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Title: Polyphenol and L-ascorbic acid content in tomato as influenced by high lycopene genotypes and organic farming at different environments

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Keywords: Solanum lycopersicum L.; Organic farming; L-ascorbic acid; Functional quality.

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Abstract: The accumulation of polyphenols and L-ascorbic acid was evaluated under conventional (integrated pest management, IPM) and organic farming, as means to increase the accumulation of chemoprotective compounds. The effect of genotype was considerably higher than the growing system, in fact it is determining. 'Kalvert', a high-lycopene cultivar, outstood for the accumulation of most polyphenols, though low-carotenoid cultivars with high accumulation were also detected. Organic farming significantly increased the levels of caffeic acid by 20%, but reduced those of ferulic acid and naringenin by 13% and 15% respectively. A strong interaction with the environment was detected: in Navarra the differences were limited, while in Extremadura lower contents of ferulic acid and higher contents of chlorogenic acid and rutin were found in organic farming for certain cultivars. The effect of organic farming on L-ascorbic acid was dependent on cultivar and environment and it only led to an increase in Extremadura by 58%.

## Highlights

The cultivar 'Kalvert' outstood for the accumulation of most of polyphenols

Genotype has a major effect on the accumulation of studied chemoprotective compounds

Strong environmental interactions were detected for phenolic content in certain cases

Effect of organic farming on L-ascorbic was dependent on cultivar and environment

1 **Running title:** Genotype and organic farming effect on tomato phenolics and L-ascorbic

2

3 **Polyphenol and L-ascorbic acid content in tomato as influenced by high lycopene genotypes**  
4 **and organic farming at different environments**

5

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27 **Abstract**

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39 Extremadura by 58%.

40

41 **Keywords:** *Solanum lycopersicum* L.; Organic farming; L-ascorbic acid; Functional quality.

42

43 Chemical compounds studied in this article Caffeic acid (PubChem CID: 689043); *p*- coumaric  
44 acid (PubChem CID: 637542); *trans*-ferulic acid (PubChem CID: 445858); Chlorogenic acid  
45 (PubChem CID: 1794427); Kaempferol (PubChem CID: 5280863); Quercetin (PubChem CID:  
46 5280343); Myricetin (PubChem CID: 5281672); Naringenin (PubChem CID: 932); Rutin  
47 (PubChem CID: 5280805); L-Ascorbic acid (PubChem CID: 54670067)

48 **Highlights**

49 The cultivar 'Kalvert' outstood for the accumulation of most of polyphenols

50 Genotype has a major effect on the accumulation of studied chemoprotective compounds

51 Strong environmental interactions were detected for phenolic content in certain cases

52 Effect of organic farming on L-ascorbic was dependent on cultivar and environment

53

## 54 **1. Introduction**

55 Consumer awareness on the role of food in the improvement of health and in the prevention  
56 of many age-related diseases is becoming increasingly important. In this context, the main goal  
57 of aging research is not centered only in increasing lifespan but to improve health during life.  
58 Consequently, the development of better foods has become a major goal for the food industry.

59 The fruit and vegetable market is well aware of these demands and tries to supply foods with  
60 increased levels of chemoprotective compounds and reduced levels of pesticides and, at the  
61 same time, assuring a production with a minimal impact on the environment.

62 Tomato (*Solanum lycopersicum* L.) is one of the most consumed vegetable worldwide, both  
63 fresh and processed. Although tomato does not outstand for its nutritional value nor for the  
64 content of chemoprotective compounds, it has become one of the main contributors of  
65 healthy components to diet considering the high consumption levels of this product (Chun et  
66 al., 2005). Among tomato chemoprotective compounds, carotenoids, polyphenols and vitamin  
67 C play an important role in this species.

68 Carotenoids are responsible for the ripe color of tomatoes. Lycopene is the most abundant  
69 carotenoid and its concentration ranges from 18.6 to 65.0 mg kg<sup>-1</sup> fresh weight (fw) in different  
70 tomato varieties (Martínez-Valverde, Periago, Provan, & Chesson, 2002). The second  
71 carotenoid of importance is beta-carotene, its concentration is much lower than lycopene,  
72 reaching concentrations up to 12 mg kg<sup>-1</sup> fw (Galpaz, Ronen, Khalfa, Zamir, & Hirschberg,  
73 2006). The intake of tomato carotenoids has been linked with the prevention of certain types  
74 of cancer, and especially with prostate cancer (Giovannucci, 1999). In 2007 the US Food and  
75 Drug Administration concluded that there was limited evidence supporting an association  
76 between tomato consumption and reduced risk of prostate cancer (Kavanaugh, Trumbo, &  
77 Ellwood, 2007). But later studies continue pointing out the chemoprotective role of tomato  
78 (reviewed by Martí, Roselló, & Cebolla-Cornejo, 2016).

79 The main phenolic compounds found in tomato are the flavonoids rutin, naringenin,  
80 naringenin chalcone and quercetin and the hydroxycinnamic acids chlorogenic and caffeic  
81 acids (García-Valverde, Navarro-González, García-Alonso, & Periago, 2013; Martínez-Valverde  
82 et al., 2002). Kaempferol can be found in tomato, but only in certain materials and low  
83 concentrations (Martí et al., 2016). Among them, rutin, a glycoside of quercetin, is the main  
84 tomato phenolic compound, with concentrations up to 31.1 mg kg<sup>-1</sup> fw at the mature red stage  
85 (García-Valverde et al., 2013). Polyphenols are gaining importance during the last years as they  
86 seem to interfere with the initiation, promotion and progression of cancer. In fact, several  
87 studies link the intake of polyphenols and the protection against different types of cancer  
88 (reviewed by Martí et al., 2016).

89 Among vitamins, vitamin C is one of the most important in tomato. In this species, vitamin C  
90 can be found at concentrations ranging from 85.5 to 560.0 mg kg<sup>-1</sup> fw in different cultivars  
91 (George, Kaur, Khurdiya, & Kapoor, 2004). These contents are low compared to other crops  
92 such as *Brassicas*, berries, pepper, kiwi, *Citrus* or strawberry. Nevertheless, tomatoes represent  
93 one of the main sources of dietary intake of vitamin C in Mediterranean diets (Garcia-Closas et  
94 al., 2004). Apart from being recognized as an important antioxidant, vitamin C has been linked  
95 with the protection against cardiovascular diseases (reviewed by Raiola, Rigano, Calafiore,  
96 Frusciante, & Barone, 2014).

97 One of the strategies followed to satisfy consumer demands of functional quality in tomato  
98 has been led by breeders, who have developed tomato varieties with increased levels of these  
99 compounds. Cultivars such as 'Doublerich' with increased vitamin C were commercialized from  
100 the mid-20th century. But the success of such cultivars has been limited due to the high  
101 dependency on growing conditions and some deleterious effects. Nevertheless, new variants  
102 are developed and new sources of variation are continuously described (Leiva-Brondo et al.,  
103 2012). The development of cultivars with high lycopene contents has been more successful,  
104 especially because it was linked to another important objective of the processing industry:

105 increasing red color intensity. Several mutants have been used for this purpose, some of them  
106 altering specific steps of the biosynthesis pathway, and other altering the regulation of the  
107 pathway. Among them, the most efficient rely on the use of *high pigment (hp)* mutations  
108 (reviewed by Cebolla-Cornejo, Roselló, & Nuez, 2013).

109 Breeding efforts for enhanced polyphenol content lag behind. Nevertheless, the use of *hp*  
110 mutations was initially targeted to increase carotenoid contents but it showed as side effects  
111 increased polyphenol and vitamin C contents (Sestari et al., 2014). Consequently, the use of  
112 this type of cultivars has gained importance to satisfy the demands of quality markets.

113 Another strategy to improve functional value focuses on the control of the growing  
114 environment. In this context, organic farming can both offer tomato fruits with no traces of  
115 pesticides nor fertilizers and assure a minimum impact on the environment. Still, consumers of  
116 organic food seem to be more interested in the perception of good health, nutrients and taste  
117 than in environmental concerns (Hughner, McDonagh, Prothero, Shultz II, & Stanton, 2007).

118 But, can organic farming really increase the contents of chemoprotective compounds? In the  
119 case of carotenoids, contradictory results have been obtained. Caris-Veyrat et al. (2004)  
120 obtained higher carotenoid levels under organic farming, Riahi et al. (2009) found no effect of  
121 the growing system and Rossi et al. (2008) observed only lower lycopene contents under  
122 organic farming. Regarding polyphenols and vitamin C, Hallmann (2012) observed higher  
123 contents of these compounds under organic farming. Although in a later study total phenolic  
124 acids content was not affected by growing system (only chlorogenic acid content was higher  
125 under organic farming), total flavonoid content and quercetin and rutin contents were higher  
126 under organic farming (Hallmann, Lipowski, Marszalek, & Rembialkowska, 2013). Vinha,  
127 Barreira, Costa, Alves, & Oliveira (2014) also found higher lycopene, vitamin C, total phenolics  
128 and flavonoids under organic farming.

129 The existence of uncontrolled factors limits the possibility to extract clear conclusions on the  
130 effect of growing system on the accumulation of bioactive compounds. Thus, new experiences



131 with new environments and farmers are required. Of special interest is the performance of  
132 high-lycopene cultivars, which may offer increased accumulation of chemoprotective  
133 compounds.

134 In a recent study, the role of high-lycopene cultivars and organic farming on the yield and  
135 quality of processing tomato was evaluated (Lahoz et al., 2016a). We found that the levels of  
136 lycopene were not affected by the growing system, while beta-carotene contents were higher  
137 under organic farming. The objective of this work is to deepen our knowledge on the  
138 accumulation of main tomato polyphenols and L-ascorbic acid, comparing the performance of  
139 standard and high-lycopene cultivars under organic farming and conventional Integrated Pest  
140 Management (IPM) at different environments.

141

## 142 **2. Materials and methods**

### 143 **2.1. Chemicals and reagents**

144 The polyphenols caffeic acid, *p*-coumaric acid, *trans*-ferulic acid, chlorogenic acid, kaempferol,  
145 quercetin, myricetin, naringenin and rutin, L-ascorbic acid, methaphosphoric acid (MPA),  
146 hexadimrine bromide (HDM), butylated hydroxytoluene (BHT), formic acid, HPLC-grade  
147 methanol (MeOH) and HPLC-grade acetonitrile (ACN) were purchased from Sigma-Aldrich  
148 (Steinheim, Germany). Boric acid and sodium hydroxide (NaOH) were provided by Panreac  
149 (Castellar del Vallés, Spain). Water was purified employing a Milli-Q water system (Millipore,  
150 Molsheim, France). Stock solutions of polyphenols were prepared at 500 mg L<sup>-1</sup> in a  
151 MeOH/water (80:20 v/v) mixture and kept stored at -20 °C. The working solutions were  
152 prepared by direct dilution in MeOH/water (48:52 v/v). Stock solution of L-ascorbic acid was  
153 prepared at 1000 mg L<sup>-1</sup> in water, stored at 4 °C.

154

### 155 **2.2. Plant material and cultivation**

156 A total of 6 commercial industrial tomato cvs. were grown in three different environments  
157 representing two Spanish growing areas: Extremadura (south-west of Spain), and Navarra  
158 (north-east of Spain). In a first step the evaluation was conducted in both locations during  
159 2012 and a second evaluation with different climatic conditions was performed during 2013 in  
160 Navarra. Cvs. studied were: 'CXD-277' (Campbell's seeds), 'Heinz(H)-9661', 'H-9997', 'H-9036'  
161 (Heinz Seed), 'ISI-24424' (Diamond seeds S.L.; Isi Sementi S.P.A.) and 'Kalvert' (Esasem S.P.A.).  
162 'H-9036' and 'H-9661' were considered as standard controls because they are extensively used  
163 by local producers for their good agronomical performance. The materials were selected  
164 considering their accumulation of carotenoids in previous studies. 'H-9661' and 'H-9036' were  
165 included as low lycopene cvs. , H-9997' and 'CXD-277' as cvs. with intermediate accumulation  
166 and 'ISI-24424' and 'Kalvert' as high-lycopene cvs (Lahoz et al., 2016a).

167 For each growing system, a randomized complete block design with 3 blocks per condition was  
168 used, with 25 plants per block and condition. For both growing systems, plants were drip-  
169 irrigated. The fertilization doses applied, as well as phytosanitary treatments were those  
170 typically employed in each cultivation site and system.

171 In the case of conventional management with IPM, the plantation in Navarra was carried out in  
172 the research fields of INTIA in Cadreita (Navarra) on May 10<sup>th</sup> in 2012 and on 23<sup>rd</sup> May in 2013.

173 In Extremadura, the plantation was carried out in the fields of the research center Finca "La  
174 Orden-Valdesquera" (Badajoz, Extremadura) on April 24<sup>th</sup> in 2012. For Navarra, a spacing of  
175 1.60 m x 0.35 m and two plants per plug (3.57 plants m<sup>-2</sup>) was applied under a 15 µm  
176 polyethylene plastic. In Extremadura, the same growing procedures were applied, however the  
177 spacing was 1.50 m x 0.2 m (3.33 plants m<sup>-2</sup>).

178 In the case of organic management, the plantation in Navarra was carried out in the fields of  
179 the local organic farming business GUMENDI in Lodosa (Navarra) on May 4<sup>th</sup> in 2012 and on  
180 May 17<sup>th</sup> in 2013. The edaphoclimatic conditions of both fields in Navarra (conventional IPM  
181 and organic) were similar and close geographically. The spacing employed was the same as in

182 conventional IPM but a 15  $\mu\text{m}$  biodegradable plastic Mater-Bi<sup>®</sup> was employed instead  
183 polyethylene plastic. In the case of Extremadura, the plantation was carried out on April 24<sup>th</sup> in  
184 2012 in the research center “Finca La Orden-Valdesquera”.

185 Conventional production and organic farming were performed following the regulations for  
186 Integrated Pest Management and Regulation on Organic Farming of each regional  
187 administration (Extremadura and Navarra respectively). Fertilization was calculated  
188 considering previous soil analysis (physical and chemical characterization and determination of  
189 mineral, nitric and ammoniacal nitrogen, N<sub>min</sub>, in the 0-60 cm soil depth profile) and crop  
190 extractions in each growing stage. For this purpose, mean yields of the used varieties in each  
191 area of cultivation were considered. In conventional management in Extremadura basal  
192 dressing included 50-90-90 kg ha<sup>-1</sup> using a complex mineral fertilizer 8-15-15. Remaining  
193 dressing (until reaching the global 200-140-250 kg ha<sup>-1</sup> recommendation for the area) was  
194 fertirrigated with a complex liquid fertilizer 20-15-15 and a weekly application considering  
195 dose/phenology and a mean expected yield in the area of 80 t ha<sup>-1</sup>. For organic farming, basal  
196 dressing included 111-111-37 kg ha<sup>-1</sup> applied using Agrimartin<sup>®</sup> FeBiologico (Fertinagro, Teruel,  
197 Spain). Remaining dressing was applied at the onset of flowering, maximum crop development  
198 and fruit setting. Blood meal, Protesan-15%N (ACP Europe, Ganollers, Spain) 125 kg N ha<sup>-1</sup> and  
199 Patentkali<sup>®</sup> 30% K<sub>2</sub>O/10% MgO/42% SO<sub>3</sub>(K+S Kali GmbH Kassel, Germany) 700 kg ha<sup>-1</sup> were  
200 used for this purpose. In conventional management in Navarra basal dressing included 54-138-  
201 180 kg ha<sup>-1</sup>, applied using a complex mineral fertilizer 9-23-30. Remaining dressing once  
202 considered initial N<sub>min</sub> (146,6 kg N ha<sup>-1</sup> in 2012 and 152,8 kg N ha<sup>-1</sup> in 2013) until reaching the  
203 recommended 250 kg N ha<sup>-1</sup> in this area was applied by fertirrigation using complex liquid  
204 fertilizer N32 (Herogra, Abolote, Spain). Weekly applications started at the fourth week of  
205 cultivation. In the case of organic farming basic dressing included 25 t ha<sup>-1</sup> of ovine compost  
206 with a mean N richness of 15 kg t<sup>-1</sup>.

207 Maximum temperature and relative humidity were recorded using a HMP45C probe (Vaisala,  
208 Helsinki, Finland) in Navarra and Extremadura, and solar irradiance was recorded using a 110/S  
209 pyranometer (Skye, Powys, United Kingdom) in Navarra and a CMP3 pyranometer  
210 (Kipp&Zonen, Delft, the Netherlands) in Extremadura.

211

### 212 **2.3. Sampling**

213 Considering commercial practices, tomato samples were collected (a single harvest of red-ripe  
214 fruits for each cv. and growing system) when the 85% of tomato fruits of the plants were in the  
215 commercial-red stage. Two representative red-ripe tomato fruits were taken from each of the  
216 25 plants of the replicates. Later in the laboratory, samples were washed with tap water, and a  
217 biological mean of each replicate was obtained blending longitudinal wedges of equivalent  
218 weight from each tomato until a completely homogeneous sample was obtained. Then, it was  
219 stored at -80 °C until analysis.

220

### 221 **2.4. Analysis of polyphenols**

222 Phenolic extraction was performed following the procedure described by Martí, Valcárcel,  
223 Herrero-Martínez, Cebolla-Cornejo, & Roselló (2015). Briefly, 1 g of homogenized sample was  
224 weighted and 5 mL of MeOH/water (48:52 v/v) containing 1 g kg<sup>-1</sup> BHT were added. An  
225 ultrasonic extraction was done by immersing the samples in an ultrasonic bath Elmasonic S30H  
226 (Elma Electronics AG, Wetzikon, Switzerland) at a frequency of 60 Hz during 177 min. All  
227 extraction procedure was done in absence of light to avoid the oxidation of target compounds.  
228 The resulting extracts were centrifuged at 4000 rpm (2361g) during 5 min in an Eppendorf  
229 5804R refrigerated centrifuge at 4 °C (Hauppauge, NY, USA). Supernatants were filtered  
230 through a 0.2 µm pore size polytetrafluoroethylene (PTFE) filter before their analysis by High  
231 Performance Liquid Chromatography (HPLC).

232 The separation and quantification of polyphenols was performed using an 1100 Series HPLC  
233 system (Agilent Technologies, Waldbronn, Germany), equipped with a quaternary pump, a  
234 degasser, an auto-sampler, and a diode array detector (DAD). The chromatographic column  
235 used was a fused-core Kinetex-XB C18 column (150 mm x 4.6 mm internal diameter; particle  
236 size, 2.6  $\mu\text{m}$ ) from Phenomenex (Torrance, CA, USA). The chromatographic analysis was  
237 performed following the procedure described by Martí et al. (2015) with some modifications.  
238 The flow rate was kept at 0.8 mL min<sup>-1</sup> and the sample injection volume was set at 10 $\mu\text{L}$ , all the  
239 separation procedure was performed at room temperature. The mobile phase solvents  
240 employed were water, ACN and MeOH, acidified with formic acid 1 mL L<sup>-1</sup>. A multi-segmented  
241 gradient was performed varying MeOH and ACN concentrations from 30% and 0% to 24% and  
242 18%, respectively, until minute 12, followed by a rise of MeOH concentration up to 30% at  
243 minute 13 maintaining ACN concentration at 18%, finally MeOH concentration was decreased  
244 from 30% to 20% meanwhile ACN concentration was raised from 18% to 30% until minute 20,  
245 finally the initial conditions were recovered for the next sample injection. Detection and  
246 quantification of polyphenols was performed using the DAD detector at different wavelengths  
247 depending on each polyphenol. Thereby, 255 nm was used for rutin, 290 nm for naringenin,  
248 320 nm for caffeic, *p*-coumaric, ferulic and chlorogenic acids, and 365 nm for kaempferol,  
249 quercetin and myricetin. Absorption spectra were recorded for further identification of  
250 compounds. Peak identification was done by comparing the elution times and the recorded  
251 spectra, and when required, samples were spiked to support the identification. Samples were  
252 analyzed twice.

253

## 254 **2.5. Analysis of L-ascorbic acid**

255 The extraction of L-ascorbic acid was performed following the method described by Galiana-  
256 Balaguer, Roselló, Herrero-Martínez, Maquieira, & Nuez (2001) with some modifications.  
257 Homogenized samples were centrifuged at 12000 rpm (10483g) during 5 min at 4 °C using a

258 5415R centrifuge (Eppendorf, Hauppauge, NY, USA). Resulting supernatants were diluted 1/10  
259 with a 20 g L<sup>-1</sup> MPA solution and filtered through a 0.2 µm pore size cellulose acetate (CA) filter  
260 before analysis.

261 The quantitation of L-ascorbic acid was performed using an Agilent Technologies 7100 capillary  
262 electrophoresis system (Waldbronn, Germany) equipped with a diode array detector.  
263 Uncoated fused silica capillaries (32cm total length, 24cm effective length, 375 µm outside  
264 diameter, 50 µm internal diameter) from Polymicro Technologies (Phoenix, AZ, USA) were  
265 rinsed at 50 °C with NaOH 1M during 5 min, followed by 5 min of NaOH 0.1M and 10 min of  
266 water prior its first utilization. Before each working session, the capillary was flushed at 25 °C  
267 with running buffer during 30 min. Between runs, capillary was flushed with running buffer  
268 during 3 min. Running buffer was prepared daily in an 400mM boric acid solution containing 1  
269 g L<sup>-1</sup> HDM adjusted to pH 8. All solutions and buffers were filtered prior injection through a 0.2  
270 µm pore diameter CA filter. Injection was performed hydrodynamically at 3400Pa for 5s. A  
271 voltage of -15kV at 25 °C was applied. Detection and quantification was performed at 254 nm.

272

## 273 **2.6. Statistical analysis**

274 The effects of environment (site of cultivation and year), genotype, growing system, and their  
275 interactions on polyphenol content were evaluated with a MANOVA test using SPSS 22.0  
276 software (NYSE: IBM, Armonk, USA). Pillai trace test was used to calculate p-value. Individual  
277 ANOVAs and Tukey B multiple range tests were performed to complement the analysis.  
278 Additionally, to ease a comprehensive study of the effect of genotype and growing system on  
279 polyphenols, a graphical MANOVA Biplot representation was obtained for the three  
280 environments. Bonferroni circles were used to represent the confidence intervals ( $\alpha = 0.05$ ),  
281 and their projection on each variable enable the identification of significant differences  
282 between groups. For the compounds in which the MANOVA biplot did not detect significant  
283 effects of the type of cultivation the vectors were marked in dashed lines. Multibiplot, a

284 freeware licensed software by Vicente-Villardón was used to perform the Biplot analysis.  
285 Effects on L-ascorbic acid contents were analyzed separately with an ANOVA and Tukey B test,  
286 as the biosynthesis pathway is different.

287

### 288 **3. Results and discussion**

#### 289 **3.1. Effects on polyphenol profile: main effects**

290 The MANOVA test showed a significant effect ( $p < 0.01$ ) on the phenolic profile for all the  
291 studied factors (environment, genotype and growing system), as well as their double and triple  
292 interactions involving the environment. The specific effects on each compound were then  
293 independently analyzed with ANOVAs (Table 1). In the case of kaempferol, contents were  
294 below the limit of quantitation in the samples analyzed, and it was not included in the tables.

295 The environment affected polyphenol content, with higher contents of chlorogenic and ferulic  
296 acids and lower levels of rutin in Extremadura than in Navarra in 2012 (Table 1). For the rest of  
297 polyphenols similar concentrations were found in both sites. In Navarra in the conditions of  
298 2013 higher contents of caffeic acid and myricetin and lower contents of quercetin were  
299 observed.

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302 polyphenols similar concentrations were found in both sites. In Navarra in the conditions of  
303 2013 higher contents of caffeic acid and myricetin and lower contents of quercetin were  
304 observed. The contents of rutin in Navarra 2013 were lower compared to Navarra 2012.

305 The effect of environment within a year involves changes in the site of cultivation. This effect is  
306 extremely complex, as it implies differences in climate, soils, plant densities and even farmers.  
307 Regarding climate, Extremadura is usually characterized by higher solar irradiance and higher  
308 temperatures than Navarra, which is located in a higher latitude. Accordingly, plantation and  
309 harvest in Extremadura are traditionally earlier. In this particular year, the differences were

310 not dramatic, though a higher number of days with maximum temperatures over 35 °C, as well  
311 as higher accumulated solar radiation and maximum temperatures, were recorded in this site  
312 of cultivation (Fig. 1).

313 It has been described that a dramatic increase of soluble phenolic compounds can be found as  
314 a response of plants to the stress produced by high temperatures (Rivero et al., 2001),  
315 although this study was performed under continuous stressing temperatures. Later, in a more  
316 detailed study Gautier et al. (2008) found higher levels of rutin in tomatoes exposed to high  
317 temperatures (32 °C) but only in higher irradiance conditions, while chlorogenic acid contents  
318 were not affected by temperature nor irradiance. Our results seem to indicate that for the  
319 accumulation rutin (a major polyphenol in tomato) intermediate conditions would be  
320 optimum, as it happens for lycopene accumulation (reviewed by Cebolla-Cornejo et al., 2013).  
321 Higher temperatures and irradiance levels such as those of Extremadura would limit the  
322 accumulation of rutin while the accumulation of hydroxycinnamic acids would not be affected.  
323 Intermediate conditions would favor the accumulation of rutin, at the expense of  
324 hydroxycinnamic acids, as in Navarra 2012. On the other hand, a further reduction in both  
325 temperature and radiation (Navarra 2013) would limit again the accumulation of major  
326 flavonols due to a limitation of photosynthesis, as carbohydrates are the substrates for  
327 flavonoid biosynthesis via the shikimic acid and phenylpropanoid pathways (Dorais, Ehret, &  
328 Papadopoulos, 2008).

329 Nevertheless, other explanations cannot be ruled out. Raffo, La Malfa, Fogliano, Maiani, &  
330 Quaglia (2006) could not find a correlation between different polyphenols and climatic  
331 parameters in cherry tomato, and in fact the accumulation of rutin and chlorogenic acid was  
332 not correlated. It cannot be discarded that in our case, as Raffo et al. (2006) also suggested,  
333 other uncontrolled factors (fertirrigation, plant density...) may have exerted a higher influence  
334 than the temperature and irradiance.



335 As expected, genotype had an important effect on polyphenol accumulation, with the  
336 exceptions of ferulic and *p*-coumaric acids (Table 1). 'Kalvert' clearly outstood for the  
337 accumulation of most polyphenols, including chlorogenic acid (13.80 mg kg<sup>-1</sup> fw), caffeic acid  
338 (2.19 mg kg<sup>-1</sup> fw), rutin (36.33 mg kg<sup>-1</sup> fw), myricetin (2.86 mg kg<sup>-1</sup> fw), quercetin (1.41 mg kg<sup>-1</sup>  
339 fw) and naringenin (11.89 mg kg<sup>-1</sup> fw). Although other genotypes with lower polyphenol  
340 accumulation, in some cases attained similar contents in certain compounds. For example, 'H-  
341 9997' also presented high concentrations of quercetin and naringenin and intermediate of  
342 rutin, and 'H-9661' also outstood for rutin.

343 In previous works, high accumulation of carotenoids in 'Kalvert' and intermediate levels in 'H-  
344 9997' were reported (Lahoz et al., 2016a). The presence in these cvs. of a *hp* gene could  
345 explain the concomitant high levels of polyphenols, as higher amounts of these metabolites  
346 have been found in materials carrying *hp-1* or *hp-2* mutations (reviewed by Martí et al., 2016).  
347 Nevertheless, in that study 'ISI-24424' also presented intermediate carotenoid accumulation  
348 and, accordingly, higher contents of polyphenols would also have been expected. Still, it is  
349 difficult to establish whether a cv. is *hp* or not, since the genes used in the development of  
350 each cv. are not revealed by breeding companies. On the other hand, the identification of high  
351 contents of rutin in 'H-9661', a cv. with low carotenoid content (Lahoz et al., 2016a), opens the  
352 door to find alternative genes, other than *hp*, targeted to improve polyphenol content. Even  
353 more, both strategies could be joined to further increase these contents.

354 The effect of growing system was more limited and it was significant only for caffeic and ferulic  
355 acids and naringenin (Table 1). The accumulation of caffeic acid was higher (by 20%) under  
356 organic farming, while the accumulation of ferulic acid and naringenin was higher (by 13% and  
357 by 15%) in conventional IPM farming. Hallmann (2012) found higher amounts of phenolic  
358 compounds in organic tomatoes. In their work, organic fruits accumulated higher amounts of  
359 rutin, myricetin and quercetin in comparison with conventional IPM ones. Mitchell et al. (2007)  
360 reported higher levels of quercetin and kaempferol under organic farming, suggesting that

361 plants with limited N accumulate more flavonoids than those that are well-supplied. Caris-  
362 Veyrat et al. (2004) also found higher concentrations of rutin and naringenin in organic  
363 tomatoes, but chlorogenic acid contents were higher in conventionally grown tomatoes. As an  
364 explanation, Oliveira et al. (2013) suggested that the higher concentrations of sugars, vitamin C  
365 and polyphenols that they found under organic production would be related to stressing  
366 conditions resulting in oxidative stress, as phenylalanine ammonia lyase, cell membrane lipid  
367 oxidation and superoxide dismutase activities were higher in fruits grown under organic  
368 farming. In our case, the differences are limited, probably suggesting that other factors (i.e.  
369 farmers) might be more important. On the other hand, Anton et al. (2014) found, as in our  
370 case, a limited effect of growing system, and they reported that polyphenols were more  
371 dependent on year and genotype effects. Nevertheless, the existence of strong environmental  
372 effects and interactions implied the necessity to evaluate the effect of growing system  
373 specifically for each environment.

374 We determined polyphenol content in raw samples, but it should be considered that some  
375 authors have found no effect of processing on total phenolics (Dewanto, Wu, Adom, & Liu,  
376 2002), while others such as Gahler, Otto, & Böhm (2003) obtained increased levels (they  
377 suggested that a possible release of phenolics from the matrix might explain it). In any case, it  
378 seems clear that the higher contents observed in raw material would be useful to increase the  
379 functional value of processed tomato.

380

### 381 **3.2. Effects on polyphenol profile: interactions**

382 As the MANOVA revealed strong interactions, it was necessary to perform separate MANOVA  
383 biplot analysis for each environment, in order to determine the performance of each genotype  
384 and growing system in each one. The analysis of the differences between MANOVA biplots  
385 reveals the interaction effects. These biplots revealed the superior performance of 'Kalvert' in  
386 the accumulation of most polyphenols, independently of the site of cultivation (Fig. 2),

387 revealing a high stability in the trait. For the rest of the cvs., the performance was strongly  
388 dependent on the environmental conditions.

389 Under milder climate conditions, as those in Navarra, minor differences were found for the  
390 majority of the cvs. between conventional IPM and organic farming. Even among cvs. only  
391 'Kalvert' outstood and in this case, the differences between both growing systems were  
392 limited, as the projections of the Bonferroni confidence circles overlapped for most vectors  
393 (Fig. 2). It should be mentioned, though, that in Navarra 2013, 'ISI-24424' under organic  
394 farming showed a different performance with higher caffeic acid and lower naringenin  
395 contents, but this response was not reproduced in the other environments.

396 In conditions with higher irradiance and temperature, as in Extremadura, the specific  
397 performance of each cv. would be more clear. In fact, in the biplot for Extremadura a clear  
398 differentiation can be observed among cvs. The performance of intermediate content  
399 genotypes such as 'ISI-24424' and 'H-9661' is more similar to 'Kalvert', while 'H-9997' outstood  
400 for the accumulation of naringenin and caffeic acid. Low content genotypes, 'CXD-277' and 'H-  
401 9036' showed a much lower accumulation than the rest. In this site, the difference between  
402 organic and convention cultivation is mainly due to the higher accumulation of ferulic acid, as  
403 for most cvs. the differentiation depends on the second component, which is parallel to the  
404 vector of ferulic acid. For the rest of the compounds with significant effects of the type of  
405 cultivation (solid lines in Fig.2) the differences are limited. Only in certain cvs., such as 'H-  
406 9661', the projections on chlorogenic or rutin revealed slightly higher accumulation under  
407 organic farming. Again, the effect of the growing system seems limited compared to the effect  
408 of the genotype.

409

### 410 **3.3. Effects on L-ascorbic acid accumulation**

411 The environment and genotype had a significant effect on L-ascorbic acid concentration (Table  
412 2). Higher accumulation was obtained in the conditions of Navarra 2012. Although other

413 explanations cannot be ruled out, it seems that the environment may justify this difference. As  
414 reviewed by Dumas, Dadomo, Di Lucca, & Grolier (2003), light exposure is favorable to vitamin  
415 C accumulation, and Liptay, Papadopoulos, Bryan, & Gull (1986) concluded that higher  
416 temperatures (24°C vs. 31°C) enhanced ascorbic acid content. Therefore, the conditions of  
417 Extremadura would favor accumulation. But, it has also been described that for similar  
418 irradiance conditions, ascorbic acid concentration is lower at higher temperatures when the  
419 range of temperatures is shorter (27°C vs. 32°C) and maximum temperatures are higher  
420 (Gautier et al., 2008), as in our case. It seems that this may be the explanation for the higher  
421 contents detected in Navarra, with less stressing temperatures. Regarding the differences  
422 between Navarra 2012 and 2013, the lower contents of the latter would be caused by the  
423 lower radiation and temperatures registered during this year (Fig. 1).

424 Regarding the genotype effect, L-ascorbic acid accumulation ranged from 107.54 to 136.37 mg  
425 kg<sup>-1</sup> fw. 'CXD-277' again was the cv. with the lowest accumulation. In this case, the low  
426 accumulation of polyphenols and L-ascorbic acid of this cv. contrasts with the relatively high  
427 accumulation of carotenoids and, especially, of sugar and acids observed in previous studies  
428 (Lahoz et al., 2016a). On the other hand, the highest levels corresponded to 'H-9661' and  
429 'Kalvert'. The high accumulation observed in 'Kalvert' might be related to the presence of a *hp*  
430 mutation, as these mutations have been linked with increased levels of carotenoids,  
431 polyphenols and ascorbic acid (reviewed by Martí et al., 2016) This cv. also offers a great  
432 accumulation of sugars, acids and even aroma compounds (Lahoz et al., 2016a; Lahoz et al.,  
433 2016b), thus proving to be an ideal cv. targeted to high quality markets. Nevertheless, the  
434 price premium paid should compensate its lower yield compared to conventional cvs. such as  
435 'H-9036' or 'H-9661' (Lahoz et al., 2016a).

436 Growing system did not affect L-ascorbic acid accumulation (Table 2). Nevertheless, a strong  
437 environmental effect and interactions were detected. In fact, in 2013 an outbreak of *Alternaria*  
438 was detected, and consequently the results had to be analyzed independently for each

439 environment (Fig. 3). As a result, the effect of growing system in Extremadura (with higher  
440 radiation and temperature) was significant, increasing mean cultivar L-ascorbic contents by  
441 58%. In the milder conditions of Navarra 2012 the effect was not significant, while in Navarra  
442 2013 it was negative and contents under organic farming were reduced by 45% (Fig. 3).

443 In Extremadura, the lower contents detected in conventional IPM growing might be related to  
444 the fertilization applied. Dumas et al. (2003) described that high rates of nitrogen fertilizers  
445 tend to decrease vitamin C content in tomato. In the same sense, Toor, Savage, & Heeb (2006)  
446 found higher levels of ascorbic acid in tomatoes grown with organic fertilization than with  
447 mineral nutrient solutions. But again, as stated above, the effect of organic farming may be  
448 also a response towards stressing conditions under this management (Oliveira et al., 2013).

449 Several authors have observed a similar trend. Caris-Veyrat et al. (2004), Chassy, Bui, Renaud,  
450 Van Horn, & Mitchell (2006) and Vinha et al. (2014) found considerably higher levels of  
451 ascorbic acid under organic farming (higher than 30%, 23%, 30%, respectively). Other authors  
452 such as Hallmann (2012) have also observed this effect, but much more limited (in this case  
453 the difference was limited to a 1% difference). Similarly, Juroszek, Lumpkin, Yang, Ledesma, &  
454 Ma (2009) found no significant differences in the content of ascorbic acid between  
455 conventional and organic farming management. Maybe these conditions resemble those of  
456 Navarra 2012, where the increase in 5.8% of L-ascorbic under organic farming was not  
457 significant.

458 On the other hand, Rossi et al. (2008) observed lower levels of vitamin C content under organic  
459 farming (almost one half). This behavior is similar to that found in Navarra in 2013. Although  
460 the reduction observed in ascorbic acid contents in Navarra 2013 should be carefully handled,  
461 as following an *Alternaria* pathogen infection an oxidative burst reaction characterized by the  
462 rapid production of reactive oxygen species (ROS) occurs, and defense mechanisms including  
463 ascorbate peroxidase activities are triggered to scavenge the excess of H<sub>2</sub>O<sub>2</sub> (Meena et al.,  
464 2016). Consequently, a reduction in the pool of ascorbate would be expected when oxidative

465 damage occurs (Ding et al., 2009). It is impossible to determine if the reduction observed in  
466 this environment was due to the growing system or to the infection. Nevertheless, it seems  
467 clear that organic farming with reduced preventive and curative measures will be exposed to  
468 reductions in L-ascorbic contents.

469 Apart from the obvious great differences between both cultivations systems and their  
470 application by different research groups or farmers, the specific selection of genotypes for  
471 each study may play an important role to justify these differences, as Caris-Veyrat et al. (2004)  
472 found that some varieties may increase ascorbic acid levels under organic farming, while  
473 others remained with similar levels. This trend was also observed in our study, with a higher  
474 impact of organic farming on the contents of 'CXD-277' than in the rest of cultivars (Fig. 3).

475 The benefits of genotype selection and growing environment on processing tomato may be  
476 useful only for certain products. Vitamin C is unstable at high temperatures, therefore  
477 processing tends to reduce its contents. Dewanto et al. (2002) and Gahler et al. (2003)  
478 confirmed the decline in vitamin C with increasing heating time and processing steps in  
479 different tomato products. Nevertheless, Gahler et al. (2003) observed that in some products  
480 this decline can be compensated by the loss of water and an increase in dry matter. In any  
481 case, the higher contents observed in raw material would, again, be useful to increase the  
482 functional value of processed tomato.

483

#### 484 **4. Conclusions**

485 The use of high lycopene cvs. such as 'Kalvert' can offer increased levels of polyphenols and L-  
486 ascorbic acid, that joined to the high levels of carotenoids, sugars and acids and aroma  
487 volatiles, positions this type of materials as ideal to satisfy the demands of high-quality  
488 markets. Nevertheless, considerably amounts of polyphenols and L-ascorbic acid can be also  
489 detected in conventional cvs. with higher yields. The genotype effect has a considerably higher  
490 impact on the accumulation of these chemoprotective compounds than the growing system

491 selected. Organic farming has a limited effect on the accumulation of polyphenols, which is  
492 highly dependent on the site of cultivation. On the other hand, organic farming increases L-  
493 ascorbic acid contents, though this increase again depends on the cultivar and site of  
494 cultivation considered.

495

#### 496 **Conflict of interest**

497 The authors declare no conflict of interest.

498

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630

631

632 **Figure 1.** Climate conditions in Navarra (Nav 2012 and Nav 2013) and Extremadura (Ext 2012) during  
633 the cultivation periods. Vertical lines indicate plantation (P) and harvest (H) dates in Navarra (N) or  
634 Extremadura (E) during the year 2012 (12) or 2013 (13) and under conventional (C) or organic farming  
635 (O) management. When starting (s) end ending dates (e) were different, it is indicated with lower case  
636 letters.

637

638 **Figure 2.** MANOVA biplot for polyphenol accumulation in Extremadura 2012, Navarra 2012 and Navarra  
639 2013 under conventional (Conv-cv. name) or organic farming (Org-cv. name). Polyphenol abbreviations:  
640 chlorogenic acid (Chlor), caffeic acid (Caff), *p*-coumaric acid (*p*-Cou), ferulic acid (Fer), rutin (Rut),  
641 myricetin (Myr), quercetin (Quer), naringenin (Naring). Circles represent Bonferroni confidence  
642 intervals. Circles with solid lines correspond to organic farming and circles with dashed lines correspond  
643 to conventional farming. Significance of differences is inferred when the projections of confidence  
644 circles on each vector do not overlap. Solid vector lines represent significant effects of the type of  
645 cultivation and dashed lines represent no significant effects of this factor.

646

647 **Figure 3.** Mean increase (%) of L-ascorbic acid content when the plants were cultivated under organic  
648 farming compared to conventional management. Left: Mean effect of the cultivar in each environments.  
649 Right: Mean effect of the environment (Extremadura 2012, Navarra 2012 and Navarra 2013) considering  
650 all the cultivars. \*\*ANOVA  $p$ -value<0.001; ns not significant.

651

**Table 1.** Effect of the site of cultivation, genotype and growing system on polyphenol content expressed in mg kg<sup>-1</sup> of fresh weight

		Chlorogenic acid	Caffeic acid	<i>p</i> -Coumaric acid	Ferulic acid	Rutin	Myricetin	Quercetin	Naringenin
Environment (S)	<i>p value</i>	<0.001	<0.001	0.036	<0.001	0.001	<0.001	<0.001	0.196
	Extremadura 2012	13.90 <sup>b*</sup>	0.98 <sup>a</sup>	0.32 <sup>b</sup>	0.61 <sup>b</sup>	20.36 <sup>a</sup>	0.85 <sup>a</sup>	1.08 <sup>b</sup>	9.86 <sup>a</sup>
	Navarra 2012	6.91 <sup>a</sup>	0.94 <sup>a</sup>	0.30 <sup>ab</sup>	0.46 <sup>a</sup>	25.86 <sup>b</sup>	0.81 <sup>a</sup>	0.94 <sup>b</sup>	8.83 <sup>a</sup>
	Navarra 2013	8.10 <sup>a</sup>	1.82 <sup>b</sup>	0.22 <sup>a</sup>	0.48 <sup>a</sup>	21.21 <sup>a</sup>	1.82 <sup>b</sup>	0.49 <sup>a</sup>	8.86 <sup>a</sup>
Genotype (G)	<i>p value</i>	<0.001	<0.001	0.510	0.025	<0.001	<0.001	<0.001	<0.001
	'CXD-277'	7.53 <sup>a</sup>	0.82 <sup>a</sup>	0.26 <sup>a</sup>	0.48 <sup>ab</sup>	14.74 <sup>a</sup>	0.86 <sup>ab</sup>	0.48 <sup>a</sup>	7.53 <sup>a</sup>
	'H-9661'	9.66 <sup>a</sup>	0.97 <sup>ab</sup>	0.29 <sup>a</sup>	0.53 <sup>ab</sup>	29.72 <sup>c</sup>	0.64 <sup>ab</sup>	0.64 <sup>a</sup>	8.72 <sup>a</sup>
	'H-9997'	8.85 <sup>a</sup>	1.15 <sup>b</sup>	0.28 <sup>a</sup>	0.51 <sup>ab</sup>	20.63 <sup>b</sup>	1.12 <sup>b</sup>	1.14 <sup>bc</sup>	11.75 <sup>b</sup>
	'H-9036'	8.81 <sup>a</sup>	0.97 <sup>ab</sup>	0.35 <sup>a</sup>	0.61 <sup>b</sup>	12.39 <sup>a</sup>	0.17 <sup>a</sup>	0.52 <sup>a</sup>	6.49 <sup>a</sup>
	'ISI-24424'	9.15 <sup>a</sup>	1.37 <sup>c</sup>	0.25 <sup>a</sup>	0.42 <sup>a</sup>	21.06 <sup>b</sup>	1.30 <sup>b</sup>	0.81 <sup>ab</sup>	8.71 <sup>a</sup>
	'Kalvert'	13.80 <sup>b</sup>	2.19 <sup>d</sup>	0.26 <sup>a</sup>	0.54 <sup>ab</sup>	36.33 <sup>d</sup>	2.86 <sup>c</sup>	1.41 <sup>c</sup>	11.89 <sup>b</sup>
Growing system (C)	<i>p value</i>	0.155	<0.001	0.054	0.031	0.749	0.509	0.656	0.008
	Conventional	9.31	1.13	0.25	0.55	22.29	1.21	0.86	9.90
	Organic	9.96	1.36	0.31	0.48	22.67	1.11	0.81	8.46
SxG	<i>p value</i>	0.12	<0.001	<0.001	0.001	<0.001	<0.001	0.068	0.011
SxC	<i>p value</i>	<0.001	<0.001	0.124	0.021	<0.001	0.115	0.050	0.284
GxC	<i>p value</i>	0.075	<0.001	0.358	0.015	0.012	0.050	0.169	0.436

\*Different letters indicate significant differences at  $p < 0.05$  (Tukey B test).

**Table 2.** Effect of the site of cultivation, genotype and growing system on L-ascorbic acid content expressed in mg kg<sup>-1</sup> of fresh weight

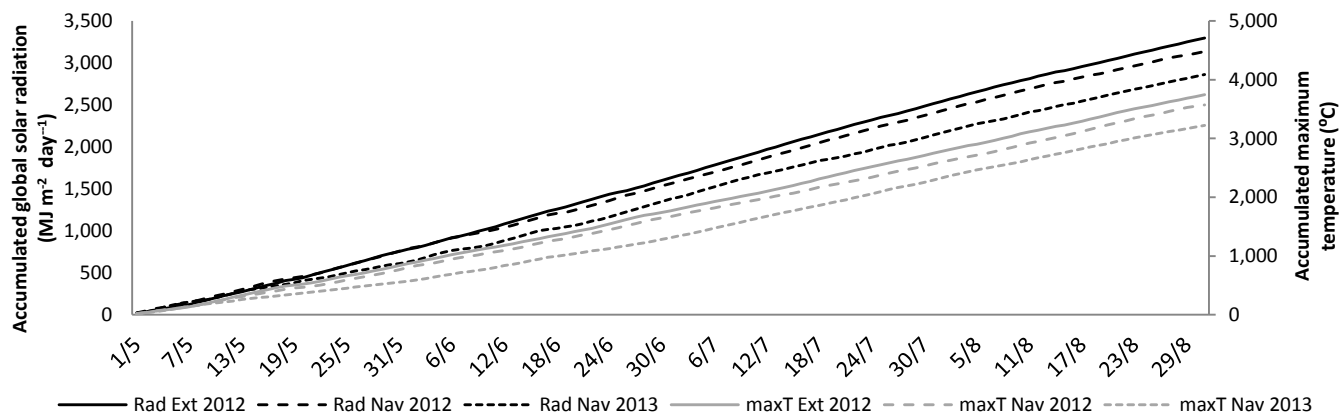
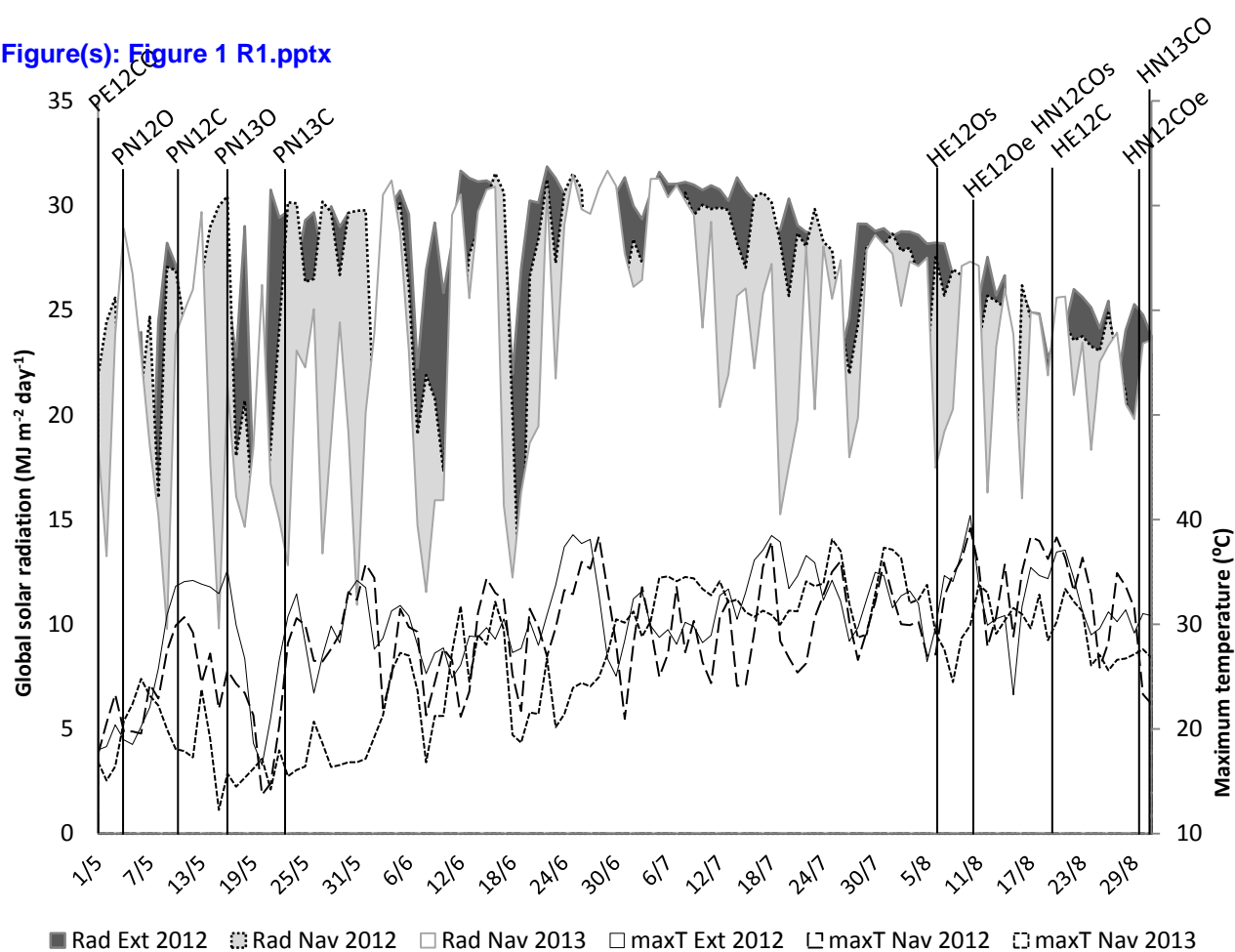
	<i>p value</i>		L-ascorbic acid
Environment (E)	<0.001	Extremadura 2012	113.94 <sup>a*</sup>
		Navarra 2012	155.82 <sup>b</sup>
		Navarra 2013	100.56 <sup>a</sup>
Genotype (G)	0.007	'CXD-277'	107.54 <sup>a</sup>
		'H-9661'	136.37 <sup>b</sup>
		'H-9997'	117.19 <sup>ab</sup>
		'H-9036'	132.11 <sup>ab</sup>
		'ISI-24424'	112.40 <sup>ab</sup>
		'Kalvert'	135.02 <sup>b</sup>
Growing system (C)	0.933	Conventional	123.21
		Organic	123.67
ExC	<0.001		
ExG	0.002		
CxG	0.106		
ExGxC	0.318		

\*Different letters indicate significant differences at  $p < 0.05$  (Tukey B test).



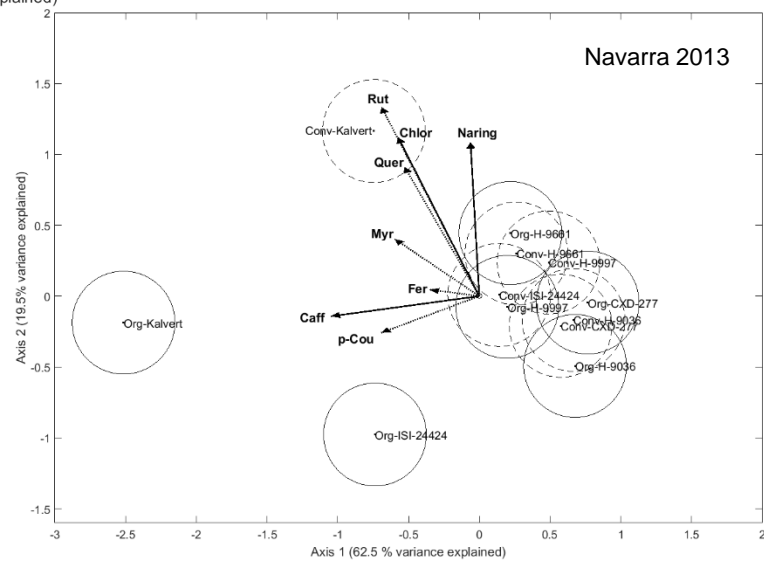
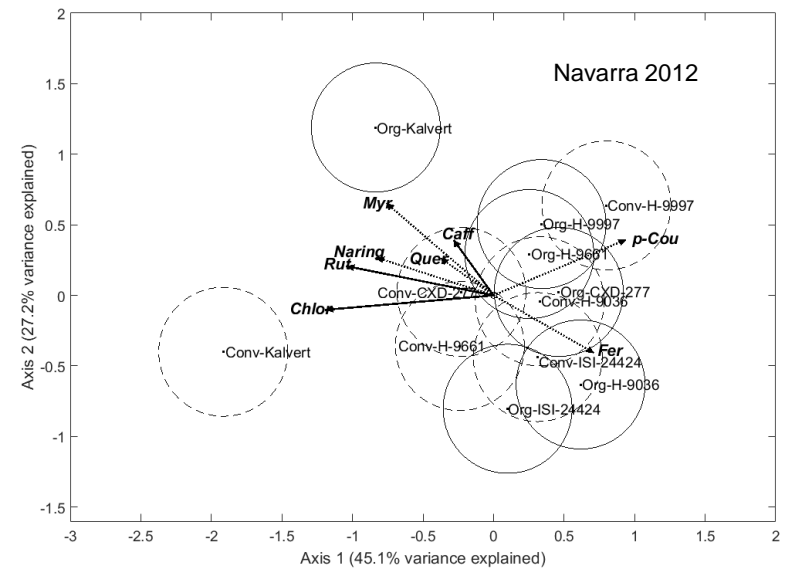
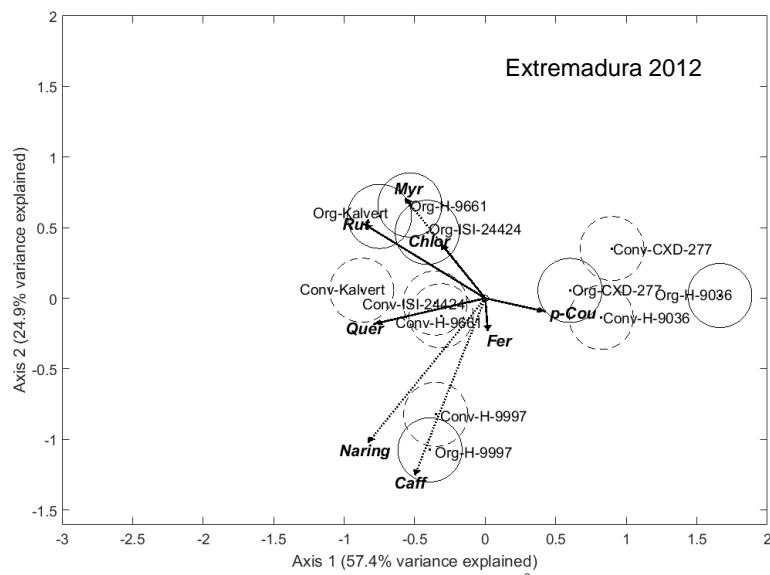
Figure(s)

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# Figure(s)

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