represent a total of 8h 25min a day, according to the data from
149 the ATUS study¹⁸.

150 Insert Table 3 here

151 From the results of our study, of these 5 hours and 6 minutes, 57% of the time (2h 55') both
152 hands were used simultaneously, usually collaborating on the same task but not always; 28%
153 of the time (1h 26') the right hand was used alone and 15% of the time (45') only the left hand
154 was used.

155 Table 4 shows the daily frequency for each type of grasp and the estimated total time that
156 each grasp was used in one day. It can be observed that total frequency and time do not
157 account for 100% of the data registered. This is because of problems encountered in trying to
158 classify 3.3% of the grasping actions (labeled as 'Not analyzed' in Table 3). Sometimes this
159 was due to complex grasps in which several objects are held at the same time, as is the case
160 shown in Figure 2; some fingers are used in opposition to the palm and others are used in
161 opposition to the thumb, so that it was not possible to assign a type of grasp from the
162 classification. In other cases, the hand was hidden in the recording during a small period of
163 time. Furthermore, it can be observed that the total time is higher than the 5 daily hours of use
164 of hands that was estimated previously. This is because both frequency and time data refer to
165 grasps with either hand, i.e. when both hands are used at the same time, each hand is
166 considered separately for the analysis as each of them can present a different type of grasp.

167 Insert Table 4 here

168 Insert Figure 2 here

169 Regarding the time of use, the most frequently used grasps in daily activities were, in this
170 order: pinch grasp, oblique palmar grasp, lumbrical grasp, cylindrical grasp and non-
171 prehensile grasp. However, if the frequency of grasp is considered, the order changes slightly
172 and becomes: pinch grasp, non-prehensile grasp, cylindrical grasp, lumbrical grasp and lateral
173 pinch. This is because of the difference in duration between the different types of grasp. The
174 ANOVA performed to check for differences in mean duration depending on the type of grasp
175 confirmed that these differences were statistically significant ($p < 0.05$). The Tukey post-
176 hoc test ($p = 0.05$) was used to detect individual differences between grasps. Table 5 shows
177 homogeneous groups of grasps ordered by mean duration of the grasp. The groups should be
178 interpreted so that no significant differences in the grasp duration time existed between
179 grasps of the same group.

180 Insert Table 5 here

181 The pie charts in Figure 3 show the frequency distribution of each grasp type both globally
182 and distinguishing by the areas of daily life activities for an easier comparison. Table 6 shows
183 the total time that each grasp is used in a day, also drawing a distinction between areas of
184 activities. It can be observed that the use of the grasps is quite different between the areas.

185 Insert Figure 3 here

186 Insert Table 6 here

187 Figure 4 shows pie charts with the distribution of daily time and frequency of the different
188 grasps distinguishing by hand involved in the grasp (left, right and simultaneously or alone).
189 It can be observed that the results obtained with both ways of measuring the use of the grasps
190 (frequency or time) show different percentages for some grasps. Differences in the
191 percentages in which grasps are used with the right and left hands and when both hands are
192 used simultaneously or alone can also be observed.

193 Insert Figure 4 here

194 The ANOVA that was performed to check for differences in the mean duration of grasps
195 depending on the hands used and the simultaneity confirmed that these differences were
196 statistically significant ($p < 0.001$). The Tukey post-hoc test ($p = 0.05$) (see groups
197 identified in Table 7) revealed no significant differences between mean duration of the grasps
198 performed with the left and right hand alone, and no significant differences in duration of
199 grasps performed simultaneously. However, the mean duration of the grasps when hands are
200 used simultaneously was statistically different from ($p < 0.001$) – and higher than – the
201 duration when they are used alone.

202 Insert Table 7 here

203 The dexterous hand was used for a longer time than the other hand (all participants were
204 right-handed). Figure 5 shows pie charts of time (with total daily time in seconds) that each
205 grasp is used with each hand, either simultaneously or alone. Almost all the grasps were used
206 with both hands, although some differences can be observed.

207 Insert Figure 5 here

208 Figure 6 shows the percentages of time in which both hands are used simultaneously and
209 each hand is used alone, but in this case drawing a distinction between the different areas of
210 daily activities. The differences between areas of ADL are also appreciable.

211 Insert Figure 6 here

212 4. DISCUSSION

213 A field study about grasps used in ADL was performed. The grasps that were observed were
214 classified into nine types and both the frequencies and the duration of these types of grasps
215 were recorded. This information is essential to be able to optimize the design of artificial
216 manipulators and to address the process of rehabilitating hands in order to increase the

217 independence of persons with severely damaged hands. Moreover, the results of the study
218 may also serve to better understand the operation and use of hands.

219 It has been estimated that the total daily time in which people use their hands, not including
220 working time and other specific activities such as sports, is more than 5 hours a day. For
221 more than half of this time both hands are used simultaneously, either performing the same
222 task or not. The areas in which hands are used for the most time are Feeding and Leisure,
223 each of them accounting for more than 1h. According to the ATUS report ¹⁸, the amount of
224 time that people spend on activities that are not working or sleeping is about 9.5 hours daily,
225 and the activities included in this study account for 8h 25min. Hands are needed during most
226 of that time. These high time percentages evidence the importance of the study presented.

227 A classification with 9 types of grasps, adapted from other works, was used in the study. A
228 *non-prehensile grasp* was included, in contrast to most grasp classifications, since it is not
229 actually a grasp. But in this work it has been shown that manipulation of objects without
230 being grasped is the second most common grasp (almost 13% of the grasps). Fewer grasps
231 were used in this study than in other studies ²³, which used Cutkosky's classification ²².
232 However, their aim was to overview and to summarize the grasping taxonomies reported in
233 the literature without any specific purpose. To date the only study with similar purposes to
234 this work known by authors ^{20, 26} showed that just a few grasps from the long classification
235 are used, at least in the field of their research (Daily Household and Machine Shop Tasks), so
236 that using a simpler classification as in this study is reasonable.

237 From the results of this study, the most commonly used grasp, in terms of both time and
238 frequency, is the Pinch grasp. Other common grasps (also in term of time and frequency) are
239 the Cylindrical, Lumbrical and the Non-prehensile grasp. Apart from the NonP, these most
240 widely used grasps involve the thumb in opposition to the palmar side of fingers, i.e. the
241 thumb is in abduction. Less commonly used grasps, both in terms of time and frequency,

242 either do not involve the thumb or the thumb is in opposition to the lateral side of the fingers
243 (Special pinch and Intermediate power-precision grasp), i.e. the thumb neutral or adducted.

244 We have shown that the mean time is statistically different for the different grasps. Average
245 values range from about 3 seconds for the Lateral Pinch until about 9 seconds for the Oblique
246 palmar grasp. So, if we look at time of use, Oblique palmar grasp becomes used more, while
247 if we focus on frequency of use, Lateral Pinch is used more. Mean duration is statistically
248 higher for Oblique and Intermediate power-precision grasps, i.e. grasps with the thumb in
249 neutral or adducted posture. This confirms why the Oblique palmar grasp is, looking at the
250 time of use, one of the most common, but it is not when looking at the frequency. The
251 opposite is true for the lateral pinch, which has a very low average duration, and is especially
252 true for the non-prehensile grasp, which has the lowest average duration and is used very
253 frequently.

254 With regard to the use of the grasps in the different areas of ADL, it has been found that
255 almost all grasps were used in all areas, although their distribution changed considerably
256 across them. For example, although the Pinch grasp is the most common in general, it is
257 highly used (54%) in food preparation and leisure, but is used less in the field of driving and
258 transport (14%). In this area of ADL, the Oblique palmar grasp is more frequently used,
259 while Pinch grasp is less commonly used. The Cylindrical grasp stands out in areas such as
260 shopping, driving and housekeeping, but is little used in Food preparation or personal care.
261 The Lumbrical grasp stands out in shopping.

262 Another interesting result has to do with mean duration of grasps for each hand. When hands
263 are used simultaneously, grasps are statistically higher than when they are used alone.
264 However there were no differences in duration of right and left grasps, when used
265 simultaneously or alone. In all, the differences in duration are related to the simultaneous use

266 of the hands and the type of grasp, but there is no difference between using the right or the
267 left hand.

268 The dexterous hand was used longer than the other hand, especially when used alone.

269 Regarding the use of different grasps with each hand, almost all the grasps were used by the
270 left and right hands, although not in the same proportion of time. For example, the Special

271 pinch was hardly used with the left hand (only 11% of the time with this grasp), while the

272 non-prehensile grasp was used more with the left hand. This is true either for its simultaneous

273 use with the right hand or alone. The reason may be that the SpP is a grasp that requires more

274 dexterity (all participants were right-handed) so that it is used primarily with the right hand.

275 However, the NonP requires less dexterity and is used in many cases to help the other hand,

276 so that it is used longer with the left hand.

277 For some grasps, the right and left hands present a different percentage of use when the hands

278 are used simultaneously or alone. For example, for the right hand, the Special Pinch and

279 Lumbrical grasps are employed much more frequently when they are used simultaneously

280 than when they are used alone. However, for the Lateral pinch, the right hand is more

281 common when used alone. The opposite is true for the left hand in the same grasp (LatP),

282 which is used simultaneously far more often than alone. All these differences may be

283 explained by the different role that each hand plays. Although all the grasps are used by both

284 hands, when the two hands are used simultaneously, the right hand usually performs the grasp

285 that requires more dexterity or force.

286 It has also been shown that the hand use distribution is very different between the different

287 areas of ADL. For example, in leisure and housekeeping both hands are used more often than

288 the average, while the left hand is less frequently used, especially in leisure. However, for

289 shopping and other activities (opening doors, using the telephone, etc.) the time that both

290 hands are used simultaneously is considerably shorter than average, while the right hand

291 alone is used for more time. The only area in which the left hand is used for a longer time
292 than the right hand (although by only a small difference, since the time is almost the same) is
293 driving, because the left hand is almost always on the steering wheel while the right hand
294 may be moving to perform a secondary action like changing gear.

295 As a result of the data recorded, a classification of the most commonly used grasps (both in
296 terms of frequency and in time of use) in ADL is now available. This study is presented as a
297 starting point that can be critical to other more specific studies within the field of robotics,
298 prostheses or rehabilitation, assuming that for these specific studies an approach to the most
299 widely used grasps in ADL could be necessary. Further work could address how these grasps
300 are used in real-life activities. For example, the classification used includes all Pinch grasps
301 within the same group; however, for the development of prosthetics it could be interesting to
302 study how many fingers (and which) are the most frequent for this type of grasps. Other data
303 of interest could be the grasps used depending on the action to be performed (holding,
304 transport, pulling, squeezing, etc.) and the shape, weight and size of the object.

305

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310

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370

371

FIGURE LEGENDS

372 Figure 1. Examples of the grasp in the taxonomy. Images from the video recordings.

373

374 Figure 2. Grasp outside of the classification.

375

376 Figure 3. Distribution of daily frequencies of use of each type of grasp: total (bottom right)
377 and by area of daily life activities. Note that the total time considered in this graph is
378 8h 00' 50".

379

380 Figure 4. Frequency and time distribution of the different grasps for each hand (LH: left
381 hand; RH: right hand) when used simultaneously with the other hand and when used alone.
382 Note that the total time considered in this graph is 8h 00' 50".

383

384 Figure 5. Pie charts of the time that each hand is used simultaneously or not, both by each
385 grasp and globally. The numbers in the sectors are total time in seconds. Note that the total
386 time considered in this graph is 8h 00' 50".

387

388 Figure 6. Time in which hands are used both simultaneously and each one separately, by area
389 and globally. Note that the total time considered in this graph is 5h 06'. Time of sectors is in
390 seconds.

Table 1. Areas of the ADL in the study with number of videos analysed

Area	Description	Number of videos analysed
Food preparation	Food preparation tasks: selecting ingredients, preparing them to be cooked (peeling, cutting, cleaning, etc.) and cooking them.	9
Feeding	Eating (and drinking) and other related tasks such as serving food on crockery and liquids in glasses.	9
Personal care	Tasks related to personal care and hygiene: getting dressed, brushing hair and teeth, making up, shaving, etc. Private care was excluded.	10
Housekeeping	Doing the laundry, hanging it out and ironing it, washing dishes, sweeping, cleaning, etc.	12
Shopping	Daily shopping tasks (food and cleaning): pushing the trolley, taking items and paying. Less frequent shopping like clothing and consumer goods was not included.	3
Driving and transport	Driving and maintaining the car and using public transport.	6
Leisure	Daily leisure activities at home like watching TV, reading, listening to music, playing cards or videogames. Sports are excluded.	8
Others	Talking on the phone, moving around the house, etc.	10

Table 2. Description of the grasps considered in the taxonomy

Name	Description
Cylindrical grasp (Cyl)	The palm is involved. The thumb is in direct opposition to the fingers (in abduction or neutral)
Oblique palmar grasp (Obl)	Variation of the Cylindrical grasp. The palm is involved, but the thumb is adducted
Hook grasp (Hook)	Palm and thumb are not involved. The object's weight is borne by fingers
Lumbrical grasp (Lum)	Thumb and proximal part of the fingers are involved, but the palm is not involved
Intermediate power-precision grasp (IntPP)	The palm is somewhat involved but both the thumb and index stabilize the grasp
Pinch grasp (Pinch)	Thumb and fingertips (one or more) are used
Lateral Pinch (LatP)	The lateral part of the fingers (one or more) are used, and usually the thumb as well
Special pinch (SpP)	The thumb, lateral part of some finger and the fingertips of another/others are involved
Non-prehensile grasp (NonP)	Objects are manipulated without grasping them

Table 3. Daily time (hours and minutes) per day spent in each area, adapted from ATUS, and estimated time per day that hands are used in each area of ADL. *Time spent on sports is excluded.

Area of daily activities	Daily time (ATUS)	Daily time of hand use
Food preparation	34'	30'
Feeding	1h 15'	1h 9'
Personal care	48'	46'
Housekeeping	34'	32'
Shopping	27'	19'
Driving and transport	49'	25'
Leisure*	3h 37'	1h 5'
Others	21'	20'
TOTAL	8h 25'	5h 6'

Table 4. Daily total frequency and time that each type of grasp is used

Grasp	Frequency (grasps/day and percentage)		Daily Time (hh mm' ss'' and percentage)	
Cyl	893	12.3%	45' 18''	9.4%
SpP	200	2.8%	27' 21''	5.7%
Hook	210	2.9%	11' 07''	2.3%
intPP	241	3.3%	27' 40''	5.8%
LatP	642	8.8%	31' 36''	6.6%
Lum	703	9.7%	52' 31''	10.9%
nonP	924	12.7%	36' 20''	7.6%
Obl	432	5.9%	57' 04''	11.9%
Pinch	2788	38.3%	2h 57' 15''	36.9%
Total grasps analyzed	7035	96.7%	7h 46' 13''	97.0%
Not analyzed	242	3.3%	14' 37''	3.0%
TOTAL	7277	100.0%	8h 00' 50''	100.0%

Table 5. Mean duration of each type of grasp. The groups represent grasps between which there is no statistically significant difference in mean time of use

Grasp	GROUP 1 Mean time (s)	GROUP 2 Mean time (s)
nonP	2.51	
LatP	3.20	
Pinch	3.36	
Cyl	3.49	
Hook	3.91	
Lum	4.06	
SpP	5.53	5.53
IntPP		8.19
Obl		8.89

Table 6. Daily time of use of each grasp type globally and distinguishing between the areas of ADL

	Feeding	Personal care	Shopping	Driving and transport	Housekeeping	Leisure	Others	Food preparation	Total
Cyl	4'13"	2'25"	6'43"	3'34"	11'47"	10'16"	3'43"	2'36"	45'18"
SpP	3'23"	7'40"	.	.	1'03"	14'59"	0'10"	0'06"	27'21"
Hook	1'41"	.	2'47"	1'57"	2'03"	.	2'22"	0'16"	11'07"
intPP	15'13"	0'52"	.	0'08"	0'13"	2'08"	.	9'05"	27'40"
LatP	4'30"	8'04"	1'00"	3'35"	5'24"	2'24"	3'55"	2'45"	31'36"
Lum	5'04"	1'02"	7'36"	1'37"	7'17"	24'30"	2'28"	2'58"	52'31"
nonP	9'35"	4'01"	1'59"	4'15"	3'46"	7'57"	3'28"	1'20"	36'20"
Obl	1'41"	12'16"	0'05"	19'15"	5'20"	6'11"	3'53"	8'21"	57'04"
Pinch	56'05"	23'17"	3'31"	3'43"	15'41"	50'18"	4'27"	20'14"	2h57'15"
Not analyzed	0'51"	8'08"	1'12"	1'21"	1'57"	0'43"	.	0'26"	14'37"
Total	1h 42'16"	1h 07'44"	24'56"	39'24"	54'31"	1h59'26"	24'26"	48'07"	8h00'50"

Table 7. Mean duration of grasps for each hand (LH: left hand; RH: right hand) when used alone or simultaneously. The groups represent grasps between which there is no statistically significant difference in mean time of use

HAND	GROUP 1 Mean time (s)	GROUP 2 Mean time (s)
RH alone	2.61	
LH alone	2.76	
RH simult.		4.63
LH simult		4.81

Figure1

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Cyl



Obl



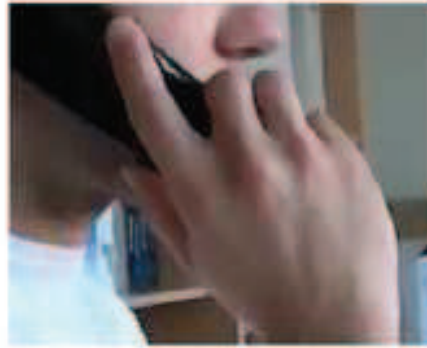
Hook



Lum



IntPP



Pinch



LatP



SpP



NonP



Figure2
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Figure3

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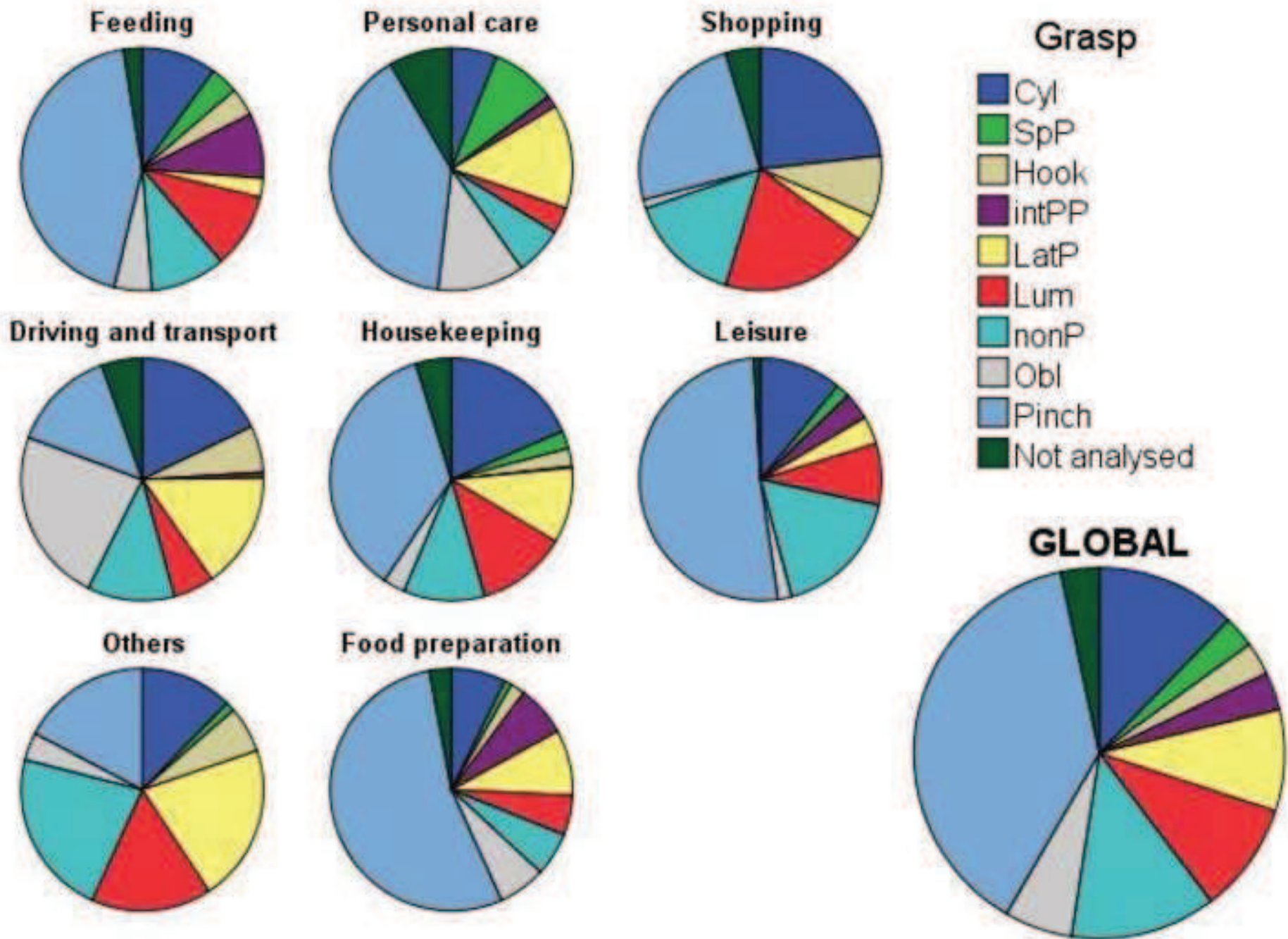


Figure4

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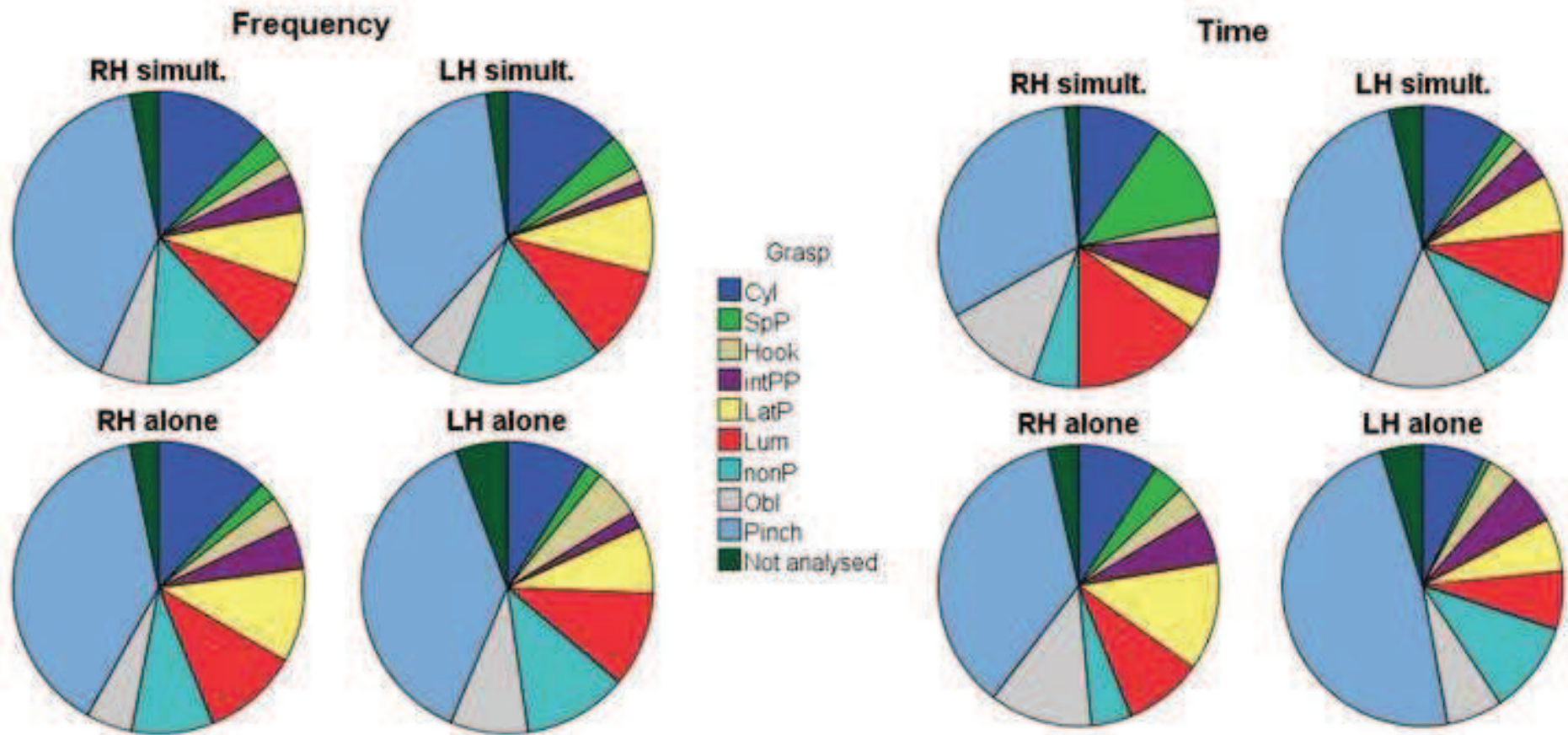


Figure5

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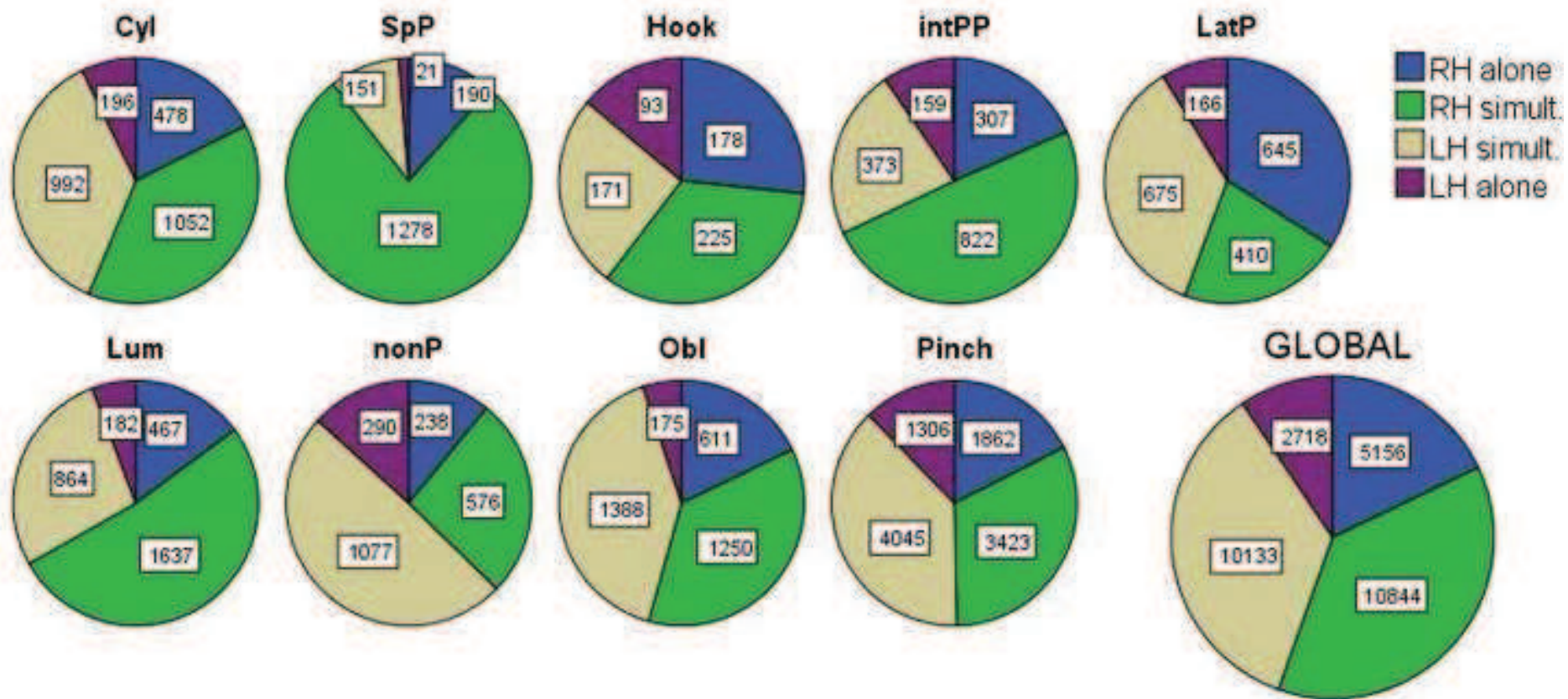


Figure6

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