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Abstract

Oregano essential oil (OEO) has good antioxidant and antimicrobial activity and its incorporation into food packaging is challenging because of its intense flavor, high volatility and instability, and insolubility in aqueous systems. Additionally, the sensory perception of EO can be changed as a consequence of oxidation, heating, volatilization or chemical interactions. Cyclodextrins (CDs) can be used to avoid these inconveniences because they are able, due to their peculiar chemical structure, to encapsulate hydrophobic molecules such as OEO improving its aqueous solubility and reducing its volatility. In this work, kneading (KM) and freeze-drying (FDM) methods were evaluated to encapsulate OEO in two cyclodextrins types (α -CD and γ -CD). After, the α -CD:OEO and γ -CD:OEO inclusion complexes (ICs) were included in poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) electrospun fibers by electrospinning and annealed for film formation. Results showed that the encapsulation efficiency of oregano essential oil is influenced by both the encapsulation methods and the cyclodextrin type. The antimicrobial and antioxidant activity of the α -CD:OEO and γ -CD:OEO inclusion complexes were higher compared with pure OEO. The optimal concentration of α -CD:OEO inclusion complexes and γ -CD:OEO inclusion complexes for homogeneous and continuous films formation was 15 and 25 wt%, respectively. At these concentrations, the films showed a strong antimicrobial and antioxidant activity, up to 15 days. In addition, the mechanical properties of the films were also improved (Young's modulus + 35%). In conclusion, this work shows that the encapsulation of CD:OEO inclusion complexes by electrospinning into PHBV polymeric matrix opens a new path in the development of bioactive packaging materials using EOs.

Keywords	poly(3-hydroxybutyrate-co-3-hydroxyvalerate); cyclodextrins; oregano essential oil; antioxidant; antibacterial.
Corresponding Author	DANIELA ENESCU
Corresponding Author's Institution	INTERNATIONAL IBERIAN NANOTECHNOLOGY LABORATORY
Order of Authors	DANIELA ENESCU, Kelly Johana Figueroa López, Jose Maria LAGARON, Lorenzo Pastrana, Pablo Fuciños, Sergio Torres-Giner, Luis Cabedo, Miquel Cerqueira
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“Potential of the encapsulation of oregano essential oil / α - and γ -cyclodextrin inclusion complexes into poly(3-hydroxybutyrate-co-3-hydroxyvalerate) films by electrospinning in the development of bioactive food packaging”

authors: K. J. Figueroa-Lopez , D. Enescu, S. Torres-Giner, L. Cabedo, M. A. Cerqueira, L. Pastrana, P. Fuciños, J.M. Lagaron, to be published in Food Hydrocolloids.

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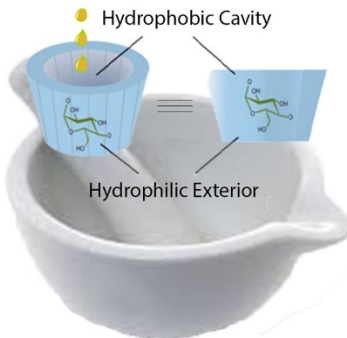
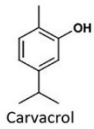
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HIGHLIGHTS

- Electrospinning of cyclodextrin:oregano essential oil inclusion complexes into poly(3-hydroxybutyrate-*co*-3-hydroxyvalerate) polymeric matrix was studied for the first time.
- The new packaging material revealed a good antimicrobial and antioxidant activity, up to 15 days.
- The Young's modulus of the new packaging material was increased up to 35%.

Cyclodextrin:Oregano essential oil inclusion complexes (CD:OEO)



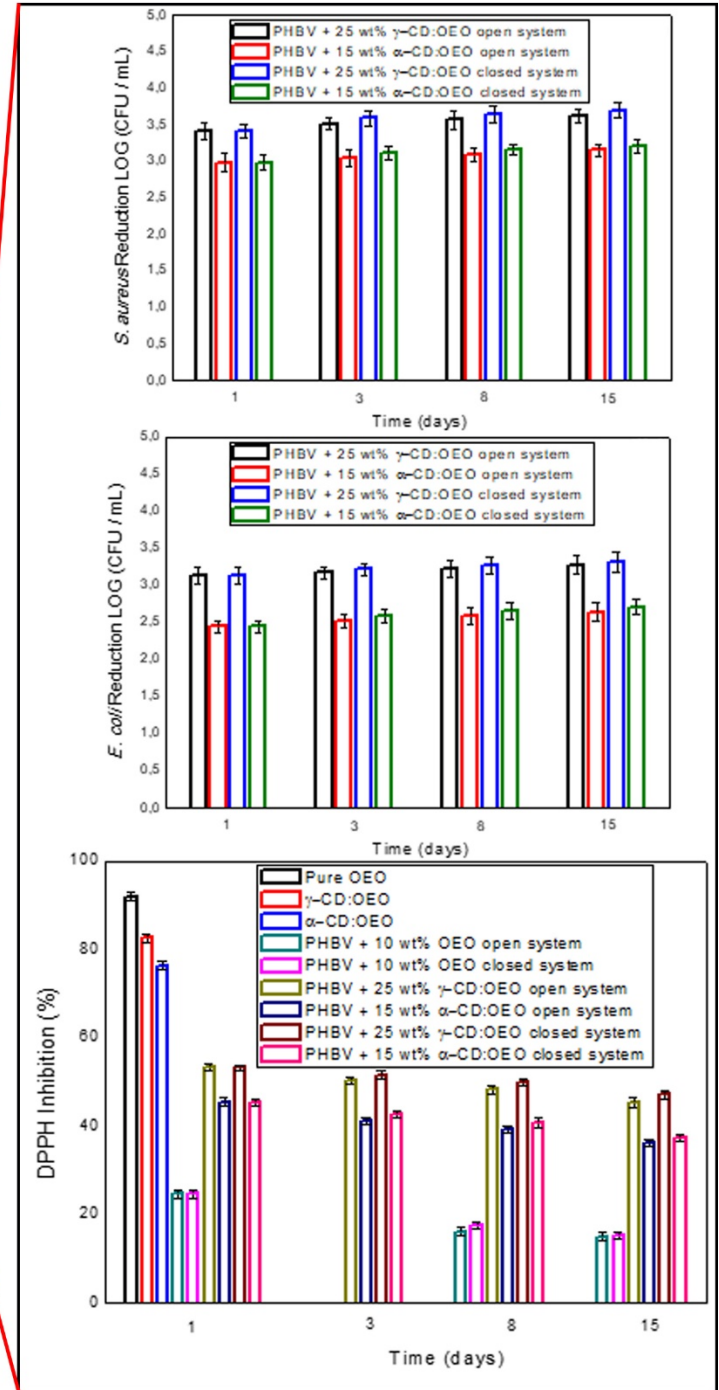
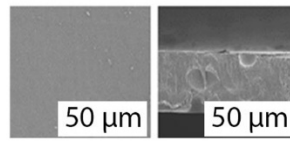
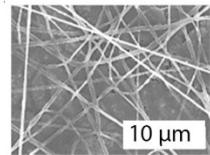
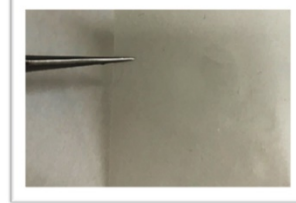
Electrospinning



Fibers PHBV + 25 wt% γ -CD:OEO



Film PHBV + 25 wt% γ -CD:OEO



1 **Potential of the encapsulation of oregano essential oil/ α - and γ -**
2 **cyclodextrin inclusion complexes into poly(3-hydroxybutyrate-co-3-**
3 **hydroxyvalerate) films by electrospinning in the development of bioactive**
4 **food packaging**

5

7 K. J. Figueroa-Lopez ^{a*}, D. Enescu^{b**}, S. Torres-Giner ^a, L. Cabedo ^c, M. A. Cerqueira ^b, L.
8 Pastrana ^b, P. Fuciños ^b, J.M. Lagaron ^{a***}

*Corresponding author. Novel Materials and Nanotechnology Group, Instituto de Agroquímica y Tecnología de Alimentos (IATA), Calle Catedrático Agustín Escardino Benllonch 7, 46980 Valencia, Spain; International Iberian Nanotechnology Laboratory (INL), Department Life Sciences, Research Unit: Nano4Food/Food Processing, Braga, Portugal

E-mail addresses: kjfigueroal@iata.csic.es (K.J. Figueroa-Lopez); danielaenescu@gmail.com (D. Enescu), lagaron@iata.csic.es (J.M. Lagaron).

9

10 ^a Novel Materials and Nanotechnology Group, Instituto de Agroquímica y Tecnología de Alimentos (IATA),
11 Calle Catedrático Agustín Escardino Benllonch 7, 46980 Valencia, Spain.

12 ^b INL - International Iberian Nanotechnology Laboratory, Av. Mestre José Veiga s/n, 4715-330, Braga,
13 Portugal.

14 ^c Polymers and Advanced Materials Group (PIMA), Universitat Jaume I (UJI), Avenida de Vicent Sos Baynat
15 s/n, 12071 Castellón, Spain.

16

17 **ABSTRACT** Oregano essential oil (OEO) has good antioxidant and antimicrobial activity and its
18 incorporation into food packaging is challenging because of its intense flavor, high volatility and instability,
19 and insolubility in aqueous systems. Additionally, the sensory perception of EO can be changed as a
20 consequence of oxidation, heating, volatilization or chemical interactions. Cyclodextrins (CDs) can be used to
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22 hydrophobic molecules such as OEO improving its aqueous solubility and reducing its volatility. In this work,
23 kneading (KM) and freeze-drying (FDM) methods were evaluated to encapsulate OEO in two cyclodextrins
24 types (α -CD and γ -CD). After, the α -CD:OEO and γ -CD:OEO inclusion complexes (ICs) were included in
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27 the encapsulation methods and the cyclodextrin type. The antimicrobial and antioxidant activity of the α -
28 CD:OEO and γ -CD:OEO inclusion complexes were higher compared with pure OEO. The optimal
29 concentration of α -CD:OEO inclusion complexes and γ -CD:OEO inclusion complexes for homogeneous and
30 continuous films formation was 15 and 25 wt%, respectively. At these concentrations, the films showed a strong
31 antimicrobial and antioxidant activity, up to 15 days. In addition, the mechanical properties of the films were
32 also improved (Young's modulus + 35%).

33 In conclusion, this work shows that the encapsulation of CD:OEO inclusion complexes by electrospinning
34 into PHBV polymeric matrix opens a new path in the development of bioactive packaging materials using EOs.

35

36 **HIGHLIGHTS**

- 37 • Electrospinning of cyclodextrin:oregano essential oil inclusion complexes into poly(3-hydroxybutyrate-co-
38 3-hydroxyvalerate) polymeric matrix was studied for the first time.
- 39 • The new packaging material revealed a good antimicrobial and antioxidant activity, up to 15 days.
- 40 • The Young's modulus of the new packaging material was increased up to 35%.

41

42 **Keywords:** poly(3-hydroxybutyrate-co-3-hydroxyvalerate), cyclodextrins, oregano essential oil, antioxidant,
43 antibacterial.

44

45 **1. Introduction**

46 Essential oils (EOs) are mixtures of volatile organic compounds obtained from aromatic plants that are well
47 known for their fragrant properties. They are also used in food preservation and in antimicrobial, analgesic,
48 sedative, anti-inflammatory, spasmolytic and locally anesthetic remedies (Bakkali, Averbeck, Averbeck, &
49 Idaomar, 2008; Ribeiro-Santos, Andrade, Melo, & Sanches-Silva, 2017). Their mechanisms of active and
50 bioactive action, particularly at the antimicrobial level, have been well reported (Owen & Laird, 2018; Sharifi-
51 Rad et al., 2017). The global market of EOs was 226.9 kton/year in 2018 (Research, 2018) while approximately
52 160 essential oils are considered as Generally Recognized as Safe (GRAS) by the U.S. Food and Drug
53 Administration (FDA, 2016). Therefore, their application is currently growing in the food and beverage,
54 personal care & cosmetics, aromatherapy, and pharmaceutical industries (Bakhtiary, Sayevand, Khaneghah,
55 Haslberger, & Hosseini, 2018; Prakash, Kedia, Mishra, & Dubey, 2015; Prakash, Singh, Kedia, & Dubey, 2012;
56 Raut & Karuppayil, 2014).

57 Among EOs, oregano essential oil (OEO) is one of the most interesting since it is FDA approved and it is also
58 included by the Council of Europe in the list of chemical flavorings that may be added to foodstuffs (EU No
59 872/2012; De Vincenzi, Stamatii, De Vincenzi, & Silano, 2004). In particular, OEO contains a mixture of
60 bioactive related components such as carvacrol and thymol that can be used as antioxidant and antimicrobial
61 agents for active packaging purposes (Figuroa-Lopez, Vicente, Reis, Torres-Giner, & Lagaron, 2019).
62 However, the incorporation of OEO into a food packaging material is a challenging task due to several factors
63 such as potent flavor changes, variations of the sensory perception as a consequence of oxidation, high volatility,

64 chemical instability, low solubility in aqueous systems, etc. (Ju et al., 2019). In particular, OEO can evaporate
65 easily and it decomposes and oxidizes during formulation, processing, and storage due to exposure to heat,
66 pressure, light, or oxygen (Beirão-da-Costa et al., 2013; Hosseini, Zandi, Rezaei, & Farahmandghavi, 2013).
67 These inconveniences can be effectively minimizing by encapsulation processes in different systems such as
68 films, capsules, liposomes or inclusion complexes (Crini, 2014; Marques, 2010; Sherry, Charcosset, Fessi, &
69 Greige-Gerges, 2013). Encapsulation allows creating a physical barrier between the core and the wall materials
70 to protect OEO from the external medium (moisture, heat, light) and, thus, it enhances stability and maintains
71 bioactivity (Sagiri, Anis, & Pal, 2016).

72 Cyclodextrins (CDs) are cyclic oligosaccharide consisting of six, that is, α -cyclodextrin (α -CD), seven, that
73 is, β -cyclodextrin (β -CD) or eight, that is, γ -cyclodextrin (γ -CD) glucopyranose units modified starch
74 molecules shaped like a hollow truncated cone (Del Valle, 2004). CDs are fairly water soluble, however β -CD
75 shows remarkably lower solubility than α -CD and γ -CD. During crystallization in aqueous medium, some
76 molecules of water are entrapped into the CD cavity whereas others molecules of water are present as integral
77 parts of the crystal structure, the so-called crystal water. CD inclusion complexes are formed by the substitution
78 of the water molecules of the CD cavity by the appropriate guest molecule (Harada, Suzuki, Okada, & Kamachi,
79 1996; Szejtli, 1998). These inclusion complexes can be used to encapsulate different compounds since CDs
80 cannot only stabilize the compound encapsulated against the degradation mechanisms triggered by
81 environmental conditions but they also can reduce the sensory changes by masking strong flavors (Marques,
82 2010; Szejtli, 1998). Furthermore, CDs can also offer a controlled and sustained release of aromatic substances
83 (Marques, 2010; Wang & Chen, 2005). In addition, the CD chemical structures are habitually inert and they do
84 not interfere with the biological properties of EOs (Bilia et al., 2014; Del Valle, 2004). They are additionally
85 relatively cost effective, biodegradable, do not pose a significant safety concern, and encapsulation can be
86 performed both in solution and solid state (Crini, 2014). Several procedures have been then developed to prepare
87 inclusion complexes, for instance kneading method (KM), co-precipitation, heating in a sealed container,
88 freeze-drying method (FDM), spray drying, and supercritical fluid technology (Loftsson & Brewster, 1996).
89 The essentials oils are thermolabile substances sensitive to the effects of light, oxygen, humidity and high
90 temperatures and can be lost activity. It is for this reason that the electrospinning encapsulation technology has
91 been used for the protection, stabilization, solubilization and delivery of the active substances (Gao et al., 2019).

92 In this regard, the electrospinning process is a novel technology that produces ultrathin fibrous mats made of a
93 wide range of polymers and biopolymers with fiber diameters ranging from several nanometers to a few microns
94 (Li & Xia, 2004). This technique is highly suitable for the nanoencapsulation of active and bioactive substances,
95 which is the case of CDs, due to both the high surface-to-volume ratios of the electrospun materials and the
96 high porosity of their mats (Torres-Giner, Pérez-Masiá, & Lagaron, 2016; Torres-Giner, Wilkanowicz,
97 Melendez-Rodriguez, & Lagaron, 2017). Furthermore, allow processing volatile substances such as CDs
98 because the process is performed at room temperature (Kayaci & Uyar, 2012). The resultant electrospun fibers
99 can be potentially applied in sustainable food packaging applications (Torres-Giner, 2011; Torres-Giner,
100 Busolo, Cherpinski, & Lagaron, 2018) either in the form of coatings or interlayers with bioplastic films (Quiles-
101 Carrillo, Montanes, Lagaron, Balart, & Torres-Giner, 2019a; Torres-Giner, Martinez-Abad, & Lagaron, 2014).
102 Moreover, the electrospun mats can be subjected to a thermal post-treatment, also called annealing, by which
103 they form mechanically strong and transparent films with little porosity due to the fibers coalescence
104 (Cherpinski, Torres-Giner, Cabedo, & Lagaron, 2017). Due to the advantages described above, electrospinning
105 has been recently employed to produce multi-functional fibers from different biopolymers (Gao et al., 2019),
106 such as polyhydroxyalkanoates (PHAs), that are biodegradable microbial polyesters (Zhang, Shishatskaya,
107 Volova, da Silva, & Chen, 2018). Indeed, PHAs are excellent candidates for food packaging applications due
108 to their resistance to water, low oxygen permeability, thermoplastic processability, and good physical and
109 mechanical properties (Dietrich, Dumont, Del Rio, & Orsat, 2019).

110 In this context, the aim of this research work was to encapsulate oregano essential oil into cyclodextrins and
111 their inclusion into poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) fibers by electrospinning to
112 develop an active packaging material with improved antioxidant and antimicrobial activity to design
113 biodegradable packaging that can prolong the shelf life of certain food products.

114

115 **2. Experimental**

116 **2.1. Materials**

117 Oregano essential oil (OEO) with a purity >99% and a density of 0.925–0.955 g/mL was obtained from Gran
118 Velada S.L. (Zaragoza, Spain) and it was processed as received. Wacker Chemie AG (Munich, Germany)
119 supplied both food-grade cyclodextrin (CD): α -CD, known as trademark - CAVAMAX® W6 FOOD with

120 molecular (M_w) of 972.84 g/mol and γ -CD, known as trademark - CAVAMAX[®] W8 FOOD with M_w of 1297
121 g/mol. Their respective empirical formulas were $C_{36}H_{60}O_{30}$ and $C_{48}H_{80}O_{40}$ while the chemical structures are
122 shown in Fig. 1 and further details are gathered in Table 1. Commercial PHBV was ENMAT[™] Y1000P,
123 produced by Tianan Biologic Materials (Ningbo, China) and delivered in the form of pellets by Nature Plast
124 (Ils, France). According to the manufacturer, this biopolymer resin presents a density of 1.23 g/cm³ and a melt
125 flow index (MFI) of 5–10 g/10 min (190 °C, 2.16 Kg). The 3HV fraction in the copolyester is 2–3 mol.-%.
126 2,2,2-trifluoroethanol (TFE), $\geq 99\%$ purity and 2,2-diphenyl-1-picrylhydrazyl radical (DPPH) were purchased
127 from Sigma Aldrich S.A. (Madrid, Spain). Ethanol, analytical grade with purity of 99.8%, was supplied by
128 Sigma-Aldrich. Water Milli-Q[®] was obtained using a Millipore purification system (resistivity \square 18.2 M Ω -cm
129 at 25 °C).

130

131 **Table 1**

132 **Fig. 1**

133 *Preparation of the Inclusion Complexes*

134 To prepare the inclusion complexes, OEO was dispersed in CD aqueous solutions at the weight ratios of 20:80
135 wt/wt and 15:85 wt/wt for γ -CD and α -CD, respectively. These weight ratios between guest:host (OEO:CD)
136 were chosen based on the maximum encapsulation efficiency reported by (Petrovi, Stojanovi, & Radulovi,
137 2010) and (Haloci et al., 2014).

138

139 *2.2.1. Kneading Method (KM)*

140 The inclusion complexes was carried out by KM as described by (Santos, Kamimura, Hill, & Gomes, 2015)
141 and (Hedges, 1998) with some modifications. Briefly, OEO was dispersed in the CD aqueous solutions and
142 water was added at 0.25 mL. The resultant CD:OEO mixture was kneaded thoroughly in a mortar and pestle
143 for 18 min until a homogenous blend was obtained. The kneaded inclusion complexes (pasty mass) obtained
144 was dried in a desiccator under vacuum for 48 h at room temperature (25 °C) and then weighted, sealed, and
145 stored at -20 °C.

146

147 *2.2.2. Freeze Drying Method (FDM)*

148 The preparation of the inclusion complexes by the FDM was carried out according to (Santos et al., 2015) with
149 also slight modifications. OEO was dispersed in 2.5 ml of the CD aqueous solutions and the resultant mixtures
150 were magnetically stirred at 250 rpm in a sealed container for 48 h at room temperature (25 °C) to allow complex
151 formation. Paraffin film and aluminium foil was used to prevent loss of volatiles and to protect the samples
152 from the light. The suspensions were then frozen first at -20 °C for 24 h and then at -80 °C for 24 h and finally
153 lyophilized at -50 °C and 0.1 mbar in a Freeze Dryer (LyoQuest -55 Plus Eco Telstar® Life Science solutions,
154 Hampton, USA) until the water was sublimated (approximately 48 h). The freeze-dried inclusion complex was
155 weighted, sealed, and stored at -20 °C.

156

157 2.3. Inclusion Complexes Characterization

158

159 2.3.1. Entrapment Efficiency and Loading Capacity

160

161 10 mg of each type of inclusion complexes (α -CD:OEO and γ -CD:OEO at 80:20 and 15:85 weight ratios),
162 were dispersed in 10 mL of absolute ethanol and stirred for 30 min in an Eppendorf mixer device
163 (ThermoMixer™ C, Fisher Scientific®, Hampton, USA) at 1000 rpm to allow the entrapped OEO in the CD
164 cavity to be released to the solution for analysis. Then, the solution obtained was sonicated in a ultrasonic bath
165 for 30 min at 37 Hz and 90 W at room temperature and thereafter centrifugated for 30 min at 2500 rpm to
166 remove any CD from the solution. This resulted in a solution with a supernatant containing the OEO, which
167 was used for analysis. The OEO content was determined spectrophotometrically (Ultraviolet-Visible
168 spectrophotometer, UV-VIS 2250, Shimadzu) monitoring the absorbance at wavelength 275 nm. This
169 wavelength absorption belongs to the maximum absorbance wavelength of carvacrol, which is the most
170 representative compound and major component of OEO (Santos et al., 2015). From this wavelength absorption,
171 the mass of the encapsulated OEO in the absolute ethanol solutions was calculated. A calibration curve of the
172 absorbance versus the concentration of the OEO was previously performed by using OEO solutions of known
173 concentrations dissolved in ethanol.

174 The encapsulation efficiency (EE, %) and loading capacity (LC, %), for each sample, were calculated
175 according to Equations (1) and (2), respectively (Santos, et al. 2015). Encapsulation efficiency (EE, %) is the
176 encapsulated amount of essential oil expressed as a percentage of the quantity initially used to prepare the solid
177 inclusion complex. The UV-VIS analysis was carried out in triplicate.

178

179 Encapsulation Efficiency (%) = $\frac{\text{Total amount of encapsulated essential oil (mg)}}{\text{Initial amount of essential oil to be encapsulated (mg)}} \times 100 (\%)$ (1)

180

181 Loading Capacity (%) = $\frac{\text{Total amount of encapsulated essential oil (mg)}}{\text{Total amount of ICs (mg)}} \times 100 (\%)$ (2)

182

183 2.3.2. *Morphological characterization of CD:OEO inclusion complexes*

184

185 The morphology of empty CDs and CD:OEO inclusion complexes were examined using a scanning electron
186 microscope (FEI Quanta 650 FEG, Thermo Fisher Scientific®, Germany). The samples were fixed on
187 aluminium stubs with a double-stick conductive carbon substrate and sputter-coated with gold for 63 s at a
188 working pressure of 1.4 E⁻³ mbar before the SEM measurements to prevent the build-up of an electric negative
189 charge in the specimen, which would induce “imaging artefacts” and to enhance resolution. Observations were
190 carried out with voltage acceleration of 10 kV and 15 kV at spot 3. Transmission Electron Microscopy (TEM)
191 was also used. Droplets of 0.1 % (w/v) and 1 % (w/v) aqueous suspensions (i.e. empty “as-received” α-CD and
192 γ-CD; α-CD:OEO and γ-CD:OEO inclusion complexes) were placed on a copper grid and air-dried overnight.
193 For negative staining, one drop of UranylLess 22409 was used. Observations were carried out with voltage
194 acceleration of 200 kV at α₃, spot 1 and magnification: 30KX-100KX (JEOL JEM 2100, Izasa Scientific®,
195 Portugal). The X-ray diffractograms of empty α-CD and γ-CD; α-CD:OEO and γ-CD:OEO inclusion complexes
196 were obtained using a X-ray diffractometer (PANalytical X'pert MPD-PRO (PANalytical, Model: X PERT
197 PRO MRD) Bragg-Brentano θ-θ geometry using CuKα radiation at 45kV and 40 mA. The 2θ scan range was
198 5° - 80° with a step size of 0.01° and a time/step of 0.5 s.

199

200 2.4. *Electrospinning Process*

201 2.4.1. *Preparation of Solutions*

202 A PHBV solution for electrospinning was prepared by dissolving 10 % of biopolymer in TFE (wt/vol) at room
203 temperature. The γ-CD:OEO and α-CD:OEO inclusion complexes were incorporated into the PHBV solution
204 at 10, 15, 20, 25 and 30 wt% in relation to the biopolymer. PHBV solutions with γ-CD and α-CD (25 and 15
205 wt%, respectively), without OEO, were also prepared as a control sample.

206

207 *2.4.2. Electrospun Fibers*

208 The PHBV solutions containing γ -CD:OEO and α -CD:OEO were electrospun using a high-throughput
209 electrospinning/electrospraying pilot line Fluidnatek[®] LE 500 manufactured and commercialized by Bioinicia
210 S.L. (Valencia, Spain). The solutions were processed under a constant flow using a 24 emitter multi-nozzle
211 injector, scanning vertically onto a flat slightly negatively charged collector. A voltage difference of 18 kV, a
212 flow-rate of 6 mL/h per single emitter, and a tip-to-collector distance of 20 cm were used as these were the most
213 optimal conditions (Melendez-Rodriguez et al., 2019).

214

215 *2.4.3. Electrospun Films*

216 An annealing treatment was thereafter applied to the electrospun mats in a 4122-model press from Carver, Inc.
217 (Wabash, IN, USA) at 160 °C, for 10 seconds, without pressure. These conditions were selected based on our
218 previous study (Melendez-Rodriguez et al., 2019). The resultant film samples had an average thickness of
219 approximately 80 μ m.

220

221 *2.4.4. Characterization of the Electrospun Films*

222 *2.4.4.1. Film Thickness*

223 Before testing, the thickness of all films was measured using a digital micrometer (S00014, Mitutoyo, Corp.,
224 Kawasaki, Japan) with \pm 0.001 mm accuracy. Measurements were performed and averaged in five different
225 points, two in each end and one in the middle.

226

227 *2.4.4.2. Morphology*

228 The particle shape and size (diameter) distributions of γ -CD and α -CD, the PHBV electrospun fibers and their
229 films containing γ -CD:OEO and α -CD:OEO were examined by scanning electron microscopy (SEM; Hitachi
230 S-4800, Tokyo, Japan) and transmission electron microscopy (TEM; Hitachi HT7700, Tokyo, Japan). For cross-
231 section observations by SEM, the films were previously cryo-fractured by immersion of the sample in liquid
232 nitrogen. The SEM micrographs were taken at an accelerating voltage of 10 kV and a working distance of 8 –
233 10 mm, the samples were previously sputtered with a gold-palladium mixture for 3 min under vacuum. The
234 size distribution of the particles and average fibers diameter was determined via ImageJ software using at least
235 20 SEM images.

236

237 2.4.4.3. Transparency

238 The light transmission of the films was determined in specimens of 50 x 30 mm² by quantifying the absorption
239 of light at wavelengths between 200 nm and 700 nm, using an UV–Vis spectrophotometer VIS3000 from Dinko,
240 Instruments (Barcelona, Spain). The transparency value (T) was calculated using Equation 3 (K. Figueroa-
241 Lopez, Andrade-Mahecha, & Torres-Vargas, 2018):

$$242 \quad T = \frac{A_{600}}{L} \quad (3)$$

243 Where A_{600} is the absorbance at 600 nm and L is the film thickness (mm).

244

245 2.4.4.4. Thermal Analysis

246 Thermogravimetric analysis (TGA) of the γ -CD, α -CD, films containing γ -CD:OEO and α -CD:OEO was
247 performed under nitrogen atmosphere in a Thermobalance TG-STDA Mettler Toledo model
248 TGA/STDA851e/LF/1600 analyzer. TGA curves were obtained after conditioning the samples in the sensor for
249 5 min at 30 °C. The samples were then heated from 25 °C to 700 °C at a heating rate of 10°C/min. First
250 derivative of thermogravimetry (DTG) curves, expressing the weight loss rate as the function of time, were
251 obtained using TA analysis software. All tests were carried out in triplicate.

252

253 2.4.4.5. Mechanical Tests

254 Tensile tests were performed according to ASTM Standard D 638 on an Instron Testing Machine (Model 4469;
255 Instron Corp; Canton, MA, USA). The film samples were dumbbell-shaped. The cross-head speed was fixed at
256 10 mm/min. At least six samples were tested for each material and the average values of the mechanical
257 parameters and standard deviations were reported. Tensile modulus (E), tensile strength at break (σ_b), and
258 elongation at break (ϵ_b) were calculated from the stress–strain curves, estimated from the force–distance data.

259

260 2.5. Antimicrobial Activity

261 *Staphylococcus aureus* CECT240 (ATCC 6538p) and *Escherichia coli* CECT434 (ATCC 25922) strains were
262 obtained from the Spanish Type Culture Collection (CECT: Valencia, Spain) and stored in phosphate buffered
263 saline (PBS) with 10 wt.% tryptic soy broth (TSB, Conda Laboratories, Madrid, Spain) and 10 wt.% glycerol

264 at -80°C . Previous to each study, a loopful of bacteria was transferred to 10 mL of TSB and incubated at 37°C
265 for 24 h. A 100 μL aliquot from the culture was again transferred to TSB and grown at 37°C to the mid-
266 exponential phase of growth. The approximate count of 5×10^5 CFU / mL of culture having absorbance value
267 of 0.20 as determined by optical density at 600 nm (UV-Vis spectrophotometer VIS3000 from Dinko,
268 Instruments, Barcelona, Spain).

269 The minimum inhibitory concentration (MIC) and bactericide (MIB) values of γ -CD:OEO and α -CD:OEO
270 against food-borne bacteria was tested following the plate micro-dilution protocol based on our previous work
271 (Figuerola-Lopez et al., 2019). For this, a 96-well plate with an alpha numeric coordination system (columns 12
272 and rows A-H) were used, where 10 μl of the tested samples were introduced in the wells with 90 μl of the
273 bacteria medium. In the wells corresponding to A, B, C, E, F, and G columns different concentrations of
274 CD/OEO (0.039, 0.078, 0.156, 0.312, 0.625, 1.25, 2.5, 5, 10, 20 $\mu\text{g}/\text{mL}$), were tested, in triplicate, from rows 1
275 to 10. Columns D and H were used as control of CD:OEO in TSB without bacteria. Row 11 was taken as
276 positive control, that is, only TSB, and row 12 was used as negative control, that is, *S. aureus* and *E. coli* in
277 TSB. The plates were incubated at 37°C for 24 h. Thereafter, 10 μl of resazurin, a metabolic indicator, was
278 added to each well and incubated again at 37°C for 2 h. Upon obtaining the resazurin change, the wells were
279 read through color difference. The MIC value was determined as the lowest concentration of γ -CD:OEO and
280 α -CD:OEO presenting growth inhibition.

281 The antimicrobial performance of the electrospun PHBV films containing γ -CD:OEO and α -CD:OEO was
282 evaluated by using a modification of the Japanese Industrial Standard (JIS) Z2801 (ISO 22196:2007) (
283 Figuerola-Lopez, Castro-Mayorga, Andrade-Mahecha, Cabedo, & Lagaron, 2018). A microorganism
284 suspension of *S. aureus* and *E. coli* was applied onto the test films containing γ -CD:OEO and α -CD:OEO, films
285 without CD:OEO (negative control) sizing 1.5 x 1.5 cm^2 that were placed in either open bottles. After incubation
286 at 24°C and at a relative humidity (RH) of at least 95 % for 24 h, bacteria were recovered with PBS, 10-fold
287 serially diluted and incubated at 37°C for 24 h in order to quantify the number of viable bacteria by conventional
288 plate count. The antimicrobial activity was evaluated from 1 (initial day), 8, and 15 days. The value of the
289 antimicrobial activity (R) was calculated using Equation 4:

$$290 \quad R = \left[\text{Log}\left(\frac{B}{A}\right) - \text{Log}\left(\frac{C}{A}\right) \right] = \text{Log}\left(\frac{B}{C}\right) \quad (4)$$

291 Where A is the average of the number of viable bacteria on the control sample immediately after inoculation, B
292 is the average of the number of viable bacteria on the control sample after 24 h, and C is the average of the
293 number of viable bacteria on the test sample after 24h. Three replicate experiments were performed for each
294 sample and the antibacterial activity was evaluated with the following assessment: Nonsignificant ($R < 0.5$),
295 slight ($R \geq 0.5$ and < 1), significant ($R \geq 1$ and < 3), and strong ($R \geq 3$) (Sergio Torres-Giner, Torres, Ferrándiz,
296 Fombuena, & Balart, 2017).

297

298 2.6. Antioxidant Activity

299 The DPPH inhibition assay was used to evaluate the free radical scavenging activity of the neat OEO, γ -
300 CD:OEO, α -CD:OEO, and the electrospun PHBV films containing γ -CD:OEO and α -CD:OEO. Samples were
301 weighed in triplicate in cap vials and then an aliquot of the DPPH solution (0.05 g/L in methanol) was added to
302 each one. Vials without samples were also prepared as controls. All the samples were prepared and immediately
303 stored at room temperature for 2 h in darkness. After this, the absorbance of the solution was measured at 517
304 nm in the UV 4000 spectrophotometer from Dinko Instruments. Results were expressed as the percentage of
305 inhibition to DPPH following Equation 5 (Busolo & Lagaron, 2015) and μg equivalent of trolox per gram of
306 sample, employing a previously prepared calibration curve of trolox.

$$\text{Inhibition DPPH (\%)} = \frac{A_{\text{control}} - (A_{\text{sample}} - A_{\text{blank}})}{A_{\text{control}}} * 100 \quad (4)$$

307

308 Where A_{control} , A_{blank} , and A_{sample} are the absorbance values of the DPPH solution, methanol with the test
309 sample, and the test sample, respectively.

310

311 2.7. Statistical Analysis

312 The results of the encapsulation efficiency and loading capacity of the CD:OEO inclusion complexes,
313 mechanical test and antioxidant activity were evaluated by analysis of variance (ANOVA) and a multiple
314 comparison test (Tukey) with 95% significance level ($p \leq 0.05$). For this purpose, we used the software
315 OriginPro8 (OriginLab Corporation, USA).

316

317 3. Results and discussions

318 *3.1. Encapsulation Efficiency (EE,%) and Loading capacity (LC, %) of the CD:OEO Inclusion Complexes*

319 The EE and LC of the α -CD:OEO and γ -CD:OEO inclusion complexes prepared by FDM and KM are presented
320 in [Table 2](#). The results show that both types of cyclodextrins (α -CD and γ -CD) are efficient wall materials for
321 encapsulation of oregano essential oil presenting EE values ranging from 36.03 % to 98.5 % depending on the
322 weight ratio (CDs:OEO) as well as on the preparation method. Indeed, by the FDM is obtained a lower
323 encapsulation efficiency than by KM method, and this is in accordance with those described by [Ozdemir et al.](#)
324 [\(2018\)](#), who studied the encapsulation of black pepper oleoresin in β -cyclodextrin with encapsulation efficiencies
325 from 90.2 % to 79.3 % for KM and FDM, respectively. The higher encapsulation efficiency obtained by KM
326 compared to FDM can be related to the high shear rate applied ([Ozdemir et al., 2018](#)), and the use of low amount
327 of water during the inclusion complex formation. In an aqueous solution, the cyclodextrin cavity is slightly
328 polar and occupied by water molecules, and can therefore be readily replaced by appropriated guest molecules,
329 that are less polar than water ([Ponce Cevallos, Buera, & Elizalde, 2010](#)). It is also worthy to mention that some
330 differences in the EE values could be associated with evaporation of volatile components during the preparation
331 process studies ([Ozdemir et al., 2018](#); [Santos et al., 2015](#)). In conclusion, the preparation parameters of the α -
332 CD:OEO and γ -CD:OEO inclusion complexes, that is, weight ratio host-guest, nature of cyclodextrin, use of
333 co-solvent and its quantity, mixing time, and shear rate applied could affect the properties of the obtained
334 complexes such as the encapsulation yield. Thus, based on the results obtained in terms of EE, KM revealed to
335 be the most efficient method for the encapsulation of OEO in the CD cavity, and it also added value in terms of
336 simplicity, rapidity, and the desired characteristics of the final product.

337 **Table 2**

338
339 *3.2. Morphology of the CD:OEO Inclusion Complexes*

340
341 The morphology of the CD:OEO inclusion complexes was observed by SEM and compared with the empty α -
342 CD and γ -CD. The SEM images showed that the size and shape of the inclusion complex ([Figs. 2b, 2d, 2e, 2f,](#)
343 [2g, 2h](#)) are different of the empty α - and γ - CD ([Figs. 2a, 2c, 2i, 2j](#)) as it was confirmed at different
344 magnifications. The shape of empty “as-received” α - and γ - CD appear uneven and the size range from 24 μ m
345 up to 254 μ m; large particle sizes which seem to pile up thus forming large aggregates. The relative larger size
346 of empty “as-received” α - and γ - CD could be attributed to the agglomeration of empty “as-received” α - and γ -
347 CD particles via hydrogen bonding. In the absence of a guest molecule empty “as-received” α - and γ - CD tend

348 to cluster and agglomerate due to lack of significant net charge on the particles, that is, no repulsive forces to
349 prevent agglomeration (Hill, Gomes, & Taylor, 2013). This is also consistent with the observation of smaller
350 particles attraction and adherence to the larger particles (*see* in detail in Figs. 2a, 2a₁, 2a₂ and 2c, 2c₁, 2c₂); similar
351 observations were presented by Santos et al. (2015). Contrarily, this behaviour not occurs in the formed α -
352 CD:OEO and γ -CD:OEO inclusion complexes; the reduction of the particle size in the α -CD:OEO and γ -
353 CD:OEO inclusion complexes indicated a conformational change of empty α -CD and γ -CD that obstructed the
354 agglomeration among them (Guimarães et al., 2015; Seo, Min, & Choi, 2010). Indeed, compared with empty
355 “as-received” α - and γ - CD (i.e., particle size: 24 μm \div 254 μm ; similar to that found by Gauret et al. (2018),
356 their inclusion complexes showed a remarkable decrease in particle size, range from \sim 5 μm up to nanometric
357 level (\sim 100 nm) and with well-defined lamella shaped (tetragonal crystals). In both types of inclusion
358 complexes were observed lamella-like sheets and microrods (Figs. 2b and 2d).

359 **Figs. 2a, 2b, 2c, 2d**

360 In addition, the microrods from ICs had a very high aspect ratio (*see* Figs 2e and 2f). Observation over a large
361 number of SEM images suggests that these long microrods stack together to produce the lamella-like sheets.

362 **Figs. 2e and 2f**

363 The morphology similarity of both types of α -/ γ - CD: oregano essential oil inclusion complexes could be
364 explained by considering the solubility of the used CDs (*see* Table 1). Saokham et al. (2018), and the referenced
365 cited within examined why the solubility of α and γ is different towards β ; briefly, γ -CD, which is the largest
366 of the three, is the most soluble (23.20 mg/100 ml H₂O) while β -CD, which is in the intermediate, is the least
367 soluble in water (1.8 g/100 ml H₂O). These differences in the solubility of the CDs are related to the way the
368 CD glucose units are geometrically aligned with each other. It has been proposed that in the β -CD molecule, all
369 the 7 glucose units lie in the same plane. Hence, in this arrangement, all the glucose primary hydroxyl groups
370 at the CD narrower end are able to form hydrogen bonds with each other. At the same time, all the secondary
371 hydroxyl groups at the wider CD opening form hydrogen bonds with each other. The hydrogen bonding below
372 and above the ring leads to secondary belts which increases the rigidity of the β -CD and therefore causes low
373 solubility. Contrary to, α - and γ - CD which do not have secondary belts therefore their structures are flexible,
374 and are hence very soluble due to the availability of free hydroxyl groups. During trituration of cyclodextrins
375 in aqueous medium, a few water molecules could entrap into the cyclodextrin cavity, whereas other molecules
376 of water are present as integral parts of the crystal structure (crystal water). According to Rusa et al. (2002);
377

378 [Szejtli \(1998\)](#); [Das et al. \(2015\)](#) the cyclodextrin - inclusion complexes are formed by the substitution of
379 included water from cyclodextrin cavity by the appropriate guest molecule.

380 Using the above reasoning, the threading of oregano essential oil can occur faster in α -CD and γ -CD
381 molecules than that with β -CD. Hence, the morphology similarity of both types of ICs (α -CD:OEO and γ -
382 CD:OEO) studied in this work could be explained using the above reasoning. Moreover, the particle size
383 distribution appears quite homogenous and have rather smooth and parallel surfaces ([Figs. 2b, 2d, 2e, 2f, 2g,](#)
384 [2h](#)). They all have sharp edges, as expected from crystalline structures. The growth of the crystals is definitely
385 preferential in 2D (lamella-shape). [Figs. 2g](#) and [2h](#) show other details: the two arrows point out the thickness,
386 around a few hundreds of nm, of a platelet with a size of 100 nm - \sim 5 μ m. Smaller platelets (under 500 nm)
387 appear to have the same thickness. These results show that the morphological characteristic of inclusion
388 complexes are indeed different from empty “*as-received*” α -CD and γ -CD; empty “*kneaded for 18 minutes at*
389 *R.T.*” α -CD and γ -CD, and empty “*kneaded for 18 minutes with 0.25 mL distilled water at R.T.*” α -CD and γ -
390 CD. This morphological difference between the empty CDs and the inclusion complexes obtained is in
391 agreement with the observations reported by [Guimaraes et al. \(2015\)](#), and the references cited within.

392 **Figs. 2g, 2h, 2i, and 2j**

393 To elucidate if the morphology, in terms of particle size and well-defined shape, of empty “*as-received*” α - and
394 γ -CD was changed due to the encapsulation of essential oil (i.e. low particle size and well-definite lamella
395 shape), was performed SEM also on empty “*kneaded for 18 minutes at R.T.*” α - and γ -CD, and empty “*kneaded*
396 *for 18 minutes at R.T. with 0.25 ml distilled water (the same quantity used at the preparation of inclusion*
397 *complex)*” α - and γ -CD. The results showed that compared with empty “*as-receive*” α - and γ -CD there is not
398 significant morphological modification after their kneaded for 18 minutes at R.T. ([Figs. 2a₁](#) and [2c₁](#)) as well as
399 after their kneaded for 18 minutes at R.T. with 0.25 ml distilled water ([Figs. 2a₂](#) and [2c₃](#)). The presence of
400 aggregates of size from \sim 2 μ m up to 242 μ m with undefined shape was revealed; with the exception of empty
401 “*kneaded 18 minutes at R.T. with 0.25 ml distilled water*” γ -CD where was seen a defined shape, i.e. prisms
402 shape structure ([Fig. 2c₂](#)). Similar observations on “the agglomeration of the free cyclodextrin”, were revealed
403 by [Rakmai et al. \(2017\)](#). It indicates the hydrogen bonding of the cyclodextrin molecules (empty) interact with
404 each other in water producing the cluster of cyclodextrin. In addition, [Shan et al. \(2016\)](#) have demonstrated that
405 CDs particle agglomeration might be induced also by moisture content.

406 The α -CD:OEO and γ -CD:OEO inclusion complexes morphology in the aqueous suspension was also
407 revealed using TEM, and Fig. 3 shows clear lamella shapes with diameters of 0.1 μm - $\sim 1 \mu\text{m}$. In details, at 0.1
408 % (w/v) were detected single lamellas with diameters of 350 nm over a large number of grid holes (Fig. 3a),
409 whereas in Figs. 3b_{1,3} were reported several representative TEM micrographs for 1 % (w/v), lamellas with
410 diameters 170 - 519 nm. In addition, some of these lamellas fused together as indicated by the white arrow,
411 indicating that the lamellas don't simply interact through their surfaces but are able to merge completely in
412 aggregate. Thus, TEM measurements corroborated the results that were obtained from SEM, i.e. a well-defined
413 lamella-shape structures of the inclusion complexes. In contrast, empty γ - CD (1 % w/v, aqueous suspension
414 vortex 10 minutes at 2500 rpm, R.T) presented aggregates made up of a larger number of small spherical
415 particles with diameters of about 5 nm - 325 nm (Figs. 3c_{1,2}). These spherical particles seem to interact and
416 form rodlike shape structure with diameters of about 406 nm - 1786 nm (inset of Figs. 3c_{3,4} diameter: 790.86
417 nm). Empty α -CD and α -CD:OEO inclusion complexes revealed similar morphologies (data not shown). These
418 results support the hypothesis that the spherical particles are not indefinitely stable, thus tend to form a larger
419 structure. These observations are in agreement with those revealed by several groups: Harada et al. (1990),
420 (1992), (1993), and Ceccato et al. (1997) reported the formation of the so-called "molecular tube" a rodlike
421 rigid molecule with an empty hydrophobic cavity that can behave as a host for ions or small organic molecules.
422 Furthermore, Bonini et al. (2006) reported evidence of β -cyclodextrin self-aggregation in water; it was showed
423 also that the concentration plays a critical key on their morphology: polydisperse spherical objects with
424 diameters of about 100 nm were present at low concentration, whereas micrometer planar aggregates are
425 predominated at higher concentrations.

426 Fig. 3

427 Finally, wide-angle X- ray diffraction (WAXD) studies were conducted to confirm the formation of CD:OEO
428 inclusion complexes. According to Marques (2010) and references cited herein, X-ray powder diffraction is the
429 most useful method for the detection of inclusion complexes formation, especially in the case of the guest in
430 the form of liquid molecules (e.g. oils and volatiles), because the liquid guest molecules produce no diffraction
431 patterns and any changes in the diffractogram reflects the formation of a new crystal lattice. Figs. 4a and 4b
432 show the WAXD patterns of empty α -CD and γ - CD compared with their inclusion complexes. Empty α -CD
433 and γ -CD differed from each other in their diffraction patterns. The WAXD pattern of empty α -CD and γ -CD

434 revealed several diffraction peaks which are indicative of their crystalline nature, but, according to [Rusa et al.](#)
435 [\(2002\)](#) for α -CD there are three salient peaks associated with its crystal structure occurring at $2\theta = 12.1^\circ$, 14.5° ,
436 and 21.8° ([Fig. 4a](#)). In the diffractograms of both CD:OEO inclusion complexes, some of these characteristic
437 diffraction peaks disappear.

438 In α -CD:OEO inclusion complex a new intense diffraction peak appeared at $2\theta = 19.6^\circ$, which was not
439 observed in empty α -CD. According to [Rusa et al. \(2002\)](#) the peak at $2\theta \sim 20^\circ$ in the WAXD of α -CD inclusion
440 complexes is characteristic for the channel structure of α -CD when including long guest molecules and
441 polymers in particular.

442 In γ -CD:OEO inclusion complex a new sharp diffraction peak at $2\theta = 7.6^\circ$ ([Fig. 4b](#)) was revealed; this peak
443 was not observed in empty “as-received” γ -CD. According to [Harada et al. \(1996\)](#); [Rusa et al. \(2002\)](#) this peak
444 has been suggested as an indicator for γ -CD inclusion complex channel structures. Hence, this behaviour could
445 be attributed to an interaction between cyclodextrin and oregano essential oil showing the presence of a new
446 solid phase.

447 **Fig. 4**

448 *3.3. Morphology of the Electrospun CD:OEO inclusion complexes-containing PHBV Films*

449 The SEM micrographs of the electrospun fibers of the neat PHBV and the fibers containing the γ -CD:OEO and
450 α -CD:OEO inclusion complexes are shown in [Fig. 5](#). The mean fiber diameters obtained from the SEM images
451 are gathered in [Table 3](#). The diameter of the electrospun fibers of neat PHBV were $0.89 \pm 0.30 \mu\text{m}$, being very
452 similar to those reported in our previous research work ([Melendez-Rodriguez et al., 2019](#)). [Figs. 5a, 5b, 5c, 5d,](#)
453 [5e](#) show the PHBV fibers containing different concentrations of γ -CD:OEO inclusion complexes, that is, 10,
454 15, 20, 25, and 30 wt%, in which one can observe that the fiber diameters for all samples ranged between 0.87
455 – 0.91 μm . Up to 25 wt% γ -CD:OEO inclusion complexes, the electrospinning process yielded regular and
456 continuous fibers of PHBV. In the case of the fibers containing 30 wt% γ -CD:OEO inclusion complexes, the
457 fibrillar morphology was affected, losing the homogeneity and continuity due to the high concentration of CD.
458 [Figs. 5f, 5g, 5h, 5i, 5j](#) shows the electrospun fibers of PHBV containing different concentrations of α -CD:OEO
459 inclusion complexes, that is, 10, 15, 20, 25, and 30 wt%. The electrospun fibers containing 10 and 15 wt% α -
460 CD:OEO showed mean diameters of approximately of 0.89 and 0.90 μm , respectively, being homogeneous and
461 with smooth surfaces. The diameter for the fibers containing 20 wt% α -CD:OEO inclusion complexes

462 increased, with a mean value of $1.03 \pm 0.25 \mu\text{m}$, and it also presented beaded regions due to potential CD
463 agglomerations. The fibers with 25 and 30 wt% α -CD:OEO inclusion complexes, shown respectively in Figs.
464 5i, 5j, presented diameters of 1.17 and 1.22 μm . This slight increase in the fiber diameters can be related to the
465 relatively high amount of CDs that aggregated during electrospinning and resulted in destabilization of the
466 electrified jet. The present results agree with the reports of (Topuz & Uyar, 2019), concluding that at low
467 hydroxypropyl- β -CD/Laponite the fibers do not present any significant change in diameter and shape while at
468 high concentrations the nanocomposite nanofibers from a non-polymeric system diameter decreases and also
469 generates aggregates. Furthermore, changes in the solution properties such as viscosity or conductivity may
470 cause variations in the electrospun morphologies. For instance, Aytac, Ipek, Durgun, Tekinay, & Uyar (2017)
471 determined that the diameters of nanofibers containing methylated- β -CD/linalool were lower than those of
472 hydroxypropyl- β -CD/linalool due to the lower viscosity and higher conductivity of the aqueous solution.
473 Therefore, the most optimal fibrillary morphologies were attained for PHBV containing 25 wt% γ -CD:OEO
474 inclusion complexes and 15 wt% α -CD:OEO inclusion complexes.

475 **Fig. 5**

476 **Table 3**

477 The electrospun fibers mats were subjected to annealing in order to obtain a continuous film (Figuroa-Lopez
478 et al., 2019; Melendez-Rodriguez et al., 2019). The surface and cross-section areas of the PHBV films
479 containing γ -CD:OEO inclusion complexes and α -CD:OEO inclusion complexes were observed by SEM
480 images. As shown in Fig. 6, the surface of the electrospun PHBV films containing 10, 15, 20, and 25 wt% γ -
481 CD:OEO inclusion complexes were homogeneous and continuous with a mean thickness of approximately 61
482 ± 1.1 , 63 ± 0.98 , 70 ± 0.94 , and $72 \pm 0.72 \mu\text{m}$, respectively (see Table 3). This is in agreement with the
483 electrospun fiber morphologies described above (see Fig. 5) that showed proper fiber formation until 25 wt%.
484 Moreover, the film containing 30 wt% showed a surface with some cracks due to the high concentration of γ -
485 CD:OEO inclusion complexes that diffculted the formation of a continuous film with higher thickness ($\sim 77 \pm$
486 $0.68 \mu\text{m}$). The film thicknesses also increased with the concentration of γ -CD:OEO inclusion complexes. Based
487 on these results, the best concentration to attain uniform and homogenous films of PHBV was 25 wt% γ -
488 CD:OEO inclusion complexes.

489 **Fig. 6**

490 Fig. 7 showed the surface and cross-section of the films containing α -CD:OEO inclusion complexes. The
491 thicknesses of the films containing 10 and 15 wt% α -CD:OEO inclusion complexes were 73 ± 0.99 and $75 \pm$
492 $0.77 \mu\text{m}$, respectively. These films also showed a homogeneous surface. When the concentrations of α -
493 CD:OEO inclusion complexes increased, the thicknesses were also higher, reaching values of 81 ± 0.91 , $83 \pm$
494 0.86 , and $85 \pm 0.69 \mu\text{m}$ for 20, 25, and 30 wt% α -CD:OEO, respectively (see Table 3). Increasing the
495 concentration from 20 wt% also affected the surface and generated cracks with different sizes. This
496 phenomenon has been ascribed to the weak interfacial bond between the CDs and the biopolyester matrix
497 (Ashori, Jonoobi, Ayrimis, Shahreki, & Fashapoyeh, 2019). Melendez-Rodriguez et al. (2019) also found that
498 at high concentrations of silica nanoparticles with eugenol, that is, 15 and 20 wt%, the electrospun films showed
499 greater porosity and also some plastic deformation, which was attributed to a plasticization generated by the
500 released oil and a possible migration during the annealing process. In this case, the best concentration to get
501 uniform and homogenous films was 15 wt% α -CD:OEO inclusion complexes.

502 Fig. 7

503 3.1. Visual Aspect of the Electrospun CD:OEO-containing PHBV Films 504

505 The visual aspect of the electrospun PHBV films containing different concentrations of γ -CD:OEO and α -
506 CD:OEO was observed to ascertain their contact transparency. In Fig. 8 it can be observed that the contact
507 transparency was high and though some differences among the samples were seen. The neat PHBV film had a
508 transparency value of 4.78 ± 0.08 and opacity of 0.037 ± 0.001 . When 10 wt% γ -CD:OEO was incorporated,
509 slight changes were observed with respect to the neat PHBV's transparency whereas opacity values without
510 significant differences were obtained. The transparency value and opacity of the films containing 15, 20, and 25
511 wt% γ -CD:OEO increased significantly respect to neat PHBV and 10 wt%. When was incorporate 30 wt% γ -
512 CD:OEO the transparency and opacity values were higher respect to the others samples (9.23 ± 0.59 and $0.065 \pm$
513 0.004 , respectively). Also, the films containing α -CD:OEO presented high changes in the transparency and
514 opacity respect to the γ -CD:OEO. In particular, for the film sample containing 10 wt% α -CD:OEO, a
515 transparency value of 6.36 ± 0.63 and opacity of 0.047 ± 0.005 was obtained. For the 15 and 20 wt% α -CD:OEO-
516 containing films the values were similar while those based on 25 and 30 wt% α -CD:OEO presented the highest
517 values. For both inclusion complexes, the increment of the concentration caused a light scattering that produced
518 lower transparency and higher opacity. This phenomenon can be important in the design of food packaging

519 materials due to some food products are sensible to the ultraviolet-visible (UV-Vis) light, which can trigger
520 different enzymatic and oxidative reactions (Figuroa-Lopez et al., 2018).

521 **Fig. 8**

522 3.2. Thermal Stability of the Electrospun CD:OEO-containing PHBV Films

523 The TGA curves for the neat PHBV, γ -CD, α -CD, inclusion complexes of γ -CD:OEO and α -CD:OEO, and the
524 PHBV films containing the inclusion complexes are shown in Fig. 9. The values of mass loss at 5% ($T_{5\%}$), mass
525 at 160 °C (%), which corresponds to annealing temperature of the films (see section 2.4.2), degradation
526 temperature (T_{deg}), weight loss at T_{deg} (%), and residual mass (%) at 700 °C are gathered in Table 4. In our
527 previous study, the TGA curve for the neat OEO showed a low thermal stability, presented a mass loss at 160 °C
528 around of 40.3 %, with its T_{deg} value was 178.4 °C and mass loss was 74.16% at T_{deg} , corresponding to the
529 volatilization and/or degradation of principal volatile compounds, such as carvacrol, thymol, and pinene
530 (Figuroa-Lopez et al., 2019). This value is similar to the value of T_{deg} of 168 °C reported by (Guimarães et al.,
531 2015). The mass loss at 160 °C for the empty CDs were 8.86 % (γ -CD) and 9.42 % (α -CD), while the T_{deg} values
532 were 323.12 °C with a mass loss of 83.01 % for γ -CD and 326.43 °C with a mass loss of 86.29 % for α -CD. As
533 other authors have indicated, the thermal degradation of powdered molecules can be affected by different factors
534 such as chemical structure, crystallinity, crystal size, and morphology (Campos et al., 2018; Kohata, Jyodoi, &
535 Ohyoshi, 1993). Thus, the thermal stability of CDs depends on the size of the crystal, showing greater thermal
536 stability the larger crystals (Giordano, Novak, & Moyano, 2001; Nakanishi et al., 1997). When the essential oil
537 was encapsulated into CDs, the inclusion complexes enhanced the thermal stability due to the interactions
538 between the guest molecule and the cavity of the cyclodextrins achieving a protection of the volatiles compounds
539 (Kayaci & Uyar, 2012). The mass loss for γ -CD:OEO inclusion complexes at 160 °C was nearly 16.9%, having
540 a T_{deg} of 326.28 °C with a mass loss of 86.11 % at T_{deg} . In the case of α -CD:OEO inclusion complexes, the mass
541 loss at 160 °C was 9.69% and T_{deg} was 330.50 °C with a mass loss at T_{deg} of approximately 85.70%. The inclusion
542 complexes showed two mass losses, one below 100 °C corresponding to the loss of water from the cavity and
543 another above 280 °C, which is attributed to the main thermal degradation of CDs (Aytac et al., 2017). Shin,
544 Kathuria, & Lee (2019) reported similar results for triacetyl (TA) encapsulated in β -CD, obtaining a T_{deg} of 293.99
545 °C for β -CD and for the inclusion complex of TA- β -CD its T_{deg} was 340.62 °C. The thermal degradation of the
546 PHBV films containing inclusion complexes increased slightly the value of T_{deg} respect to the neat PHBV. The

547 mass loss values at 160 °C for all films containing CDs and the inclusion complexes were similar, showing values
548 between 1.21 – 1.71%. The slight differences can be ascribed to the size and load capacity of the two tested CDs.
549 The value of T_{deg} for the PHBV with 25 wt% γ -CD:OEO was 322.52 °C with a mass loss of 96.12 %, while T_{deg}
550 for the PHBV with 25 wt% γ -CD without OEO was slightly lower (320.11 °C). Furthermore, the PHBV film
551 containing 15 wt% α -CD:OEO showed a T_{deg} around 313.70 °C with a mass loss of 96.98 % and the films with
552 15 wt% α -CD without OEO presented a T_{deg} of 309.27 °C and mass loss around 96.28 %. Then, the thermal
553 stability of OEO was improved in the electrospun PHBV films. In this regard, (Yildiz, Celebioglu, Kilic, Durgun,
554 & Uyar, 2018) reported an improvement of the thermal stability of CD:menthol inclusion complex in aqueous
555 solutions nanofibers. Other studies have also suggested that the addition of substances such as powder,
556 nanoparticles, EOs into electrospun biopolymer films increased the maximum decomposition temperature
557 (Melendez-Rodriguez et al., 2019; Quiles-Carrillo, Montanes, Lagaron, Balart, & Torres-Giner, 2019b;
558 Zainuddin, Kamrul Hasan, Loeven, & Hosur, 2019).

559 **Fig. 9**

560 **Table 4**

561

562 3.3. Mechanical Properties of the Electrospun CD:OEO-containing PHBV Films

563 The mechanical properties of the electrospun PHBV films containing the inclusion complexes are shown in Table
564 5. The neat PHBV film presented a E value of 1252 MPa, a σ_b value of 18.1 MPa, and a ϵ_b value of 2.4%, being
565 very similar values than those reported in our previous work (Melendez-Rodriguez et al., 2019). The elastic
566 modulus increased when CDs were included in the PHBV matrix. The E value for the PHBV film with 25% wt
567 γ -CD was 1692 MPa and for the PHBV film with 15% wt α -CD, the E value was 1594 MPa. Likewise, the E
568 values were higher in the PHBV films containing CDs with OEO compared with the films with CDs without
569 OEO, showing a E value of 1472 MPa for the PHBV with 25% wt γ -CD:OEO and an E value of 1698 MPa for
570 the PHBV with 25% wt α -CD:OEO. These significant increases of elasticity of PHBV films were induced by the
571 presence of powder particles, that is, CDs, which potentially generated low interfacial interactions between the
572 hydrophilic compounds of γ -CD and α -CD and the hydrophobic PHBV matrix and OEO, producing a reduction
573 in ductility and consequently an increment in mechanical resistance (Zainuddin et al., 2019). Indeed, the values
574 of σ_b decreased in the PHBV containing CDs, with values between 9.04 MPa and 9.83 MPa, while the ϵ_b values

575 of PHBV films also decreased from 2.4% to 0.78 % due to presence of CDs and OEO. As reported by (Shin et
576 al., 2019), the addition of β -CD containing allyl isothiocyanate (AITC) reduced the tensile strength and
577 elongation by 84% and 96%, respectively, of LDPE films obtained by extrusion. In another work, (Melendez-
578 Rodriguez et al., 2019) reported an improvement of the elastic modulus and tensile strength of electrospun PHBV
579 films when mesoporous silica nanoparticles containing eugenol were incorporated. The PHBV films here-
580 prepared with the inclusion complexes are slightly less deformable and therefore have greater elasticity than films
581 produced using other commercial biopolymers, which facilitates the development of materials for the design of
582 packaging to protect food (Quiles-Carrillo et al., 2019b).

583 **Table 5**

584 3.4. Antimicrobial activity of the Electrospun CD:OEO-containing PHBV Films

585 Table 6 showed the MIC and MBC values of γ -CD:OEO, and α -CD:OEO against *S. aureus* and *E. coli*. In our
586 previous studies it was reported that the MIC and MBC for pure OEO against *S. aureus* was 0.312 μ L/mL and
587 for *E. coli* was 0.625 μ L/mL (Figueroa-Lopez et al., 2019). Results showed that the encapsulation of OEO in CDs
588 increased the antibacterial activity. The MIC and MBC values of γ -CD:OEO against *S. aureus* was 0.039 μ g/mL
589 and against *E. coli* was 0.078 μ g/mL. In the case of α -CD:OEO, the MIC ad MBC values were 0.078 μ g/mL,
590 against *S. aureus*, and 0.156 μ g/mL, against *E. coli*, so that these values agree with that reported by (Liang, Yuan,
591 Vriesekoop, & Ly, 2012) for α -CD/carvacrol (MIC = 0.125 μ g/mL). The higher antibacterial activity of γ -
592 CD:OEO inclusion complexes can be attributed to its higher cavity size, encapsulation efficiency, and loading
593 capacity compared with α -CD:OEO inclusion complexes, as reported above in Table 2. For both inclusion
594 complexes, *S. aureus* was more sensitive than *E. coli*. In this regard, inclusion complexes have been reported to
595 elevate the aqueous solubility of encapsulated hosts resulting in improved antimicrobial efficiency of EO and
596 their components at lower concentration (Das et al., 2019). (M. Zhang et al., 2018) evaluated the antimicrobial
597 activity of γ -CD/alamethicin complex against *L. monocytogenes*, showing that the use of CD increased the
598 solubility of alamethicin in aqueous medium thereby allowing more alamethicin to interact with the cell
599 membranes resulting in higher antimicrobial activity.

600 **Table 6**

601
602 Figs. 10a and 10b show the antibacterial activity results of the PHBV films containing 25 wt% γ -CD:OEO and
603 15 wt% α -CD:OE in an open and closed system for up to 15 days. The films used as control (samples without

604 the inclusion complexes) presented an *E. coli* and *S. aureus* growth in the range between 4.16×10^6 and $6.05 \times$
605 10^6 CFU/mL. As shown in Fig. 10a, the reduction versus *S. aureus* and *E. coli* for the films containing 25 wt%
606 γ -CD:OEO was strong ($R \geq 3$), reaching a reduction for up to 3.63 and 3.28 Log_{10} (CFU/mL), respectively,
607 after 15 days of evaluation. The PHBV films containing 15 wt% α -CD:OEO at day 1 presented a significant
608 inhibition ($R \geq 1$ and <3) and at days 3, 8, and 15 the inhibition was strong showing a reduction of up to 3.15
609 Log_{10} (CFU/mL) against *S. aureus*. The inhibition achieved for *E. coli* was significant, obtaining a reduction of
610 2.64 Log_{10} (CFU/mL) at day 15. These results correlate well with the antimicrobial properties included in Table
611 6 and Fig. 10 that show that the antibacterial activity of the γ -CD:OEO inclusion complexes was higher than
612 the α -CD:OEO inclusion complexes.

613 The reduction of the *S. aureus* and *E. coli* using PHBV films containing 25 wt% γ -CD:OEO inclusion
614 complexes and 15 wt% α -CD:OEO inclusion complexes in a closed system for up to 15 days of analysis are
615 showed in Fig. 10b. All values in the closed system showed slightly higher values of reduction compared with
616 the open system due to the release of the volatile compounds that were accumulated in the headspace. The film
617 containing 25 wt% γ -CD:OEO inclusion complexes presented a strong activity against both bacteria during the
618 15 days of the study ($R \geq 3$). The antimicrobial activity for γ -CD:OEO inclusion complexes was higher than α -
619 CD:OEO inclusion complexes, which is in accordance to the characteristics of this type of CD, that are, a higher
620 solubility and a bigger pore size ($-\gamma$) (Szejtli, 1998). Moreover, this is produced by the CD inclusion complexes
621 mechanism that increases the solubility and therefore provides an efficient release of the hydrophobic agent in
622 bacterial medium (Liang et al., 2012). Likewise, (Celebioglu, Umu, Tekinay, & Uyar, 2014) observed that films
623 containing triclosan/HP β CD and triclosan/HP γ CD inclusion complexes showed better antibacterial activity
624 against both bacteria compared to the film with uncomplexed pure triclosan. Furthermore, the inhibition of *S.*
625 *aureus* was slightly higher compared to *E. coli* due to the cellular wall differences between Gram negative (G-
626) and Gram positive (G+) bacteria (Rakmai, Cheirsilp, Mejuto, Torrado-Agrasar, & Simal-Gándara, 2017).

627 Fig. 10

628 3.4.1. Antioxidant Activity of the Electrospun CD:OEO-containing PHBV Films

630 The inhibition percentage (%) of DPPH and concentration (eq. trolox/g sample) of DPPH for the pure OEO, γ -
631 CD:OEO inclusion complexes, α -CD:OEO inclusion complexes, and the electrospun PHBV films containing γ -
632 CD:OEO and α -CD:OEO are shown in Fig. 11 and Table 7. These systems were also evaluated in an open and

633 closed system for 15 days. Neat OEO presented a high percentage of inhibition (91.96%) attributed to its main
634 active compounds (*i.e.*, carvacrol, thymol, p-cymene, γ -terpinene) (Figuerola-Lopez et al., 2019). The DPPH
635 inhibition for γ -CD:OEO inclusion complexes was 82.51 % and for α -CD:OEO inclusion complexes it was 76.32
636 %. Therefore, OEO decreased the percentage of inhibition when it was encapsulated in CDs, which can be related
637 to the encapsulation efficiency and loading capacity of the inclusion complexes reported above (*see* Table 2). The
638 higher antioxidant activity attained with γ -CD:OEO inclusion complexes can be related to its greater
639 encapsulation efficiency when compared with α -CD:OEO inclusion complexes. As indicated by Lu, Cheng, Hu,
640 Zhang, & Zou (2009) the antioxidant activity of resveratrol in free form showed little difference with that of
641 resveratrol in complex form at the same concentration.

642 The antioxidant activity of biodegradable films is generally proportional to the amount of antioxidant additives
643 added whereas the thermal process to obtain the films can also highly affect bioactivity since most bioactive
644 compounds are sensitive to temperatures above 80 °C (Jouki, Yazdi, Mortazavi, & Koocheki, 2014). The
645 electrospun films containing OEO, that is, PHBV with 10 wt% OEO, showed a low inhibition of DPPH (24.54%)
646 with respect to the films containing the inclusion complexes, which were 53.16% for PHBV with 25 wt% γ -
647 CD:OEO inclusion complexes and 45.34% for PHBV with 15 wt% α -CD:OEO inclusion complexes, at day 1 of
648 evaluation. From day 3, all the PHBV films started to show lower antioxidant activity. In the closed system, the
649 films presented a slightly higher DPPH inhibition than the films of the open system due to the release of OEO
650 volatile compounds to the packaging headspace. For the last day of evaluation, that is, day 15, the PHBV with 10
651 wt% OEO films showed an inhibition of DPPH in the open and closed system of 14.90–15.24 % (15.75 - 16.47
652 μ g eq trolox/g sample), respectively. The PHBV film containing 15 wt% α -CD:OEO inclusion complexes
653 presented an inhibition of 36.11–37.24 % (38.42 - 39.26 μ g eq trolox/g sample) while the PHBV film with 25
654 wt% γ -CD:OEO inclusion complexes presented the highest antioxidant activity with a DPPH inhibition of 45.26–
655 47.02 % (48.17 - 49.95 μ g eq trolox/g sample). These results demonstrate that the here-prepared inclusion
656 complexes can successfully protect the volatile compounds responsible for the active properties of OEO, a
657 thermolabile substance, in a similar way that observed above in the antimicrobial test. These results also agree
658 with the research work of (Aytac et al., 2017) where the antioxidant activity of electrospun fibers of PLA
659 containing β - CD:gallic acid was slightly superior to the fibers of PLA containing neat gallic acid, being this
660 effect attributed to the solubility of gallic acid in alcohols and the position of gallic acid in the cavity of β -CD.

661 Likewise, [Kaolaor, Phunpee, Ruktanonchai, & Suwantong \(2019\)](#) determined a high antioxidant activity of
662 β – CD:curcumin in poly(vinyl alcohol) (PVOH) blend films, which was attributed to the complexity of curcumin
663 in the cavity of β -CD. In conclusion, the electrospun films of PHBV with 25 wt% γ -CD:OEO inclusion complexes
664 managed to maintain a high antioxidant activity for a longer period, which indicates that this material can be used
665 in the design of active packaging that helps to maintain the physical, chemical, and microbiological characteristics
666 of the food products ([Robertson, 2005](#)).

667

668

Fig. 11

669

Table 7

670

671 **4. Conclusions**

672 The KM and FDM were used to prepare inclusion complexes between α - and γ -CD (host) and oregano
673 essential oil (guest). Both methods presented high encapsulation efficiencies, with KM complexes having
674 higher encapsulation efficiencies than FDM based ICs, that can be justified by the shear rate applied. In addition,
675 besides of shear rate, other factors, such as weight ratio host-guest (80:20 w/w and 85:15 w/w) and types of
676 wall materials (α - and γ -CD); solvent quantity (KM: 0.25 ml and FDM: 2.5 ml); and mixing time (KM:18
677 minutes towards FDM \square 48 h for the formation of inclusion complex) might affects the properties of the
678 obtained complexes such as encapsulation efficiency. KM revealed to be the most efficient method for
679 encapsulation of oregano essential oil in CD cavity, and moreover it added value also in terms of rapidity (KM:
680 18 minutes towards FDM \square 48 h for the formation of inclusion complex), and the desired characteristics of the
681 final product (γ -CD: oregano essential oil (80:20 w/w) – EE, % of 98.5 ± 0.7 and LC, % of 19.6 ± 0.1).

682 The inclusion complexes presented a high antimicrobial and antioxidant activity, which allowed their addition
683 to the PHBV fibers for film formation. The best concentration of inclusion complexes for homogeneous and
684 continuous film formation were 25 wt% γ -CD:OEO inclusion complexes and 15 wt% α -CD:OEO inclusion
685 complexes. The addition of the inclusion complexes in the PHBV matrix improved the mechanical and thermal
686 properties. Likewise, the antimicrobial and antioxidant activity of the films were maintained by 15 days, due to
687 the encapsulation system, that protects bioactive compounds. The improved properties of PHBV films allow

688 their application in the design of biodegradable active packaging systems to contain food and extend their shelf
689 life.

690

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Table 1

Molecular dimensions and physical properties of α - and γ -cyclodextrins (CDs) (Szejtli, 1998).

Fig. 1. (a) Chemical structure and (b) the toroidal shape of α - and γ -cyclodextrins (CDs).

Table 2

Encapsulation efficiency (EE,%) and loading capacity (LC,%) values of the α - and γ -cyclodextrin: oregano essential oil inclusion complexes (α -CD:OEO and γ -CD:OEO) by kneading method (KM) and freeze-drying method (FDM).

Fig. 2. Scanning electron microscopy images of (a) empty “as-received” α -CD (10671x and 1014x), (a₁) empty “kneaded for 18 minutes at R.T.” α -CD (7226x and 696x), (a₂) empty “kneaded for 18 minutes with 0.25 mL distilled water at R.T.” α -CD (7546x and 828x); (b) α -CD:OEO inclusion complex (10965x and 1313x); (c) empty “as-received” γ -CD (12152x and 700x), (c₁) empty “kneaded for 18 minutes at R.T.” γ -CD (8924x and 776x), (c₂) empty “kneaded for 18 minutes with 0.25 mL distilled water at R.T.” γ -CD (6979x and 755x); (d) γ -CD:OEO inclusion complex (9379x and 1036x).

Fig. 2. Scanning electron microscopy images of (e) α -CD:OEO inclusion complex, and (f) γ -CD:OEO inclusion complex.

Fig. 2. Scanning electron microscopy images of (g) α -CD:oregano essential oil (80:20 w/w, KM) inclusion complex, (h) γ -CD:oregano essential oil (80:20 w/w, KM) inclusion complex; (i) empty “as-received” α -CD and (j) empty “as-received” γ -CD.

Fig. 3. TEM micrographs of (a) 0.1% (w/v) γ -CD:OEO inclusion complex aqueous suspension vortex 10 minutes at 2500 rpm, R.T.; (b₁₋₃) 1 % (w/v) γ -CD:OEO inclusion complex aqueous suspension vortex 10 minutes at 2500 rpm, R.T.; (c₁₋₄) empty “as-received” γ -CD aqueous solution vortex 10 minutes at 2500 rpm, R.T.

Fig. 4. X-Ray patterns of (a) empty α -CD and α -CD:OEO inclusion complexes, (b) empty γ -CD and γ -CD:OEO inclusion complexes (80:20 w/w, KM).

Fig. 5. Scanning electron microscopy micrographs of electrospun fibers of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO): (a) 10 wt% γ -CD:OEO, (b) 15 wt% γ -CD:OEO, (c) 20 wt% γ -CD:OEO, (d) 25 wt% γ -CD:OEO, (e) 30 wt% γ -CD:OEO, (f) 10 wt% α -CD:OEO, (g) 15 wt% α -CD:OEO, (h) 20 wt% α -CD:OEO, (i) 25 wt% α -CD:OEO, and (j) 30 wt% α -CD:OEO. Scale markers of 10 μ m in all cases.

Table 3

Mean diameters and thickness of the electrospun fibers and film thicknesses of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO).

Fig. 6. Scanning electron microscopy micrographs of electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α -cyclodextrin inclusion complexes (α -CD:OEO): (a, b) 10 wt% γ -CD:OEO, (c, d) 15 wt% γ -CD:OEO, (e, f) 20 wt% γ -CD:OEO, (g, h) 25 wt% γ -CD:OEO, and (i, j) 30 wt% γ -CD:OEO. Scale markers of 50 μ m in all cases.

Fig. 7. Scanning electron microscopy (SEM) micrographs of electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α -cyclodextrin inclusion complexes (α -CD:OEO): (a, b) 10 wt% α -CD:OEO, (c, d) 15 wt% α -CD:OEO, (e, f) 20 wt% α -CD:OEO, (g, h) 25 wt% α -CD:OEO, and (i, j) 30 wt% α -CD:OEO. Scale markers of 10 μ m in all cases. Scale markers of 50 μ m in all cases.

Fig. 8. Visual aspect of electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO). Films are 2 x 2 cm².

Fig. 9. Thermogravimetric analysis (TGA) curves for the oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO) and the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing γ -CD:OEO and α -CD:OEO inclusion complexes.

Table 4

Thermal properties defined as mass loss at 5% ($T_{5\%}$), mass at 160 °C, degradation temperature (T_{deg}), weight loss at T_{deg} , and residual mass at 700 °C for oregano essential oil (OEO), α - and γ -cyclodextrins (α -CD and γ -CD), their inclusion complexes (α -CD:OEO and γ -CD:OEO), and the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) and PHBV containing γ -CD and α -CD and α -CD:OEO and γ -CD:OEO inclusion complexes.

Table 5

Mechanical properties in terms of elastic modulus (E), tensile strength at break (σ_b), elongation at break (ϵ_b) for the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) and PHBV containing α - and γ -cyclodextrins (α -CD and γ -CD) and the oregano essential oil (OEO) inclusion complexes (α -CD:OEO and γ -CD:OEO).

Table 6

Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) of the oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO) against *S. aureus* and *E. coli*.

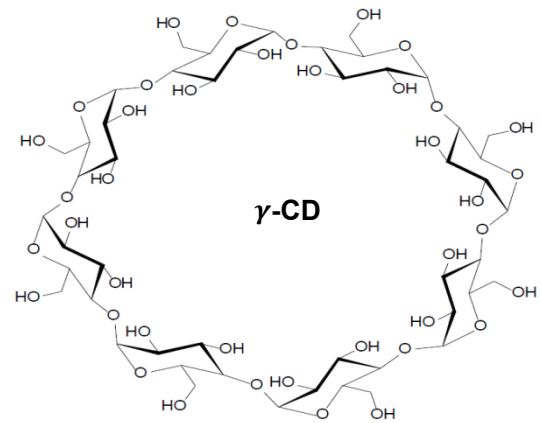
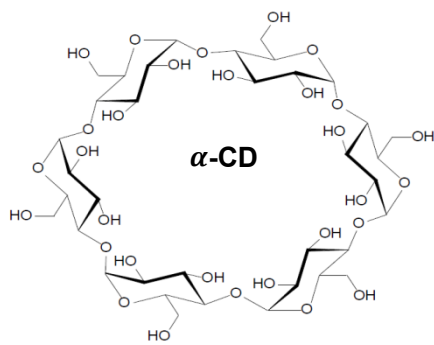
Fig. 10. Antimicrobial activity of the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing 25 wt% oregano essential oil γ -cyclodextrin inclusion complex (γ -CD:OEO) and 15 wt% OEO α -cyclodextrin inclusion complex (α -CD:OEO) in an open and closed system for 15 days against *S. aureus* and *E. coli*.

Fig. 11. Inhibition percentage (%) of 2,2-diphenyl-1-picrylhydrazyl radical (DPPH) for pure oregano essential oil (OEO), oregano essential oil γ - and α -cyclodextrin inclusion complex (γ -CD:OEO and α -CD:OEO) and the electrospun poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) films containing 25wt% γ -CD:OEO and 15 wt% α -CD:OEO inclusion complexes in an open a closed system for 15 days.

Table 7

Concentration (eq. trolox/g sample) of 2,2-diphenyl-1-picrylhydrazyl radical (DPPH) for the electrospun poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) films containing 25 wt% oregano essential oil γ -cyclodextrin inclusion complex (γ -CD:OEO) and 15 wt% OEO α -cyclodextrin inclusion complex (α -CD:OEO) in an open a closed system for 15 days.

(a)



(b)

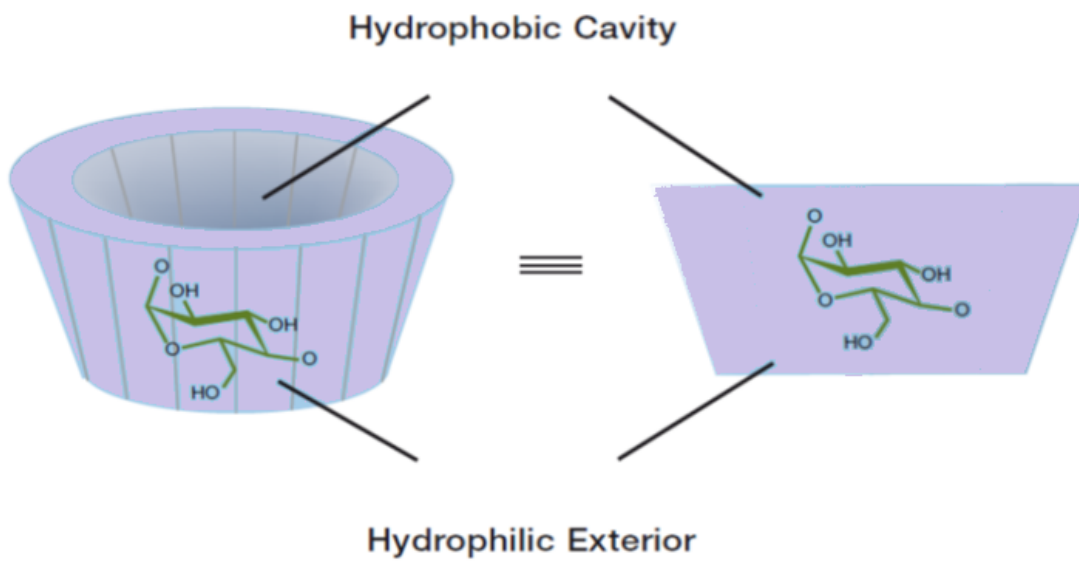
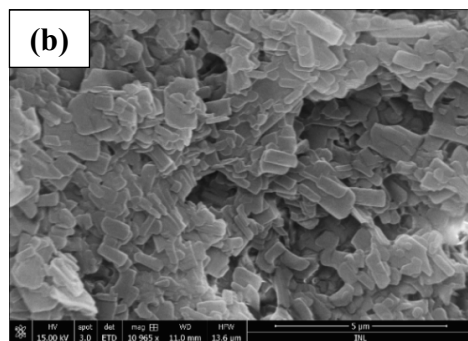
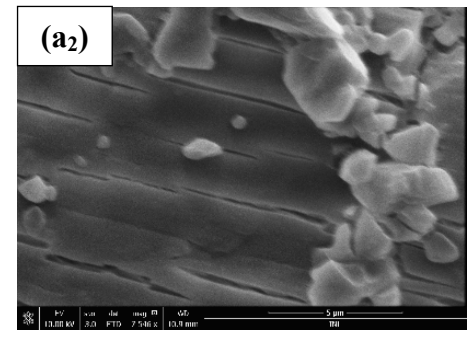
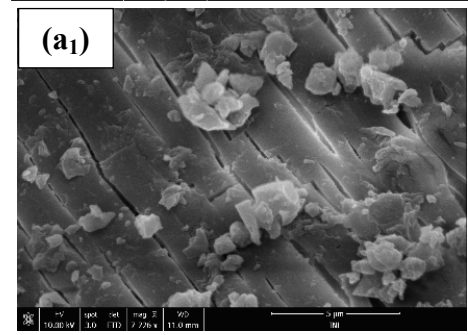
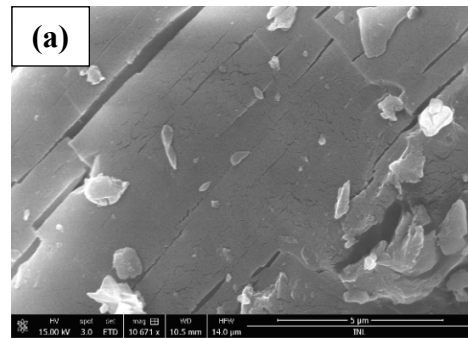
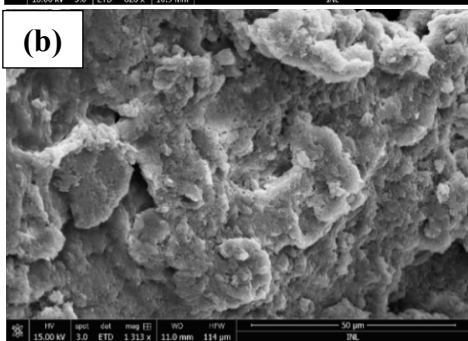
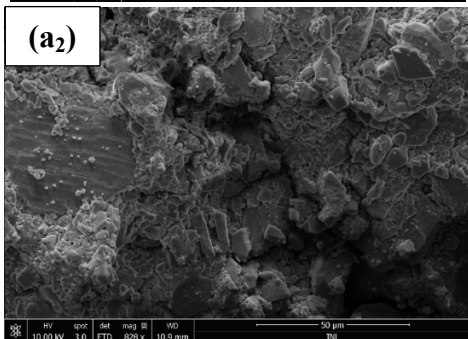
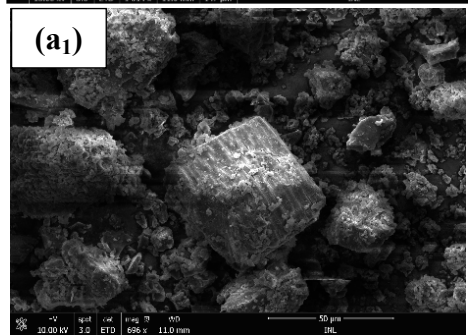
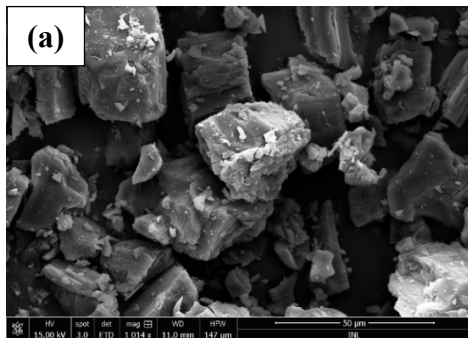
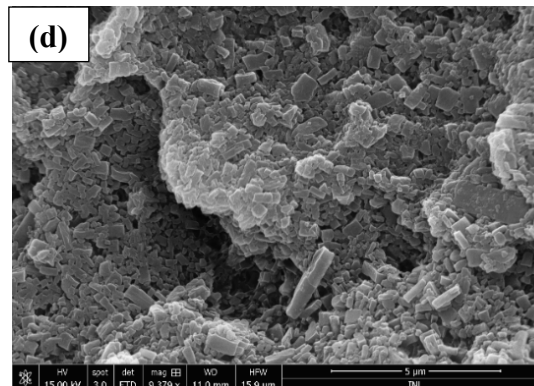
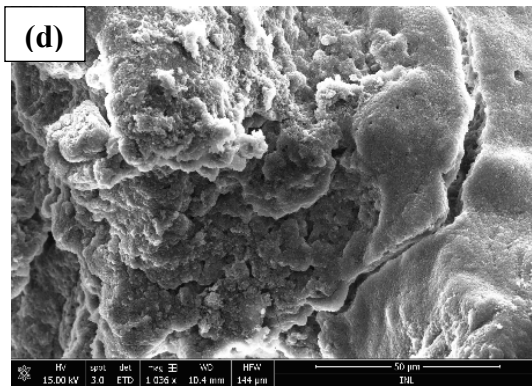
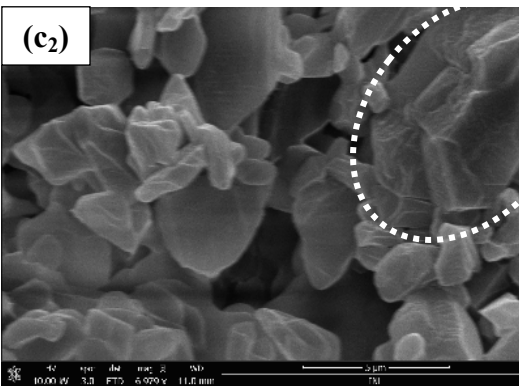
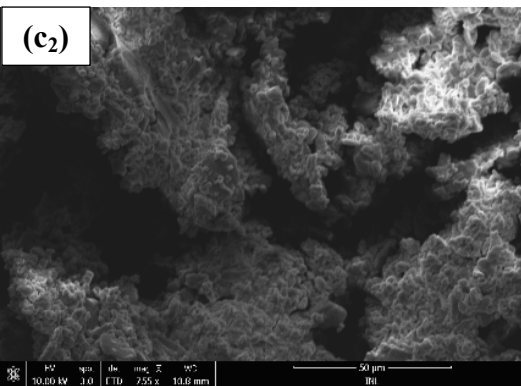
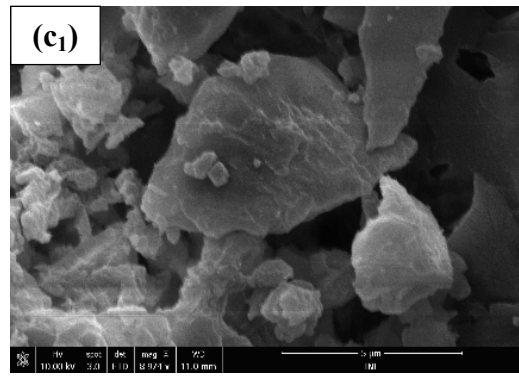
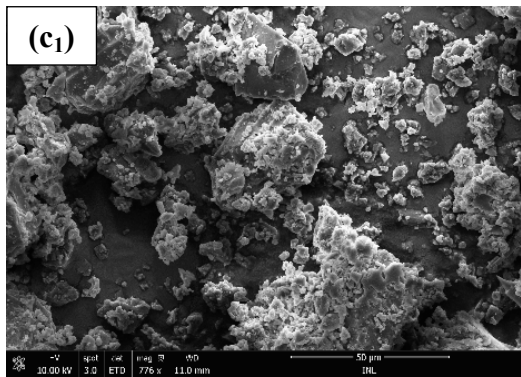
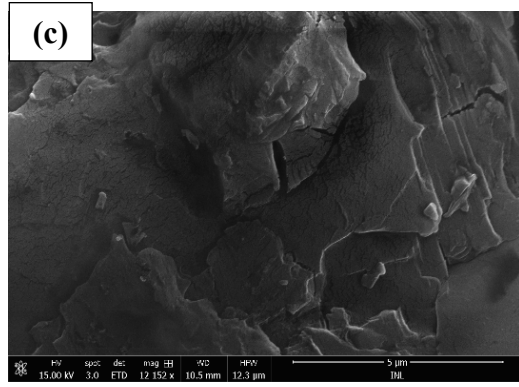
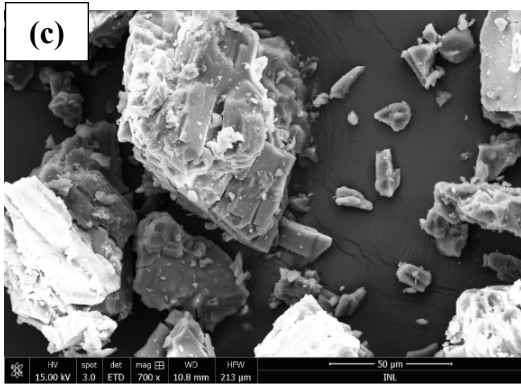
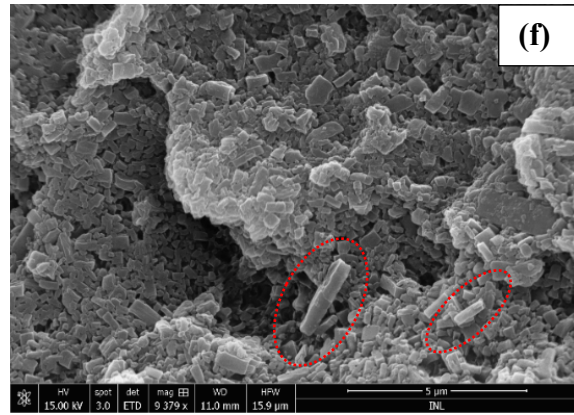
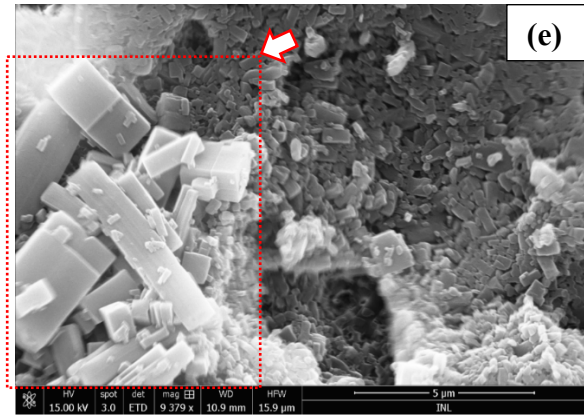


Fig. 1

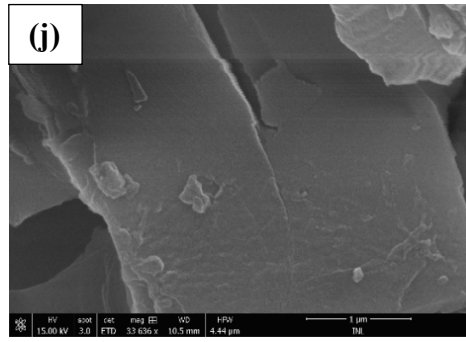
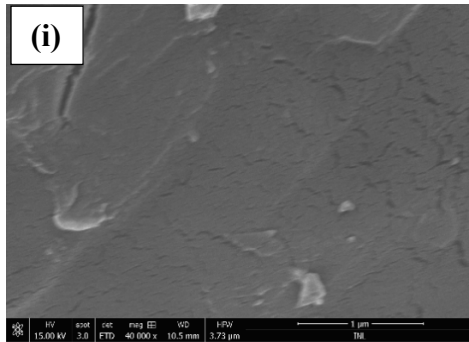
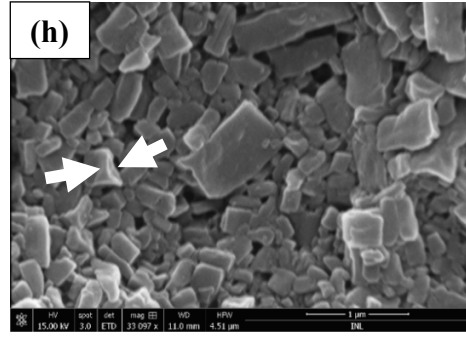
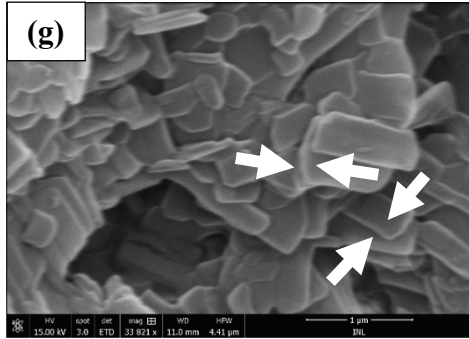




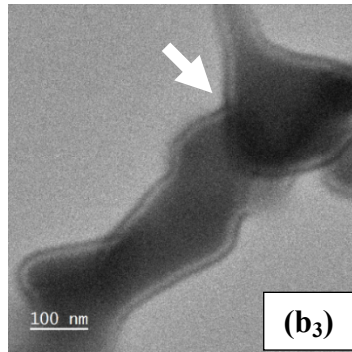
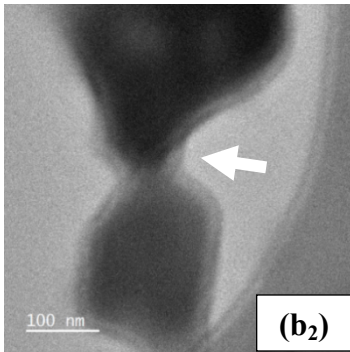
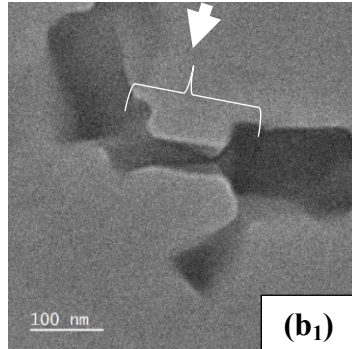
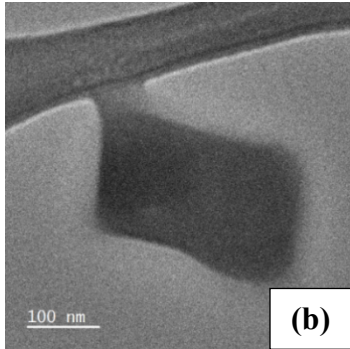
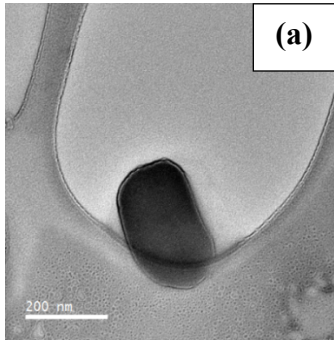
Figs. 2a, 2b, 2c and 2d



Figs. 2e and 2f



Figs. 2g, 2h, 2i and 2j



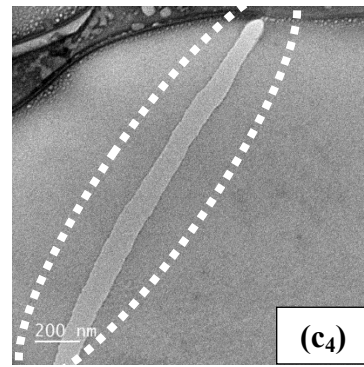
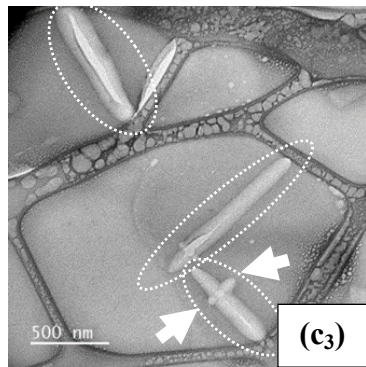
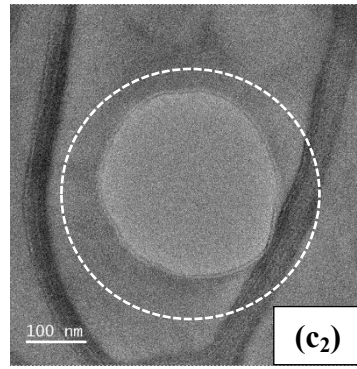
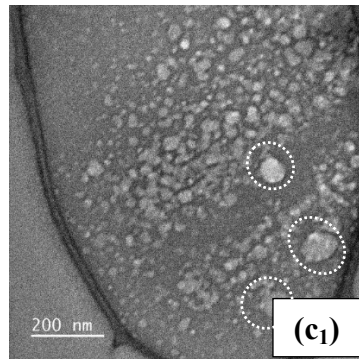
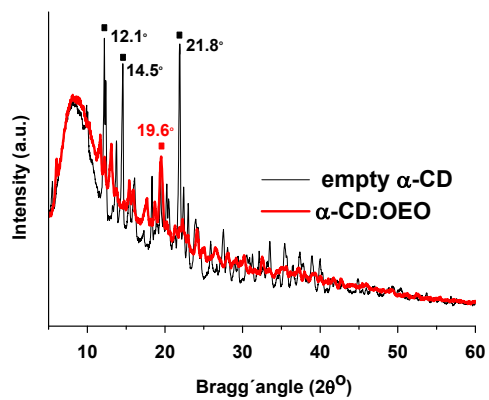


Fig. 3

(a)



(b)

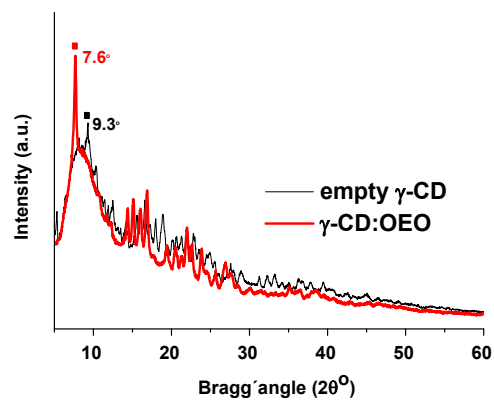


Fig. 4

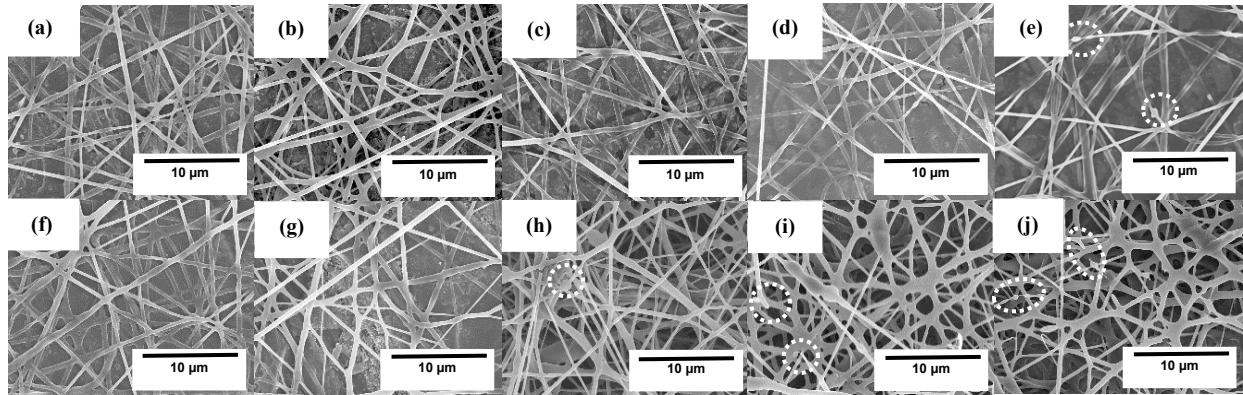


Fig. 5

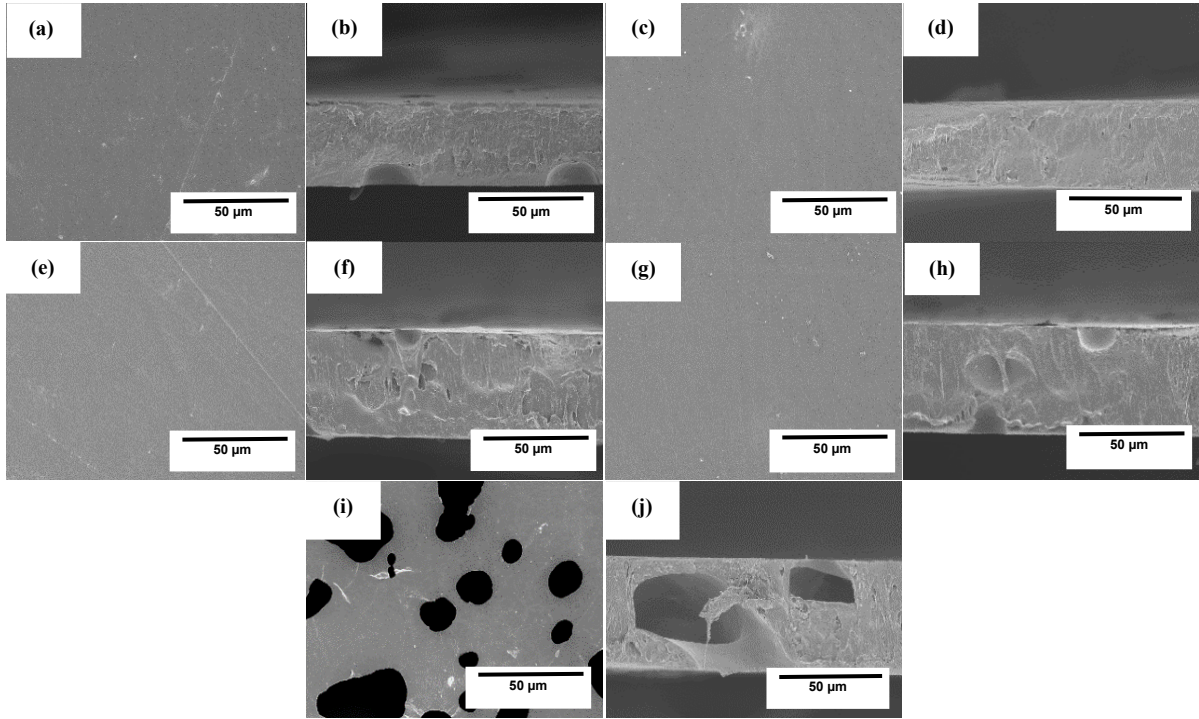


Fig. 6

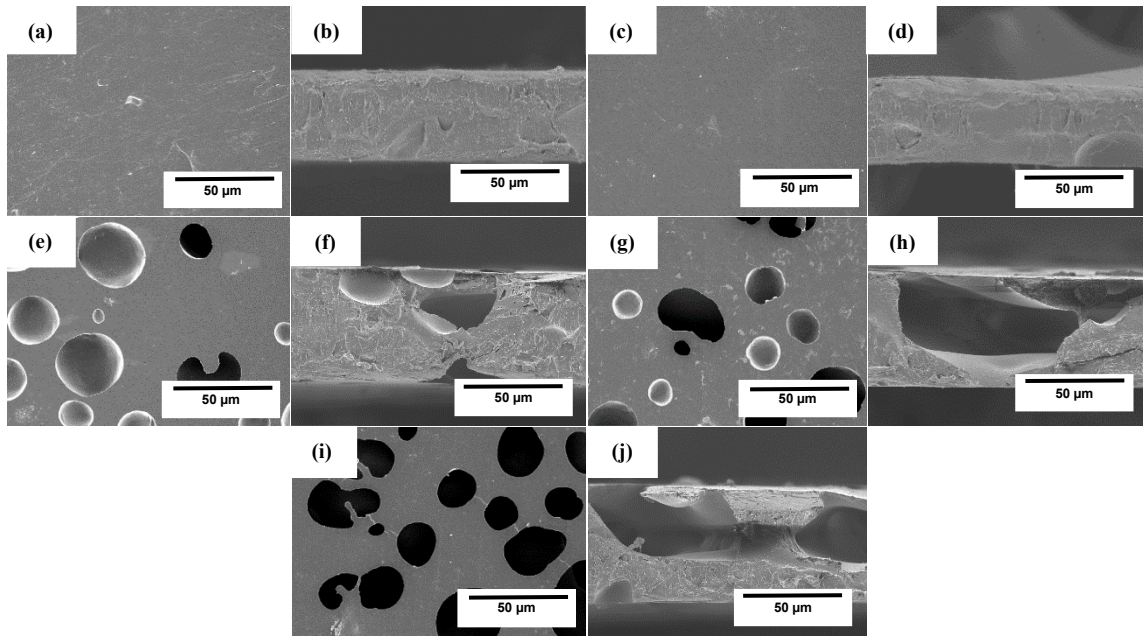


Fig. 7

$T = 5.73 \pm 0.34$	$T = 6.11 \pm 0.14$	$T = 6.45 \pm 0.11$	$T = 6.54 \pm 0.35$	$T = 9.23 \pm 0.59$
γ -CD:OEO 10%	γ -CD:OEO 15%	γ -CD:OEO 20%	γ -CD:OEO 25%	γ -CD:OEO 30%
$O = 0.039 \pm 0.002$	$O = 0.042 \pm 0.001$	$O = 0.047 \pm 0.001$	$O = 0.048 \pm 0.002$	$O = 0.065 \pm 0.004$
$T = 6.36 \pm 0.63$	$T = 7.00 \pm 1.56$	$T = 7.50 \pm 0.97$	$T = 8.81 \pm 0.71$	$T = 12.72 \pm 0.33$
α -CD:OEO 10%	α -CD:OEO 15%	α -CD:OEO 20%	α -CD:OEO 25%	α -CD:OEO 30%
$O = 0.047 \pm 0.005$	$O = 0.052 \pm 0.009$	$O = 0.055 \pm 0.006$	$O = 0.067 \pm 0.005$	$O = 0.078 \pm 0.002$

Fig. 8

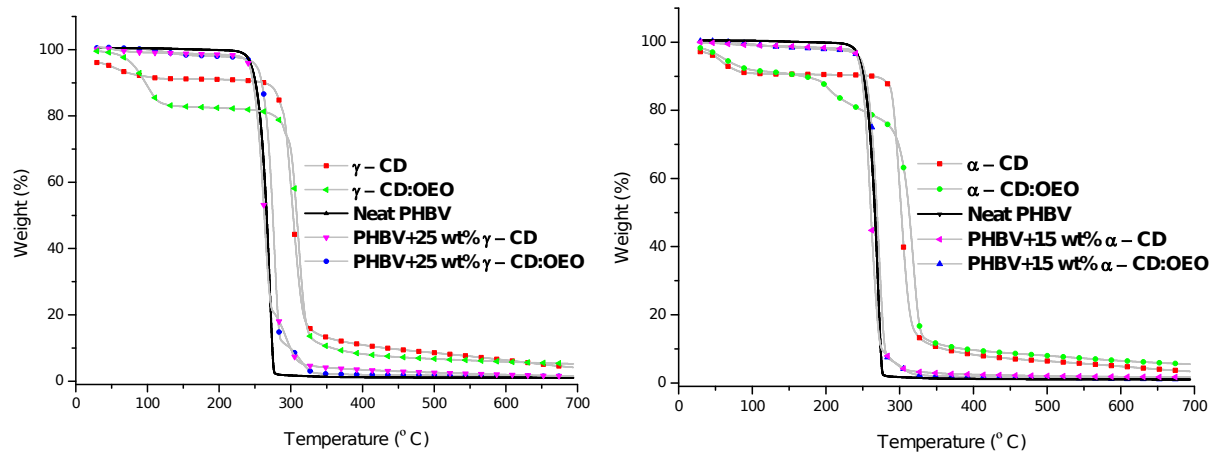


Fig. 9

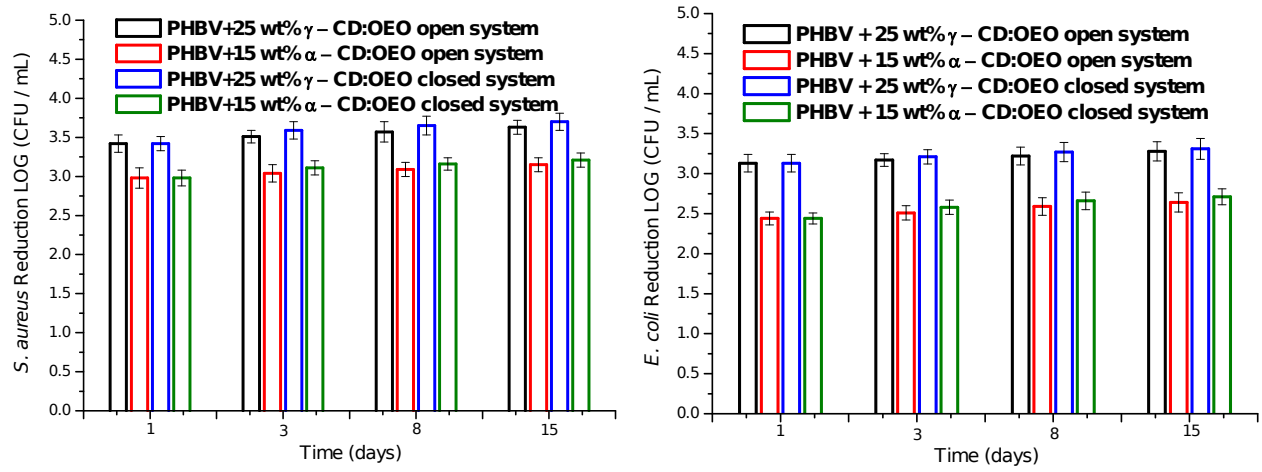


Fig. 10

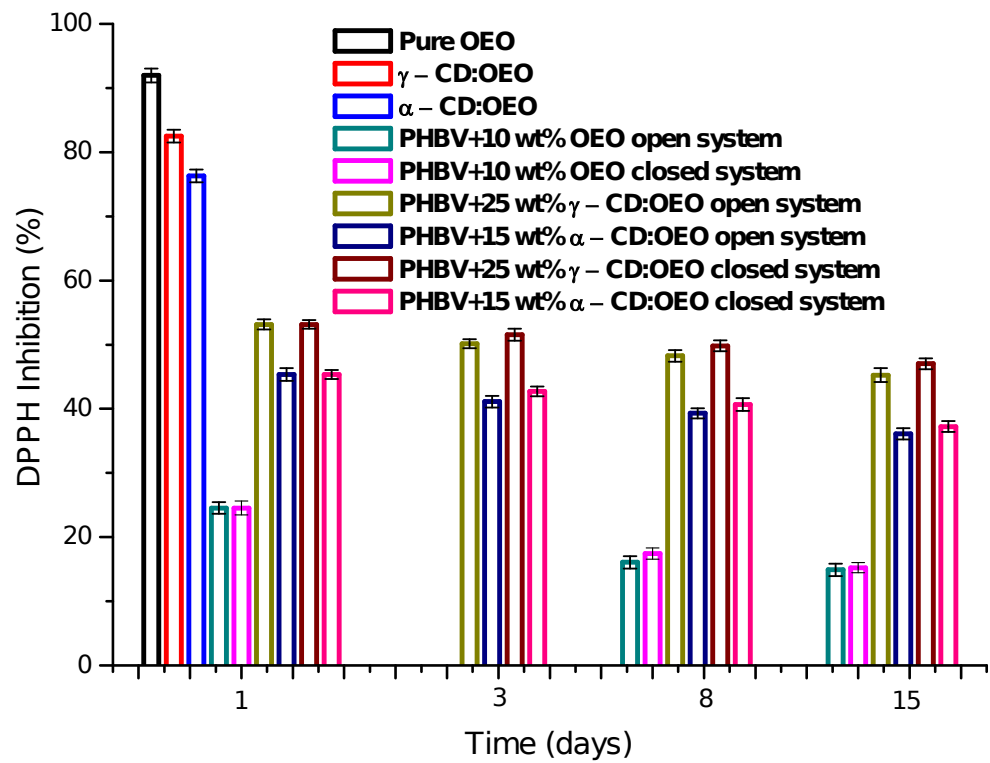


Fig. 11

Table 1

Molecular dimensions and physical properties of α - and γ -cyclodextrins (CDs) (Szejtli, 1998).

CD	No of Glucose units	Molecular weight (g/mol)	Molecular Dimensions (Å)			Solubility at 25 °C (g/100 mL H ₂ O)
			Inside diameter	Outside diameter	Height	
α	6	973	5.7	13.7	7.0	14.50
γ	8	1297	9.5	16.9	7.0	23.20

Table 2

Encapsulation efficiency (EE,%) and loading capacity (LC,%) values of the α - and γ -cyclodextrin: oregano essential oil inclusion complexes (α -CD:OEO and γ -CD:OEO) by kneading method (KM) and freeze-drying method (FDM).

Method	Inclusion Complex	EE (%)*	LC (%)*
KM	γ -CD:OEO	98.50 \pm 0.7 ^a	19.60 \pm 0.1 ^a
	80: 20 w/w		
	α -CD:OEO	92.60 \pm 3.6 ^a	18.60 \pm 0.7 ^a
	80: 20 w/w		
	γ -CD:OEO	71.20 \pm 6.5 ^a	10.80 \pm 1.0 ^a
	85: 15 w/w		
	α -CD:OEO	96.20 \pm 1.4 ^a	14.40 \pm 0.2 ^a
	85: 15 w/w		
FDM	γ -CD:OEO	93.60 \pm 2.5 ^b	18.70 \pm 0.5 ^b
	80: 20 w/w		
	α -CD:OEO	36.03 \pm 1.2 ^b	7.20 \pm 0.2 ^b
	80: 20 w/w		
	γ -CD:OEO	96.70 \pm 0.6 ^b	14.50 \pm 0.1 ^b
	85: 15 w/w		
	α -CD:OEO	50.02 \pm 2.6 ^b	7.50 \pm 0.4 ^b
	85: 15 w/w		

*Values given are averages of triplicate samples \pm standard deviations. Average values with different superscript letters differ statistically ($p < 0.05$); (a and b: indicate statistically difference among formulations KM vs FDM, values followed by the same letter are not statistically different according to Tukey's Multiple Range Test).

Table 3

Mean diameters and thickness of the electrospun fibers and film thicknesses of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) containing oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO).

Sample	Fiber diameter (μm)	Film thickness (μm)
PHBV	0.89 ± 0.30	64 ± 0.75
PHBV + 10 wt% γ -CD:OEO	0.87 ± 0.15	61 ± 1.10
PHBV + 15 wt% γ -CD:OEO	0.88 ± 0.22	63 ± 0.98
PHBV + 20 wt% γ -CD:OEO	0.86 ± 0.18	70 ± 0.94
PHBV + 25 wt% γ -CD:OEO	0.85 ± 0.27	72 ± 0.72
PHBV + 30 wt% γ -CD:OEO	0.91 ± 0.32	77 ± 0.68
PHBV + 10 wt% α -CD:OEO	0.89 ± 0.20	73 ± 0.99
PHBV + 15 wt% α -CD:OEO	0.90 ± 0.17	75 ± 0.77
PHBV + 20 wt% α -CD:OEO	1.03 ± 0.25	81 ± 0.91
PHBV + 25 wt% α -CD:OEO	1.17 ± 0.19	83 ± 0.86
PHBV + 30 wt% α -CD:OEO	1.22 ± 0.12	85 ± 0.69

Table 4

Thermal properties defined as mass loss at 5% ($T_{5\%}$), mass at 160 °C, degradation temperature (T_{deg}), weight loss at T_{deg} , and residual mass at 700 °C for oregano essential oil (OEO), α - and γ -cyclodextrins (α -CD and γ -CD), their inclusion complexes (α -CD:OEO and γ -CD:OEO), and the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) and PHBV containing γ -CD and α -CD and α -CD:OEO and γ -CD:OEO inclusion complexes.

Sample	$T_{5\%}$ (°C)	Mass at 160°C (%)	T_{deg} (°C)	Mass loss (%)	Residual mass (%)
PHBV	245.03	0.15	278.70	97.73	2.10
OEO	46.26	40.3	178.40	74.16	0.14
γ -CD	49.23	8.86	323.12	83.01	4.15
α -CD	55.21	9.42	326.43	86.39	3.38
γ -CD:OEO	81.60	16.9	326.28	86.11	5.23
α -CD:OEO	62.97	9.63	330.50	85.70	5.51
PHBV + 25 wt% γ -CD	240.95	1.21	320.11	95.13	1.56
PHBV + 25 wt% γ -CD:OEO	252.02	1.71	322.52	96.12	1.48
PHBV + 15 wt% α -CD	241.55	1.31	309.27	96.28	1.71
PHBV + 15 wt% α -CD:OEO	247.23	1.63	313.70	96.98	1.11

Table 5

Mechanical properties in terms of elastic modulus (E), tensile strength at break (σ_b), elongation at break (ϵ_b) for the electrospun films of poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) and PHBV containing α - and γ -cyclodextrins (α -CD and γ -CD) and the oregano essential oil (OEO) inclusion complexes (α -CD:OEO and γ -CD:OEO).

Sample	E (MPa)	σ_b (MPa)	ϵ_b (%)
Neat PHBV	1252 \pm 79 ^a	18.1 \pm 2.1 ^a	2.4 \pm 0.3 ^a
PHBV + 25 wt% γ -CD	1692 \pm 434 ^b	9.04 \pm 4.2 ^b	0.78 \pm 0.3 ^b
PHBV + 25 wt% γ -CD:OEO	1472 \pm 136 ^c	9.83 \pm 0.8 ^b	1.25 \pm 0.2 ^c
PHBV + 15 wt% α -CD	1594 \pm 260 ^d	9.10 \pm 2.5 ^b	0.95 \pm 0.3 ^d
PHBV + 15 wt% α -CD:OEO	1698 \pm 764 ^b	9.77 \pm 4.6 ^b	0.85 \pm 2.6 ^e

a–e Different letters in the same column indicate a significant difference ($p < 0.05$).

Table 6

Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) of the oregano essential oil α - and γ -cyclodextrin inclusion complexes (α -CD:OEO and γ -CD:OEO) against *S. aureus* and *E. coli*.

Sample	Microorganism	MIC	MBC
γ -CD:OEO	<i>E. coli</i>	0.078 $\mu\text{g/mL}$	0.078 $\mu\text{g/mL}$
	<i>S. aureus</i>	0.039 $\mu\text{g/mL}$	0.039 $\mu\text{g/mL}$
α -CD:OEO	<i>E. coli</i>	0.156 $\mu\text{g/mL}$	0.156 $\mu\text{g/mL}$
	<i>S. aureus</i>	0.078 $\mu\text{g/mL}$	0.078 $\mu\text{g/mL}$

Table 7

Concentration (eq. trolox/g sample) of 2,2-diphenyl-1-picrylhydrazyl radical (DPPH) for the electrospun poly(3-hydroxybutyrate-co-3-hydroxyvalerate) (PHBV) films containing 25 wt% oregano essential oil γ -cyclodextrin inclusion complex (γ -CD:OEO) and 15 wt% OEO α -cyclodextrin inclusion complex (α -CD:OEO) in an open a closed system for 15 days.

Sample	Day	Open system	Closed system
		Eq. trolox/g sample) of DPPH	Eq. trolox/g sample) of DPPH
Pure OEO	1	91.96 \pm 0.03 ^a	---
γ-CD:OEO	1	82.51 \pm 0.06 ^b	---
α-CD:OEO	1	76.32 \pm 0.22 ^c	---
	1	26.48 \pm 0.04 ^d	26.48 \pm 0.04 ^d
PHBV + 10 wt% OEO	8	16.82 \pm 0.09 ^e	17.57 \pm 0.04 ^e
	15	15.75 \pm 0.06 ^e	16.47 \pm 0.01 ^e
	1	57.40 \pm 0.07 ^f	57.40 \pm 0.07 ^f
	3	53.24 \pm 0.17 ^g	56.03 \pm 0.09 ^f
PHBV + 25 wt% γ-CD:OEO	8	51.42 \pm 0.17 ^g	52.95 \pm 0.09 ^g
	15	48.17 \pm 0.09 ^h	49.95 \pm 0.51 ^h
	1	47.48 \pm 0.07 ^h	47.48 \pm 0.07 ^{h,i}
	3	41.86 \pm 0.09 ⁱ	45.89 \pm 0.58 ⁱ
PHBV + 15 wt% α-CD:OEO	8	40.13 \pm 0.08 ⁱ	42.91 \pm 0.17 ^{i,j}
	15	38.42 \pm 0.09 ⁱ	39.26 \pm 0.17 ^j

Means \pm S.D.

^{a-j} Different letters indicate a significant difference among the samples ($p < 0.05$).

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

DEnescu
29 January 2020