

Multi-year interlaboratory exercises for the analysis of illicit drugs and metabolites in wastewater: development of a quality control system

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79 **Abstract**

80 This study presents the development of a worldwide inter-laboratory testing scheme for the analysis
81 of seven illicit drug residues in different matrices (standard solutions, tap- and wastewater). By
82 repeating this exercise for six years with participation of 37 laboratories from 25 countries, the testing
83 scheme was substantially improved based on experiences gained across the years (e.g. matrix type,
84 sample conditions, spiking levels). From the exercises, (pre-)analytical issues (e.g. pH adjustment,
85 filtration) were revealed for some analytes which resulted in formulation of best-practice protocols,
86 both for inter-laboratory setup and analytical procedures. The results illustrate the effectiveness of the
87 inter-laboratory testing scheme in assessing laboratory performance in the framework of illicit drug
88 analysis in wastewater. The exercise proved that measurements of laboratories were of high quality (>
89 80% satisfactory results for 6 out of 7 analytes) and that analytical follow-up is important to assist
90 laboratories in improving robustness of wastewater-based epidemiology results.

91

92 **Keywords**

93 Illicit drugs; wastewater; inter-laboratory testing; wastewater-based epidemiology; quality assurance

94 **1. Introduction**

95 The measurement of the human excretion products of illicit drugs in influent wastewater has been
96 recognized as an alternative and complementary approach for estimating the consumption of illicit
97 drugs within communities, i.e. the catchment of wastewater treatment plants (WWTPs) [1-3]. The
98 principle behind wastewater-based epidemiology (WBE) derives from the fact that parent compounds
99 and/or their human metabolites (i.e., drug residues) are excreted in urine and faeces following illicit
100 drug use and end up in urban sewer systems [3]. The ability of WBE to provide useful and timely
101 information on temporal (daily, weekly, monthly, and annually) and spatial (within- and between-
102 countries) variations in illicit drug consumption has been demonstrated [4-15]. The European
103 Monitoring Centre for Drug and Drug Addiction (EMCDDA) has recently acknowledged the added value
104 of WBE to socio-epidemiological methods, such as population surveys, seizure data and crime
105 statistics, in generating useful and relevant data on population drug use [3].

106
107 With the aim to improve and optimize WBE, a Europe-wide collaboration was initiated in 2010. Seven
108 European institutions – University of Antwerp (BE), Eawag (CH), University Jaume I (ES), Mario Negri
109 Institute (IT), KWR Watercycle Research Institute (NL), Norwegian Institute for Water Research NIVA
110 (NO), and University of Bath (UK) - established the research group SCORE (Sewage analysis CORe group
111 Europe) [16]. The ultimate goals of SCORE are (a) to collaborate in the field of WBE to provide
112 reproducible data; (b) to improve and harmonize the analytical procedures used in different
113 laboratories to analyze drug residues in wastewater samples; and (c) to perform international studies
114 comparing illicit drug consumption in communities across the world. To this end, SCORE has
115 coordinated monitoring studies and exercises to assure the quality of reported data based on agreed
116 best-practices tackling sampling, storage and analysis. Important results from this collaboration are
117 multi-city studies demonstrating the usefulness of WBE on an international level to obtain the most
118 recent data on illicit drug consumption [17-18].

119
120 In order to further optimize and fine-tune WBE, it is imperative to gain knowledge on the sources of
121 uncertainties that are associated with the approach. In 2013, SCORE performed a thorough evaluation
122 on the uncertainties of WBE using the best-practice protocols and data that were available from the
123 comparative Europe-wide WBE research [19]. One of the cornerstones of WBE is to accurately quantify
124 concentrations of drug residues in wastewater samples by means of reliable analytical procedures [20].
125 This requires fully validated analytical procedures before routine analysis can be initiated and
126 participation in external quality control schemes is, where possible, highly recommended. External
127 quality control through inter-laboratory exercises are based on the distribution of the same test

128 samples (in our case prepared by NIVA) to all participants. The latter analyse all test samples without
129 any knowledge of the concentrations of target analytes and return their results to the coordinator of
130 the exercise (in our case Eawag, who does not analyse test samples and does not know the nominal
131 spike value until final compilation of results). The coordinator converts the submitted results into
132 objective scores that reflect the performance of individual laboratories and the group. These scores
133 can alert participants of unexpected problems and can result in actions to be taken [21].

134

135 SCORE initiated inter-laboratory exercises in 2011 in order to develop a quality control scheme for
136 laboratories that analyze illicit drug residues in wastewater for WBE purposes. Since its debut, the
137 testing scheme has been carried out annually with increasing participation of different laboratories,
138 also extending the network outside Europe. The objectives of the presented interlaboratory exercise
139 are (a) to illustrate the results of the six-year inter-laboratory testing scheme; (b) to evaluate
140 advancements achieved over these years and to identify issues still to be resolved; (c) to formulate
141 recommendations for future inter-laboratory exercises and (d) to propose a robust quality control
142 system to improve the analytical performance of laboratories analyzing illicit drugs in wastewater.

143

144 **2. Setup of the inter-laboratory exercises**

145 *2.1. Target analytes*

146 A total of seven illicit drug residues were targeted in the inter-laboratory testing scheme. These
147 included cocaine (COC), benzoylecgonine (BE, cocaine metabolite), 3,4-methylenedioxy-
148 methamphetamine (MDMA), amphetamine (AMP), methamphetamine (METH), 11-nor-9-carboxy-
149 tetrahydrocannabinol (THC-COOH, THC metabolite), and 6-monoacetylmorphine (6-MAM, heroin
150 metabolite). These analytes are widely regarded as the main urinary biomarkers of the worldwide most
151 consumed illicit drugs (COC, MDMA, AMP, METH, cannabis and heroin) and are the focus of most
152 bioanalytical and WBE initiatives around the world [22]. Certified spiking solutions of each of the target
153 analytes were supplied by Cerilliant Corporation (Round Rock, Texas, USA). All spiking solutions were
154 supplied in sealed glass ampoules at 1 mg/mL in methanol.

155

156 *2.2. Design of the exercises*

157 The basis of the inter-laboratory testing scheme was to compare the performance of the analytical
158 procedures employed by participating laboratories. Two separate modules were included to evaluate
159 in each laboratory (a) the use of correct analytical reference standards and the performance of the
160 instrumental analysis (Module 1), and (b) the performance of entire analytical procedures applied to
161 the analysis of wastewater, including sample preparation (Module 2).

162

163 For Module 1, a methanol solution containing the seven target analytes was used. For Module 2,
164 samples of tap water and wastewater spiked with the seven analytes were employed. Participants
165 were asked to use their own in-house developed and validated analytical procedures for the analysis
166 of the samples. Replicate analysis of each sample was requested ($n = 5$ for Module 1 and $n = 3$ for
167 Module 2). Commonly, sample pre-treatment consisted of filtration followed by solid-phase extraction
168 for Module 2 samples. All laboratories employed liquid chromatography coupled to mass spectrometry
169 using mass-labelled internal standards to perform detection and quantification of the analytes. More
170 information on different techniques, including sample preparation procedures, used for this type of
171 analyses can be found in Castiglioni et al. (2013) and Hernandez et al. (in press) [19-20].

172 Analyte stability in various matrices and conditions is a crucial aspect of any inter-laboratory exercise
173 as it can substantially affect the outcomes of the analyses, particularly in the absence of certified
174 reference material in target matrices. Stability of illicit drugs in wastewater has been the subject of
175 numerous investigations, which were recently reviewed by McCall et al. (2016) [23]. Detailing the
176 results from all these studies goes beyond the scope of the present paper, however, a brief overview
177 regarding the analytes targeted in this inter-laboratory exercise is reported here. Both COC and BE
178 have been shown to be stable in wastewater over multiple weeks when stored refrigerated ($4\text{ }^{\circ}\text{C}$ and,
179 ideally, $-20\text{ }^{\circ}\text{C}$), at low pH and in the dark. Similarly, MDMA, AMP and METH have been shown to be
180 stable under similar conditions. THC-COOH and 6-MAM, on the other hand, have been shown to be
181 very sensitive to temperature and, for THC-COOH, low pH.

182

183 *2.3. Preparation of test samples*

184 All test samples were prepared by the Norwegian Institute for Water Research (NIVA). Figure 1 and
185 Table 1 give an overview of the type of test samples included in each year (2011-2016) and the nominal
186 spiking levels used. The two modules together comprised three matrices (i.e., methanol, tap water and
187 wastewater) spiked at different concentrations for each of the target analytes. Spiking concentrations
188 for all matrices changed from year to year to avoid bias and ensure legitimate results. Certified spiking
189 solutions (1 mg/mL in methanol) were diluted to prepare working solutions at $100\text{ }\mu\text{g/mL}$ or $10\text{ }\mu\text{g/mL}$
190 in methanol. The working solutions were then used to prepare different test samples.

191 The methanol solution (Module 1) containing the analytes was prepared from each of the $100\text{ }\mu\text{g/mL}$
192 working solutions. Aliquots (1 mL) of this methanol sample were then transferred to separate glass
193 vials and capped. Each vial was accurately weighed and stored at $-20\text{ }^{\circ}\text{C}$ ahead of shipment to the
194 participants. Participants were asked to weigh the samples at arrival and to report deviations from the
195 weight at preparation.

196 Spiked wastewater and tap water samples (Module 2) were prepared in a 20 L high-density
197 polyethylene (HDPE) plastic container pre-washed with tap water and methanol. Twenty litres of cold
198 tap water or fresh wastewater from VEAS WWTP in Oslo (Norway) were poured into the container,
199 spiked with different volumes of the 10 µg/mL working standard solutions to obtain relevant
200 concentrations (at ng/L range) and stirred for 2 h to homogenize the mixture. In 2012, one of the
201 wastewater samples was used as it is; no spiking with target analytes occurred.

202 Samples from Module 2 were acidified to adjust the pH to 3.5 in 2012 and 2013. This pH adjustment
203 was agreed upon by the organizers of the exercise as at that time it was assumed that acidification of
204 samples was the best way to prevent degradation of the analytes [19]. In 2014-2016, no pH adjustment
205 of the tap water was performed because of the new insight into the negative effect of low pH on the
206 stability of THC-COOH in wastewater [23-24]. The changes in used matrices and pH conditions across
207 the years of the inter-laboratory exercise were the result of experiences of previous years and of
208 advancements made in the field of WBE.

209 Aliquots of at least 250 mL were placed in HDPE containers and stored at -20 °C before shipping to the
210 participants. As real wastewater was used, and which likely contained unknown concentrations of the
211 target analytes, it was not possible to use a genuine “blank” wastewater sample and nominal values
212 could thus not be reported. Instead, a total value, comprising background concentrations (x) and the
213 spiked level, was computed (Table 1).

214

215 *2.4. Participants and sample shipping*

216 The inter-laboratory exercises were organized by SCORE and were open to interested participants from
217 any institution. In order to participate to the exercise, laboratories were required to register (without
218 any payment) following an invitation sent out by SCORE or through the SCORE website [16]. Over the
219 period between 2011 and 2016, a total of 37 laboratories from 25 countries participated in the
220 exercises (for more details on participation in each year, see Table 1). Most of the participating
221 laboratories (81%) were located in Europe, while the rest (19%) was spread over different continents
222 (North-America, Asia and Oceania) (Figure 2). The participants located within the European Union
223 received the test samples, shipped on ice, during the following 24-48 hours while for the remaining
224 participants from the other continents the average transport time was 2-4 days. Temperature during
225 shipment was not recorded, but participants were asked to not analyse samples if defrosted upon
226 reception (responsibility if the participant).

227

228 *2.5. Evaluation of results*

229 Participating laboratories were required to report measured concentrations of the target analytes in
230 each sample type provided. Results of individual replicates were submitted. Furthermore, participants
231 had to clearly highlight when concentrations were not quantifiable (i.e., below limits of quantification)

232 or when the analysis for a certain compound was not performed. Limits of quantification for each
233 participant were estimated with a fixed protocol and compared to self-assessed limit of
234 quantifications. It was established at a signal-to-noise ratio of 10 using the quantifier transition from
235 chromatograms of samples spiked at the lowest validation level tested. The estimated limits of
236 quantification were for all participating laboratories within the same order of magnitude and
237 comparable to what was reported by each lab based on validation data. Since 2015, one spiking level
238 was used to evaluate whether the analytical procedures of participants had limit of quantifications that
239 are relevant in the context of WBE studies. If participants could not report values for this sample, they
240 were notified that their analytical procedures did not reach relevant sensitivity.

241 First, the mean concentration (m) of replicates for each participant and for each sample type was
242 calculated. Secondly, after testing for normality, a Grubbs' test was performed to identify outliers
243 which were excluded from further analysis. From the remaining means, the group's mean [i.e., mean
244 of means (M)] and the group's standard deviation (SD) were computed. To evaluate the performance
245 of each participant (i), z-scores (z_i) for every analyte and sample type were calculated as follows:

$$246 \quad z_i = \frac{m_i - M}{SD}$$

247 Following the ISO standard, a laboratory passed the inter-laboratory exercise when its $|z| \leq 2$ [21, 25].
248 Participants with results that were identified as outliers (Grubb's test) or had $|z|$ -values > 2 were
249 individually notified about the deviation and were allowed to recheck their submitted values for
250 inconsistencies or errors. Note that no detail (z_i, M) was supplied with the notification of the deviation
251 in order to maintain impartiality. If these laboratories were able to supply a viable explanation (such
252 as transcription errors), they were allowed to resubmit corrected results. If accepted, newly submitted
253 values were used to compute updated values for m_i, M, SD and z_i .

254 The purpose of this iterative process lies in the goal of SCORE to advance and improve WBE. The inter-
255 laboratory exercise was therefore used to assist laboratories in optimizing their analytical procedures
256 and improve the overall performance.

257

258 **3. Results and Discussion**

259 *3.1. Assigned value: group's mean vs. nominal concentration*

260

261 The z-score was calculated relative to the group's mean (M). The main reasons for using M instead of
262 the nominal concentration (i.e. spiking levels) as reference in the context of this inter-laboratory
263 exercise are [21, 25]:

- 264 (i) Multiple scientific evaluations repeatedly revealed that spiking concentration levels did
265 not necessarily display sufficient reliability to be used as an assigned value to calculate z-
266 scores;

- 267 (ii) For wastewater samples, the use of spiking levels as assigned value is out of the question
268 because of the presence of unknown concentrations of the analytes (no nominal values
269 exist);
- 270 (iii) There is a sufficient number of laboratories that participated in the exercises along the
271 years (Table 1);
- 272 (iv) Certified reference materials (CRMs) for analyzing illicit drugs in water samples are not
273 available;
- 274 (v) No recognised reference laboratories for this type of analysis exist;
- 275 (vi) The chosen approach was agreed by the participants as they were all informed on the
276 calculation and evaluation procedures applied.

277

278 Figure 3 shows the deviation of the group's mean (M) from the nominal concentration (spiking level)
279 for the methanol and tap water test samples. For the wastewater samples included in the exercises
280 from 2012-2014, it is impossible to generate any meaningful plot because of the unknown background
281 concentrations of the analytes present in this matrix.

282 The results showed that the deviation of the group's mean (M) from the nominal concentration was
283 mostly < 25%, which was regarded by SCORE as an acceptable variability. The deviation for the matrix-
284 free samples (i.e., methanol solvent) was mostly well below this 25% limit and suggested that in all
285 laboratories, the reference standards (both native and isotope-labelled) used and the instrumental
286 analysis (e.g. calibration and instrumental parameters) did not lead to substantial bias in the analysis
287 of the target analytes, except for 6-MAM. However, in the presence of matrix, deviations of more than
288 25% occurred more often, in particular for 6-MAM and THC-COOH. Concentrations of 6-MAM were
289 systematically underreported, for both the standard solution and tap water samples. In some
290 occasions, the deviation amounted up to 60%. This systematic underestimation of 6-MAM could be
291 due to: (i) inaccuracies during the preparation and spiking of the test samples (e.g. preparation and
292 dilution of stock solution); (ii) stability issues of this analyte during preparation of the test samples and
293 during storage and sample handling; (iii) issues with the analytical procedures applied by the
294 laboratories.

295 The analysis of THC-COOH in the methanol samples gave acceptable results (deviation <25% and no
296 systematic error), while deviations of up to 90% were observed in tap water samples in 2013 and 2014.
297 It is important to highlight that tap water samples were acidified in 2013 and, in the following year,
298 sample acidification before filtration was still performed by multiple participants. These were later
299 shown to have a negative impact on the measured concentrations of THC-COOH because of adsorption
300 issues [23-24, 26]. Acidification may be the cause of the high variability observed for this analyte, but
301 this is clearly not the whole picture. In fact, Causanilles et al. (2017) demonstrated that different

302 (combinations of) parameters (pH, filtration, sorption) can have an influence on the analysis of THC-
303 COOH in wastewater [26].

304 For COC, all samples across the different years showed deviations <25%, except for the three tap water
305 samples in 2015. The nature of this systematic deviation (only one year) indicates the error likely
306 occurred in the preparation of these test samples.

307

308 *3.2. Influence of different matrices and concentration levels on the group's variability*

309 The influence of the different matrix types on the performance of participating laboratories was
310 assessed through analysis of the datasets from all years. Figures 4 and 5 illustrate the influence of the
311 three matrices on the relative standard deviation (RSD) of the group. Overall, a lower RSD for the
312 methanol samples compared to the waste- and tap water samples was observed (Wilcoxon rank sum
313 test p -value $< \alpha = 0.05$). This observation was not surprising considering that concentrations of the
314 standard solution samples were in the $\mu\text{g/L}$ range while in tap water and wastewater, samples
315 concentrations were in the ng/L range. Furthermore, analysis of the methanol solution samples did
316 not require any substantial sample preparation (i.e., direct injection with/without further dilution)
317 compared to waste- and tap water samples, which required pre-concentration. A significant difference
318 between the RSDs for tap water and wastewater samples was observed (Wilcox rank sum test p -value
319 = 0.01, $\alpha = 0.05$). For THC-COOH, high RSDs were observed for tap water and wastewater samples
320 compared to the other analytes. Likewise, in the methanol solution, high RSDs were observed on
321 several occasions (Figure 4). These findings further suggest that there are some issues with the analysis
322 of this particular compound in water samples, as discussed earlier (Figure 3).

323 The difference in RSDs between tap and wastewater samples was further investigated using ANOVA
324 (after log transforming the data to correct for deviation from normality and heteroscedasticity).
325 Statistical analysis revealed that the spiking level showed the most significant influence on the group's
326 RSD ($F(1,98) = 121.5$, $p < 0.0001$), followed by the matrix type ($F(1,98) = 10.9$, $p < 0.001$) and the
327 compound under analysis ($F(6,98) = 3.0$, $p < 0.01$). Because the matrix type was not the most influential
328 parameter, the use of spiked tap water samples was deemed adequate for the purposes of the present
329 inter-laboratory exercise. In fact, when using wastewater samples, (a) differences in matrix effects
330 occur between locations and (b) background concentrations of the analytes in wastewater are
331 unknown and uncontrollable. As a result, it was not considered possible to use 'representative'
332 wastewater for the purpose of this inter-laboratory exercise. Furthermore, by using tap water, labour
333 and logistic costs linked to the preparation and distribution of additional samples to the participants
334 could be reduced significantly. Issues related to the biodegradation and sorption of target analytes in
335 wastewater during shipment could also be reduced. Furthermore, our study, including data over a six-
336 year period, provides unique insights into how the molecular properties of the analytes, concentration

337 levels and matrix type affect laboratory performance in the context of (waste)water analysis. The
338 information and experience gained could hence be useful for other inter-laboratory exercises
339 confronted with similar matrices.

340

341 *3.3. Performance of laboratories*

342 The evaluation of the results obtained by all laboratories discussed hereafter is based on the
343 performances with the spiked tap water samples, as this matrix was shown to be appropriate (see
344 section 3.2) and because of the issues with wastewater samples mentioned earlier (i.e., unknown
345 background concentrations and potential stability issues). Figure 6 provides an overview of the
346 proportion of satisfactory results per analyte type in the period of 2013-2016. A satisfactory result is
347 regarded as a $|z|$ -value ≤ 2 [21, 25]. Grubb's outliers, non-detects (reported as below limit of
348 quantification) and $|z|$ -values > 2 are regarded as unsatisfactory. In the supporting information,
349 detailed results for each laboratory over the different years are shown. The plots give an overview of
350 the distribution of the z-scores of the group for the different years, matrices and spiking levels and
351 detailed plots for results of the individual laboratories (including intra-laboratory variation).

352 In general, for BE, COC, MDMA, and AMP, the group's performances were acceptable, with $> 90\%$ of
353 satisfactory results. For METH and 6-MAM, the satisfactory result were around 80% in 2013. This can
354 be linked to the fact that 3 out of 15 (METH) and 3 out of 10 (6-MAM) participants did not detect the
355 analytes in the test samples. In 2014-2016, acceptable results for these two analytes were obtained,
356 probably due to the higher concentration levels and improved performance of the analytical
357 procedures of the participants. The unsatisfactory results obtained for THC-COOH analysis over years
358 have drawn the attention of SCORE and triggered a further investigation of the effect that different
359 pre-analytical steps (filtration and pH adjustment) have on the accuracy the analysis of this compound
360 in wastewater [26].

361 It is important to mention that the aim of SCORE is to improve the reliability of WBE studies. Therefore,
362 support was provided to laboratories that showed unsatisfactory results by means of short-term visits
363 of a SCORE member and/or optimization of the analytical procedures (assistance with sample
364 preparation and method validation). In most cases, this resulted in positive outcomes for these
365 laboratories in following exercises. This highlighted the need for follow-up of inter-laboratory exercises
366 combined with a continuous support to all participants.

367

368 The z-scores regarding different concentrations of each analyte were visualised in scatter biplots (i.e.,
369 Youden plots, Figure 7) to assess the sources of variability among the participating laboratories. Inter-
370 laboratory variation predominates if results were clustered in the upper right and lower left (= white)
371 quadrants, while intra-laboratory variation predominates if results are clustered in the upper left and

372 lower right (= grey) quadrants [25]. Furthermore, the distances of the plotted point relative to the 45-
373 degree reference line and to the (0, 0) point (i.e. the Manhattan median) are both useful for the
374 interpretation of inter-laboratory data. Points that lie close to the 45-degree reference line but far
375 from the Manhattan median indicate a systematic error. Points that lie far from the reference line
376 suggest large random errors. The majority of the participating laboratories was found within the white
377 quadrants (Figure 7), meaning that inter-laboratory variability was predominant over the intra-
378 laboratory variability for all seven analytes. Only a few laboratories were occasionally outside of the
379 $|z|$ -values > 2 boundaries. For the latter, this implies large total errors, which were mainly systematic,
380 as results were close to the 45-degree reference line but distant from the origin. Moreover, it should
381 be noted that no recurrent erroneous results were observed, i.e., there were no laboratories with
382 anomalous results for a certain analyte reported across different years. This supports the hypothesis
383 that the observed errors were rather incidental and/or that these laboratories had improved their
384 analytical procedures.

385

386 *3.4. Sources of variations and recommendations*

387 The six-year data from inter-laboratory exercises for the analysis of illicit drug residues in water
388 samples revealed variations linked to its setup and allowed to provide recommendations to improve
389 future exercises. First, this study shows that the group's mean should be used to evaluate performance
390 of laboratories rather than the nominal (spiked) value. However, it is important that nominal values
391 should always be considered to exclude pre-analytical issues, as demonstrated for THC-COOH. This
392 observation triggered further investigations and recommendations to improve the WBE approach to
393 estimate cannabis use [26]. Second, since concentration levels were found to be the main factor
394 influencing performances (Figure 4, see section 3.2), spiking levels should be chosen carefully, and
395 reflecting concentrations expected in real samples. Particularly, for the methanol standard samples,
396 the use of different concentrations (e.g. Youden couple) instead of a single (high) level, as we did, will
397 be useful to improve the assessment of laboratory performances. Third, it is important to prepare and
398 transport test samples in the most optimal way in order to avoid stability and adsorption problems.
399 The issues observed with 6-MAM and THC-COOH when samples were acidified (see section 3.1) are a
400 good example and highlight the need to consider other preservatives (e.g., sodium metabisulphite
401 ($\text{Na}_2\text{S}_2\text{O}_5$) or sodium azide (NaN_3)) to ensure analyte stability during transport and storage [27-28].
402 Furthermore, future inter-laboratory exercises should include an extra analysis of the test samples by
403 the preparing laboratory directly after preparation of the test samples before freezing and shipment.
404 This will improve understanding of the differences between the nominal spike and the assigned value.

405 Based on the experiences acquired from these six rounds of inter-laboratory exercises,
406 recommendations related to analytical procedures used by individual laboratories for measuring illicit
407 drugs and metabolites in wastewater can be formulated. Laboratories can freely choose their
408 preferred sample preparation procedure and detection/quantification technique, but we strongly
409 suggest that the methods comply with the following features. First, mass-labeled internal standards
410 should be used for each analyte and spiked in samples before any filtration step. Second, pH
411 adjustment - when needed - has to be conducted after internal standard spiking and/or filtration. This
412 is particularly relevant for the analysis of THC-COOH in wastewater [26]. Third, freeze-thaw cycles of
413 the samples should be minimized. Fourth, in-house quality control samples (e.g. spiked tap water or
414 wastewater) should be prepared and analysed with each sample batch. Furthermore, centrifugation
415 instead of filtration can be an alternative way to avoid the blockage and clogging of solid-phase
416 extraction cartridges with particulates present in the wastewater.

417

418 **4. Conclusions**

419 This study presents, for the first time, the results of an inter-laboratory testing scheme for the analysis
420 of illicit drugs and metabolites in wastewater. By repeating this exercise for six years, we were able to
421 improve the set-up of the testing scheme substantially, based on experiences gained over the years
422 (e.g. matrix to be used, sample parameters, spiking levels) and to establish a reliable quality control
423 system. The existence of such system is important to ensure high-quality data of WBE monitoring
424 studies that can be used by stakeholders to obtain the most recent data on spatial and geographical
425 trends in illicit drug use on a national and international scale.

426 The results of the exercise highlighted the importance of using the group's mean rather than the
427 nominal value as the assigned value, in particular due to the lack of certified reference materials for
428 testing illicit drugs in wastewater. An investigation of the RSD associated with reported results showed
429 that the most influential parameter was the spiking level, not the instrument (method) used or the
430 type of matrix (i.e., tap or wastewater). Consequently, tap water was chosen for future exercises as it
431 presents various advantages. Specifically, it allows to control spiking levels more easily, which is not
432 possible with wastewater as unknown background concentrations exist. In fact, substantial variations
433 in composition and analyte concentrations occur, even within wastewater collected from a unique
434 location.

435 Regarding laboratories performances, the results from the inter-laboratory exercise show that these
436 were generally satisfactory for COC, BE, MDMA, AMP and METH. An improvement was observed over
437 the years and, in its latest round in 2016, more than 90% of the participating laboratories reported
438 results $|z|$ -value ≤ 2 . In the case of 6-MAM and THC-COOH, results from the exercise showed that
439 important pre-analytical issues still exist, and that sample pH has an important influence on the

440 stability of the latter analytes. Whilst these issues still need to be solved, it is important to notice that
441 none of the participating laboratories repeatedly (i.e., systematically) reported erroneous results for
442 the same analyte across multiple years, emphasising the improvements in analytical performances
443 which took place over the years.

444 The results illustrate the effectiveness of the inter-laboratory testing scheme in assessing and
445 improving laboratory performance in the framework of illicit drug analysis in wastewater. The exercise
446 proved that measurements of individual laboratories were of high quality and that analytical follow-
447 up is important in order to assist laboratories in improving the robustness and accuracy of WBE results.
448 The set-up and procedures used in this exercise for the measurement of illicit drugs in wastewater and
449 experiences gained during the six-year period are of importance for the development of other quality
450 control systems dealing with the measurement of pharmaceuticals, personal care products and other
451 contaminants in aqueous matrices.

452 Wastewater-based epidemiology has gained importance, as numerous national and international
453 organisations rely on its measurements to improve quantification of illicit drug use. Consequently,
454 additional efforts will be needed in future to ensure the impeccable quality of reported results and
455 tackle the existing and upcoming challenges. In particular, improving analytical performances for
456 important compounds such as 6-MAM and THC-COOH and, at the same time, adapting protocols to
457 integrate an ever growing number of relevant substances (e.g., new psychoactive substances) are
458 among the main challenges that laboratories will face in future.

459

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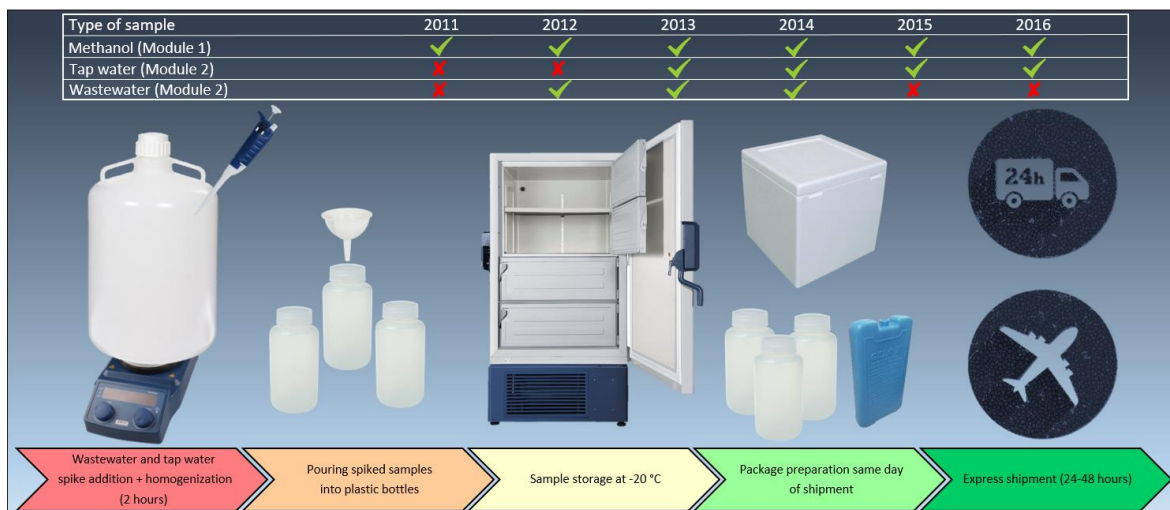


Figure 1. Inter-laboratory overview and scheme of the sample preparation and shipment for Module 2.



Figure 2. Map with location of the participants of the inter-laboratory exercises

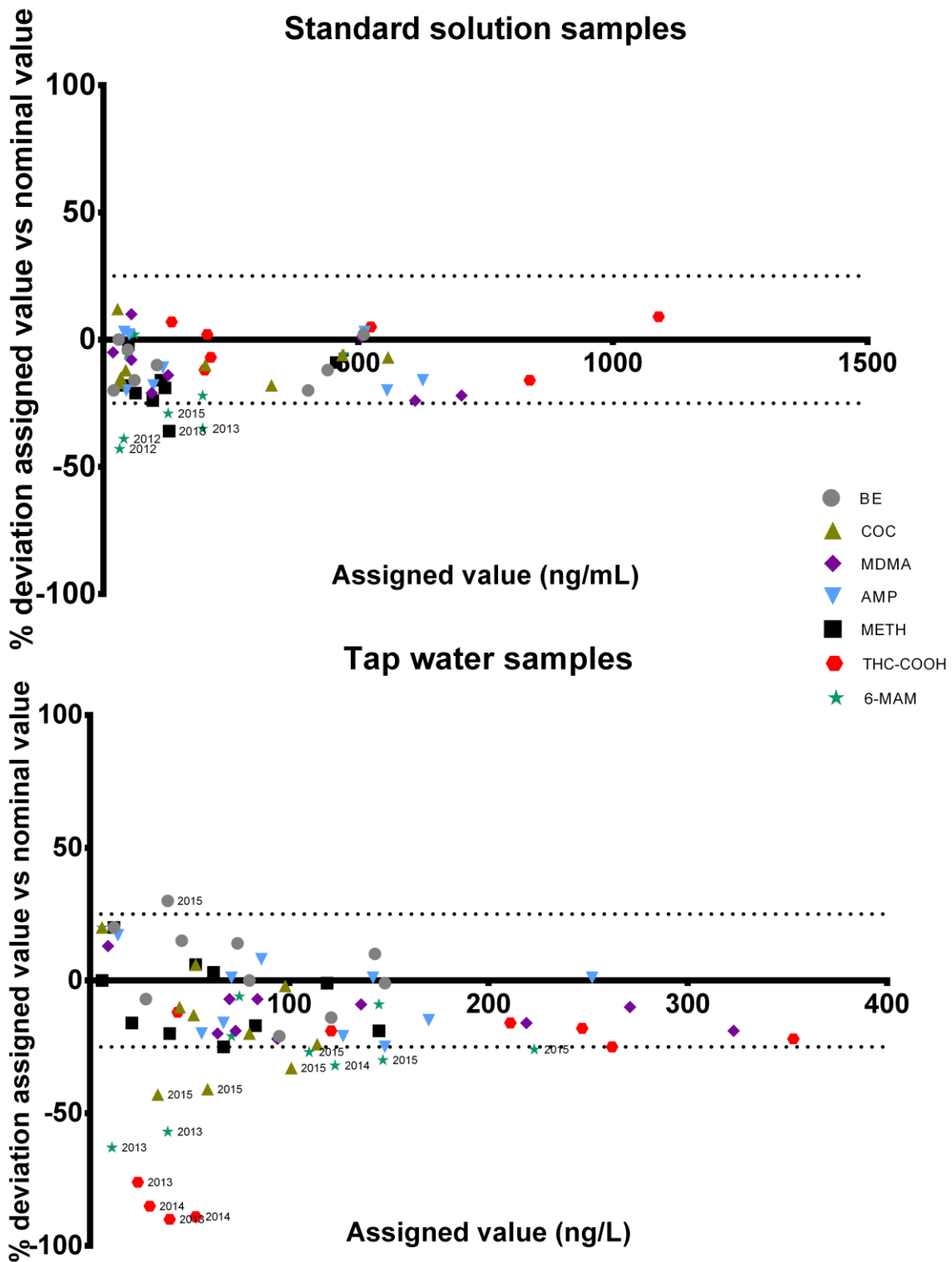


Figure 3. Deviation of the assigned value (= group's mean) from the nominal value (= spiking level) for the standard solution (top) and the tap water samples (bottom) in relation to the assigned value for the seven analytes. The dotted line represents 25% deviation. Entries with deviations > 25% are marked with the year of the inter-laboratory exercise.

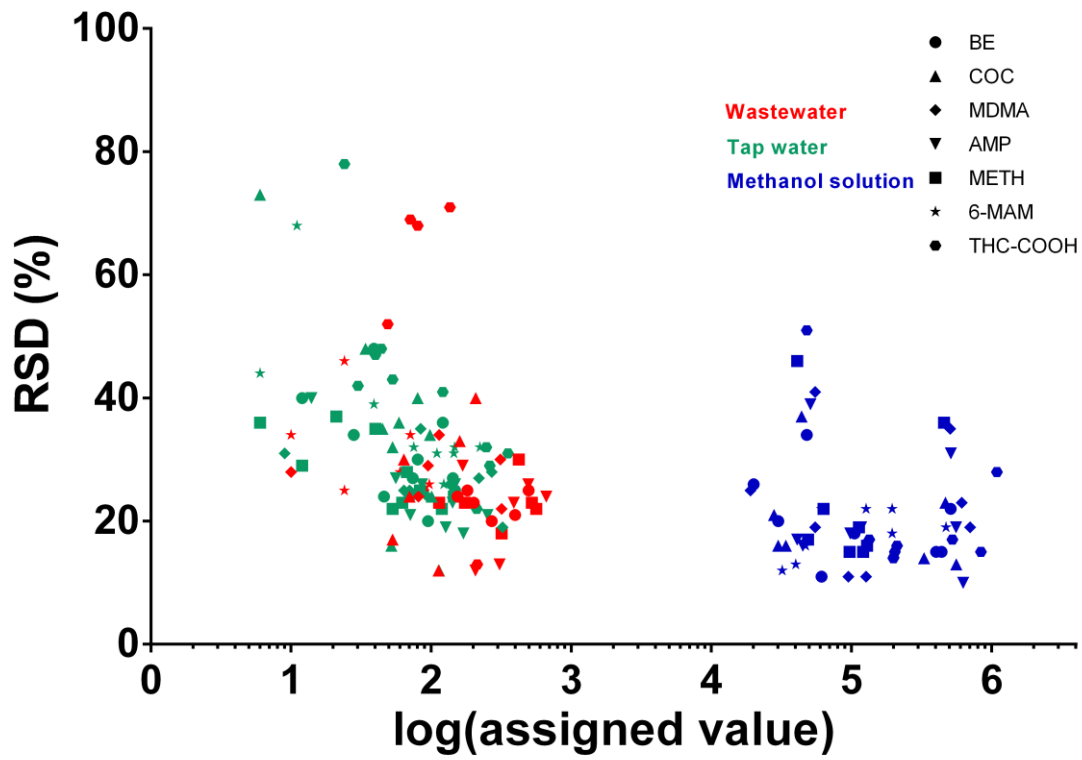


Figure 4. Relative standard deviation of the group in relation to the assigned value M (logarithmic scale) for the three matrices [standard solution (blue), tap water (green) and wastewater (red)] and seven analytes. All years (2011-2016) included.

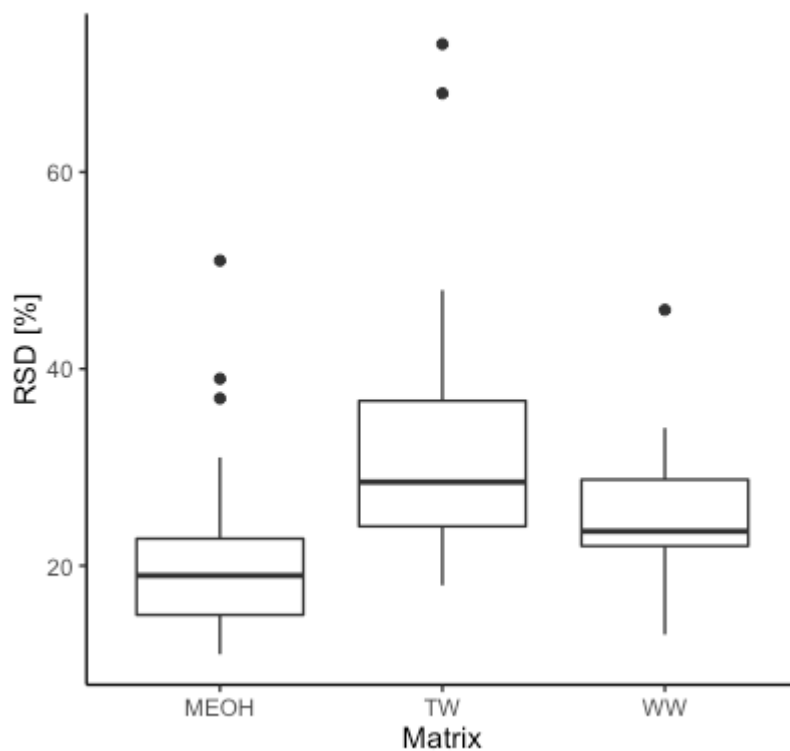


Figure 5. Boxplot showing the difference in the group's RSD for the three different matrices (MEOH = standard solution; TW = tap water; WW = wastewater) in 2013 and 2014 for all analytes.

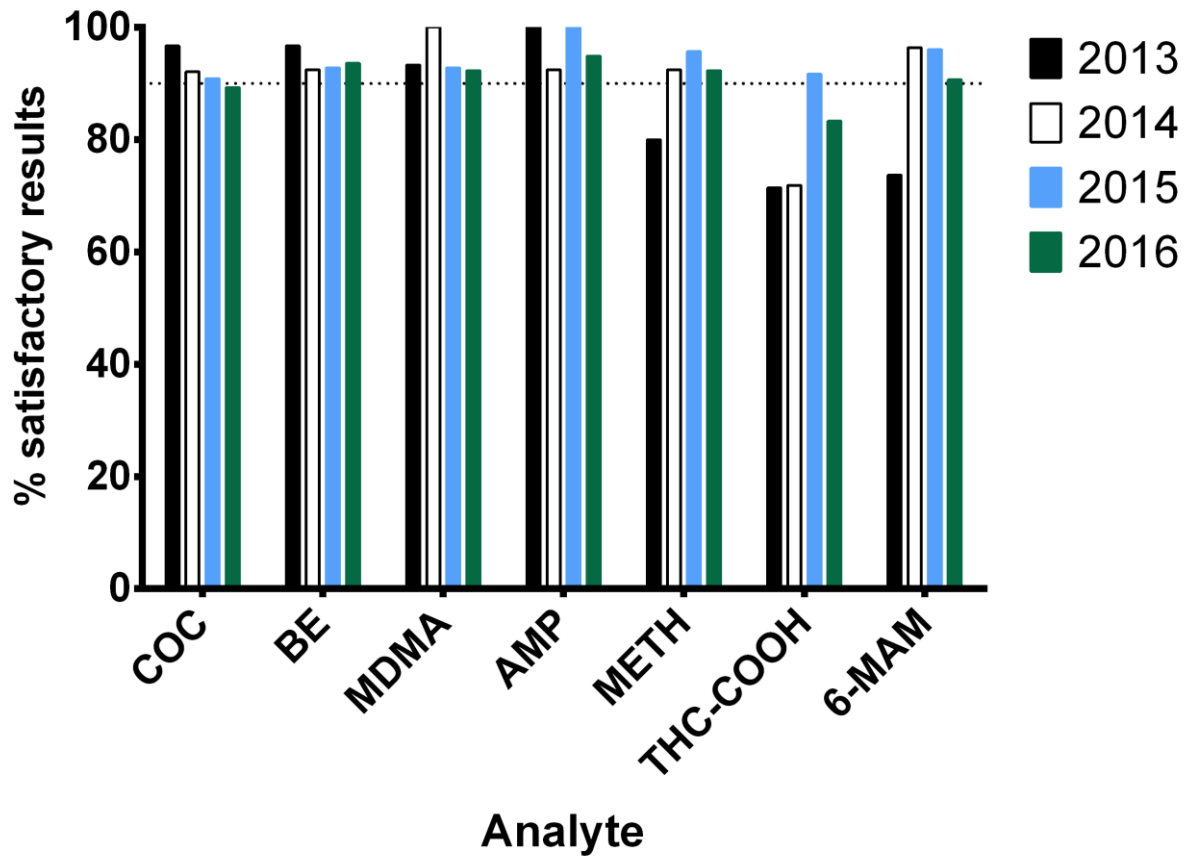


Figure 6. Percentage of participants with satisfactory results ($|z| \leq 2$) for tap water samples spiked with seven analytes. The dotted line represents 90% satisfactory level.

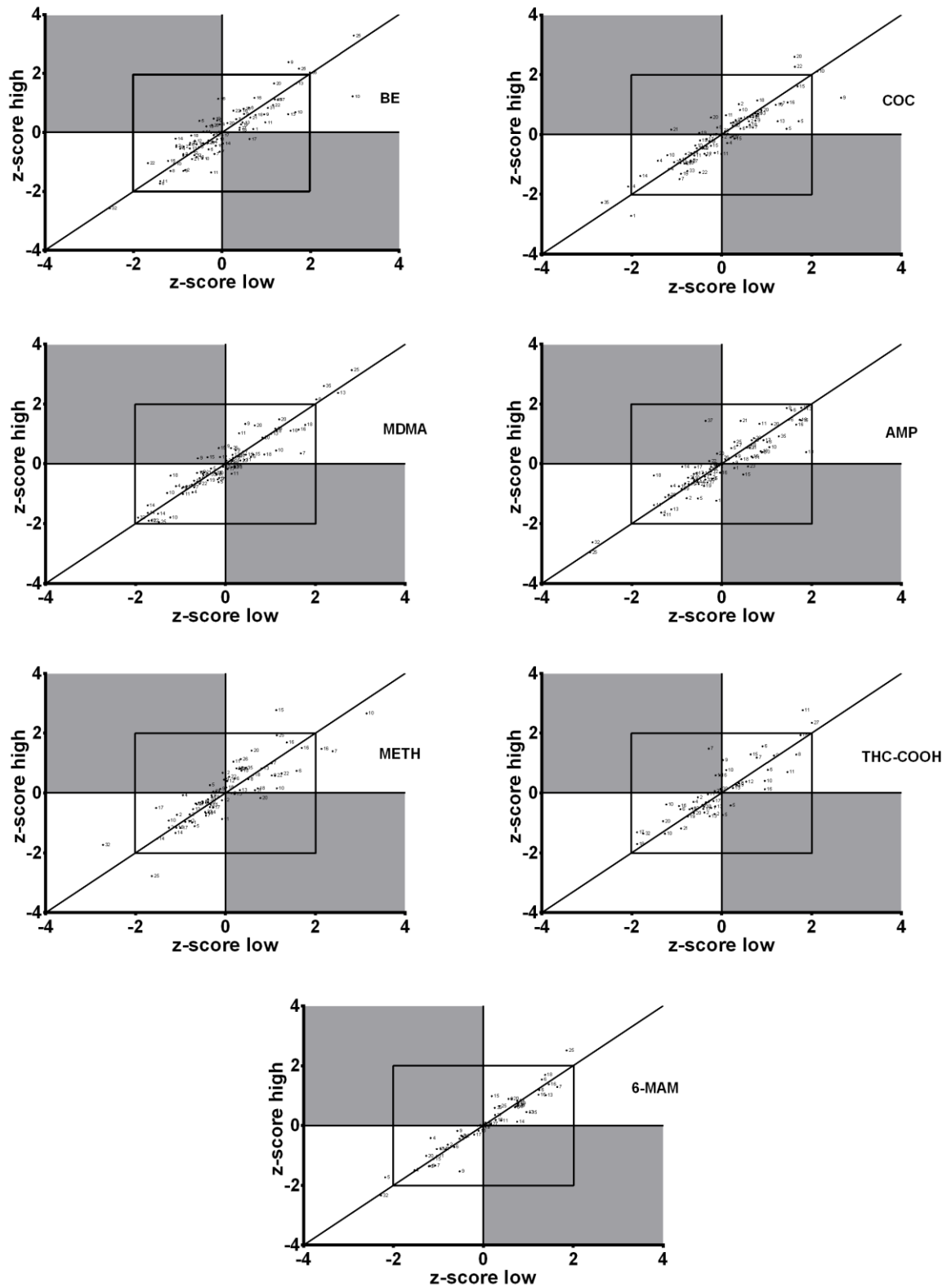


Figure 7. Youden plots with z-scores of the low concentration value (x-axis) and the z-scores of the high concentration value (y-axis) for the seven analytes in tap water across the years. Each participant is presented by a unique number. The inner rectangle captures satisfactory z-scores.